

**2010 WIAA/Dairy Farmers of Washington/Les Schwab Tires
2A Boys Track & Field Championships**

2A Boys 100 Meter Dash

Finals

1 Trent Alsin	11	Black Hills	11.42
2 Blair Bomber	12	Lynden	11.49
3 Sungyoung Lee	11	Ellensburg	11.50
4 Jon Poolman	12	South Whidbey	11.58
5 Caleb Statham	12	Blaine	11.62
6 Jerid Ronquillo	11	Hoquiam	J11.62
7 Jordan Todd	10	Interlake	11.72
8 Tyler Rebillion	11	Steilacoom	11.78

2A Boys 200 Meter Dash

Finals

1 Thomas Kassa	12	Anacortes	22.01
2 Jamarick Cavitt	11	Burlington-Edison	22.59
3 James Guy	10	Archbishop Murphy	22.72
4 Blair Bomber	12	Lynden	22.94
5 Travis Mather	12	Ephrata	23.03
6 Sungyoung Lee	11	Ellensburg	23.12
7 Eric Walsh	12	Black Hills	J23.12
8 Trent Alsin	11	Black Hills	23.29

2A Boys 400 Meter Dash

Finals

1 Jon Poolman	12	South Whidbey	49.36
2 Blair Bomber	12	Lynden	49.63
3 Eric Walsh	12	Black Hills	49.64
4 Ryan Spilsbury	12	Burlington-Edison	50.19
5 Jamarick Cavitt	11	Burlington-Edison	50.41
6 Jared Fisher	12	Colville High School	50.82
7 Francisco Villegas	11	Toppenish	50.89
8 Zach Bryan	12	Steilacoom	51.85

2A Boys 800 Meter Run

Finals

1 Andy Robertson	11	W F West	1:54.92
2 Eduardo Torres	12	Wapato	1:55.48
3 Nathan Power	12	Burlington-Edison	1:55.98
4 Dakota Parker	11	W F West	1:56.04
5 Chase Bussing	11	Mark Morris	1:56.25
6 Andrew Crain	12	North Mason	1:56.43
7 Matt Glenn	12	Ellensburg	1:58.67
8 Zach Bryan	12	Steilacoom	2:01.08

2A Boys 1,600 Meter Run

Finals

1 Connor Williams	12	Mt. Baker	4:20.94
2 Connor Whan	12	Burlington-Edison	4:21.45
3 Nicholas Schippers	11	Kingston	4:22.60

4	Todd Jackson	11	Elma	4:23.78
5	Dakota Parker	11	W F West	4:24.21
6	Ned Fischer	12	Colville High School	4:24.97
7	Andrew Crain	12	North Mason	4:25.17
8	Chase Bussing	11	Mark Morris	4:25.39

2A Boys 3,200 Meter Run

Finals

1	Todd Jackson	11	Elma	9:20.95
2	Connor Williams	12	Mt. Baker	9:27.32
3	Connor Whan	12	Burlington-Edison	9:28.21
4	Danny Gibson	12	Squalicum	9:29.11
5	Dylan Croeni	11	Washougal	9:29.59
6	Connerm Ballew	11	Archbishop Murphy	9:32.33
7	Nate Starr	11	Mark Morris	9:33.35
8	Patrick Gibson	9	Squalicum	9:35.15

2A Boys 110 Meter Hurdles

Finals

1	Logan Packard	11	Mt. Baker	15.09
2	Cody Peterson	12	Black Hills	15.40
3	William Davis	11	Woodland	15.52
4	Wade Meyer	12	Pullman	15.87
5	Ernie Starcevic	12	Bellingham	15.95
6	Blair Diamond	12	Lakewood	16.47
7	Daniel Chrkavy	12	Ephrata	16.57
8	Chris Torres	12	Fife	16.75

2A Boys 300 Meter Hurdles

Finals

1	Logan Packard	11	Mt. Baker	39.34
2	Cody Peterson	12	Black Hills	39.40
3	Emanuel Herrera	10	Sequim	39.83
4	Mac Larsen	12	Tumwater	40.52
5	Ian Earle	10	Sehome	40.75
6	Joel Stark	10	Elma	40.98
7	Wade Meyer	12	Pullman	41.17
8	Ernie Starcevic	12	Bellingham	41.22

2A Boys 4x100 Meter Relay

Finals

1	Black Hills	43.25
2	Lynden	43.57
3	Sehome	43.65
4	Anacortes	43.80
5	Ephrata	43.87
6	Hoquiam	43.93
7	Bellingham	44.08
8	Interlake	44.30

2A Boys 4x400 Meter Relay

Finals

1 Burlington-Edison	3:20.52 R
2 Lynden	3:21.90
3 Black Hills	3:23.87
4 W F West	3:24.16
5 Colville High School	3:26.93
6 Sehome	3:27.03
7 Sequim	3:30.50
8 Toppenish	3:31.02

2A Boys High Jump

Finals

1 DeAngelo Jones	12	Cheney	6-04.00
2 Jerome Prescod	12	Ephrata	6-02.00
3 Andrew Galloway	12	RA Long	6-00.00
3 Thomas Kassa	12	Anacortes	6-00.00
5 Matt Mauro	11	West Valley (Spokane)	J6-00.00
5 Tyson Suttan	12	Elma	J6-00.00
7 Ignacio Romero	12	Selah	5-10.00
7 Chris Stoneham	12	Anacortes	5-10.00

2A Boys Pole Vault

Finals

1 Kody Cassidy	12	RA Long	15-03.00
2 Brian Jackson	12	RA Long	14-06.00
3 Luke Grigg	11	Quincy	14-00.00
4 Joseph Aubert	11	West Valley (Spokane)	13-06.00
5 Tyler Buss	10	Mt. Baker	J13-06.00
6 Gibb Dallas	11	Lynden	J13-06.00
7 Andrew Galloway	12	RA Long	J13-06.00
7 Casey Gingrich	12	Ephrata	J13-06.00

2A Boys Long Jump

Finals

1 Thomas Kassa	12	Anacortes	22-10.00
2 Ben Ternan	12	W F West	21-11.00
3 Tyrone Prescod	12	Ephrata	J21-11.00
4 DeAngelo Jones	12	Cheney High School	21-08.75
5 Andre Scott	11	Lakewood	J21-08.75
6 Will Hallberg	11	South Whidbey	21-07.00
7 Trent Alsin	11	Black Hills	21-04.00
8 Joel King	12	River Ridge	21-01.00

2A Boys Triple Jump

Finals

1 Will Hallberg	11	South Whidbey	46-07.50
2 Jerome Prescod	12	Ephrata	46-02.50
3 DeAngelo Jones	12	Cheney High School	44-04.00
4 Andre Scott	11	Lakewood	43-08.25
5 Brett Bajema	12	Lynden	43-08.00
6 Ben Pavish	10	Pullman	43-04.50
7 Jarrod Swanson	12	Medical Lake	43-02.00
8 Tyrone Prescod	12	Ephrata	42-07.50

2A Boys Shot Put

Finals

1	Ryan Macdonald	12	Sehome	55-01.25
2	John Fullington	12	North Mason	52-08.00
3	Tyler Poldervardt	11	West Valley (Spokane)	51-00.75
4	Walter Hathaway	12	Bellingham	50-06.00
5	Jacob Welch	12	Mark Morris	49-11.25
6	Reid White	12	Deer Park	J49-11.25
7	Sam Chue	12	Sehome	49-01.50
8	Angelo Folz-Edwards	12	RA Long	49-00.75

2A Boys Discus Throw

Finals

1	Ryan Macdonald	12	Sehome	180-03 R
2	Ben Westrum	12	Black Hills	166-02
3	Sam Chue	12	Sehome	165-10
4	Angelo Folz-Edwards	12	RA Long	158-07
5	Jesse Korb	12	Deer Park	156-00
6	Evan Koering	12	Woodland	155-01
7	Brett Bajema	12	Lynden	149-07
8	John Fullington	12	North Mason	147-00

2A Boys Javelin Throw

Finals

1	Stephen Hass	12	Eatonville	172-03
2	Austin Hamilton	11	W F West	165-05
3	Kenny Bates	12	Cedarcrest	160-07
4	Mark Zuniga	12	Othello	156-05
5	Zach Beebe	12	Sultan	154-00
6	John Rheaume	12	Selah	153-07
7	Nick Fairhart	12	Eatonville	151-00
8	Dakota Condos	11	Cheney	149-05

2010 2A Boys Track & Field Team Finals

1)	Black Hills	61
2)	Burlington-Edison	47
3)	Lynden	46
4)	Mt. Baker	42
5)	Sehome	41
6)	W F West	40
7)	Ephrata	34.5
8)	Anacortes	32
9)	RA Long	31
10)	South Whidbey	28
11)	Cheney	22
12)	Elma	21.5
13)	West Valley-Spokane	14.5
14)	North Mason	14
15)	Lakewood	12
15)	Eatonville	12

15)	Bellingham	12
18)	Ellensburg	11
18)	Mark Morris	11
20)	Colville	10
20)	Pullman	10
22)	Archbishop Murphy	9
22)	Woodland	9
24)	Wapato	8
24)	Sequim	8
26)	Deer Park	7
27)	Squalicum	6
27)	Cedarcrest	6
27)	Quincy	6
27)	Hoquiam	6
27)	Kingston	6
32)	Othello	5
32)	Tumwater	5
34)	Selah	4.5
35)	Blaine	4
35)	Sultan	4
35)	Washougal	4
38)	Steilacoom	3
38)	Interlake	3
38)	Toppenish	3
41)	Medical Lake	2
42)	River Ridge	1
42)	Fife	1

**2010 WIAA/Dairy Farmers of Washington/Les Schwab Tires
2A Girls Track & Field Championships**

2A Girls 100 Meter Dash

Finals

1	Cherish Morrison	10	Blaine	12.54
2	Necy Wade	10	River Ridge	13.08
3	Shelby Williams	12	Ridgefield	13.10
4	Alex Coons	11	Woodland	13.11
5	Angie Zuniga	10	Toppenish	13.14
6	Khayla Rene Blount	12	River Ridge	13.15
7	Alison Ruygrok	10	Deer Park	13.32
8	Samantha Whiteside	12	Sequim	13.36

2A Girls 200 Meter Dash

Finals

1	Cherish Morrison	10	Blaine	25.66
2	Necy Wade	10	River Ridge	26.19
3	Molly Scoles	11	Mt. Baker	26.29
4	Shelby Maurer	12	Cheney	26.59
5	Angie Zuniga	10	Toppenish	26.68
6	Pandora Bunn	11	Washington	27.22
7	Khayla Rene Blount	12	River Ridge	27.58
8	Kiersten Sigfusson	10	Blaine	27.84

2A Girls 400 Meter Dash

Finals

1	Cherish Morrison	10	Blaine	57.52
2	Molly Scoles	11	Mt. Baker	57.78
3	Annie Torfin	10	Tumwater	58.6
4	Elle Wade	12	Washougal	58.7
5	Summer Hanson	10	Interlake	1:00.07
6	Jessica Chrisp	9	Riverside	1:00.28
7	Kiersten Sigfusson	10	Blaine	1:00.58
8	Rebecca Lindgren	11	Klahowya	1:00.61

2A Girls 800 Meter Run

Finals

1	Annie Moore	12	Sehome	2:15.02
2	Rici Morrill	12	Sultan	2:16.78
3	Jaimie McFarland	12	Fife	2:18.14
4	Madison Heilmann	10	Sehome	2:18.80
5	Connie Morgan	12	Hoquiam	2:18.90
6	Kelsey Anderson	11	Lakewood	2:19.56
7	Audrey Lichten	11	Sequim	2:19.99
8	Tessa Nelson	11	Pullman	2:28.86

2A Girls 1,600 Meter Run

Finals

1	Ruby Roberts	12	Kingston	4:53.27 R
2	Annie Moore	12	Sehome	4:59.97 R
3	Allison Cutting	12	Sequim	5:04.20

4 Maren Hanson	12	Anacortes	5:07.91
5 Sanne Holland	9	Cheney	5:13.71
6 Katie Delahunt	11	Sehome	5:14.33
7 Rici Morrill	12	Sultan	5:18.31
8 Dani Eggleston	10	RA Long	5:20.27

2A Girls 3,200 Meter Run

Finals

1 Allison Cutting	12	Sequim	11:04.52
2 Marina Roberts	10	Kingston	11:13.23
3 Maren Hanson	12	Anacortes	11:13.60
4 Brittany Gappa	9	Squalicum	11:16.91
5 Sanne Holland	9	Cheney	11:21.87
6 Sammi Blodgett	10	Wapato	11:28.06
7 Dani Eggleston	10	RA Long	11:31.57
8 Katie Delahunt	11	Sehome	11:34.46

2A Girls 100 Meter Hurdles

Finals

1 Chelsea Genther	12	Burlington-Edison	15.85
2 Kelley Young	11	Washougal	16.43
3 Alyssa Wicknick	10	Bellingham	16.46
4 Kelly Nigro	9	Woodland	16.69
5 Daiam Navarro	12	Ephrata	16.77
6 Laura Barrow	12	South Whidbey	16.94
7 Lena Mitchell	12	Selah	16.97
8 Jennifer Nakata	10	Pullman	17.30

2A Girls 300 Meter Hurdles

Finals

1 Nina Al-Hassan	12	Pullman	45.90
2 Chelsea Genther	12	Burlington-Edison	46.91
3 Kelly Nigro	9	Woodland	47.35
4 Catherine Miles	10	Anacortes	47.39
5 Jaime Schultz	12	Kingston	47.71
6 Laura Barrow	12	South Whidbey	47.78
7 Daiam Navarro	12	Ephrata	47.94
8 Krissy Buckler	11	Tumwater	47.97

2A Girls 4x100 Meter Relay

Finals

1 Sehome	49.71
2 River Ridge	50.00
3 Toppenish	50.03
4 Burlington-Edison	50.54
5 Lynden	51.26
6 Prosser	51.28
7 Woodland	51.43
8 Deer Park	52.15

2A Girls 4x200 Meter Relay

Finals

1	Blaine	1:45.94
2	Cheney	1:47.08
3	Toppenish	1:47.28
4	Tumwater	1:47.72
5	Archbishop Murphy	1:47.96
6	Squalicum	1:48.43
7	Lynden	1:48.61
8	Prosser	1:48.97

2A Girls 4x400 Meter Relay

Finals

1	Sehome	3:59.89
2	Cheney	4:01.58
3	Lynden	4:05.03
4	Squalicum	4:06.05
5	Ellensburg	4:07.84
6	Burlington-Edison	4:09.48
7	Tumwater	4:11.69
8	Kingston	4:12.40

2A Girls High Jump

Finals

1	Kyra Davidson	10	Hockinson	5-02.00
2	Jennifer Nakata	10	Pullman	J5-02.00
3	Kailene Spence	12	Elma	5-00.00
3	Tasha Luu	10	Colville	5-00.00
5	Cayla Calderwood	12	South Whidbey	J5-00.00
6	Michelle Bruncks	11	Lynden	J5-00.00
7	Maddie Smith	11	Hoquiam	J5-00.00
8	Jori Hall	10	Sehome	J5-00.00

2A Girls Pole Vault

Finals

1	Robin Taylor	12	Blaine	11-03.00
2	Cheyenna Pinley	12	Squalicum	J11-03.00
3	Samantha Whiteside	12	Sequim	11-00.00
4	Cassie Hamilton	10	W F West	10-09.00
5	Kendahl Hintz	11	Ephrata	J10-09.00
6	Brienna Palmer	12	Burlington-Edison	10-06.00
7	Amanda Wallis	10	Mark Morris	10-00.00
8	Olivia Domini	12	Interlake	J10-00.00
8	Tiffany Richeson	9	Burlington-Edison	J10-00.00

2A Girls Long Jump

Finals

1	Zoe Moller	11	Sehome	16-11.50
2	Lauren Goldman	12	Bellingham	16-05.75
3	Anna Guo	9	Pullman	16-01.25
4	Kyahri Adams	10	River Ridge	J16-01.25

5 Jaime Schultz	12	Kingston	16-01.00
6 Taylor Kunkel	12	Quincy	J16-01.00
7 Tasha Luu	10	Colville High School	16-00.50
8 Cayla Calderwood	12	South Whidbey	15-08.00

2A Girls Triple Jump

Finals

1 Zoe Moller	11	Sehome	35-08.25
2 Lauren Goldman	12	Bellingham	35-08.00
3 Cayla Calderwood	12	South Whidbey	35-06.00
4 Taylor Kunkel	12	Quincy	35-04.50
5 Brandi Thomas	12	Elma	35-02.75
6 Anna Guo	9	Pullman	35-01.00
7 Kyahri Adams	10	River Ridge	34-11.00
8 Jaime Schultz	12	Kingston	34-07.75

2A Girls Shot Put

Finals

1 Anna LaBeaume	12	Sequim	43-10.50
2 Shreese Gotel	11	Steilacoom	40-06.25
3 Shelby Williams	12	Ridgefield	39-07.50
4 Annie Martinez	12	East Valley-Yakima	38-08.00
5 Jordyn Murray	12	Ephrata	37-11.25
6 Heidi Greear	12	Washougal	37-09.25
7 Janay Creamer	12	River Ridge	36-06.25
8 Tiffany Martinez	12	Othello	36-03.50

2A Girls Discus Throw

Finals

1 Tiffany Martinez	12	Othello	128-11
2 Sara Lentz	12	Colville	128-07
3 Shreese Gotel	11	Steilacoom	121-05
4 Gina Flint	9	Squaticum	112-10
5 Christine Kirkwood	11	Othello	111-02
6 Brenda Agus	11	Interlake	109-09
7 Tirzah Coalman	12	RA Long	106-08
8 Heidi Greear	12	Washougal	103-03

2A Girls Javelin Throw

Finals

1 Christine Kirkwood	11	Othello	162-10 R
2 Courtney Fairhart	11	Eatonville	138-00
3 Nina Al-Hassan	12	Pullman	124-05
4 Ashton Griffen	12	Cedarcrest	122-11
5 Joni Nagy	12	Riverside	122-10
6 Ericka Smith	11	Granite Falls	118-10
7 Rachel Pederson	10	Burlington-Edison	112-00
8 Emma Fredere	12	Tumwater	111-00

2010 2A Girls Track & Field Team Finals

- 1) Sehome 68

2)	Blaine	53
3)	River Ridge	38
4)	Pullman	35
4)	Sequim	35
6)	Burlington-Edison	31.5
7)	Cheney	29
8)	Kingston	28
9)	Squaticum	26
10)	Othello	25
11)	Bellingham	22
12)	Toppenish	20
13)	Woodland	18
14)	Washougal	17
14)	South Whidbey	17
16)	Anacortes	16
17)	Colville	15.5
18)	Tumwater	15
18)	Lynden	15
20)	Mt. Baker	14
20)	Steilacoom	14
20)	Ephrata	14
23)	Ridgefield	12
24)	Sultan	10
24)	Hockinson	10
26)	Elma	9.5
27)	Quincy	8
27)	Eatonville	8
29)	Interlake	7.5
30)	Riverside	7
31)	Hoquiam	6
31)	Fife	6
33)	Cedarcrest	5
33)	RA Long	5
33)	W F West	5
33)	East Valley-Yakima	5
37)	Ellensburg	4
37)	Prosser	4
37)	Archbishop Murphy	4
40)	Deer Park	3
40)	Lakewood	3
40)	Washington	3
40)	Granite Falls	3
40)	Wapato	3
45)	Mark Morris	2
45)	Selah	2
47)	Klahowya	1

**2009 WIAA/Dairy Farmers of Washington/Les Schwab Tires
3A Boys Track & Field Championships**

3A Boys 100 Meter Dash

Finals

1	Anthony Wright	12	Lakes	10.86
2	Markeem Adams	11	West Seattle	10.89
3	Justin Small	12	Bishop Blanchet	10.91
4	Josh Moore	12	Franklin Pierce	11.00
5	Eric Patterson-Floyd	11	O'Dea	11.12
6	Stanley Ojukwu	11	Union	11.18
7	Aaron Grymes	12	West Seattle	11.24
8	Kinsley Ojukwu	11	Union	11.56

3A Boys 200 Meter Dash

Finals

1	Markeem Adams	11	West Seattle	21.47
2	Michael Berry	11	Rainier Beach	21.89
3	Rashaun Johnson	11	Foster	21.95
4	Josh Moore	12	Franklin Pierce	22.00
5	Chris Hayes	12	Camas	22.32
6	Eric Patterson-Floyd	11	O'Dea	22.34
7	Corde Bailey	11	Rogers-Spokane	22.35
8	Kinsley Ojukwu	11	Union	22.43

3A Boys 400 Meter Dash

Finals

1	Michael Berry	11	Rainier Beach	47.93
2	Josh Moore	12	Franklin Pierce	49.23
3	Josh Bland	12	Hanford	49.83
4	Jason Nokes	12	Mt Spokane	49.87
5	Chris Pokorny	12	Bonney Lake	49.89
6	Jarell Flora	11	Bremerton	50.00
7	Logan Johnson	12	Sedro-Woolley	50.57
8	Ryan Putman	12	Columbia River	51.45

3A Boys 800 Meter Run

Finals

1	Michael Miller	12	Mt Rainier	1:54.12
2	Seth Rumbaugh	12	Auburn Mountain View	1:54.40
3	Erik Berg	12	Seattle Prep	1:54.44
4	Michael Williams	11	Bellevue	1:54.52
5	Leon Dean	12	North Central	1:54.75
6	Braden Timpe	11	Enumclaw	1:57.47
7	Kyle Mellander	11	West Valley-Yakima	1:57.77
8	Alex Avila	11	North Central	2:01.20

3A Boys 1,600 Meter Run

Finals

1	Michael Miller	12	Mt Rainier	4:15.55
2	Andrew Kimpel	12	North Central	4:15.62
3	Leon Dean	12	North Central	4:16.87

4 Ben Johnston	11	North Central	4:17.13
5 Eric Bice	11	Liberty-Issaquah	4:17.60
6 Drew O'Donoghue-McDonald	11	Seattle Prep	4:18.90
7 Adam Eckmann	12	Seattle Prep	4:21.20
8 Erik Berg	12	Seattle Prep	4:22.19

3A Boys 3,200 Meter Run

Finals

1 Andrew Kimpel	12	North Central	9:08.39
2 Ben Johnston	11	North Central	9:11.32
3 Nathan Weitz	9	Shadle Park	9:13.06
4 Drew O'Donoghue-McDonald	11	Seattle Prep	9:19.45
5 Charlie McDonald	12	Seattle Prep	9:21.08
6 Josh Reiter	11	Camas	9:26.83
7 Adam Eckmann	12	Seattle Prep	9:27.31
8 Matt Miland	12	Lindbergh	9:30.18

3A Boys 110 Meter Hurdles

Finals

1 Jaakko Malmivirta	11	Nathan Hale	14.27
2 Rashaun Johnson	11	Foster	14.48
3 Taylor Schmidt	12	Prairie	14.57
4 Tevin Ponders	12	Renton	14.98
5 Alex Williams	12	Lynnwood	15.20
6 Marc Jackson	12	Hudson's Bay	15.25
7 Anthony Monahan	11	Bellevue	15.29
8 Guyson Jaramillo King	11	Highline	15.48

3A Boys 300 Meter Hurdles

Finals

1 Rashaun Johnson	11	Foster	38.80
2 Abe Kellogg	11	Enumclaw	39.07
3 Jesse Elvrom	12	Yelm	39.46
4 Marc Jackson	12	Hudson's Bay	39.74
5 Spencer Wordell	12	North Central	39.86
6 Jaakko Malmivirta	11	Nathan Hale	39.95
7 Taylor Schmidt	12	Prairie	40.19
8 Cody Pohren	12	Sedro-Woolley	41.26

3A Boys 4x100 Meter Relay

Finals

1 Foster			42.51
1) George Le	11	2) Sharrod Cradle	12
3) Devonte Green	10	4) Taylor Gustman	12
5) Rashaun Johnson	11	6) Mikhail Jackson	9
2 Lakes			42.81
1) Anthony Wright	12	2) Nnadozie Okoroafor	12
3) Cameron Black	11	4) John Taufua	12
5) Jack Wilson	11	6) Amandla Gregory	12
3 West Seattle			43.10
1) Aaron Grymes	12	2) Markeem Adams	11
3) Ian Keithly	12	4) Jules Guay-Binion	12

4 Union	5) Marshall Hance	12	6) Eddie Baker	12	43.12
	1) Kinsley Ojukwu	11	2) Stanley Ojukwu	11	
	3) Nathaniel Penaranda	11	4) Kevin Reddington	12	
	5) Brandon Brody-Heim	9	6) Ryan Stanford	9	
5 Rogers-Spokane					43.38
	1) Cody Peterson	12	2) Jordan Burns	11	
	3) Robert Van Gundy	11	4) Corde Bailey	11	
	5) Jason Ayers	9			
6 North Central					43.41
	1) Nerman Bajric	12	2) Spencer Wordell	12	
	3) Adrian Morris	12	4) Desean Svastisalee	11	
	5) Patrick Arkangelo	11	6) Colin Hisaw	10	
7 O'Dea					43.56
	1) Chandler Gayton	12	2) Eric Patterson-Floyd	11	
	3) Chris Kidd	11	4) Trent Sewell	9	
	5) Ivan Gaskin	9	6) Kent McKinney	9	
-- Mt Rainier					DNF
	1) Oscar Eason	12	2) Kyle Ehlers	12	
	3) Anthony Palfrey	12	4) Monroe Jones	12	
	5) Andre Defils	12	6) Rashad Bridges	10	

3A Boys 4x400 Meter Relay

Finals

1 Mt Spokane					3:21.76
	1) Chase Naccarato	9	2) Jack Cerenzia	10	
	3) Chris Nickeson	12	4) Jason Nokes	12	
	5) Joe Murray	11	6) Allan Schroeder	11	
2 Bonney Lake					3:22.03
	1) Eric Schroeder	12	2) Brandon Barnett	11	
	3) Jordin Andrade	11	4) Chris Pokorny	12	
	5) Brandon Baumchen	11	6) Cale Snider	12	
3 Auburn Mountain View					3:23.12
	1) Matt Gayman	12	2) Jarey Suiter	9	
	3) Seth Rumbaugh	12	4) Vince Wagner	11	
	5) Taylor Hughes	12	6) Corey LiaBraaten	12	
4 White River					3:24.27
	1) Marcus Dickson	9	2) Matt Dickson	11	
	3) Collin Green	11	4) Kramer Green	11	
	5) Adam McBarron	12	6) Michael Madden	11	
5 Bellevue					3:27.33
	1) Bruce Thomas	11	2) Alex Otsu	11	
	3) Stephen Heppler	12	4) Michael Williams	11	
	5) Will Fields	11	6) Woody Butler	9	
6 North Central					3:27.37
	1) Adrian Morris	12	2) Leon Dean	12	
	3) Spencer Wordell	12	4) JT Mellgren	11	
	5) Alex Avila	11	6) Swager Gunner	10	
7 Seattle Prep					3:29.91
	1) Greggor Holland	12	2) Tony Jaramillo	12	
	3) Miles Mercer	11	4) Erik Berg	12	
	5) Noah Bonn	12	6) Sean McDonald	10	

8 Liberty-Issaquah				3:35.77
1) Devin Bennett	10	2) Eric Bice	11	
3) Troy Solly	11	4) Mitchell Byron	12	
5) Bryce Merritt	12	6) Ryan Agnew	10	

3A Boys High Jump

Finals

1 Joshua Armstrong	12	Mt Rainier	6-07.00
2 Logan Myers	10	Capital	6-06.00
3 Jacob Troupe	10	Union	6-04.00
4 Matthew Barnes	12	Shadle Park	J6-04.00
5 Brett Watson	10	Ferndale	J6-04.00
6 Sharrod Cradle	12	Foster	J6-04.00
7 Kelly Morris	12	Union	J6-04.00
8 Devon Kiser	11	Glacier Peak	J6-04.00
9 Brandon Roddewig	12	Mt Si	J6-04.00

3A Boys Pole Vault

Finals

1 Bryce Borer	12	Mercer Island	15-03.00
2 Jeff Hinckley	12	Hazen	14-06.00
3 Brandon Roddewig	12	Mt Si	14-03.00
4 Derek Goulette	12	Mt Spokane	14-00.00
5 Gabe Cadero-Smith	12	Yelm	J14-00.00
6 Bogdan Goncharuk	12	Fort Vancouver	13-09.00
7 Taylor Schmidt	12	Prairie	13-06.00
7 Blake Bier	11	Prairie	13-06.00
8 Dylan Eastwood	12	Ferndale	13-00.00
10 Mitchell Mataya	12	Sedro-Woolley	J13-00.00

3A Boys Long Jump

Finals

1 Ronnielle Kelly-Battles	12	Renton	23-03.25
2 Bo Schuetzle	12	Shadle Park	23-00.75
3 Chris Hayes	12	Camas	22-05.50
4 Aaron Grymes	12	West Seattle	J22-05.50
5 Jordan Brown	11	Shorecrest	22-02.00
6 Anthony Palfrey	12	Mt Rainier	21-11.00
7 Devon Kiser	11	Glacier Peak	21-08.00
8 Kyle Ehlers	12	Mt Rainier	21-07.75

3A Boys Triple Jump

Finals

1 Kinsley Ojukwu	11	Union	46-01.25
2 Bo Schuetzle	12	Shadle Park	45-09.25
3 Darian Brooks	10	Kennedy	45-07.00
4 Ronnielle Kelly-Battles	12	Renton	45-03.50
5 Josh Bland	12	Hanford	44-03.25
6 Chandler Jenkins	10	Liberty-Issaquah	44-00.25
7 Aaron Phillips	12	Sammamish	43-10.25
8 Kyle Ehlers	12	Mt Rainier	43-09.50

3A Boys Shot Put

Finals

1	Andrey Levkiv	12	Hazen	59-01.50
2	Armin Basic	12	Renton	57-04.25
3	Courtney Sanders	12	Hazen	54-03.50
4	Immanuel Garraway	12	Timberline	54-00.00
5	Spencer Moorman	11	Port Angeles	52-04.25
6	Jon Lawson	10	Prairie	52-00.25
7	James Dorr	12	East Valley-Spokane	51-00.50
8	Willie Gervais	11	Bellevue	50-11.50

3A Boys Discus Throw

Finals

1	Armin Basic	12	Renton	175-05
2	Darrien Creamer	11	Peninsula	153-06
3	Jacob Allie	12	Lindbergh	152-10
4	Jon Lawson	10	Prairie	151-02
5	Bobby Rodgers	11	Everett	149-11
6	Andrey Levkiv	12	Hazen	149-08
7	Jordan Arakawa	11	Capital	149-02
8	John Froland	11	Glacier Peak	143-11

3A Boys Javelin Throw

Finals

1	Robert Hintz	12	Bellevue	211-00R
2	Jesse Elvrom	12	Yelm	191-00
3	Kyle Wagar	12	Hanford	188-08
4	Zach Ames	11	East Valley-Yakima	188-05
5	Kyle Kennedy	10	Bremerton	187-08
6	Ryan Lemery	12	Shadle Park	184-00
7	Malaki Seanoa	11	Everett	181-00
8	Kyle Stevens	12	Mt Si	180-08

2009 3A Boys Track & Field Team Finals

1	North Central	52
2	Renton	38
3	Foster	37.50
4	Mt Rainier	35
5	West Seattle	31
6	Shadle Park	30
7	Union	28
8	Hazen	27
9	Seattle Prep	25
10	Bellevue	22
11	Mt Spokane	20
12	Prairie	19
13	Franklin Pierce	18
13	Lakes	18
13	Yelm	18
13	Rainier Beach	18
17	Hanford	16
18	Auburn Mountain View	14

19 Nathan Hale	13
19 Camas	13
21 Bonney Lake	12
22 Enumclaw	11
23 Capital	10
23 Mercer Island	10
25 O'Dea	9
26 Liberty-Issaquah	8
26 Peninsula	8
26 Hudson's Bay	8
29 East Valley-Spokane	7
29 Mt Si	7
29 Lindbergh	7
29 Bremerton	7
33 Bishop Blanchet	6
33 Rogers-Spokane	6
33 Kennedy	6
33 Everett	6
37 Timberline	5
37 White River	5
39 Shorecrest	4
39 Glacier Peak	4
39 Lynnwood	4
39 Port Angeles	4
43 Ferndale	3.50
44 Fort Vancouver	3
44 Sedro-Woolley	3
46 West Valley-Yakima	2
46 Sammamish	2
48 Highline	1
48 Columbia River	1

**2009 WIAA/Dairy Farmers of Washington/Les Schwab Tires
3A Girls Track & Field Championships**

3A Girls 100 Meter Dash

Finals

1	Germe Poston	11	Franklin Pierce	11.63
2	Charnay Combs	12	Rainier Beach	12.10
3	Haley Locker	10	Ferndale	12.12
4	Ariele Reeves	11	Rainier Beach	12.29
5	Siara Byers	11	North Kitsap	12.39
6	Chantel Jaeger	10	West Valley-Yakima	12.39
7	Briana Welsh	10	Timberline	12.52
8	Alexis Ramos	11	Shorecrest	12.69

3A Girls 200 Meter Dash

Finals

1	Germe Poston	11	Franklin Pierce	24.05
2	Charnay Combs	12	Rainier Beach	24.96
3	Chantel Jaeger	10	West Valley-Yakima	24.99
4	Kelsey Werre	12	Liberty-Issaquah	25.52
5	Keiresia Vasser	11	Rainier Beach	26.09
6	Deven Wilson	12	Peninsula	26.10
7	Helen Hasbun	11	Mt Si	26.12
8	Tia Brogna	11	Mt Vernon	26.28

3A Girls 400 Meter Dash

Finals

1	Dyneeca Adams	12	Rainier Beach	56.89
2	Stephenie Cummings	11	Glacier Peak	57.28
3	Megan Kelley	10	Camas	57.73
4	Tia Brogna	11	Mt Vernon	58.20
5	Seanna Pitassi	11	Camas	58.42
6	Alex Bachmeier	10	Yelm	59.03
7	Ashlee Sincraugh	11	Sumner	59.67
8	Stephanie Schreiner	11	Enumclaw	1:01.94

3A Girls 800 Meter Run

Finals

1	Madeline Rathbun	10	Lakeside	2:14.95
2	Hillary Norris	12	Sumner	2:16.06
3	Courtney Zalud	12	Mt Spokane	2:16.67
4	Jessica Bottelberghe	10	Columbia River	2:16.90
5	Amy Before	12	Shadle Park	2:16.97
6	Tracey Stolz	9	Highline	2:17.67
7	Veronica Stinnett	11	Bonney Lake	2:19.54
8	Casey Warendorf	11	Bellevue	2:21.13

3A Girls 1,600 Meter Run

Finals

1	Phoebe Merritt	12	Mercer Island	5:08.82
2	Carey Parker	12	Seattle Prep	5:08.90
3	Andrea Nelson	11	Shadle Park	5:11.75

4	Emilie Gilbert	12	Bellevue	5:13.65
5	Suzy Olsen	12	Everett	5:14.91
6	Lauryn Wate	9	White River	5:15.00
7	Veronica Stinnett	11	Bonney Lake	5:15.78
8	Tansey Lystad	10	Juanita	5:16.33

3A Girls 3,200 Meter Run

Finals

1	Carey Parker	12	Seattle Prep	11:00.51
2	Theresa Edwards	12	Bonney Lake	11:03.85
3	Sarah Bobbe	11	Columbia River	11:11.32
4	Lindsay Benster	9	Mercer Island	11:14.91
5	Erin Hegarty	10	Hanford	11:16.65
6	Andrea Nelson	11	Shadle Park	11:26.00
7	Emilie Gilbert	12	Bellevue	11:33.27
8	Suzy Olsen	12	Everett	11:34.41

3A Girls 100 Meter Hurdles

Finals

1	Tanya Bjornsson	12	Ferndale	14.66
2	Diana Keller	12	Mt Si	14.71
3	Shayle Dezellem	11	Shadle Park	15.13
4	Shelby Rowland	12	Bonney Lake	15.15
5	Joanna Luse	11	Mt Spokane	15.26
6	Kate Holman	11	Bishop Blanchet	15.42
7	Stephanie Jones	12	Enumclaw	15.54
8	Naivasha Sophusson Smith	10	Nathan Hale	20.30

3A Girls 300 Meter Hurdles

Finals

1	Ariele Reeves	11	Rainier Beach	43.60
2	Tanya Bjornsson	12	Ferndale	45.20
3	Stephanie Jones	12	Enumclaw	45.46
4	Rachel Thompson	12	Capital	45.80
5	Brina Sych	11	Union	45.83
6	Alyssa Turner	12	Hudson's Bay	45.88
7	Shayle Dezellem	11	Shadle Park	45.94
8	Emily Hutchins	12	Bishop Blanchet	46.57

3A Girls 4x100 Meter Relay

Finals

1	Rainier Beach			48.42
	1) Ariele Reeves	11	2) Queen Ealy	9
	3) Dyneeca Adams	12	4) Charnay Combs	12
	5) Ta Pri Nelthrope	10	6) Keiresia Vasser	11
2	Franklin			49.20
	1) Charissa Shoecraft	10	2) Whitney Echols	9
	3) Danita Hamptonie	11	4) Ariana Jones	12
	5) Sheresse Heard	12	6) Gabby Holman	11
3	Mt Si			49.38
	1) Nikki Stanton	12	2) Helen Hasbun	11
	3) Hannah Hasbun	11	4) Diana Keller	12

4 Shorecrest	5) Sophie Rockow	9	6) Natalie Opsvig	11	49.39
	1) Marisa Brown	12	2) Lynleigh Oliver	9	
	3) Nicole Harris	9	4) Alexis Ramos	11	
	5) Emily Corona	10	6) Rachel Schrote	10	
5 Lynnwood					49.90
	1) Ta'Jah Cochran	11	2) Stephanie Bidondo	10	
	3) Colleen Hill	10	4) Danielle Alexander	10	
	5) Jessika Barlow	11	6) Chelsie Martell	9	
6 Bonney Lake					50.08
	1) Shelby Rowland	12	2) Taylor Howick	11	
	3) Kimber Kober	11	4) Leslie Cannon	11	
	5) Haylie Cannon	11	6) Emma Martin	10	
7 Peninsula					50.14
	1) Kayla Erickson	11	2) Hannah Gilman	12	
	3) Kelsie Williams	12	4) Deven Wilson	12	
	5) Nicole Holcomb	9			
8 West Valley-Yakima					51.66
	1) Mikele Cluff	10	2) Keely Hausken	9	
	3) Chelsea Nell	11	4) Chantel Jaeger	10	
	5) Kira Lewis	12	6) Ashley Packard	10	
3A Girls 4x200 Meter Relay					
Finals					
1 Rainier Beach					1:39.49R
	1) Ariele Reeves	11	2) Charnay Combs	12	
	3) Ta Pri Nelthrope	10	4) Dyneeca Adams	12	
	5) Keiresia Vasser	11	6) Queen Ealy	9	
2 Shorecrest					1:44.03
	1) Lynleigh Oliver	9	2) Nicole Harris	9	
	3) Erin Springer	12	4) Alexis Ramos	11	
	5) Marisa Brown	12	6) Nicole Wanamaker	11	
3 Capital					1:44.25
	1) Emily Enz	10	2) Mary Agnes Villanueva	9	
	3) Aubrey Cronk	9	4) Tosha Hollingsworth	11	
	5) Tess Peckler	12	6) Rachel Thompson	12	
4 Liberty-Issaquah					1:44.61
	1) Alli Agnew	12	2) Haile Erickson	10	
	3) Madison Birdsall	10	4) Kelsey Werre	12	
	5) Elizabeth Ryker	9	6) Aimee Christensen	9	
5 Ferndale					1:45.28
	1) McKensie Clark	11	2) Laurel Erdman	9	
	3) Tanya Bjornsson	12	4) Haley Locker	10	
	5) Madison Hart	10	6) Shandel Yanney	11	
6 Mt Si					1:45.90
	1) Nikki Stanton	12	2) Helen Hasbun	11	
	3) Hannah Hasbun	11	4) Taylor Robbins	11	
	5) Sophie Rockow	9	6) Natalie Opsvig	11	
7 Union					1:46.18
	1) Leina Buchanan	12	2) Brina Sych	11	
	3) Sarah Takayoshi	12	4) Alyssa Vera	12	
	5) Alexis Ransom	10	6) Megan Dire	12	

8 West Valley-Yakima				1:46.50
1) Keely Hausken	9	2) Chelsea Nell	11	
3) Kira Lewis	12	4) Chantel Jaeger	10	
5) Ashley Packard	10	6) Mikele Cluff	10	

3A Girls 4x400 Meter Relay

Finals

1 Camas				3:56.48
1) Sara Slayton	10	2) Megan Kelley	10	
3) Seanna Pitassi	11	4) Dakota Forgey	12	
5) Renee Valenter	9	6) Shelby Bodily	11	
2 Liberty-Issaquah				3:57.86
1) Alli Agnew	12	2) Hailey Erickson	10	
3) Madison Birdsall	10	4) Kelsey Werre	12	
5) Elizabeth Ryker	9	6) Emily Pestl-Dimmitt	9	
3 Bainbridge				3:57.88
1) Pearl Terry	9	2) Isabel Ferguson	9	
3) Courtney O'Dell	10	4) Sylvia Stellmacher	11	
5) Maddiy Sheldon	12	6) Annie Taylor	11	
4 Lakeside				3:58.59
1) Lara Adekoya	10	2) Madeline Rathbun	10	
3) Emi Lawson	11	4) Whitney Best	10	
5) Allanah Whitehall	9	6) Allegra Roberts	12	
5 Shadle Park				3:59.15
1) Shayle Dezelle	11	2) Katie Morris	9	
3) Mary Rogers	12	4) Amy Before	12	
5) Andrea Nelson	11	6) Martha Wagley	11	
6 Mt Spokane				4:02.18
1) Courtney Zalud	12	2) Sarah Craig	11	
3) Averi Hollman	12	4) Afton McKinlay	10	
5) Joanna Luse	11	6) Chelsea Padrta	12	
7 Bishop Blanchet				4:03.62
1) Maddy Mercier	12	2) Andrea Toulouse	11	
3) Emily Hutchins	12	4) Bridget Toulouse	11	
5) Ellyn Erving	11	6) Katrina VanTassell	10	
8 Bonney Lake				4:05.91
1) Veronica Stinnett	11	2) Haylie Cannon	11	
3) Sandra Meyer	12	4) Shelby Rowland	12	
5) Theresa Edwards	12	6) Emma Martin	10	

3A Girls High Jump

Finals

1 Emily Corona	10	Shorecrest	5-07.00
2 Sasha Weber	9	Timberline	5-06.00
3 Taymussa Miller	12	Hanford	5-05.00
4 McKensie Clark	11	Ferndale	5-04.00
5 Brittany Grandy	10	Sedro-Woolley	5-03.00
6 Tess Peckler	12	Capital	5-02.00
7 Ashley Graybeal	11	North Central	J5-02.00
8 Emi Lawson	11	Lakeside	J5-02.00
9 Melissa Merrill	9	Hanford	J5-02.00

3A Girls Pole Vault

Finals

1	Kaycee Smith	12	Mt Spokane	10-06.00
2	Kristina Owsinski	10	Prairie	10-03.00
3	Georgia Reynolds	11	Mt Si	10-00.00
4	Jennifer Debellis	9	Columbia River	9-09.00
5	Zoey Dingel	11	Ferndale	J9-09.00
6	Krista Lockhart	12	Liberty-Issaquah	9-06.00
7	Nicole Harris	9	Shorecrest	J9-06.00
8	Hannah Robins	12	Liberty-Issaquah	9-00.00
8	Britta LaVoie	10	Mt Spokane	9-00.00
8	Jordan Hess	10	Columbia River	9-00.00
8	Samantha Sanches	12	Columbia River	9-00.00

3A Girls Long Jump

Finals

1	Diana Keller	12	Mt Si	17-06.50
2	Olivia Ward	12	Cleveland	16-10.25
3	Taryn Willie	11	Camas	16-06.50
4	Lizzie Perkins	12	West Seattle	16-05.75
5	Maddy Mercier	12	Bishop Blanchet	J16-05.75
6	Amanda Alvarez	12	Columbia River	16-05.50
7	Briana Welsh	10	Timberline	16-04.50
8	Taymussa Miller	12	Hanford	16-03.50

3A Girls Triple Jump

Finals

1	Olivia Ward	12	Cleveland	40-08.50
2	Amanda Alvarez	12	Columbia River	37-07.00
3	Athena Alvarez	12	Columbia River	37-01.00
4	Kira Lewis	12	West Valley-Yakima	36-10.50
5	Stephanie Jones	12	Enumclaw	36-06.00
6	Ellyn Erving	11	Bishop Blanchet	35-06.25
7	Kayla Erickson	11	Peninsula	35-05.25
8	Makala Williams	12	Lindbergh	35-05.00

3A Girls Shot Put

Finals

1	Tiara Killmer	11	Bonney Lake	39-07.75
2	Carolina Siofele	12	Union	39-05.25
3	Adara Winder	9	Bonney Lake	38-02.00
4	Emi Lawson	11	Lakeside	37-11.00
5	Boryana Atanasova	12	Renton	37-05.50
6	Christi Ometu	12	Auburn Mountain View	37-03.75
7	Tressae Herrera	11	North Central	36-06.50
8	Roylanda Jackson	12	Renton	36-05.00

3A Girls Discus Throw

Finals

1	Carolina Siofele	12	Union	128-07
2	Anna Kaminski	12	Bainbridge	122-10
3	Rachel Damiano	12	Mt Spokane	119-07

4 Boryana Atanasova	12	Renton	115-06
5 Melissa Youmans	12	East Valley-Spokane	114-04
6 Anna Adamko	10	Columbia River	113-03
7 Tusalava Kuaea	11	Lakes	112-00
8 Corina Linder	11	Mt Si	109-07

3A Girls Javelin Throw

Finals

1 Anna Adamko	10	Columbia River	141-04
2 Bianca Pope	12	Shadle Park	138-11
3 Sasha Weber	9	Timberline	130-10
4 Haley Tank	12	Hanford	127-06
5 Kim Harbine	12	Ferndale	126-10
6 Boryana Atanasova	12	Renton	120-05
7 Kristen Munson	12	Prairie	117-07
8 Caroline Towles	12	Shorecrest	116-11

2009 3A Girls Track & Field Team Finals

1) Rainier Beach	65
2) Columbia River	46.5
3) Ferndale	41
4) Bonney Lake	37
5) Mt Si	36
6) Shadle Park	33
7) Mt Spokane	29.3
8) Shorecrest	27
9) Camas	26
10) Union	24
11) Liberty-Issaquah	21.3
12) Lakeside	21
13) Franklin Pierce	20
14) Seattle Prep	18
14) Cleveland	18
14) Timberline	18
17) West Valley-Yakima	16
17) Hanford	16
19) Mercer Island	15
20) Capital	14
20) Bainbridge	14
22) Bishop Blanchet	13
22) Renton	13
22) Enumclaw	13
25) Sumner	10
25) Prairie	10
27) Glacier Peak	8
27) Franklin	8
27) Bellevue	8
30) Peninsula	7
31) Mt Vernon	6
32) Everett	5
32) West Seattle	5

34)	North Central	4
34)	East Valley-Spokane	4
34)	Sedro-Woolley	4
34)	Lynnwood	4
34)	North Kitsap	4
39)	Auburn Mountain View	3
39)	White River	3
39)	Highline	3
39)	Hudson's Bay	3
39)	Yelm	3
44)	Lakes	2
45)	Juanita	1
45)	Nathan Hale	1
45)	Lindbergh	1

**2010 WIAA/Dairy Farmers of Washington/Les Schwab Tires
4A Boys Track & Field Championships**

4A Boys 100 Meter Dash

Finals

1	Anthony Nguyen	12	Woodinville	11.28
2	Anthony Rathbun	12	Spanaway Lake	11.30
3	Trenton Pinson	12	Federal Way	J11.30
4	Darius Leaphart	11	Mt Tahoma	11.57
5	Ryan Adams	11	Shelton	11.60
6	Mark Roetcisoender	11	Inglemoor	11.61
7	Bobby Condon	11	Gonzaga Prep	J11.61
8	Lucas Sealby	12	Wenatchee	11.70

4A Boys 200 Meter Dash

Finals

1	Marques Avery	12	Pasco	21.81
2	Jacob Sealby	12	Wenatchee	22.05
3	Anthony Rathbun	12	Spanaway Lake	22.09
4	Wes Bailey	10	Mead	22.32
5	Lucas Sealby	12	Wenatchee	22.42
6	Anthony Nguyen	12	Woodinville	22.47
7	Maurice McNeal	12	Federal Way	22.72
8	Mark Roetcisoender	11	Inglemoor	22.75

4A Boys 400 Meter Dash

Finals

1	Jacob Sealby	12	Wenatchee	47.78
2	Maurice McNeal	12	Federal Way	48.20
3	Lucas Sealby	12	Wenatchee	48.63
4	Marcus Chambers	9	Henry Foss	48.88
5	Austin Thummel-Gravitt	11	Rogers-Puyallup	49.14
6	Kevin Boyd	11	Skyview	49.51
7	Brandon Cole	12	Eastlake	49.55
8	Ezekiel McNeal	9	Federal Way	49.67

4A Boys 800 Meter Run

Finals

1	Justin Zimmerman	12	Joel Ferris	1:54.27
2	Tim Pettit	12	Kentwood	1:54.89
3	Jesse Jorgensen	12	Puyallup	1:55.17
4	Grant Grosvenor	11	Henry Jackson	1:55.35
5	Kenny Krotzer	12	Auburn Riverside	1:55.63
6	Ashkon Nima	12	Bothell	1:57.77
7	Casey Casillas	12	Richland	1:58.88
8	Derrick Daigre	11	Kent Meridian	2:01.87

4A Boys 1,600 Meter Run

Finals

1	Shane Moskowitz	12	Central Kitsap	4:09.67
2	Adam Thorne	12	Joel Ferris	4:10.44
3	Kenny Krotzer	12	Auburn Riverside	4:10.94

4 Nate Brennand	11	Olympia	4:15.35
5 Mack Young	12	Redmond	4:15.73
6 Chase Horrocks	12	Skyview	4:16.02
7 Mitchell Briggs	12	Henry Jackson	4:17.11
8 Brent Felnagle	12	Bellarmino Prep	4:17.97

4A Boys 3,200 Meter Run

Finals

1 Shane Moskowitz	12	Central Kitsap	8:59.27
2 Andrew Gardner	9	Mead	9:01.40
3 Anthony Armstrong	10	Kamiakin	9:07.25
4 Conner Peloquin	12	Gig Harbor	9:08.14
5 Adam Thorne	12	Joel Ferris	9:08.31
6 Bryan Simison	12	Eisenhower	9:12.73
7 Mitchell Briggs	12	Henry Jackson	9:14.10
8 Chase Braxmeyer	11	Thomas Jefferson	9:18.96

4A Boys 110 Meter Hurdles

Finals

1 Casey Monahan	12	Mead	14.82
2 Cory Okazaki	12	Emerald Ridge	15.03
3 Garrett Gerling	12	Walla Walla	15.04
4 Alec Fellows	11	Edmonds-Woodway	15.08
5 Abu Kamara	9	Kent Meridian	15.42
6 Adam Scalesse	12	Kelso	15.56
7 Travis Kafentzis	11	Richland	15.66
8 Mark Pangilinan	12	Marysville-Pilchuck	15.67

4A Boys 300 Meter Hurdles

Finals

1 Wes Bailey	10	Mead	38.20
2 Robert Hanke	12	Stanwood	38.50
3 Jeff Sloat	12	Eastlake	38.72
4 Scott Sanford	12	Thomas Jefferson	38.82
5 Adam Scalesse	12	Kelso	39.32
6 Garrett Gerling	12	Walla Walla	39.46
7 Nari Sternen	11	Kamiak	42.96

4A Boys 4x100 Meter Relay

Finals

1 Spanaway Lake	42.39
2 Mead	42.48
3 Skyline	42.73
4 Inglemoor	42.89
5 Marysville-Pilchuck	43.07
6 Rogers-Puyallup	43.25
7 Shorewood	43.90
8 Kent Meridian	47.32

4A Boys 4x400 Meter Relay

Finals

1 Federal Way	3:15.66 R
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2 Eastlake	3:19.86
3 Skyline	3:19.98
4 Rogers-Puyallup	3:20.20
5 Skyview	3:20.31
6 Bellarmine Prep	3:20.49
7 Olympia	3:24.19
8 Kent Meridian	3:35.56

4A Boys High Jump

Finals

1 AJ Maricich	12	Mead	7-00.00
2 Kasen Williams	11	Skyline	6-10.00
3 Jeremy Beck	12	Mead	6-04.00
3 Brandon Search	11	Pasco	6-04.00
3 Rahmel Dockery	11	Curtis	6-04.00
6 Joshua Kiehl	12	Mariner	J6-04.00
7 CJ Wright	12	Lincoln	J6-04.00
8 Josh Traylor	11	Mt Tahoma	J6-04.00
8 Alex Straus	11	Kentlake	J6-04.00

4A Boys Pole Vault

Finals

1 Curtis Flolid	12	Woodinville	15-03.00
2 Marcus Schooley	11	A.C. Davis	15-00.00
3 Michael Martinez	12	A.C. Davis	14-03.00
4 Micheal Green	11	Mead	14-00.00
5 Shamus Mukai	11	Inglemoor	J14-00.00
6 Nick Lemmon	12	Kent Meridian	13-06.00
7 Jordan Moses	12	Monroe	J13-06.00
8 Connor Hemming	11	Marysville-Pilchuck	13-00.00
8 Hayden Douglass	12	Mead	13-00.00

4A Boys Long Jump

Finals

1 Rahmel Dockery	11	Curtis	24-01.25
2 Kasen Williams	11	Skyline	J24-01.25
3 Jacob Sealby	12	Wenatchee	22-09.25
4 Kale Schmidt	12	Stanwood	22-05.25
5 Alec Fellows	11	Edmonds-Woodway	22-02.75
6 Austin Wilborn	12	Pasco	21-09.25
7 Brandon Search	11	Pasco	21-08.75
8 Kevin Yates	10	Snohomish	21-06.25

4A Boys Triple Jump

Finals

1 Kasen Williams	11	Skyline	47-06.00
2 Levi Taylor	12	Lewis and Clark	46-11.00
3 Tay'lor Eubanks	10	Cascade-Everett	46-01.25
4 Alec Fellows	11	Edmonds-Woodway	45-05.75
5 Mitchell Hill	12	Moses Lake	43-10.25
6 Dylan Moberg	12	Moses Lake	43-09.00
7 Christopher Rusnak	12	Snohomish	J43-09.00

8 Hunter Trunk	11	Gig Harbor	43-04.00
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4A Boys Shot Put

Finals

1 Sam Wright	12	Mead	56-10.75
2 Derek Eager	12	Tahoma	56-01.75
3 Timothy St. Marie	12	Cascade-Everett	55-08.50
4 Kjelby Oiland	12	Joel Ferris	55-06.50
5 Danny Shelton	11	Auburn	55-01.00
6 Maxx Forde	12	Woodinville	54-08.50
7 Daniel Hughes	11	Chiawana	53-05.50
8 Billy Rowell	11	Central Valley	53-03

4A Boys Discus Throw

Finals

1 Derek Eager	12	Tahoma	179-10
2 Sam Wright	12	Mead	167-02
3 Timothy St. Marie	12	Cascade-Everett	149-11
4 Travis Pickett	10	Snohomish	148-07
5 Skyler Rubadue	12	Tahoma	142-09
6 Danny Shelton	11	Auburn	141-06
7 Seth Regalado	10	Mead	140-08
8 Cameron Dahl	11	Chiawana	131-11

4A Boys Javelin Throw

Finals

1 Derek Eager	12	Tahoma	207-10
2 Quinn Hale	11	Bellarmino Prep	200-09
3 Sean Keller	10	Heritage	191-05
4 Blake McPherson	10	Arlington	186-10
5 Nick Laketa	11	Gig Harbor	181-11
6 Levi Taylor	12	Lewis and Clark	179-04
7 Max Pratt	11	Auburn	173-05
8 Sam Hilmes	10	Mead	172-05

2010 4A Boys Track & Field Team Results

1) Mead	82.5
2) Skyline	38
3) Wenatchee	35
4) Tahoma	32
5) Joel Ferris	27
5) Federal Way	27
7) Woodinville	26
8) Spanaway Lake	24
9) Pasco	20
9) Central Kitsap	20
11) Cascade-Everett	18
12) Eastlake	16
13) Curtis	15
14) Edmonds-Woodway	14
14) A.C. Davis	14

16) Inglemoor	13
16) Stanwood	13
18) Bellarmine Prep	12
18) Rogers-Puyallup	12
20) Lewis and Clark	11
21) Gig Harbor	10
21) Auburn Riverside	10
21) Kent Meridian	10
21) Skyview	10
25) Walla Walla	9
25) Auburn	9
25) Henry Jackson	9
28) Emerald Ridge	8
28) Snohomish	8
28) Kentwood	8
31) Moses Lake	7
31) Kelso	7
31) Olympia	7
34) Heritage	6
34) Kamiakin	6
34) Puyallup	6
34) Thomas Jefferson	6
38) Marysville-Pilchuck	5.5
38) Mt Tahoma	5.5
40) Henry Foss	5
40) Arlington	5
42) Richland	4
42) Redmond	4
42) Shelton	4
45) Chiawana	3
45) Bothell	3
45) Eisenhower	3
45) Mariner	3
49) Kamiak	2
49) Shorewood	2
49) Lincoln	2
49) Monroe	2
49) Gonzaga Prep	2
54) Central Valley	1
55) Kentlake	0.5

**2010 WIAA/Dairy Farmers of Washington/Les Schwab Tires
4A Girls Track & Field Championships**

4A Girls 100 Meter Dash

Finals

1	Kishia Mitchell	12	Rogers-Puyallup	12.50
2	Majerae Gates	9	Federal Way	12.51
3	Holly DeHart	11	Kentwood	12.62
4	Shealee O'Donnell	12	Skyline	12.64
5	Tee Tee Martin	10	Heritage	12.75
6	Haley Jacobson	11	Issaquah	12.81
7	Iesha Holt	11	Central Kitsap	12.83
8	Madelayne Varela	10	Kentlake	12.84

4A Girls 200 Meter Dash

Finals

1	Holly DeHart	11	Kentwood	25.35
2	Kishia Mitchell	12	Rogers-Puyallup	25.51
3	Kayla Stueckle	12	Emerald Ridge	25.60
4	Haley Jacobson	11	Issaquah	25.77
5	Shealee O'Donnell	12	Skyline	J25.77
6	Sydney Davis	12	Rogers-Puyallup	25.83
7	Naomi Walker	9	Oak Harbor	26.71
8	Madelayne Varela	10	Kentlake	28.17

4A Girls 400 Meter Dash

Finals

1	Kishia Mitchell	12	Rogers-Puyallup	56.21
2	Jazmine Redmon	12	Mead	57.23
3	Brenna Thompson	11	Shelton	57.98
4	Alexis Fesenbek	10	Olympia	58.42
5	Amia Nash	11	Edmonds-Woodway	58.54
6	Jaclyn Onosko	12	Kentridge	58.60
7	McKenzie Luth	12	Woodinville	58.77
8	Madelayne Varela	10	Kentlake	1:08.50

4A Girls 800 Meter Run

Finals

1	Baylee Mires	11	Mead	2:15.46
2	Erin Johnson	11	Shorewood	2:17.47
3	Lynelle Decker	10	Mountain View	2:17.52
4	Amy Thornton	11	University	2:17.85
5	Lacey London	12	Inglesmoor	2:18.70
6	Alex Neil	12	Bothell	2:18.83
7	Cassidy Brown	9	Auburn Riverside	2:18.89
8	Nina Penner	10	Mountlake Terrace	2:20.32

4A Girls 1,600 Meter Run

Finals

1	Baylee Mires	11	Mead	4:53.52
2	Anna Dailey	12	Garfield	4:54.75

3 Marisa Vander Malle	12	Pasco	4:58.44
4 Hannah Kiser	12	Wenatchee	5:00.49
5 Natasha Verma	12	Stanwood	5:02.91
6 Lynelle Decker	10	Mountain View	5:04.41
7 Mayra Chavez	10	Eisenhower	5:05.01
8 Jordin Stephenson	9	Stanwood	5:08.00

4A Girls 3200 Meter Run

Finals

1 Anna Dailey	12	Garfield	10:28.91
2 Marisa Vander Malle	12	Pasco	10:40.98
3 Natasha Verma	12	Stanwood	11:00.31
4 Jordin Stephenson	9	Stanwood	11:02.52
5 Rachel Atwood	10	Auburn Riverside	11:02.81
6 Minna Fields	11	Stanwood	11:03.16
7 Devin McMahon	12	Redmond	11:03.36
8 Clare Kane	12	Olympia	11:04.77

4A Girls 100 Meter Hurdles

Finals

1 Kayla Stueckle	12	Emerald Ridge	14.81
2 Tate Latimer	12	Tahoma	15.14
3 Andrea Smith	11	Southridge	15.30
4 Caitlyn Rowland	12	Gig Harbor	15.44
5 Becca Berge	11	Inglemoor	15.48
6 Whitney Swenson	12	Battle Ground	15.69
7 Ashleigh Chambers	12	Mt Tahoma	15.90
8 Sadie Sparks	10	Chiawana	15.91

4A Girls 300 Meter Hurdles

Finals

1 Kayla Stueckle	12	Emerald Ridge	42.34
2 Rachel McQuivey	11	Skyview	43.60
3 Amber Dodd	12	Skyline	44.64
4 Tate Latimer	12	Tahoma	45.19
5 Becca Berge	11	Inglemoor	45.20
6 Brooke Pahukoa	9	Lake Stevens	45.81
7 Hayley Lawrence	12	Bethel	45.91
8 Martha Sanford	12	Richland	46.35

4A Girls 4x100 Meter Relay

Finals

1 Tahoma	48.43
2 Inglemoor	48.61
3 Southridge	48.64
4 Gig Harbor	49.11
5 Garfield	49.77
6 Wenatchee	50.06
7 Marysville-Pilchuck	50.27

4A Girls 4x200 Meter Relay

Finals

1 Rogers-Puyallup	1:42.10
2 Tahoma	1:42.62
3 Kentwood	1:42.91
4 Inglemoor	1:42.93
5 Skyline	1:43.66
6 Mead	1:46.13
7 Cascade-Everett	1:46.36
8 Kent Meridian	1:48.54

4A Girls 4x400 Meter Relay

Finals

1 Mead	3:55.94
2 Woodinville	3:58.61
3 Stadium	3:59.27
4 Lake Stevens	3:59.54
5 Kentwood	3:59.62
6 Marysville-Pilchuck	4:00.36
7 Bethel	4:00.89
8 Tahoma	4:03.61

4A Girls High Jump

Finals

1 Audrey Ketcham	10	Wenatchee	5-08.00
2 Jaleecia Roland	11	Federal Way	5-07.00
3 Nichole Jones	12	Rogers-Puyallup	5-04.00
4 Tayler Fettig	11	Olympia	5-02.00
4 Chelsea Muskelly	10	Kent Meridian	5-02.00
6 Kiana Davis	9	Kelso	J5-02.00
7 Brooke Pahukoa	9	Lake Stevens	J5-02.00
8 Sarah Stoker	12	Olympia	J5-02.00

4A Girls Pole Vault 4A

Finals

1 Tasha Clark	12	Mead	12-00.00
2 Kelsey Bueno	12	Kent Meridian	J12-00.00
3 Rebecca Turnbow	12	Auburn Riverside	J12-00.00
4 Eva Perry	10	Issaquah	J12-00.00
5 Elizabeth Quick	9	Richland	11-00.00
6 Sarah Clark	12	Marysville-Pilchuck	10-09.00
7 Amelia Carpenter	11	Kentridge	J10-09.00
8 Kim Concillado	11	Kentridge	10-00.00
8 Jenna Crain	11	Kent Meridian	10-00.00
8 Summer Cull	10	Marysville-Pilchuck	10-00.00

4A Girls Long Jump

Finals

1 Kayla Stueckle	12	Emerald Ridge	18-01.00
2 Brittany Werner	12	Gig Harbor	17-04.75
3 Tess Parent	12	Inglemoor	17-01.25
4 Alli Rodseth	10	Auburn Riverside	17-00.25
5 Jazmine Redmon	12	Mead	16-11.75
6 Brandi Williams	9	Auburn Riverside	16-11.00

7 Katie Tougas	12	Edmonds-Woodway	16-10.00
8 Shantae Young	12	Oak Harbor	16-09.25

4A Girls Triple Jump

Finals

1 Bianca Walton	12	Tahoma	39-05.25
2 Tess Parent	12	Inglemoor	38-10.00
3 Shantae Young	12	Oak Harbor	38-06.75
4 Keza King	11	Curtis	37-07.25
5 Taylor Reynolds	11	Eastmont	37-01.00
6 Jaleecia Roland	11	Federal Way	37-00.25
7 Miko Starks	11	Curtis	36-05.25
8 Lindsey Dahl	10	Thomas Jefferson	J36-05.25

4A Girls Shot Put

Finals

1 Courtney Hutchinson	9	Mead	42-06.75
2 Kayla Adams	11	Thomas Jefferson	42-03.50
3 Bev Coleman	10	Bethel	40-04.00
4 Krystall Fowler	12	Lincoln	40-03.75
5 Alyx Toeaina	10	Kentwood	39-10.50
6 Jessica Bush	12	Eisenhower	39-00.75
7 Paula Jennings	11	Central Valley	38-02.75
8 Emma Murillo	12	Southridge	38-02.25

4A Girls Discus Throw

Finals

1 Jessica Bush	12	Eisenhower	137-01
2 Natalie Kylo	12	Joel Ferris	132-08
3 Alexa Lindseth	12	Joel Ferris	129-02
4 Alyx Toeaina	10	Kentwood	125-07
5 Kayla Adams	11	Thomas Jefferson	124-08
6 Becky Duhamel	12	Wenatchee	J124-08
7 Maggie Roe	12	Newport-Bellevue	119-07
8 Kelsie Forcier	10	South Kitsap	118-02

4A Girls Javelin Throw

Finals

1 Jamie Weisner	10	Walla Walla	135-01
2 Shannon Johnson	12	Central Valley	133-10
3 Shelby Ellsworth	11	Chiawana	125-02
4 Stephanie Harold	12	Heritage	124-08
5 Emma Murillo	12	Southridge	123-06
6 Jaclyn Onosko	12	Kentridge	120-07
7 Cassidy Stevick	12	Olympia	118-00
8 Stephanie Van Slageren	11	Arlington	J118-0

2010 4A Girls Track & Field Team Finals

1) Mead	65
2) Rogers-Puyallup	47
3) Tahoma	42

4) Inglemoor	39
5) Emerald Ridge	36
6) Kentwood	35
7) Garfield	22
8) Wenatchee	21
9) Auburn Riverside	20
10) Skyline	19
10) Stanwood	19
10) Federal Way	19
13) Gig Harbor	18
14) Southridge	17
15) Eisenhower	15
16) Joel Ferris	14
16) Pasco	14
18) Kent Meridian	13.83
19) Olympia	13.5
20) Issaquah	13
20) Thomas Jefferson	13
22) Bethel	10
22) Walla Walla	10
22) Central Valley	10
22) Lake Stevens	10
22) Woodinville	10
27) Mountain View	9
27) Heritage	9
27) Oak Harbor	9
30) Marysville-Pilchuck	8.33
30) Kentridge	8.33
32) Skyview	8
32) Shorewood	8
34) Chiawana	7
34) Curtis	7
36) Shelton	6
36) Edmonds-Woodway	6
36) Stadium	6
39) Lincoln	5
39) University	5
39) Richland	5
42) Eastmont	4
43) Bothell	3
43) Kentlake	3
43) Battle Ground	3
43) Kelso	3
47) Central Kitsap	2
47) Newport-Bellevue	2
47) Redmond	2
47) Cascade-Everett	2
47) Mt Tahoma	2
52) Arlington	1
52) Mountlake Terrace	1
52) South Kitsap	1