

**2009 WIAA/Dairy Farmers of Washington/Les Schwab Tires
2A Boys Track & Field Championships**

2A Boys 100 Meter Dash

Finals

| | | | | |
|---|----------------|----|------------|-------|
| 1 | Brett Blanshan | 12 | Selah | 10.60 |
| 2 | Blair Bomber | 11 | Lynden | 11.07 |
| 3 | Justin Thomsen | 12 | Sehome | 11.09 |
| 4 | Colton Dunn | 12 | Hockinson | 11.11 |
| 5 | Dusty Duncan | 11 | Lynden | 11.13 |
| 6 | Jordan Weeks | 12 | Lynden | 11.14 |
| 7 | Greg Herd | 12 | Steilacoom | 11.20 |
| 8 | Zach Meyers | 12 | Clarkston | 11.21 |

2A Boys 200 Meter Dash

Finals

| | | | | |
|---|----------------|----|------------|-------|
| 1 | Brett Blanshan | 12 | Selah | 21.70 |
| 2 | Blair Bomber | 11 | Lynden | 22.05 |
| 3 | Colton Dunn | 12 | Hockinson | 22.17 |
| 4 | London Vessey | 12 | Tumwater | 22.18 |
| 5 | Thomas Kassa | 11 | Anacortes | 22.20 |
| 6 | Zach Meyers | 12 | Clarkston | 22.38 |
| 7 | Greg Herd | 12 | Steilacoom | 22.42 |
| 8 | Jordan Weeks | 12 | Lynden | 22.45 |

2A Boys 400 Meter Dash

Finals

| | | | | |
|---|----------------|----|-------------|-------|
| 1 | Adam Candland | 12 | Cedarcrest | 49.25 |
| 2 | Colton Dunn | 12 | Hockinson | 49.52 |
| 3 | Eric Walsh | 11 | Black Hills | 49.72 |
| 4 | Dusty Duncan | 11 | Lynden | 49.97 |
| 5 | Scott Morrison | 12 | Hoquiam | 50.61 |
| 6 | Greg Herd | 12 | Steilacoom | 50.94 |
| 7 | Jacob Rogers | 12 | Blaine | 51.20 |
| 8 | Jared Fisher | 11 | Colville | 51.53 |

2A Boys 800 Meter Run

Finals

| | | | | |
|---|-----------------|----|-------------------|---------|
| 1 | Dakota Parker | 10 | W F West | 1:55.88 |
| 2 | Dzmitry Ryzhkov | 12 | Squalicum | 1:56.87 |
| 3 | Tyler Williams | 11 | Burlington-Edison | 1:56.98 |
| 4 | Andrew Crain | 11 | North Mason | 1:58.51 |
| 5 | Zach Bryan | 11 | Steilacoom | 1:58.84 |
| 6 | Chase Bussing | 10 | Mark Morris | 1:59.54 |
| 7 | TJ Hesselgesser | 12 | Selah | 1:59.60 |
| 8 | Clinton Overman | 12 | Sehome | 2:03.18 |

2A Boys 1,600 Meter Run

Finals

| | | | | |
|---|----------------|----|-------------------|---------|
| 1 | Tim Bradley | 11 | Blaine | 4:20.72 |
| 2 | Kevin Aubol | 12 | Ellensburg | 4:22.58 |
| 3 | Tyler Williams | 11 | Burlington-Edison | 4:24.85 |

| | | | | |
|---|-----------------|----|-----------|---------|
| 4 | Nathan Duray | 12 | Tumwater | 4:25.96 |
| 5 | Dzmitry Ryzhkov | 12 | Squalicum | 4:27.21 |
| 6 | Taylor Guske | 11 | Lakewood | 4:28.61 |
| 7 | Dakota Parker | 10 | W F West | 4:29.03 |
| 8 | Todd Jackson | 10 | Elma | 4:30.23 |

2A Boys 3,200 Meter Run

Finals

| | | | | |
|---|------------------|----|------------|---------|
| 1 | Kevin Aubol | 12 | Ellensburg | 9:32.45 |
| 2 | Taylor Guske | 11 | Lakewood | 9:36.84 |
| 3 | Nathan Duray | 12 | Tumwater | 9:38.32 |
| 4 | Todd Jackson | 10 | Elma | 9:40.30 |
| 5 | Micah Adams | 12 | Pullman | 9:40.72 |
| 6 | Tim Bradley | 11 | Blaine | 9:41.65 |
| 7 | Marc Fuhrmeister | 12 | Squalicum | 9:43.30 |
| 8 | Ben Villanueva | 12 | Toppenish | 9:46.53 |

2A Boys 110 Meter Hurdles

Finals

| | | | | |
|---|----------------------|----|-------------|-------|
| 1 | Shayne Moore | 12 | Blaine | 14.61 |
| 2 | Cody Peterson | 11 | Black Hills | 14.68 |
| 3 | Nick Cassleman | 12 | Pullman | 14.92 |
| 4 | Diondre' Moore-Young | 10 | Cheney | 14.93 |
| 5 | Phillip Puccino | 11 | Steilacoom | 15.21 |
| 6 | Mike Mandeville | 12 | Ephrata | 15.25 |
| 7 | Austin Pfeifer | 12 | Washougal | 15.27 |
| 8 | Nikolay Borisov | 12 | Lakewood | 15.67 |

2A Boys 300 Meter Hurdles

Finals

| | | | | |
|---|----------------------|----|-------------------|-------|
| 1 | Shayne Moore | 12 | Blaine | 38.89 |
| 2 | Nick Cassleman | 12 | Pullman | 39.22 |
| 3 | Cody Peterson | 11 | Black Hills | 39.29 |
| 4 | Mike Mandeville | 12 | Ephrata | 40.17 |
| 5 | Jeff Adams | 12 | Burlington-Edison | 40.49 |
| 6 | Connor Anderson | 10 | Lynden | 40.84 |
| 7 | Diondre' Moore-Young | 10 | Cheney | 41.20 |
| 8 | Mac Larsen | 11 | Tumwater | 42.17 |

2A Boys 4x100 Meter Relay

Finals

| | | | | |
|---|---------------------|----|--------------------|-------|
| 1 | Selah | | | 43.47 |
| | 1) Colin Anyan | 12 | 2) Kyle Stone | 12 |
| | 3) Brendan Tice | 12 | 4) Brett Blanshan | 12 |
| | 5) Travis Luke | 11 | 6) Jude Stueckle | 10 |
| 2 | West Valley-Spokane | | | 43.51 |
| | 1) Diondre Ross | 11 | 2) Kingsdon Simon | 11 |
| | 3) Alex Allison | 12 | 4) David Gilman | 12 |
| | 5) Jordan Lupfer | 12 | 6) Shea Hansen | 12 |
| 3 | Anacortes | | | 43.76 |
| | 1) Daniel Codd | 11 | 2) Caranza Farrell | 12 |
| | 3) James No | 12 | 4) Thomas Kassa | 11 |

| | | | | | |
|---------------|---------------------|----|--------------------|----|-------|
| 4 Black Hills | 5) Darien Ferguson | 11 | 6) Colby Wright | 11 | 44.24 |
| | 1) Chris Truong | 10 | 2) Trent Alsin | 10 | |
| | 3) Deverian Varney | 10 | 4) Cody Peterson | 11 | |
| | 5) Evan Jackson | 10 | 6) Mike Hauptert | 12 | |
| 5 Ephrata | | | | | 44.35 |
| | 1) Mike Mandeville | 12 | 2) Travis Mather | 11 | |
| | 3) Austin Gillespie | 12 | 4) Cody Mann | 11 | |
| | 5) Skyler Mann | 9 | 6) Travis Flint | 11 | |
| 6 Clarkston | | | | | 44.57 |
| | 1) Zach Meyers | 12 | 2) Levi Eastman | 9 | |
| | 3) Bryce James | 10 | 4) Dylan Barbee | 11 | |
| | 5) Nic Carey | 11 | 6) Kyle Knapp | 9 | |
| 7 Sehome | | | | | 47.62 |
| | 1) Justin Santos | 11 | 2) Levi Grudzinski | 12 | |
| | 3) Matt Fazio | 11 | 4) Justin Thomsen | 12 | |
| | 5) Logan Barnett | 11 | 6) Matt Sloane | 10 | |
| -- Hoquiam | | | | | DNF |
| | 1) Ben Erhart | 10 | 2) Casey McCoy | 12 | |
| | 3) Jerid Ronquillo | 10 | 4) Scott Morrison | 12 | |
| | 5) Tim Pelan Jr. | 9 | 6) Tony Carley | 11 | |

2A Boys 4x400 Meter Relay

Finals

| | | | | | |
|-----------------------|---------------------|----|----------------------|----|----------|
| 1 Lynden | | | | | 3:21.12R |
| | 1) Colby Biesheuvel | 12 | 2) Dusty Duncan | 11 | |
| | 3) Blair Bomber | 11 | 4) Jordan Weeks | 12 | |
| | 5) Connor Anderson | 10 | 6) Gibb Dallas | | |
| 2 Cedarcrest | | | | | 3:25.58 |
| | 1) Tyler Erickson | 11 | 2) Clay Hammontree | 11 | |
| | 3) Hernan Farias | 11 | 4) Adam Candland | 12 | |
| | 5) Hayden Teachout | 12 | 6) Coleman Oviatt | 11 | |
| 3 Burlington-Edison | | | | | 3:26.86 |
| | 1) Achilles Wynn | 11 | 2) Raymond Burt | 11 | |
| | 3) Jamarick Cavitt | 10 | 4) Cole Sager | 12 | |
| | 5) Tyler Williams | 11 | 6) Ryan Spilsbury | | |
| 4 West Valley-Spokane | | | | | 3:28.15 |
| | 1) Diondre Ross | 11 | 2) Ryan Dahlstrom | 11 | |
| | 3) David Gilman | 12 | 4) Alex Allison | 12 | |
| | 5) Jordan Lupfer | 12 | 6) Shea Hansen | 12 | |
| 5 Blaine | | | | | 3:28.36 |
| | 1) Shayne Moore | 12 | 2) Caleb Statham | 11 | |
| | 3) Jacob Rogers | 12 | 4) Ephraim Westbrook | 9 | |
| | 5) Tim Bradley | 11 | | | |
| 6 Sehome | | | | | 3:29.11 |
| | 1) Logan Barnett | 11 | 2) Matt Fazio | 11 | |
| | 3) Clinton Overman | 12 | 4) Justin Santos | 11 | |
| | 5) Levi Grudzinski | 12 | 6) Tyler Vandooren | 12 | |
| 7 River Ridge | | | | | 3:30.47 |
| | 1) Isaac Sanders | 9 | 2) Deshae Tharpe | 11 | |
| | 3) Howie Harper | 9 | 4) Bjornar Riley | 12 | |
| | 5) Jordan Kronin | 11 | | | |

| | | | | |
|----------------|----|--------------------|----|----|
| -- Pullman | | | | DQ |
| 1) Jaron Hodge | 12 | 2) Adam George | 12 | |
| 3) Colby Lee | 12 | 4) Nick Cassleman | 12 | |
| 5) Wade Meyers | 11 | 6) Dauson Crawford | 11 | |

2A Boys High Jump

Finals

| | | | |
|--------------------|----|-------------|----------|
| 1 Miles Coats | 12 | River Ridge | 6-06.00 |
| 2 Colby Lee | 12 | Pullman | 6-04.00 |
| 3 Jerome Prescod | 11 | Ephrata | 6-02.00 |
| 3 Thomas Kassa | 11 | Anacortes | 6-02.00 |
| 5 Andrew Galloway | 11 | R A Long | J6-02.00 |
| 6 Logan Sharma | 12 | Aberdeen | J6-02.00 |
| 7 Jackson Pleis | 11 | Cedarcrest | 6-00.00 |
| 7 Rand Montermini | 12 | Tumwater | 6-00.00 |
| 9 Colin Anyan | 12 | Selah | J6-00.00 |
| 10 Wes Chamberlain | 12 | Ephrata | J6-00.00 |

2A Boys Pole Vault

Finals

| | | | |
|----------------------|----|----------|-----------|
| 1 Wes Chamberlain | 12 | Ephrata | 15-08.00R |
| 2 Kody Cassidy | 11 | R A Long | 14-06.00 |
| 3 Kyle Stone | 12 | Selah | 14-00.00 |
| 4 Lance Keithley | 12 | Pullman | J14-00.00 |
| 5 Brandon Kennedy | 12 | Quincy | J14-00.00 |
| 6 Andrew Galloway | 11 | R A Long | 13-09.00 |
| 7 Spencer Hulslander | 12 | Lakewood | 13-06.00 |
| 8 Brian Jackson | 10 | R A Long | J13-06.00 |

2A Boys Long Jump

Finals

| | | | |
|---------------------|----|-------------------|----------|
| 1 Ben Ternan | 11 | W F West | 23-03.00 |
| 2 Phillip Puccino | 11 | Steilacoom | 21-07.00 |
| 3 Achilles Wynn | 11 | Burlington-Edison | 21-06.25 |
| 4 Jordan Shaw | 12 | Woodland | 21-05.25 |
| 5 Nathaniel Youmans | 11 | Cheney | 21-04.25 |
| 6 Jerome Prescod | 11 | Ephrata | 21-02.50 |
| 7 Dee Fleming | 12 | Archbishop Murphy | 20-10.25 |
| 8 DeAngelo Jones | 11 | Cheney | 20-10.00 |

2A Boys Triple Jump

Finals

| | | | |
|---------------------|----|-------------|-----------|
| 1 Miles Coats | 12 | River Ridge | 48-06.50 |
| 2 Jerome Prescod | 11 | Ephrata | 48-00.75R |
| 3 DeAngelo Jones | 11 | Cheney | 45-02.50 |
| 4 Thomas Kassa | 11 | Anacortes | 45-01.50 |
| 5 Joseph Babcock | 12 | Grandview | 44-10.75 |
| 6 Brett Bajema | 11 | Lynden | 43-07.75 |
| 7 Nathaniel Youmans | 11 | Cheney | 43-05.50 |
| 8 Harrison Finley | 11 | Sehome | 42-11.00 |

2A Boys Shot Put

Finals

| | | | | |
|---|-------------------|----|---------------------|----------|
| 1 | Jonathan Buchanan | 12 | East Valley-Yakima | 60-01.25 |
| 2 | Nelson Westlin | 12 | Sehome | 58-08.00 |
| 3 | Jesse Grable | 12 | River Ridge | 56-01.50 |
| 4 | Arie Cottrell | 12 | R A Long | 55-05.50 |
| 5 | Logan Powell | 12 | Elma | 53-05.50 |
| 6 | Freddie Stevens | 12 | Cedarcrest | 52-00.75 |
| 7 | Cody Rollins | 12 | West Valley-Spokane | 50-07.25 |
| 8 | Jacob Gilbert | 12 | Sehome | 49-08.50 |

2A Boys Discus Throw

Finals

| | | | | |
|---|---------------------|----|---------------------|---------|
| 1 | Nelson Westlin | 12 | Sehome | 172-11R |
| 2 | Jonathan Buchanan | 12 | East Valley-Yakima | 159-01 |
| 3 | Ben Westrum | 11 | Black Hills | 156-01 |
| 4 | Ryan Macdonald | 11 | Sehome | 150-11 |
| 5 | Angelo Folz-Edwards | 11 | R A Long | 150-01 |
| 6 | Jeff Rodgers | 12 | Cheney | 148-09 |
| 7 | Cody Rollins | 12 | West Valley-Spokane | 148-01 |
| 8 | Freddie Stevens | 12 | Cedarcrest | 142-04 |

2A Boys Javelin Throw

Finals

| | | | | |
|---|---------------------|----|---------------------|--------|
| 1 | Anthony Galaviz | 12 | Toppenish | 182-06 |
| 2 | Cameron Hess | 12 | Lakewood | 177-01 |
| 3 | Payden Butler | 12 | Lakewood | 175-04 |
| 4 | Hovhannes Melkonyan | 11 | West Valley-Spokane | 172-09 |
| 5 | Joseph Taylor | 12 | Grandview | 172-02 |
| 6 | Daniel Baker | 12 | North Mason | 170-00 |
| 7 | Erik Rose | 12 | Eatonville | 168-04 |
| 8 | Jordan Masters | 12 | Centralia | 163-03 |

2A Boys Track & Field Team Finals

| | | |
|-----|---------------------|-------|
| 1) | Lynden | 45 |
| 2) | Blaine | 39 |
| 3) | Ephrata | 38.50 |
| 4) | Selah | 38 |
| 5) | Sehome | 37 |
| 6) | Pullman | 31 |
| 6) | Black Hills | 31 |
| 8) | Burlington-Edison | 28 |
| 8) | River Ridge | 28 |
| 8) | Lakewood | 28 |
| 11) | R A Long | 25 |
| 12) | Cedarcrest | 23.50 |
| 13) | Cheney | 23 |
| 13) | Steilacoom | 23 |
| 15) | West Valley-Spokane | 22 |
| 15) | W F West | 22 |
| 17) | Anacortes | 20.50 |
| 18) | Hockinson | 19 |

| | |
|------------------------|-------|
| 19) Tumwater | 18.50 |
| 20) Ellensburg | 18 |
| 20) East Valley-Yakima | 18 |
| 22) Squalicum | 14 |
| 23) Toppenish | 11 |
| 24) Elma | 10 |
| 25) North Mason | 8 |
| 25) Grandview | 8 |
| 27) Clarkston | 7 |
| 28) Woodland | 5 |
| 29) Quincy | 4 |
| 29) Hoquiam | 4 |
| 31) Aberdeen | 3 |
| 31) Mark Morris | 3 |
| 33) Archbishop Murphy | 2 |
| 33) Eatonville | 2 |
| 33) Washougal | 2 |
| 36) Centralia | 1 |
| 36) Colville | 1 |

**2009 WIAA/Dairy Farmers Of Washington/Les Schwab Tires
2A Girls Track & Field Championships**

2A Girls 100 Meter Dash

Finals

| | | | | |
|---|------------------|----|-------------------|--------|
| 1 | Cherish Morrison | 9 | Blaine | 12.32 |
| 2 | Alex Davidson | 12 | Steilacoom | 12.38 |
| 3 | Chelsea Genther | 11 | Burlington-Edison | 12.43 |
| 4 | Shelby Williams | 11 | Ridgefield | 12.56 |
| 5 | Angie Zuniga | 9 | Toppenish | 12.57 |
| 6 | Shelby Maurer | 11 | Cheney | 12.58 |
| 7 | Alex Coons | 10 | Woodland | 12.66 |
| 8 | Cydnicia Wade | 9 | River Ridge | J12.66 |

2A Girls 200 Meter Dash

Finals

| | | | | |
|---|------------------|----|-------------------|-------|
| 1 | Cherish Morrison | 9 | Blaine | 25.24 |
| 2 | Alex Coons | 10 | Woodland | 25.82 |
| 3 | Cydnicia Wade | 9 | River Ridge | 25.83 |
| 4 | Alex Davidson | 12 | Steilacoom | 25.85 |
| 5 | Shelby Williams | 11 | Ridgefield | 25.98 |
| 6 | Shelby Maurer | 11 | Cheney | 26.04 |
| 7 | Angie Zuniga | 9 | Toppenish | 26.20 |
| 8 | Michelle Kennedy | 12 | Burlington-Edison | 27.24 |

2A Girls 400 Meter Dash

Finals

| | | | | |
|---|--------------------|----|-----------|---------|
| 1 | Cherish Morrison | 9 | Blaine | 57.53 |
| 2 | Elle Wade | 11 | Washougal | 59.07 |
| 3 | Gena Gaylord | 12 | Fife | 59.39 |
| 4 | Kiersten Sigfusson | 9 | Blaine | 59.53 |
| 5 | Connie Morgan | 11 | Hoquiam | 59.75 |
| 6 | Kate Edem | 12 | Elma | 1:00.52 |
| 7 | Emily Allison | 11 | Hockinson | 1:01.02 |
| 8 | Rebecca Lindgren | 10 | Klahowya | 1:01.71 |

2A Girls 800 Meter Run

Finals

| | | | | |
|---|------------------|----|------------|---------|
| 1 | Becca Friday | 12 | Bellingham | 2:12.46 |
| 2 | Sophie Curl | 12 | Squalicum | 2:13.50 |
| 3 | Annie Moore | 11 | Sehome | 2:14.21 |
| 4 | Ruby Roberts | 11 | Kingston | 2:14.94 |
| 5 | Caroline Austin | 12 | W F West | 2:16.08 |
| 6 | Madison Heilmann | 9 | Sehome | 2:19.64 |
| 7 | Emily Allison | 11 | Hockinson | 2:19.87 |
| 8 | Amanda Wilson | 12 | Riverside | 2:20.50 |

2A Girls 1,600 Meter Run

Finals

| | | | | |
|---|----------------|----|------------|----------|
| 1 | Becca Friday | 12 | Bellingham | 5:01.87R |
| 2 | Shannon Porter | 12 | Hockinson | 5:04.06R |
| 3 | Annie Moore | 11 | Sehome | 5:06.69R |

| | | | | |
|---|-----------------|----|-----------|----------|
| 4 | Ruby Roberts | 11 | Kingston | 5:11.95R |
| 5 | Sophie Curl | 12 | Squalicum | 5:14.51R |
| 6 | Rici Morrill | 11 | Sultan | 5:16.24R |
| 7 | Caroline Austin | 12 | W F West | 5:16.57R |
| 8 | Audrey Lichten | 10 | Sequim | 5:20.24R |

2A Girls 3,200 Meter Run

Finals

| | | | | |
|---|-----------------|----|-----------|----------|
| 1 | Shannon Porter | 12 | Hockinson | 11:12.41 |
| 2 | Mimi Krieger | 10 | Sehome | 11:22.20 |
| 3 | Lacey Nation | 12 | Lakewood | 11:23.69 |
| 4 | Sammi Blodgett | 9 | Wapato | 11:26.14 |
| 5 | Jadyn Gourley | 9 | Hockinson | 11:27.61 |
| 6 | Torin Shriver | 12 | Centralia | 11:27.69 |
| 7 | Danielle Friend | 10 | Ephrata | 11:32.34 |
| 8 | Rici Morrill | 11 | Sultan | 11:33.48 |

2A Girls 100 Meter Hurdles

Finals

| | | | | |
|---|--------------------|----|-------------------|-------|
| 1 | Sarah Schireman | 12 | Archbishop Murphy | 14.71 |
| 2 | Chelsea Genther | 11 | Burlington-Edison | 15.17 |
| 3 | Elizabeth McKinney | 12 | Riverside | 15.69 |
| 4 | Emily Stralser | 11 | Cheney | 15.70 |
| 5 | Shelby Williams | 11 | Ridgefield | 15.94 |
| 6 | Shelby Moore | 12 | Prosser | 16.21 |
| 7 | Lauryl Garret | 12 | Sequim | 16.21 |
| 8 | Alyssa Wicknick | 9 | Bellingham | 16.36 |

2A Girls 300 Meter Hurdles

Finals

| | | | | |
|---|--------------------------|----|-------------------|-------|
| 1 | Niina Al-Hassan | 11 | Pullman | 44.51 |
| 2 | Sarah Schireman | 12 | Archbishop Murphy | 44.92 |
| 3 | Chelsea Genther | 11 | Burlington-Edison | 45.42 |
| 4 | Elizabeth McKinney | 12 | Riverside | 46.34 |
| 5 | Kelly Towne | 11 | Hockinson | 47.45 |
| 6 | Montana Malarkey-Kessler | 10 | Interlake | 47.58 |
| 7 | Laura Barrow | 11 | South Whidbey | 48.73 |
| 8 | Jaime Schultz | 11 | Kingston | 50.88 |

2A Girls 4x100 Meter Relay

Finals

| | | | | |
|---|-----------------------|----|---------------------|-------|
| 1 | Burlington-Edison | | | 49.65 |
| | 1) Chelsea Genther | 11 | 2) Callie Reff | 12 |
| | 3) Teira Graham | 12 | 4) Michelle Kennedy | 12 |
| | 5) Alicia Shapiro | 12 | 6) Kinsey Davis | 12 |
| 2 | Cheney | | | 49.66 |
| | 1) Mikaela Young | 12 | 2) Emily Stralser | 11 |
| | 3) Crystal Simmons | 12 | 4) Shelby Maurer | 11 |
| | 5) Shaley Ham | 11 | | |
| 3 | River Ridge | | | 49.68 |
| | 1) Janae Jackson | 9 | 2) Kyahri Adams | 9 |
| | 3) Gabby Christianson | 12 | 4) Cydnicia Wade | 9 |

| | | | | | |
|--------------|---------------------|----|-----------------------|----|-------|
| 4 Sehome | 5) Jessica Tarvin | 12 | | | 50.15 |
| | 1) Ruby Ramirez | 11 | 2) Zoe Moller | 10 | |
| | 3) Shannon Debacker | 9 | 4) Jori Hall | 9 | |
| | 5) Kaya Jones | 10 | 6) Sarah Vaughan | 11 | |
| 5 Woodland | | | | | 50.61 |
| | 1) Alex Coons | 10 | 2) Samantha Sturdivan | 12 | |
| | 3) Michelle Kooiman | 10 | 4) Lauren Davis | 12 | |
| | 5) Mia Patterson | 10 | 6) Krista Barela | 9 | |
| 6 Deer Park | | | | | 50.70 |
| | 1) Allison Ruygrok | 9 | 2) Nikole Ball | 9 | |
| | 3) Stacia Obert | 11 | 4) Stephanie Ruygrok | 11 | |
| | 5) Chantel Duenich | 12 | 6) Jalyynn Moser | 10 | |
| 7 Selah | | | | | 50.93 |
| | 1) Veronica Sanchez | 11 | 2) Erin Smith | 11 | |
| | 3) Lena Mitchell | 11 | 4) Kasey Head | 11 | |
| | 5) Nadia Valdez | 9 | 6) Miranda McKinney | 10 | |
| 8 Steilacoom | | | | | 51.63 |
| | 1) Mariah Archibald | 9 | 2) Delaney Smith | 11 | |
| | 3) Lexi Davenport | 10 | 4) Alex Davidson | 12 | |

2A Girls 4x200 Meter Relay

Finals

| | | | | | |
|---------------------|-----------------------|----|-----------------------|----|---------|
| 1 Blaine | | | | | 01:46.1 |
| | 1) Breanna Adams | 12 | 2) Kiersten Sigfusson | 9 | |
| | 3) Cherish Morrison | 9 | 4) Breanna Olason | 12 | |
| | 5) Robin Taylor | 11 | 6) Chanel Colinares | 10 | |
| 2 River Ridge | | | | | 01:46.5 |
| | 1) Allysa Turner | 11 | 2) Jessica Tarvin | 12 | |
| | 3) Gabby Christianson | 12 | 4) Cydnicia Wade | 9 | |
| | 5) Kyahri Adams | 9 | 6) Janae Jackson | 9 | |
| 3 Cheney | | | | | 01:46.7 |
| | 1) Shelby Maurer | 11 | 2) Shaley Ham | 11 | |
| | 3) Emily Stralser | 11 | 4) Crystal Simmons | 12 | |
| | 5) Chelsie Breen | 11 | 6) Mikaela Young | 12 | |
| 4 Tumwater | | | | | 01:47.6 |
| | 1) Annie Torfin | 9 | 2) Tayler Weiks | 10 | |
| | 3) Kaila Weiks | 12 | 4) Alexandra Sele | 12 | |
| | 5) Kristin Turner | 9 | 6) Emily Moore | 10 | |
| 5 Lynden | | | | | 01:48.4 |
| | 1) Sonize Bosman | 11 | 2) Beverly Quintanar | 11 | |
| | 3) Elana Knutzen | 10 | 4) Liz Webb | 9 | |
| | 5) Hannah MacDonald | | 6) Jessica Small | | |
| 6 W F West | | | | | 01:48.5 |
| | 1) Kiersten Abbott | 11 | 2) Katie Braun | 9 | |
| | 3) Caroline Austin | 12 | 4) Katie Jahnsen | 12 | |
| | 5) Sarah Angeleri | 12 | 6) Ashley Street | 9 | |
| 7 Burlington-Edison | | | | | 01:48.8 |
| | 1) Michelle Kennedy | 12 | 2) Alicia Shapiro | 12 | |
| | 3) Teira Graham | 12 | 4) Kinsey Davis | 12 | |
| | 5) Anna Griffith | 9 | 6) Callie Reff | 12 | |
| -- Sehome | | | | | DQ |

| | | | |
|---------------------|----|----------------|----|
| 1) Ruby Ramirez | 11 | 2) Zoe Moller | 10 |
| 3) Shannon Debacker | 9 | 4) Jori Hall | 9 |
| 5) Christy Sanford | 9 | 6) Annie Moore | 11 |

2A Girls 4x400 Meter Relay

Finals

| | | | | |
|---------------------|----|-----------------------|----|---------|
| 1 Squalicum | | | | 4:03.81 |
| 1) Molley Rider | | 2) Sophie Curl | 12 | |
| 3) Jessica Wallace | 10 | 4) Sheila Barton | 9 | |
| 5) Molly Rider | 9 | 6) Anna Taylor | 9 | |
| 2 Sehome | | | | 4:04.65 |
| 1) Christy Sanford | 9 | 2) Madison Heilmann | 9 | |
| 3) Mimi Krieger | 10 | 4) Annie Moore | 11 | |
| 5) Jori Hall | 9 | 6) Ruby Ramirez | 11 | |
| 3 Ellensburg | | | | 4:07.79 |
| 1) McKenzie Graf | 10 | 2) Casey Demory | 12 | |
| 3) Kylie Granado | 10 | 4) Shannon Bland | 10 | |
| 5) Taylor Hentges | 9 | 6) Tiffany Tate | 9 | |
| 4 Burlington-Edison | | | | 4:08.12 |
| 1) Anna Griffith | 9 | 2) Ali Dowling | 10 | |
| 3) Kyndall Bingham | 9 | 4) Kaitlyn Mataya | 9 | |
| 5) Kinsey Davis | 12 | 6) Alicia Shapiro | 12 | |
| 5 W F West | | | | 4:08.74 |
| 1) Kiersten Abbott | 11 | 2) Cassie Hamilton | 9 | |
| 3) Katie Jahnsen | 12 | 4) Caroline Austin | 12 | |
| 5) Sarah Angeleri | 12 | 6) Ashley Street | 9 | |
| 6 Hockinson | | | | 4:08.95 |
| 1) Emily Allison | 11 | 2) Shannon Porter | 12 | |
| 3) Kelly Towne | 11 | 4) Jadyr Gourley | 9 | |
| 5) Chantel Blundell | 9 | 6) mikeala Carssow | 10 | |
| 7 Riverside | | | | 4:11.91 |
| 1) Charissa Suhr | 12 | 2) Elizabeth McKinney | 12 | |
| 3) Amanda Suhr | 11 | 4) Amanda Wilson | 12 | |
| 5) Susan Burchett | 9 | 6) Rachel Rich | 12 | |
| 8 Pullman | | | | 4:15.00 |
| 1) Jennifer Nakata | 9 | 2) Tessa Nelson | 10 | |
| 3) Annalisa Druffel | 9 | 4) Niina Al-Hassan | 11 | |
| 5) Danielle Hodge | 11 | 6) Macey Brown | 12 | |

2A Girls High Jump

Finals

| | | | |
|----------------------|----|---------------|----------|
| 1 Tasha Luu | 9 | Colville | 5-04.00 |
| 2 Katelyn Wright | 9 | Washougal | 5-03.00 |
| 3 Krista Dixon | 11 | Sehome | 5-02.00 |
| 3 Kailene Spence | 11 | Elma | 5-02.00 |
| 5 Jennifer Nakata | 9 | Pullman | J5-02.00 |
| 6 Qiaoyi (joy) Zhang | 9 | Interlake | 5-00.00 |
| 7 Charity Arn | 10 | Woodland | J5-00.00 |
| 7 Cayla Calderwood | 11 | South Whidbey | J5-00.00 |
| 9 Lauryn Garret | 12 | Sequim | J5-00.00 |

2A Girls Pole Vault

Finals

| | | | |
|----------------------|----|----------------------|-----------|
| 1 Robin Taylor | 11 | Blaine | 11-00.00 |
| 2 Klarissa Wren | 12 | W F West | 10-09.00 |
| 3 Shauni Harding | 11 | R A Long | J10-09.00 |
| 4 Kendahl Hintz | 10 | Ephrata | J10-09.00 |
| 5 Cheyenna Pinley | 11 | Squalicum | 10-06.00 |
| 6 Brienna Palmer | 11 | Burlington-Edison | 10-00.00 |
| 6 Samantha Whiteside | 11 | Sequim | 10-00.00 |
| 8 Bailey Wold | 11 | West Valley- Spokane | J10-00.00 |
| 9 Kara Schmid | 11 | Washougal | J10-00.00 |
| 10 Taryn Moorhead | 11 | Riverside | J10-00.00 |

2A Girls Long Jump**Finals**

| | | | |
|-------------------|----|-------------------|----------|
| 1 Zoe Moller | 10 | Sehome | 17-03.50 |
| 2 Sarah Schireman | 12 | Archbishop Murphy | 17-01.00 |
| 3 Kyahri Adams | 9 | River Ridge | 16-05.00 |
| 4 Brandi Thomas | 11 | Elma | 16-04.50 |
| 5 Taylor Kunkel | 11 | Quincy | 16-02.75 |
| 6 Charity Arn | 10 | Woodland | 16-00.75 |
| 7 Kasey Head | 11 | Selah | 15-11.00 |
| 8 Jaime Schultz | 11 | Kingston | 15-08.75 |

2A Girls Triple Jump**Finals**

| | | | |
|----------------------|----|----------------------|----------|
| 1 Brandi Thomas | 11 | Elma | 37-02.00 |
| 2 Sarah Schireman | 12 | Archbishop Murphy | 36-05.00 |
| 3 Cayla Calderwood | 11 | South Whidbey | 35-02.50 |
| 4 Rachael Washington | 11 | R A Long | 34-06.25 |
| 5 Mikaela Young | 12 | Cheney | 34-05.75 |
| 6 Bailey Wold | 11 | West Valley- Spokane | 34-03.75 |
| 7 Erin Smith | 11 | Selah | 33-10.25 |
| 8 Jaime Schultz | 11 | Kingston | 33-09.25 |

2A Girls Shot Put**Finals**

| | | | |
|-------------------|----|--------------------|----------|
| 1 Anna LaBeaume | 11 | Sequim | 40-11.25 |
| 2 Vanessa Garris | 12 | Washington | 39-01.25 |
| 3 Jordyn Murray | 11 | Ephrata | 37-10.25 |
| 4 Raisa Yates | 12 | East Valley-Yakima | 37-08.00 |
| 5 Shelby Williams | 11 | Ridgefield | 36-07.25 |
| 6 Heidi Greear | 11 | Washougal | 36-05.00 |
| 7 Sara Lentz | 11 | Colville | 36-02.75 |
| 8 Annie Martinez | 11 | East Valley-Yakima | 35-10.00 |

2A Girls Discus Throw**Finals**

| | | | |
|---------------------|----|------------|--------|
| 1 Vanessa Garris | 12 | Washington | 124-10 |
| 2 Ana Zapien | 12 | Prosser | 122-08 |
| 3 Tiffany Martinez | 11 | Othello | 122-04 |
| 4 Kinzi Poteet | 12 | Grandview | 120-02 |
| 5 Courtney Fairhart | 10 | Eatonville | 116-08 |

| | | | |
|--------------------|----|----------|--------|
| 6 Tuneesha Hankins | 12 | W F West | 115-02 |
| 7 Chelsea James | 11 | Pullman | 108-08 |
| 8 Ashley Tyree | 12 | Blaine | 103-04 |

2A Girls Javelin Throw

Finals

| | | | |
|----------------------|----|-------------------|--------|
| 1 Christine Kirkwood | 10 | Othello | 151-10 |
| 2 Courtney Fairhart | 10 | Eatonville | 143-00 |
| 3 Jordin Seekins | 12 | Washougal | 140-10 |
| 4 Teira Graham | 12 | Burlington-Edison | 140-06 |
| 5 Jamie Nikander | 12 | W F West | 134-05 |
| 6 Jillian Stray | 12 | Centralia | 133-05 |
| 7 Joni Nagy | 11 | Riverside | 123-08 |
| 8 Samantha Hull | 12 | North Mason | 122-06 |

2A Girls Track & Field Team Finals

| | |
|------------------------|-------|
| 1) Blaine | 56 |
| 2) Sehome | 51.50 |
| 3) Burlington-Edison | 45.50 |
| 4) Archbishop Murphy | 34 |
| 5) Hockinson | 33 |
| 6) Cheney | 29 |
| 7) W F West | 28 |
| 8) River Ridge | 27 |
| 9) Squalicum | 26 |
| 10) Washougal | 25 |
| 11) Elma | 23.50 |
| 12) Bellingham | 21 |
| 13) Woodland | 18.50 |
| 14) Washington | 18 |
| 15) Pullman | 17 |
| 15) Ridgefield | 17 |
| 17) Riverside | 16 |
| 17) Othello | 16 |
| 19) Sequim | 15.50 |
| 20) Steilacoom | 14 |
| 21) Ephrata | 13 |
| 21) Kingston | 13 |
| 23) Colville | 12 |
| 23) Eatonville | 12 |
| 25) R A Long | 11 |
| 25) Prosser | 11 |
| 27) South Whidbey | 9.50 |
| 28) Lakewood | 6 |
| 28) Fife | 6 |
| 28) Selah | 6 |
| 28) Toppenish | 6 |
| 28) Interlake | 6 |
| 28) East Valley-Yakima | 6 |
| 28) Ellensburg | 6 |
| 28) Centralia | 6 |

| | | |
|-----|---------------------|---|
| 36) | Tumwater | 5 |
| 36) | Wapato | 5 |
| 36) | Grandview | 5 |
| 39) | West Valley-Spokane | 4 |
| 39) | Quincy | 4 |
| 39) | Lynden | 4 |
| 39) | Sultan | 4 |
| 39) | Hoquiam | 4 |
| 44) | Deer Park | 3 |
| 45) | North Mason | 1 |
| 45) | Klahowya | 1 |

**2009 WIAA/Dairy Farmers of Washington/Les Schwab Tires
3A Boys Track & Field Championships**

3A Boys 100 Meter Dash

Finals

| | | | | |
|---|----------------------|----|-----------------|-------|
| 1 | Anthony Wright | 12 | Lakes | 10.86 |
| 2 | Markeem Adams | 11 | West Seattle | 10.89 |
| 3 | Justin Small | 12 | Bishop Blanchet | 10.91 |
| 4 | Josh Moore | 12 | Franklin Pierce | 11.00 |
| 5 | Eric Patterson-Floyd | 11 | O'Dea | 11.12 |
| 6 | Stanley Ojukwu | 11 | Union | 11.18 |
| 7 | Aaron Grymes | 12 | West Seattle | 11.24 |
| 8 | Kinsley Ojukwu | 11 | Union | 11.56 |

3A Boys 200 Meter Dash

Finals

| | | | | |
|---|----------------------|----|-----------------|-------|
| 1 | Markeem Adams | 11 | West Seattle | 21.47 |
| 2 | Michael Berry | 11 | Rainier Beach | 21.89 |
| 3 | Rashaun Johnson | 11 | Foster | 21.95 |
| 4 | Josh Moore | 12 | Franklin Pierce | 22.00 |
| 5 | Chris Hayes | 12 | Camas | 22.32 |
| 6 | Eric Patterson-Floyd | 11 | O'Dea | 22.34 |
| 7 | Corde Bailey | 11 | Rogers-Spokane | 22.35 |
| 8 | Kinsley Ojukwu | 11 | Union | 22.43 |

3A Boys 400 Meter Dash

Finals

| | | | | |
|---|---------------|----|-----------------|-------|
| 1 | Michael Berry | 11 | Rainier Beach | 47.93 |
| 2 | Josh Moore | 12 | Franklin Pierce | 49.23 |
| 3 | Josh Bland | 12 | Hanford | 49.83 |
| 4 | Jason Nokes | 12 | Mt Spokane | 49.87 |
| 5 | Chris Pokorny | 12 | Bonney Lake | 49.89 |
| 6 | Jarell Flora | 11 | Bremerton | 50.00 |
| 7 | Logan Johnson | 12 | Sedro-Woolley | 50.57 |
| 8 | Ryan Putman | 12 | Columbia River | 51.45 |

3A Boys 800 Meter Run

Finals

| | | | | |
|---|------------------|----|----------------------|---------|
| 1 | Michael Miller | 12 | Mt Rainier | 1:54.12 |
| 2 | Seth Rumbaugh | 12 | Auburn Mountain View | 1:54.40 |
| 3 | Erik Berg | 12 | Seattle Prep | 1:54.44 |
| 4 | Michael Williams | 11 | Bellevue | 1:54.52 |
| 5 | Leon Dean | 12 | North Central | 1:54.75 |
| 6 | Braden Timpe | 11 | Enumclaw | 1:57.47 |
| 7 | Kyle Mellander | 11 | West Valley-Yakima | 1:57.77 |
| 8 | Alex Avila | 11 | North Central | 2:01.20 |

3A Boys 1,600 Meter Run

Finals

| | | | | |
|---|----------------|----|---------------|---------|
| 1 | Michael Miller | 12 | Mt Rainier | 4:15.55 |
| 2 | Andrew Kimpel | 12 | North Central | 4:15.62 |
| 3 | Leon Dean | 12 | North Central | 4:16.87 |

| | | | |
|----------------------------|----|------------------|---------|
| 4 Ben Johnston | 11 | North Central | 4:17.13 |
| 5 Eric Bice | 11 | Liberty-Issaquah | 4:17.60 |
| 6 Drew O'Donoghue-McDonald | 11 | Seattle Prep | 4:18.90 |
| 7 Adam Eckmann | 12 | Seattle Prep | 4:21.20 |
| 8 Erik Berg | 12 | Seattle Prep | 4:22.19 |

3A Boys 3,200 Meter Run

Finals

| | | | |
|----------------------------|----|---------------|---------|
| 1 Andrew Kimpel | 12 | North Central | 9:08.39 |
| 2 Ben Johnston | 11 | North Central | 9:11.32 |
| 3 Nathan Weitz | 9 | Shadle Park | 9:13.06 |
| 4 Drew O'Donoghue-McDonald | 11 | Seattle Prep | 9:19.45 |
| 5 Charlie McDonald | 12 | Seattle Prep | 9:21.08 |
| 6 Josh Reiter | 11 | Camas | 9:26.83 |
| 7 Adam Eckmann | 12 | Seattle Prep | 9:27.31 |
| 8 Matt Miland | 12 | Lindbergh | 9:30.18 |

3A Boys 110 Meter Hurdles

Finals

| | | | |
|-------------------------|----|--------------|-------|
| 1 Jaakko Malmivirta | 11 | Nathan Hale | 14.27 |
| 2 Rashaun Johnson | 11 | Foster | 14.48 |
| 3 Taylor Schmidt | 12 | Prairie | 14.57 |
| 4 Tevin Ponders | 12 | Renton | 14.98 |
| 5 Alex Williams | 12 | Lynnwood | 15.20 |
| 6 Marc Jackson | 12 | Hudson's Bay | 15.25 |
| 7 Anthony Monahan | 11 | Bellevue | 15.29 |
| 8 Guyson Jaramillo King | 11 | Highline | 15.48 |

3A Boys 300 Meter Hurdles

Finals

| | | | |
|---------------------|----|---------------|-------|
| 1 Rashaun Johnson | 11 | Foster | 38.80 |
| 2 Abe Kellogg | 11 | Enumclaw | 39.07 |
| 3 Jesse Elvrom | 12 | Yelm | 39.46 |
| 4 Marc Jackson | 12 | Hudson's Bay | 39.74 |
| 5 Spencer Wordell | 12 | North Central | 39.86 |
| 6 Jaakko Malmivirta | 11 | Nathan Hale | 39.95 |
| 7 Taylor Schmidt | 12 | Prairie | 40.19 |
| 8 Cody Pohren | 12 | Sedro-Woolley | 41.26 |

3A Boys 4x100 Meter Relay

Finals

| | | | | |
|--------------------|----|-----------------------|----|-------|
| 1 Foster | | | | 42.51 |
| 1) George Le | 11 | 2) Sharrod Cradle | 12 | |
| 3) Devonte Green | 10 | 4) Taylor Gustman | 12 | |
| 5) Rashaun Johnson | 11 | 6) Mikhail Jackson | 9 | |
| 2 Lakes | | | | 42.81 |
| 1) Anthony Wright | 12 | 2) Nnadozie Okoroafor | 12 | |
| 3) Cameron Black | 11 | 4) John Taufua | 12 | |
| 5) Jack Wilson | 11 | 6) Amandla Gregory | 12 | |
| 3 West Seattle | | | | 43.10 |
| 1) Aaron Grymes | 12 | 2) Markeem Adams | 11 | |
| 3) Ian Keithly | 12 | 4) Jules Guay-Binion | 12 | |

| | | | | | |
|------------------|------------------------|----|-------------------------|----|-------|
| 4 Union | 5) Marshall Hance | 12 | 6) Eddie Baker | 12 | 43.12 |
| | 1) Kinsley Ojukwu | 11 | 2) Stanley Ojukwu | 11 | |
| | 3) Nathaniel Penaranda | 11 | 4) Kevin Reddington | 12 | |
| | 5) Brandon Brody-Heim | 9 | 6) Ryan Stanford | 9 | |
| 5 Rogers-Spokane | | | | | 43.38 |
| | 1) Cody Peterson | 12 | 2) Jordan Burns | 11 | |
| | 3) Robert Van Gundy | 11 | 4) Corde Bailey | 11 | |
| | 5) Jason Ayers | 9 | | | |
| 6 North Central | | | | | 43.41 |
| | 1) Nerman Bajric | 12 | 2) Spencer Wordell | 12 | |
| | 3) Adrian Morris | 12 | 4) Desean Svastisalee | 11 | |
| | 5) Patrick Arkangelo | 11 | 6) Colin Hisaw | 10 | |
| 7 O'Dea | | | | | 43.56 |
| | 1) Chandler Gayton | 12 | 2) Eric Patterson-Floyd | 11 | |
| | 3) Chris Kidd | 11 | 4) Trent Sewell | 9 | |
| | 5) Ivan Gaskin | 9 | 6) Kent McKinney | 9 | |
| -- Mt Rainier | | | | | DNF |
| | 1) Oscar Eason | 12 | 2) Kyle Ehlers | 12 | |
| | 3) Anthony Palfrey | 12 | 4) Monroe Jones | 12 | |
| | 5) Andre Defils | 12 | 6) Rashad Bridges | 10 | |

3A Boys 4x400 Meter Relay

Finals

| | | | | | |
|------------------------|---------------------|----|---------------------|----|---------|
| 1 Mt Spokane | | | | | 3:21.76 |
| | 1) Chase Naccarato | 9 | 2) Jack Cerenzia | 10 | |
| | 3) Chris Nickeson | 12 | 4) Jason Nokes | 12 | |
| | 5) Joe Murray | 11 | 6) Allan Schroeder | 11 | |
| 2 Bonney Lake | | | | | 3:22.03 |
| | 1) Eric Schroeder | 12 | 2) Brandon Barnett | 11 | |
| | 3) Jordin Andrade | 11 | 4) Chris Pokorny | 12 | |
| | 5) Brandon Baumchen | 11 | 6) Cale Snider | 12 | |
| 3 Auburn Mountain View | | | | | 3:23.12 |
| | 1) Matt Gayman | 12 | 2) Jarey Suiter | 9 | |
| | 3) Seth Rumbaugh | 12 | 4) Vince Wagner | 11 | |
| | 5) Taylor Hughes | 12 | 6) Corey LiaBraaten | 12 | |
| 4 White River | | | | | 3:24.27 |
| | 1) Marcus Dickson | 9 | 2) Matt Dickson | 11 | |
| | 3) Collin Green | 11 | 4) Kramer Green | 11 | |
| | 5) Adam McBarron | 12 | 6) Michael Madden | 11 | |
| 5 Bellevue | | | | | 3:27.33 |
| | 1) Bruce Thomas | 11 | 2) Alex Otsu | 11 | |
| | 3) Stephen Heppler | 12 | 4) Michael Williams | 11 | |
| | 5) Will Fields | 11 | 6) Woody Butler | 9 | |
| 6 North Central | | | | | 3:27.37 |
| | 1) Adrian Morris | 12 | 2) Leon Dean | 12 | |
| | 3) Spencer Wordell | 12 | 4) JT Mellgren | 11 | |
| | 5) Alex Avila | 11 | 6) Swager Gunner | 10 | |
| 7 Seattle Prep | | | | | 3:29.91 |
| | 1) Greggor Holland | 12 | 2) Tony Jaramillo | 12 | |
| | 3) Miles Mercer | 11 | 4) Erik Berg | 12 | |
| | 5) Noah Bonn | 12 | 6) Sean McDonald | 10 | |

| | | | | |
|--------------------|----|-------------------|----|---------|
| 8 Liberty-Issaquah | | | | 3:35.77 |
| 1) Devin Bennett | 10 | 2) Eric Bice | 11 | |
| 3) Troy Solly | 11 | 4) Mitchell Byron | 12 | |
| 5) Bryce Merritt | 12 | 6) Ryan Agnew | 10 | |

3A Boys High Jump

Finals

| | | | |
|--------------------|----|--------------|----------|
| 1 Joshua Armstrong | 12 | Mt Rainier | 6-07.00 |
| 2 Logan Myers | 10 | Capital | 6-06.00 |
| 3 Jacob Troupe | 10 | Union | 6-04.00 |
| 4 Matthew Barnes | 12 | Shadle Park | J6-04.00 |
| 5 Brett Watson | 10 | Ferndale | J6-04.00 |
| 6 Sharrod Cradle | 12 | Foster | J6-04.00 |
| 7 Kelly Morris | 12 | Union | J6-04.00 |
| 8 Devon Kiser | 11 | Glacier Peak | J6-04.00 |
| 9 Brandon Roddewig | 12 | Mt Si | J6-04.00 |

3A Boys Pole Vault

Finals

| | | | |
|---------------------|----|----------------|-----------|
| 1 Bryce Borer | 12 | Mercer Island | 15-03.00 |
| 2 Jeff Hinckley | 12 | Hazen | 14-06.00 |
| 3 Brandon Roddewig | 12 | Mt Si | 14-03.00 |
| 4 Derek Goulette | 12 | Mt Spokane | 14-00.00 |
| 5 Gabe Cadero-Smith | 12 | Yelm | J14-00.00 |
| 6 Bogdan Goncharuk | 12 | Fort Vancouver | 13-09.00 |
| 7 Taylor Schmidt | 12 | Prairie | 13-06.00 |
| 7 Blake Bier | 11 | Prairie | 13-06.00 |
| 8 Dylan Eastwood | 12 | Ferndale | 13-00.00 |
| 10 Mitchell Mataya | 12 | Sedro-Woolley | J13-00.00 |

3A Boys Long Jump

Finals

| | | | |
|---------------------------|----|--------------|-----------|
| 1 Ronnielle Kelly-Battles | 12 | Renton | 23-03.25 |
| 2 Bo Schuetzle | 12 | Shadle Park | 23-00.75 |
| 3 Chris Hayes | 12 | Camas | 22-05.50 |
| 4 Aaron Grymes | 12 | West Seattle | J22-05.50 |
| 5 Jordan Brown | 11 | Shorecrest | 22-02.00 |
| 6 Anthony Palfrey | 12 | Mt Rainier | 21-11.00 |
| 7 Devon Kiser | 11 | Glacier Peak | 21-08.00 |
| 8 Kyle Ehlers | 12 | Mt Rainier | 21-07.75 |

3A Boys Triple Jump

Finals

| | | | |
|---------------------------|----|------------------|----------|
| 1 Kinsley Ojukwu | 11 | Union | 46-01.25 |
| 2 Bo Schuetzle | 12 | Shadle Park | 45-09.25 |
| 3 Darian Brooks | 10 | Kennedy | 45-07.00 |
| 4 Ronnielle Kelly-Battles | 12 | Renton | 45-03.50 |
| 5 Josh Bland | 12 | Hanford | 44-03.25 |
| 6 Chandler Jenkins | 10 | Liberty-Issaquah | 44-00.25 |
| 7 Aaron Phillips | 12 | Sammamish | 43-10.25 |
| 8 Kyle Ehlers | 12 | Mt Rainier | 43-09.50 |

3A Boys Shot Put

Finals

| | | | | |
|---|-------------------|----|---------------------|----------|
| 1 | Andrey Levkiv | 12 | Hazen | 59-01.50 |
| 2 | Armin Basic | 12 | Renton | 57-04.25 |
| 3 | Courtney Sanders | 12 | Hazen | 54-03.50 |
| 4 | Immanuel Garraway | 12 | Timberline | 54-00.00 |
| 5 | Spencer Moorman | 11 | Port Angeles | 52-04.25 |
| 6 | Jon Lawson | 10 | Prairie | 52-00.25 |
| 7 | James Dorr | 12 | East Valley-Spokane | 51-00.50 |
| 8 | Willie Gervais | 11 | Bellevue | 50-11.50 |

3A Boys Discus Throw

Finals

| | | | | |
|---|-----------------|----|--------------|--------|
| 1 | Armin Basic | 12 | Renton | 175-05 |
| 2 | Darrien Creamer | 11 | Peninsula | 153-06 |
| 3 | Jacob Allie | 12 | Lindbergh | 152-10 |
| 4 | Jon Lawson | 10 | Prairie | 151-02 |
| 5 | Bobby Rodgers | 11 | Everett | 149-11 |
| 6 | Andrey Levkiv | 12 | Hazen | 149-08 |
| 7 | Jordan Arakawa | 11 | Capital | 149-02 |
| 8 | John Froland | 11 | Glacier Peak | 143-11 |

3A Boys Javelin Throw

Finals

| | | | | |
|---|---------------|----|--------------------|---------|
| 1 | Robert Hintz | 12 | Bellevue | 211-00R |
| 2 | Jesse Elvrom | 12 | Yelm | 191-00 |
| 3 | Kyle Wagar | 12 | Hanford | 188-08 |
| 4 | Zach Ames | 11 | East Valley-Yakima | 188-05 |
| 5 | Kyle Kennedy | 10 | Bremerton | 187-08 |
| 6 | Ryan Lemery | 12 | Shadle Park | 184-00 |
| 7 | Malaki Seanoa | 11 | Everett | 181-00 |
| 8 | Kyle Stevens | 12 | Mt Si | 180-08 |

2009 3A Boys Track & Field Team Finals

| | | |
|----|----------------------|-------|
| 1 | North Central | 52 |
| 2 | Renton | 38 |
| 3 | Foster | 37.50 |
| 4 | Mt Rainier | 35 |
| 5 | West Seattle | 31 |
| 6 | Shadle Park | 30 |
| 7 | Union | 28 |
| 8 | Hazen | 27 |
| 9 | Seattle Prep | 25 |
| 10 | Bellevue | 22 |
| 11 | Mt Spokane | 20 |
| 12 | Prairie | 19 |
| 13 | Franklin Pierce | 18 |
| 13 | Lakes | 18 |
| 13 | Yelm | 18 |
| 13 | Rainier Beach | 18 |
| 17 | Hanford | 16 |
| 18 | Auburn Mountain View | 14 |

| | |
|------------------------|------|
| 19 Nathan Hale | 13 |
| 19 Camas | 13 |
| 21 Bonney Lake | 12 |
| 22 Enumclaw | 11 |
| 23 Capital | 10 |
| 23 Mercer Island | 10 |
| 25 O'Dea | 9 |
| 26 Liberty-Issaquah | 8 |
| 26 Peninsula | 8 |
| 26 Hudson's Bay | 8 |
| 29 East Valley-Spokane | 7 |
| 29 Mt Si | 7 |
| 29 Lindbergh | 7 |
| 29 Bremerton | 7 |
| 33 Bishop Blanchet | 6 |
| 33 Rogers-Spokane | 6 |
| 33 Kennedy | 6 |
| 33 Everett | 6 |
| 37 Timberline | 5 |
| 37 White River | 5 |
| 39 Shorecrest | 4 |
| 39 Glacier Peak | 4 |
| 39 Lynnwood | 4 |
| 39 Port Angeles | 4 |
| 43 Ferndale | 3.50 |
| 44 Fort Vancouver | 3 |
| 44 Sedro-Woolley | 3 |
| 46 West Valley-Yakima | 2 |
| 46 Sammamish | 2 |
| 48 Highline | 1 |
| 48 Columbia River | 1 |

**2009 WIAA/Dairy Farmers of Washington/Les Schwab Tires
3A Girls Track & Field Championships**

3A Girls 100 Meter Dash

Finals

| | | | | |
|---|----------------|----|--------------------|-------|
| 1 | Germe Poston | 11 | Franklin Pierce | 11.63 |
| 2 | Charnay Combs | 12 | Rainier Beach | 12.10 |
| 3 | Haley Locker | 10 | Ferndale | 12.12 |
| 4 | Ariele Reeves | 11 | Rainier Beach | 12.29 |
| 5 | Siara Byers | 11 | North Kitsap | 12.39 |
| 6 | Chantel Jaeger | 10 | West Valley-Yakima | 12.39 |
| 7 | Briana Welsh | 10 | Timberline | 12.52 |
| 8 | Alexis Ramos | 11 | Shorecrest | 12.69 |

3A Girls 200 Meter Dash

Finals

| | | | | |
|---|-----------------|----|--------------------|-------|
| 1 | Germe Poston | 11 | Franklin Pierce | 24.05 |
| 2 | Charnay Combs | 12 | Rainier Beach | 24.96 |
| 3 | Chantel Jaeger | 10 | West Valley-Yakima | 24.99 |
| 4 | Kelsey Werre | 12 | Liberty-Issaquah | 25.52 |
| 5 | Keiresia Vasser | 11 | Rainier Beach | 26.09 |
| 6 | Deven Wilson | 12 | Peninsula | 26.10 |
| 7 | Helen Hasbun | 11 | Mt Si | 26.12 |
| 8 | Tia Brogna | 11 | Mt Vernon | 26.28 |

3A Girls 400 Meter Dash

Finals

| | | | | |
|---|---------------------|----|---------------|---------|
| 1 | Dyneeca Adams | 12 | Rainier Beach | 56.89 |
| 2 | Stephenie Cummings | 11 | Glacier Peak | 57.28 |
| 3 | Megan Kelley | 10 | Camas | 57.73 |
| 4 | Tia Brogna | 11 | Mt Vernon | 58.20 |
| 5 | Seanna Pitassi | 11 | Camas | 58.42 |
| 6 | Alex Bachmeier | 10 | Yelm | 59.03 |
| 7 | Ashlee Sincraugh | 11 | Sumner | 59.67 |
| 8 | Stephanie Schreiner | 11 | Enumclaw | 1:01.94 |

3A Girls 800 Meter Run

Finals

| | | | | |
|---|----------------------|----|----------------|---------|
| 1 | Madeline Rathbun | 10 | Lakeside | 2:14.95 |
| 2 | Hillary Norris | 12 | Sumner | 2:16.06 |
| 3 | Courtney Zalud | 12 | Mt Spokane | 2:16.67 |
| 4 | Jessica Bottelberghe | 10 | Columbia River | 2:16.90 |
| 5 | Amy Before | 12 | Shadle Park | 2:16.97 |
| 6 | Tracey Stolz | 9 | Highline | 2:17.67 |
| 7 | Veronica Stinnett | 11 | Bonney Lake | 2:19.54 |
| 8 | Casey Warendorf | 11 | Bellevue | 2:21.13 |

3A Girls 1,600 Meter Run

Finals

| | | | | |
|---|----------------|----|---------------|---------|
| 1 | Phoebe Merritt | 12 | Mercer Island | 5:08.82 |
| 2 | Carey Parker | 12 | Seattle Prep | 5:08.90 |
| 3 | Andrea Nelson | 11 | Shadle Park | 5:11.75 |

| | | | | |
|---|-------------------|----|-------------|---------|
| 4 | Emilie Gilbert | 12 | Bellevue | 5:13.65 |
| 5 | Suzy Olsen | 12 | Everett | 5:14.91 |
| 6 | Lauryn Wate | 9 | White River | 5:15.00 |
| 7 | Veronica Stinnett | 11 | Bonney Lake | 5:15.78 |
| 8 | Tansey Lystad | 10 | Juanita | 5:16.33 |

3A Girls 3,200 Meter Run

Finals

| | | | | |
|---|-----------------|----|----------------|----------|
| 1 | Carey Parker | 12 | Seattle Prep | 11:00.51 |
| 2 | Theresa Edwards | 12 | Bonney Lake | 11:03.85 |
| 3 | Sarah Bobbe | 11 | Columbia River | 11:11.32 |
| 4 | Lindsay Benster | 9 | Mercer Island | 11:14.91 |
| 5 | Erin Hegarty | 10 | Hanford | 11:16.65 |
| 6 | Andrea Nelson | 11 | Shadle Park | 11:26.00 |
| 7 | Emilie Gilbert | 12 | Bellevue | 11:33.27 |
| 8 | Suzy Olsen | 12 | Everett | 11:34.41 |

3A Girls 100 Meter Hurdles

Finals

| | | | | |
|---|--------------------------|----|-----------------|-------|
| 1 | Tanya Bjornsson | 12 | Ferndale | 14.66 |
| 2 | Diana Keller | 12 | Mt Si | 14.71 |
| 3 | Shayle Dezellem | 11 | Shadle Park | 15.13 |
| 4 | Shelby Rowland | 12 | Bonney Lake | 15.15 |
| 5 | Joanna Luse | 11 | Mt Spokane | 15.26 |
| 6 | Kate Holman | 11 | Bishop Blanchet | 15.42 |
| 7 | Stephanie Jones | 12 | Enumclaw | 15.54 |
| 8 | Naivasha Sophusson Smith | 10 | Nathan Hale | 20.30 |

3A Girls 300 Meter Hurdles

Finals

| | | | | |
|---|-----------------|----|-----------------|-------|
| 1 | Ariele Reeves | 11 | Rainier Beach | 43.60 |
| 2 | Tanya Bjornsson | 12 | Ferndale | 45.20 |
| 3 | Stephanie Jones | 12 | Enumclaw | 45.46 |
| 4 | Rachel Thompson | 12 | Capital | 45.80 |
| 5 | Brina Sych | 11 | Union | 45.83 |
| 6 | Alyssa Turner | 12 | Hudson's Bay | 45.88 |
| 7 | Shayle Dezellem | 11 | Shadle Park | 45.94 |
| 8 | Emily Hutchins | 12 | Bishop Blanchet | 46.57 |

3A Girls 4x100 Meter Relay

Finals

| | | | | |
|---|-----------------------|----|--------------------|-------|
| 1 | Rainier Beach | | | 48.42 |
| | 1) Ariele Reeves | 11 | 2) Queen Ealy | 9 |
| | 3) Dyneeca Adams | 12 | 4) Charnay Combs | 12 |
| | 5) Ta Pri Nelthrope | 10 | 6) Keiresia Vasser | 11 |
| 2 | Franklin | | | 49.20 |
| | 1) Charissa Shoecraft | 10 | 2) Whitney Echols | 9 |
| | 3) Danita Hamptonie | 11 | 4) Ariana Jones | 12 |
| | 5) Sheresse Heard | 12 | 6) Gabby Holman | 11 |
| 3 | Mt Si | | | 49.38 |
| | 1) Nikki Stanton | 12 | 2) Helen Hasbun | 11 |
| | 3) Hannah Hasbun | 11 | 4) Diana Keller | 12 |

| | | | | | |
|----------------------|--------------------|----|-----------------------|----|-------|
| 4 Shorecrest | 5) Sophie Rockow | 9 | 6) Natalie Opsvig | 11 | 49.39 |
| | 1) Marisa Brown | 12 | 2) Lynleigh Oliver | 9 | |
| | 3) Nicole Harris | 9 | 4) Alexis Ramos | 11 | |
| | 5) Emily Corona | 10 | 6) Rachel Schrote | 10 | |
| 5 Lynnwood | | | | | 49.90 |
| | 1) Ta'Jah Cochran | 11 | 2) Stephanie Bidondo | 10 | |
| | 3) Colleen Hill | 10 | 4) Danielle Alexander | 10 | |
| | 5) Jessika Barlow | 11 | 6) Chelsie Martell | 9 | |
| 6 Bonney Lake | | | | | 50.08 |
| | 1) Shelby Rowland | 12 | 2) Taylor Howick | 11 | |
| | 3) Kimber Kober | 11 | 4) Leslie Cannon | 11 | |
| | 5) Haylie Cannon | 11 | 6) Emma Martin | 10 | |
| 7 Peninsula | | | | | 50.14 |
| | 1) Kayla Erickson | 11 | 2) Hannah Gilman | 12 | |
| | 3) Kelsie Williams | 12 | 4) Deven Wilson | 12 | |
| | 5) Nicole Holcomb | 9 | | | |
| 8 West Valley-Yakima | | | | | 51.66 |
| | 1) Mikele Cluff | 10 | 2) Keely Hausken | 9 | |
| | 3) Chelsea Nell | 11 | 4) Chantel Jaeger | 10 | |
| | 5) Kira Lewis | 12 | 6) Ashley Packard | 10 | |

3A Girls 4x200 Meter Relay

Finals

| | | | | | |
|--------------------|---------------------|----|--------------------------|----|----------|
| 1 Rainier Beach | | | | | 1:39.49R |
| | 1) Ariele Reeves | 11 | 2) Charnay Combs | 12 | |
| | 3) Ta Pri Nelthrope | 10 | 4) Dyneeca Adams | 12 | |
| | 5) Keiresia Vasser | 11 | 6) Queen Ealy | 9 | |
| 2 Shorecrest | | | | | 1:44.03 |
| | 1) Lynleigh Oliver | 9 | 2) Nicole Harris | 9 | |
| | 3) Erin Springer | 12 | 4) Alexis Ramos | 11 | |
| | 5) Marisa Brown | 12 | 6) Nicole Wanamaker | 11 | |
| 3 Capital | | | | | 1:44.25 |
| | 1) Emily Enz | 10 | 2) Mary Agnes Villanueva | 9 | |
| | 3) Aubrey Cronk | 9 | 4) Tosha Hollingsworth | 11 | |
| | 5) Tess Peckler | 12 | 6) Rachel Thompson | 12 | |
| 4 Liberty-Issaquah | | | | | 1:44.61 |
| | 1) Alli Agnew | 12 | 2) Haile Erickson | 10 | |
| | 3) Madison Birdsall | 10 | 4) Kelsey Werre | 12 | |
| | 5) Elizabeth Ryker | 9 | 6) Aimee Christensen | 9 | |
| 5 Ferndale | | | | | 1:45.28 |
| | 1) McKensie Clark | 11 | 2) Laurel Erdman | 9 | |
| | 3) Tanya Bjornsson | 12 | 4) Haley Locker | 10 | |
| | 5) Madison Hart | 10 | 6) Shandel Yanney | 11 | |
| 6 Mt Si | | | | | 1:45.90 |
| | 1) Nikki Stanton | 12 | 2) Helen Hasbun | 11 | |
| | 3) Hannah Hasbun | 11 | 4) Taylor Robbins | 11 | |
| | 5) Sophie Rockow | 9 | 6) Natalie Opsvig | 11 | |
| 7 Union | | | | | 1:46.18 |
| | 1) Leina Buchanan | 12 | 2) Brina Sych | 11 | |
| | 3) Sarah Takayoshi | 12 | 4) Alyssa Vera | 12 | |
| | 5) Alexis Ransom | 10 | 6) Megan Dire | 12 | |

| | | | | |
|----------------------|----|-------------------|----|---------|
| 8 West Valley-Yakima | | | | 1:46.50 |
| 1) Keely Hausken | 9 | 2) Chelsea Nell | 11 | |
| 3) Kira Lewis | 12 | 4) Chantel Jaeger | 10 | |
| 5) Ashley Packard | 10 | 6) Mikele Cluff | 10 | |

3A Girls 4x400 Meter Relay

Finals

| | | | | |
|----------------------|----|------------------------|----|---------|
| 1 Camas | | | | 3:56.48 |
| 1) Sara Slayton | 10 | 2) Megan Kelley | 10 | |
| 3) Seanna Pitassi | 11 | 4) Dakota Forgey | 12 | |
| 5) Renee Valenter | 9 | 6) Shelby Bodily | 11 | |
| 2 Liberty-Issaquah | | | | 3:57.86 |
| 1) Alli Agnew | 12 | 2) Hailey Erickson | 10 | |
| 3) Madison Birdsall | 10 | 4) Kelsey Werre | 12 | |
| 5) Elizabeth Ryker | 9 | 6) Emily Pestl-Dimmitt | 9 | |
| 3 Bainbridge | | | | 3:57.88 |
| 1) Pearl Terry | 9 | 2) Isabel Ferguson | 9 | |
| 3) Courtney O'Dell | 10 | 4) Sylvia Stellmacher | 11 | |
| 5) Maddiy Sheldon | 12 | 6) Annie Taylor | 11 | |
| 4 Lakeside | | | | 3:58.59 |
| 1) Lara Adekoya | 10 | 2) Madeline Rathbun | 10 | |
| 3) Emi Lawson | 11 | 4) Whitney Best | 10 | |
| 5) Allanah Whitehall | 9 | 6) Allegra Roberts | 12 | |
| 5 Shadle Park | | | | 3:59.15 |
| 1) Shayle Dezelle | 11 | 2) Katie Morris | 9 | |
| 3) Mary Rogers | 12 | 4) Amy Before | 12 | |
| 5) Andrea Nelson | 11 | 6) Martha Wagley | 11 | |
| 6 Mt Spokane | | | | 4:02.18 |
| 1) Courtney Zalud | 12 | 2) Sarah Craig | 11 | |
| 3) Averi Hollman | 12 | 4) Afton McKinlay | 10 | |
| 5) Joanna Luse | 11 | 6) Chelsea Padrta | 12 | |
| 7 Bishop Blanchet | | | | 4:03.62 |
| 1) Maddy Mercier | 12 | 2) Andrea Toulouse | 11 | |
| 3) Emily Hutchins | 12 | 4) Bridget Toulouse | 11 | |
| 5) Ellyn Erving | 11 | 6) Katrina VanTassell | 10 | |
| 8 Bonney Lake | | | | 4:05.91 |
| 1) Veronica Stinnett | 11 | 2) Haylie Cannon | 11 | |
| 3) Sandra Meyer | 12 | 4) Shelby Rowland | 12 | |
| 5) Theresa Edwards | 12 | 6) Emma Martin | 10 | |

3A Girls High Jump

Finals

| | | | |
|-------------------|----|---------------|----------|
| 1 Emily Corona | 10 | Shorecrest | 5-07.00 |
| 2 Sasha Weber | 9 | Timberline | 5-06.00 |
| 3 Taymussa Miller | 12 | Hanford | 5-05.00 |
| 4 McKensie Clark | 11 | Ferndale | 5-04.00 |
| 5 Brittany Grandy | 10 | Sedro-Woolley | 5-03.00 |
| 6 Tess Peckler | 12 | Capital | 5-02.00 |
| 7 Ashley Graybeal | 11 | North Central | J5-02.00 |
| 8 Emi Lawson | 11 | Lakeside | J5-02.00 |
| 9 Melissa Merrill | 9 | Hanford | J5-02.00 |

3A Girls Pole Vault

Finals

| | | | | |
|---|-------------------|----|------------------|----------|
| 1 | Kaycee Smith | 12 | Mt Spokane | 10-06.00 |
| 2 | Kristina Owsinski | 10 | Prairie | 10-03.00 |
| 3 | Georgia Reynolds | 11 | Mt Si | 10-00.00 |
| 4 | Jennifer Debellis | 9 | Columbia River | 9-09.00 |
| 5 | Zoey Dingel | 11 | Ferndale | J9-09.00 |
| 6 | Krista Lockhart | 12 | Liberty-Issaquah | 9-06.00 |
| 7 | Nicole Harris | 9 | Shorecrest | J9-06.00 |
| 8 | Hannah Robins | 12 | Liberty-Issaquah | 9-00.00 |
| 8 | Britta LaVoie | 10 | Mt Spokane | 9-00.00 |
| 8 | Jordan Hess | 10 | Columbia River | 9-00.00 |
| 8 | Samantha Sanches | 12 | Columbia River | 9-00.00 |

3A Girls Long Jump

Finals

| | | | | |
|---|-----------------|----|-----------------|-----------|
| 1 | Diana Keller | 12 | Mt Si | 17-06.50 |
| 2 | Olivia Ward | 12 | Cleveland | 16-10.25 |
| 3 | Taryn Willie | 11 | Camas | 16-06.50 |
| 4 | Lizzie Perkins | 12 | West Seattle | 16-05.75 |
| 5 | Maddy Mercier | 12 | Bishop Blanchet | J16-05.75 |
| 6 | Amanda Alvarez | 12 | Columbia River | 16-05.50 |
| 7 | Briana Welsh | 10 | Timberline | 16-04.50 |
| 8 | Taymussa Miller | 12 | Hanford | 16-03.50 |

3A Girls Triple Jump

Finals

| | | | | |
|---|-----------------|----|--------------------|----------|
| 1 | Olivia Ward | 12 | Cleveland | 40-08.50 |
| 2 | Amanda Alvarez | 12 | Columbia River | 37-07.00 |
| 3 | Athena Alvarez | 12 | Columbia River | 37-01.00 |
| 4 | Kira Lewis | 12 | West Valley-Yakima | 36-10.50 |
| 5 | Stephanie Jones | 12 | Enumclaw | 36-06.00 |
| 6 | Ellyn Erving | 11 | Bishop Blanchet | 35-06.25 |
| 7 | Kayla Erickson | 11 | Peninsula | 35-05.25 |
| 8 | Makala Williams | 12 | Lindbergh | 35-05.00 |

3A Girls Shot Put

Finals

| | | | | |
|---|-------------------|----|----------------------|----------|
| 1 | Tiara Killmer | 11 | Bonney Lake | 39-07.75 |
| 2 | Carolina Siofele | 12 | Union | 39-05.25 |
| 3 | Adara Winder | 9 | Bonney Lake | 38-02.00 |
| 4 | Emi Lawson | 11 | Lakeside | 37-11.00 |
| 5 | Boryana Atanasova | 12 | Renton | 37-05.50 |
| 6 | Christi Ometu | 12 | Auburn Mountain View | 37-03.75 |
| 7 | Tressae Herrera | 11 | North Central | 36-06.50 |
| 8 | Roylanda Jackson | 12 | Renton | 36-05.00 |

3A Girls Discus Throw

Finals

| | | | | |
|---|------------------|----|------------|--------|
| 1 | Carolina Siofele | 12 | Union | 128-07 |
| 2 | Anna Kaminski | 12 | Bainbridge | 122-10 |
| 3 | Rachel Damiano | 12 | Mt Spokane | 119-07 |

| | | | |
|---------------------|----|---------------------|--------|
| 4 Boryana Atanasova | 12 | Renton | 115-06 |
| 5 Melissa Youmans | 12 | East Valley-Spokane | 114-04 |
| 6 Anna Adamko | 10 | Columbia River | 113-03 |
| 7 Tusalava Kuaea | 11 | Lakes | 112-00 |
| 8 Corina Linder | 11 | Mt Si | 109-07 |

3A Girls Javelin Throw

Finals

| | | | |
|---------------------|----|----------------|--------|
| 1 Anna Adamko | 10 | Columbia River | 141-04 |
| 2 Bianca Pope | 12 | Shadle Park | 138-11 |
| 3 Sasha Weber | 9 | Timberline | 130-10 |
| 4 Haley Tank | 12 | Hanford | 127-06 |
| 5 Kim Harbine | 12 | Ferndale | 126-10 |
| 6 Boryana Atanasova | 12 | Renton | 120-05 |
| 7 Kristen Munson | 12 | Prairie | 117-07 |
| 8 Caroline Towles | 12 | Shorecrest | 116-11 |

2009 3A Girls Track & Field Team Finals

| | |
|------------------------|------|
| 1) Rainier Beach | 65 |
| 2) Columbia River | 46.5 |
| 3) Ferndale | 41 |
| 4) Bonney Lake | 37 |
| 5) Mt Si | 36 |
| 6) Shadle Park | 33 |
| 7) Mt Spokane | 29.3 |
| 8) Shorecrest | 27 |
| 9) Camas | 26 |
| 10) Union | 24 |
| 11) Liberty-Issaquah | 21.3 |
| 12) Lakeside | 21 |
| 13) Franklin Pierce | 20 |
| 14) Seattle Prep | 18 |
| 14) Cleveland | 18 |
| 14) Timberline | 18 |
| 17) West Valley-Yakima | 16 |
| 17) Hanford | 16 |
| 19) Mercer Island | 15 |
| 20) Capital | 14 |
| 20) Bainbridge | 14 |
| 22) Bishop Blanchet | 13 |
| 22) Renton | 13 |
| 22) Enumclaw | 13 |
| 25) Sumner | 10 |
| 25) Prairie | 10 |
| 27) Glacier Peak | 8 |
| 27) Franklin | 8 |
| 27) Bellevue | 8 |
| 30) Peninsula | 7 |
| 31) Mt Vernon | 6 |
| 32) Everett | 5 |
| 32) West Seattle | 5 |

| | | |
|-----|----------------------|---|
| 34) | North Central | 4 |
| 34) | East Valley-Spokane | 4 |
| 34) | Sedro-Woolley | 4 |
| 34) | Lynnwood | 4 |
| 34) | North Kitsap | 4 |
| 39) | Auburn Mountain View | 3 |
| 39) | White River | 3 |
| 39) | Highline | 3 |
| 39) | Hudson's Bay | 3 |
| 39) | Yelm | 3 |
| 44) | Lakes | 2 |
| 45) | Juanita | 1 |
| 45) | Nathan Hale | 1 |
| 45) | Lindbergh | 1 |

**2009 WIAA/Dairy Farmers of Washington/Les Schwab Tires
4A Boys Track & Field Championships**

4A Boys 100 Meter Dash

Finals

| | | | | |
|---|------------------|----|-----------------|--------|
| 1 | Duran Ward | 12 | Todd Beamer | 10.81 |
| 2 | Trenton Pinson | 11 | Federal Way | J10.81 |
| 3 | Wesley McCann | 12 | Rogers-Puyallup | 10.89 |
| 4 | Marques Avery | 11 | Pasco | 10.90 |
| 5 | Justin Veltung | 12 | Puyallup | 10.94 |
| 6 | Zach Robinson | 12 | Lewis and Clark | 10.95 |
| 7 | Christian Blanks | 12 | Garfield | 11.25 |
| 8 | Zach Smith | 12 | Kentlake | 11.26 |

4A Boys 200 Meter Dash

Finals

| | | | | |
|---|----------------|----|-----------------|-------|
| 1 | Duran Ward | 12 | Todd Beamer | 21.79 |
| 2 | Trenton Pinson | 11 | Federal Way | 22.04 |
| 3 | Josh DeVaughn | 12 | Central Kitsap | 22.17 |
| 4 | BJ Arceneaux | 10 | Kent Meridian | 22.32 |
| 5 | Wesley McCann | 12 | Rogers-Puyallup | 22.45 |
| 6 | Steven Piippo | 12 | Richland | 22.56 |
| 7 | Cole Hardwick | 12 | Redmond | 22.69 |
| 8 | Marques Avery | 11 | Pasco | 23.16 |

4A Boys 400 Meter Dash

Finals

| | | | | |
|---|------------------------|----|---------------------|-------|
| 1 | Jacob Sealby | 11 | Wenatchee | 49.01 |
| 2 | Derrick Daigre | 10 | Kent Meridian | 49.04 |
| 3 | Brandon Cole | 11 | Eastlake | 49.81 |
| 4 | Dimitri Mandapat | 11 | A.C. Davis | 49.98 |
| 4 | Austin Thummel-Gravitt | 10 | Rogers-Puyallup | 49.98 |
| 6 | Corey Galligan | 12 | South Kitsap | 50.56 |
| 7 | Khayree Johnson | 11 | Woodrow Wilson | 51.10 |
| 8 | CJ Hatchett | 11 | Evergreen-Vancouver | 51.81 |

4A Boys 800 Meter Run

Finals

| | | | | |
|---|------------------|----|----------------|---------|
| 1 | Derrick Daigre | 10 | Kent Meridian | 1:52.57 |
| 2 | Jordan Curnutt | 12 | Mead | 1:53.20 |
| 3 | Tim Pettit | 11 | Kentwood | 1:53.29 |
| 4 | Trey Parry | 12 | Bothell | 1:53.58 |
| 5 | Jesse Jorgensen | 11 | Puyallup | 1:53.61 |
| 6 | Justin Zimmerman | 11 | Joel Ferris | 1:54.35 |
| 7 | Brad Whitley | 12 | Central Valley | 1:54.73 |
| 8 | Simon Sorensen | 12 | Skyline | 1:54.81 |

4A Boys 1,600 Meter Run

Finals

| | | | | |
|---|--------------------|----|----------------|---------|
| 1 | Shane Moskowitz | 11 | Central Kitsap | 4:13.71 |
| 2 | Emmanuel Contreras | 12 | A.C. Davis | 4:15.47 |
| 3 | Adam Thorne | 11 | Joel Ferris | 4:18.41 |

| | | | | |
|---|---------------|----|----------------|---------|
| 4 | Steven Kutsch | 12 | Mead | 4:18.79 |
| 5 | Trey Parry | 12 | Bothell | 4:19.64 |
| 6 | Jon Phillips | 12 | South Kitsap | 4:21.03 |
| 7 | Sean Roe | 10 | Henry Jackson | 4:21.10 |
| 8 | Kevin Rosaaen | 12 | Woodrow Wilson | 4:21.12 |

4A Boys 3,200 Meter Run

Finals

| | | | | |
|---|--------------------|----|------------------|---------|
| 1 | Shane Moskowitz | 11 | Central Kitsap | 8:59.53 |
| 2 | Conner Peloquin | 11 | Gig Harbor | 9:05.37 |
| 3 | Kevin Rosaaen | 12 | Woodrow Wilson | 9:05.85 |
| 4 | Andrew Gonzales | 12 | Southridge | 9:13.48 |
| 5 | Adam Thorne | 11 | Joel Ferris | 9:15.19 |
| 6 | Julian-Blake Cowan | 12 | Auburn Riverside | 9:15.70 |
| 7 | Ben Lance | 12 | Henry Jackson | 9:16.17 |
| 8 | Evan Fiske | 11 | Kamiakin | 9:16.63 |

4A Boys 110 Meter Hurdles

Finals

| | | | | |
|---|-----------------|----|-----------------|-------|
| 1 | Steven Warner | 12 | Kentwood | 14.23 |
| 2 | Cory Okazaki | 11 | Emerald Ridge | 14.51 |
| 3 | Alec Fellows | 10 | Edmonds-Woodway | 14.60 |
| 4 | Adam Scalesse | 11 | Kelso | 14.84 |
| 5 | Anthony Hogan | 12 | Todd Beamer | 14.86 |
| 6 | Casey Monahan | 11 | Mead | 14.89 |
| 7 | Robert Hanke | 11 | Stanwood | 14.93 |
| 8 | Darrius Coleman | 12 | Kentwood | 15.98 |

4A Boys 300 Meter Hurdles

Finals

| | | | | |
|---|-----------------|----|--------------|-------|
| 1 | Adam Scalesse | 11 | Kelso | 38.46 |
| 2 | Robert Hanke | 11 | Stanwood | 38.57 |
| 3 | Leon La Deaux | 11 | South Kitsap | 39.04 |
| 4 | Devon Neary | 12 | Stadium | 39.21 |
| 5 | Robert Shelby | 11 | Federal Way | 39.55 |
| 6 | Wes Bailey | 9 | Mead | 40.06 |
| 7 | Jeff Sloat | 11 | Eastlake | 40.58 |
| 8 | Denzel Robinson | 12 | Garfield | 41.21 |

4A Boys 4x100 Meter Relay

Finals

| | | | | |
|---|--------------------|-----|--------------------|-------|
| 1 | Todd Beamer | | | 42.17 |
| | 1) Anthony Hogan | 12 | 2) Travis Koch | 12 |
| | 3) Dominique Maxie | 10 | 4) Josh Seals | 12 |
| | 5) Duran Ward | 12 | 6) DJ May | 9 |
| 2 | Central Kitsap | | | 42.63 |
| | 1) Phillip Thomas | 12 | 2) Harion Gaulden | 12 |
| | 3) Alex Mackenzie | 11 | 4) Kevin Lacanlale | 10 |
| | 5) Chris Steele | 110 | 6) Josh DeVaughn | 12 |
| 3 | Kent Meridian | | | 42.9 |
| | 1) BJ Arceneaux | 10 | 2) Brandon Harris | 10 |
| | 3) Andrew Smith | 11 | 4) David Jones | 10 |

| | | | | | |
|----|--------------------------|----|--------------------------|----|-------|
| | 5) B.J. Phillips | 9 | 6) Derrick Daigre | 10 | |
| 4 | Woodrow Wilson | | | | 43.05 |
| | 1) Devin Hughes | 11 | 2) Keelynn Johnson | 11 | |
| | 3) Desmond Trufant | 12 | 4) Khayree Johnson | 11 | |
| | 5) Traveon Woods | 12 | 6) Louis Davis | 11 | |
| 5 | Rogers-Puyallup | | | | 43.12 |
| | 1) Tyler Vansligtenhorst | 12 | 2) Terrance Stubblefield | 10 | |
| | 3) Donavin Goode | 11 | 4) Wesley McCann | 12 | |
| | 5) DeVon Neal | 11 | 6) Donald Koval | 12 | |
| 6 | Eastlake | | | | 43.67 |
| | 1) Robert Moore | 11 | 2) Marcus Harewood | 10 | |
| | 3) Dune Butler | 11 | 4) Daniel Jackstadt | 11 | |
| | 5) Jason Murray | 11 | 6) Eliot Lee | 12 | |
| -- | Joel Ferris | | | | DNF |
| | 1) Brendon Olson | 11 | 2) Gage Orosco | 11 | |
| | 3) Garrett Saiki | 12 | 4) Jon Hendricks | 12 | |
| | 5) Devin Irving | 11 | | | |
| -- | Wenatchee | | | | DQ |
| | 1) Jacob Sealby | 11 | 2) Chaese Sewell | 12 | |
| | 3) Garrett Smith | 12 | 4) Lucas Sealby | 11 | |
| | 5) Cooper Helm | 10 | 6) Nick Hunt | 11 | |

4A Boys 4x400 Meter Relay

Finals

| | | | | | |
|---|---------------------------|----|--------------------|----|---------|
| 1 | Wenatchee | | | | 3:19.36 |
| | 1) Cooper Helm | 10 | 2) Chaese Sewell | 12 | |
| | 3) Lucas Sealby | 11 | 4) Jacob Sealby | 11 | |
| | 5) Nick Hunt | 11 | 6) Brian Nygard | 11 | |
| 2 | Inglemoor | | | | 3:20.77 |
| | 1) Anthony Arena | 12 | 2) Austin Terry | 12 | |
| | 3) Zach Pattison | 12 | 4) Paul Ena | 12 | |
| | 5) Chris Lewis | 12 | 6) Benji Bryant | 12 | |
| 3 | Eastlake | | | | 3:23.43 |
| | 1) Eliot Lee | 12 | 2) Keenan Clinch | 12 | |
| | 3) Paul Kupcis | 11 | 4) Brandon Cole | 11 | |
| | 5) Curtis McCarson | 11 | 6) Jeff Sloat | 11 | |
| 4 | Rogers-Puyallup | | | | 3:23.55 |
| | 1) Austin Thummel-Gravitt | 10 | 2) Ronelle McGraw | 11 | |
| | 3) Carl Spencer | 12 | 4) Will Brauneis | 12 | |
| | 5) Wesley McCann | 12 | 6) Donavin Goode | 11 | |
| 5 | Puyallup | | | | 3:23.64 |
| | 1) IV Reeves | 12 | 2) Clint Montague | 12 | |
| | 3) Kyle Tylor | 12 | 4) Jesse Jorgensen | 11 | |
| | 5) Brennan Boyes | 12 | 6) Austin Gebacen | 12 | |
| 6 | Mead | | | | 3:23.69 |
| | 1) Kelly Mildren | 12 | 2) Steven Kutsch | 12 | |
| | 3) Wes Bailey | 9 | 4) Jordan Curnutt | 12 | |
| | 5) Casey Monahan | 11 | 6) Eric Foss | 12 | |
| 7 | Kentwood | | | | 3:25.60 |
| | 1) Ricardo Tucker | 12 | 2) Kevin Bateman | 11 | |
| | 3) Steven Warner | 12 | 4) Tim Pettit | 11 | |
| | 5) Tristan Askew | 11 | 6) Zach Schneider | 11 | |

| | | | | |
|-------------------|----|-----------------|----|---------|
| 8 Skyview | | | | 3:26.11 |
| 1) Scott Bean | 12 | 2) Brad Michael | 10 | |
| 3) Chase Horrocks | 11 | 4) Kevin Boyd | 10 | |
| 5) Dallin Shirley | 11 | 6) Tyler Lane | 12 | |

4A Boys High Jump

Finals

| | | | |
|------------------|----|--------------|----------|
| 1 Kasen Williams | 10 | Skyline | 6-10.00 |
| 2 Rahmel Dockery | 10 | Curtis | J6-10.00 |
| 3 AJ Maricich | 11 | Mead | J6-10.00 |
| 4 CJ Wright | 11 | Lincoln | 6-08.00 |
| 5 Brennan Boyes | 12 | Puyallup | 6-06.00 |
| 6 Brennan Frost | 11 | Lake Stevens | J6-06.00 |
| 7 Maxim Bryson | 9 | Arlington | J6-06.00 |
| 8 Justin Veltung | 12 | Puyallup | 6-04.00 |
| 8 Adrien Black | 12 | Mariner | 6-04.00 |
| 10 Zach Pattison | 12 | Inglemoor | J6-04.00 |
| 11 Cody Fishel | 12 | Kentwood | J6-04.00 |
| 11 Tyler Lane | 12 | Skyview | J6-04.00 |
| 13 Isaiah Davis | 10 | South Kitsap | J6-04.00 |

4A Boys Pole Vault

Finals

| | | | |
|---------------------|----|------------------|-----------|
| 1 Keith Webber | 12 | Mead | 15-06.00 |
| 2 John Brenteson | 12 | Mountain View | 15-03.00 |
| 3 Scott Kolb | 12 | Joel Ferris | 14-06.00 |
| 4 Kyle Brown | 12 | Central Valley | J14-06.00 |
| 5 Felix Ekness | 12 | Henry Jackson | 13-06.00 |
| 6 Casey Lander | 12 | Inglemoor | J13-06.00 |
| 7 Curtis Flolid | 11 | Woodinville | 13-00.00 |
| 8 Wylie Johnson | 12 | Thomas Jefferson | J13-00.00 |
| 8 Jordan Moses | 11 | Monroe | J13-00.00 |
| 10 Jonathan Volland | 11 | Thomas Jefferson | J13-00.00 |

4A Boys Long Jump

Finals

| | | | |
|--------------------|----|-----------------|----------|
| 1 Justin Veltung | 12 | Puyallup | 24-05.00 |
| 2 Zach Smith | 12 | Kentlake | 23-08.00 |
| 3 Kasen Williams | 10 | Skyline | 23-05.00 |
| 4 Julian Bardwell | 12 | Mt Tahoma | 23-02.50 |
| 5 Rahmel Dockery | 10 | Curtis | 23-00.75 |
| 6 Andre Barrington | 12 | Federal Way | 22-11.25 |
| 7 Kale Schmidt | 11 | Stanwood | 22-04.50 |
| 8 Alec Fellows | 10 | Edmonds-Woodway | 22-01.75 |

4A Boys Triple Jump

Finals

| | | | |
|--------------------|----|-----------------|----------|
| 1 Zach Smith | 12 | Kentlake | 48-01.00 |
| 2 Kasen Williams | 10 | Skyline | 47-10.25 |
| 3 Andre Barrington | 12 | Federal Way | 47-02.75 |
| 4 Levi Taylor | 11 | Lewis and Clark | 45-05.00 |
| 5 Dan Truong | 12 | Henry Jackson | 44-04.50 |

| | | | |
|----------------------|----|-----------------|----------|
| 6 Alec Fellows | 10 | Edmonds-Woodway | 44-01.50 |
| 7 Kalliy Ceesay | 12 | Roosevelt | 43-07.75 |
| 8 Christopher Rusnak | 11 | Snohomish | 43-00.50 |

4A Boys Shot Put

Finals

| | | | |
|--------------------|----|---------------|----------|
| 1 Marlyn Anderson | 12 | Snohomish | 59-04.75 |
| 2 Kjelby Oiland | 11 | Joel Ferris | 55-06.00 |
| 3 Robert Henderson | 12 | Lincoln | 53-09.75 |
| 4 Marlowe Brim | 12 | Kent Meridian | 53-01.75 |
| 5 Danny Shelton | 10 | Auburn | 53-00.75 |
| 6 Eric Huswick | 12 | Lake Stevens | 53-00.00 |
| 7 Dillon Reagan | 12 | Issaquah | 51-09.75 |
| 8 Michael Banta | 12 | Mead | 51-08.25 |

4A Boys Discus Throw

Finals

| | | | |
|---------------------|----|--------------|--------|
| 1 Marlyn Anderson | 12 | Snohomish | 159-11 |
| 2 Steven Forgette | 12 | Heritage | 156-11 |
| 3 Michael Banta | 12 | Mead | 155-11 |
| 4 Scott Christensen | 12 | Richland | 153-06 |
| 5 Robert Henderson | 12 | Lincoln | 153-04 |
| 6 Eric Murrell | 12 | Gig Harbor | 151-03 |
| 7 Eric Huswick | 12 | Lake Stevens | 150-01 |
| 8 Charlie Bingham | 12 | Mt Tahoma | 149-04 |

4A Boys Javelin Throw

Finals

| | | | |
|-------------------|----|-----------------|---------|
| 1 Joe Zimmerman | 12 | Lewis and Clark | 208-04R |
| 2 Jimmy Brookman | 12 | Redmond | 204-00 |
| 3 Jacob Wilson | 12 | Heritage | 203-10 |
| 4 Levi Taylor | 11 | Lewis and Clark | 201-08 |
| 5 Justin Graff | 12 | Mead | 200-05 |
| 6 Derek Eager | 11 | Tahoma | 198-06 |
| 7 Sean Allison | 12 | South Kitsap | 191-05 |
| 8 Steven Forgette | 12 | Heritage | 190-07 |

2009 4A Boys Track & Field Team Finals

| | |
|---------------------|-------|
| 1) Mead | 49 |
| 2) Kent Meridian | 34 |
| 2) Central Kitsap | 34 |
| 2) Todd Beamer | 34 |
| 5) Federal Way | 29 |
| 6) Joel Ferris | 27 |
| 7) Puyallup | 26.50 |
| 8) Skyline | 25 |
| 9) Rogers-Puyallup | 23.50 |
| 10) Lewis and Clark | 23 |
| 11) Snohomish | 21 |
| 12) Wenatchee | 20 |
| 13) Kentlake | 19 |

| | | |
|-----|---------------------|-------|
| 13) | Kentwood | 19 |
| 15) | Eastlake | 17 |
| 16) | Heritage | 15 |
| 16) | Lincoln | 15 |
| 16) | Kelso | 15 |
| 19) | Woodrow Wilson | 14 |
| 19) | South Kitsap | 14 |
| 21) | A.C. Davis | 12.50 |
| 22) | Curtis | 12 |
| 22) | Henry Jackson | 12 |
| 22) | Stanwood | 12 |
| 25) | Gig Harbor | 11 |
| 25) | Inglemoor | 11 |
| 27) | Edmonds-Woodway | 10 |
| 27) | Redmond | 10 |
| 29) | Bothell | 9 |
| 30) | Mountain View | 8 |
| 30) | Richland | 8 |
| 30) | Lake Stevens | 8 |
| 30) | Emerald Ridge | 8 |
| 34) | Central Valley | 7 |
| 35) | Mt Tahoma | 6 |
| 35) | Pasco | 6 |
| 37) | Southridge | 5 |
| 37) | Stadium | 5 |
| 39) | Auburn | 4 |
| 40) | Tahoma | 3 |
| 40) | Garfield | 3 |
| 40) | Auburn Riverside | 3 |
| 43) | Roosevelt | 2 |
| 43) | Issaquah | 2 |
| 43) | Arlington | 2 |
| 43) | Woodinville | 2 |
| 47) | Kamiakin | 1 |
| 47) | Evergreen-Vancouver | 1 |
| 47) | Skyview | 1 |
| 50) | Mariner | 0.50 |
| 50) | Thomas Jefferson | 0.50 |
| 50) | Monroe | 0.50 |

**2009 WIAA/Dairy Farmers of Washington/Les Schwab Tires
4A Girls Track & Field Championships**

4A Girls 100 Meter Dash

Finals

| | | | | |
|---|-------------------|----|-----------------|-------|
| 1 | Andrea Geubelle | 12 | Curtis | 11.87 |
| 2 | Kelly Jacka | 12 | Bellarmine Prep | 11.89 |
| 3 | Shealee O'Donnell | 11 | Skyline | 12.03 |
| 4 | Haley Jacobson | 10 | Issaquah | 12.04 |
| 5 | Johanna Carr | 12 | Issaquah | 12.07 |
| 6 | Kelsey Lin | 11 | Joel Ferris | 12.25 |
| 7 | Kasey McNeill | 12 | Southridge | 12.33 |
| 8 | Lauren Hoskie | 11 | Bethel | 12.44 |

4A Girls 200 Meter Dash

Finals

| | | | | |
|---|-------------------|----|-----------------|-------|
| 1 | Kelly Jacka | 12 | Bellarmine Prep | 24.24 |
| 2 | Haley Jacobson | 10 | Issaquah | 24.64 |
| 3 | Kayla Stueckle | 11 | Emerald Ridge | 24.71 |
| 4 | Savannah Johnson | 12 | Tahoma | 25.00 |
| 5 | Holly DeHart | 10 | Kentwood | 25.19 |
| 6 | Kelsey Lin | 11 | Joel Ferris | 25.21 |
| 7 | Shealee O'Donnell | 11 | Skyline | 25.31 |
| 8 | Kishia Mitchell | 11 | Rogers-Puyallup | 25.66 |

4A Girls 400 Meter Dash

Finals

| | | | | |
|----|--------------------|----|---------------------|---------|
| 1 | Jasmine Cho | 12 | Newport-Bellevue | 56.56 |
| 2 | McKenzie Luth | 11 | Woodinville | 57.19 |
| 3 | Kishia Mitchell | 11 | Rogers-Puyallup | 57.27 |
| 4 | Yesenia Ortiz | 12 | Pasco | 57.36 |
| 5 | Brittany Schroeder | 12 | Gig Harbor | 58.60 |
| 6 | Dana Wareham | 11 | Kentwood | 59.00 |
| 7 | Alisha Oden | 11 | Marysville-Pilchuck | 1:00.12 |
| -- | Brenna Thompson | 10 | Shelton | DQ |

4A Girls 800 Meter Run

Finals

| | | | | |
|---|-------------------|----|----------------|---------|
| 1 | Baylee Mires | 10 | Mead | 2:11.37 |
| 2 | Nikki Dotter | 12 | Eastmont | 2:13.48 |
| 3 | Anna Dailey | 11 | Garfield | 2:13.71 |
| 4 | Erika Martin | 12 | Curtis | 2:14.40 |
| 5 | Lynelle Decker | 9 | Mountain View | 2:14.68 |
| 6 | Erin Johnson | 10 | Shorewood | 2:17.05 |
| 7 | Shannon Moskowitz | 11 | Central Kitsap | 2:18.40 |
| 8 | Taylor Kartes | 11 | Todd Beamer | 2:22.95 |

4A Girls 1,600 Meter Run

Finals

| | | | | |
|---|--------------|----|---------|---------|
| 1 | Baylee Mires | 10 | Mead | 4:56.35 |
| 2 | Sarah Lord | 12 | Redmond | 4:57.03 |
| 3 | Annie Dear | 12 | Olympia | 5:00.22 |

| | | | | |
|---|-----------------|----|---------------|---------|
| 4 | Chloe Treleven | 12 | Curtis | 5:00.98 |
| 5 | Anna Dailey | 11 | Garfield | 5:01.95 |
| 6 | Sandra Martinez | 12 | A.C. Davis | 5:02.48 |
| 7 | Alison Ponce | 12 | Henry Jackson | 5:02.83 |
| 8 | Jillian Jaccard | 12 | Redmond | 5:04.78 |

4A Girls 3,200 Meter Run

Finals

| | | | | |
|---|-------------------|----|-----------------|----------|
| 1 | Sarah Lord | 12 | Redmond | 10:30.47 |
| 2 | Chloe Treleven | 12 | Curtis | 10:37.04 |
| 3 | Sandra Martinez | 12 | A.C. Davis | 10:41.36 |
| 4 | Annie Dear | 12 | Olympia | 10:58.37 |
| 5 | Alison Ponce | 12 | Henry Jackson | 11:00.99 |
| 6 | Minna Fields | 10 | Stanwood | 11:01.38 |
| 7 | Breanna Huschka | 12 | Cascade-Everett | 11:07.91 |
| 8 | Priscilla Timmons | 10 | Skyview | 11:07.98 |

4A Girls 100 Meter Hurdles

Finals

| | | | | |
|---|-----------------|----|-----------------|-------|
| 1 | Shaquana Logan | 12 | Bellarmine Prep | 14.19 |
| 2 | Kayla Stueckle | 11 | Emerald Ridge | 14.26 |
| 3 | Tate Latimer | 11 | Tahoma | 14.88 |
| 4 | Whitney Swenson | 11 | Battle Ground | 15.04 |
| 5 | Chelsea Bourque | 11 | Southridge | 15.23 |
| 6 | Becca Berge | 10 | Inglemoor | 15.31 |
| 7 | Amber Dodd | 11 | Skyline | 15.42 |
| 8 | Maddy Fuchs | 12 | University | 15.57 |

4A Girls 300 Meter Hurdles

Finals

| | | | | |
|---|-----------------|----|---------------|--------|
| 1 | Kayla Stueckle | 11 | Emerald Ridge | 42.13R |
| 2 | Tate Latimer | 11 | Tahoma | 44.71 |
| 4 | Rachel McQuivey | 10 | Skyview | 45.00 |
| 5 | Maddy Fuchs | 12 | University | 45.38 |
| 6 | Amber Dodd | 11 | Skyline | 45.99 |
| 7 | Martha Sanford | 11 | Richland | 46.52 |
| 8 | Jacqie Evenson | 12 | Federal Way | 47.00 |

4A Girls 4x100 Meter Hurdles

Finals

| | | | | |
|---|--------------------|----|----------------------|-------|
| 1 | Bellarmine Prep | | | 47.40 |
| | 1) Sarah Hartwell | 10 | 2) Shaquana Logan | 12 |
| | 3) Midori Starks | 12 | 4) Kelly Jacka | 12 |
| | 5) Adaeze Medani | 9 | 6) Nyzhe Primas | 9 |
| 2 | Skyline | | | 48.29 |
| | 1) Kiara Williams | 12 | 2) Shealee O'Donnell | 11 |
| | 3) Kaylyn Berry | 12 | 4) Rachael Butenko | 12 |
| | 5) Amber Dodd | 11 | 6) Michelle Bretl | 10 |
| 3 | Southridge | | | 48.46 |
| | 1) Chelsea Bourque | 11 | 2) LaQuilla Upton | 11 |
| | 3) Andrea Smith | 10 | 4) Kasey McNeill | 12 |
| | 5) Brittany Hill | 12 | 6) Erica Floyd | 10 |

| | | | | |
|-------------------|----------------------|----|----------------------|-------|
| 4 Issaquah | | | | 48.85 |
| | 1) Kim Varney | 10 | 2) Haley Jacobson | 10 |
| | 3) Elaine Tran | 12 | 4) Johanna Carr | 12 |
| | 5) Sarah Hitchings | 9 | 6) Kaley Allison | 11 |
| 5 Mead | | | | 49.14 |
| | 1) Kiersten Green | 12 | 2) Tyman Grant | 9 |
| | 3) Alexa Banaugh | 11 | 4) Jazmine Redmon | 11 |
| | 5) Evie Codd | 10 | 6) Jordan Hurley | 10 |
| 6 Federal Way | | | | 49.24 |
| | 1) Chantel Dixon | 10 | 2) Tiara Fuller | 11 |
| | 3) Laneisha Robinson | 10 | 4) Jaleecia Roland | 10 |
| | 5) Molly Campbell | 11 | 6) Jacqie Evenson | 12 |
| 7 Skyview | | | | 49.44 |
| | 1) Rachel McQuivey | 10 | 2) Mary Goodwin | 12 |
| | 3) Tayah McQuivey | 11 | 4) Caitlin Leonhardt | 12 |
| | 5) Ichiko Saito | 12 | | |
| 8 Rogers-Puyallup | | | | 50.77 |
| | 1) Nichole Jones | 11 | 2) Sherelle Williams | 11 |
| | 3) Sydney Davis | 11 | 4) Kishia Mitchell | 11 |
| | 5) Anje Vandenberg | | 6) Paige Yamada | |

4A Girls 4x200 Meter Relay

Finals

| | | | | |
|-------------------|---------------------|----|----------------------|---------|
| 1 Bellarmine Prep | | | | 1:40.23 |
| | 1) Midori Starks | 12 | 2) Kelly Jacka | 12 |
| | 3) Shaquana Logan | 12 | 4) Sarah Hartwell | 10 |
| | 5) Adaeze Medani | 9 | 6) Nyzhe Primas | 9 |
| 2 Southridge | | | | 1:42.01 |
| | 1) Chelsea Bourque | 11 | 2) Andrea Smith | 10 |
| | 3) LaQuilla Upton | 11 | 4) Kasey McNeill | 12 |
| | 5) Jenna Wallace | 11 | 6) Erica Floyd | 10 |
| 3 Issaquah | | | | 1:42.54 |
| | 1) Johanna Carr | 12 | 2) Kaley Allison | 11 |
| | 3) Kim Varney | 10 | 4) Haley Jacobson | 10 |
| | 5) Elaine Tran | 12 | 6) Blaire Brady | 10 |
| 4 Federal Way | | | | 1:42.90 |
| | 1) Chantel Dixon | 10 | 2) Tiara Fuller | 11 |
| | 3) Jaleecia Roland | 10 | 4) Laneisha Robinson | 10 |
| | 5) Molly Campbell | 11 | | |
| 5 Skyview | | | | 1:43.08 |
| | 1) Rachel McQuivey | 10 | 2) Mary Goodwin | 12 |
| | 3) Tayah McQuivey | 11 | 4) Caitlin Leonhardt | 12 |
| | 5) Ichiko Saito | 12 | 6) Brittany Griffiee | 9 |
| 6 Inglemoo | 6 Inglemoo | | | 1:43.35 |
| | 1) Lindsay Johanson | 11 | 2) McKenna Grimsby | 11 |
| | 3) Tess Parent | 11 | 4) Hannah Stevenson | 10 |
| | 5) Robyn Robertson | 12 | 6) Anne Lilly | 12 |
| 7 Mead | | | | 1:43.76 |
| | 1) Kiersten Green | 12 | 2) Tyman Grant | 9 |
| | 3) Alexa Banaugh | 11 | 4) Jazmine Redmon | 11 |
| | 5) Sam Lane | 12 | 6) Jordan Hurley | 10 |
| 8 Richland | | | | 1:45.45 |

| | | | |
|---------------------|----|-------------------|----|
| 1) Chynna Dickey | 10 | 2) Shaniae Lakes | 12 |
| 3) Shallynn Jackson | 12 | 4) Martha Sanford | 11 |
| 5) Sydni Jamerson | 9 | 6) Sam Alderman | 12 |

4A Girls 4x400 Meter Relay

Finals

| | | | | |
|-----------------------|-----------------------|----|--------------------|---------|
| 1 Mead | | | | 3:54.55 |
| | 1) Alexa Banaugh | 11 | 2) Krissy Hund | 12 |
| | 3) Jazmine Redmon | 11 | 4) Baylee Mires | 10 |
| | 5) Sam Lane | 12 | 6) Tyman Grant | 9 |
| 2 Newport-Bellevue | | | | 3:57.33 |
| | 1) Devan Paxton | 12 | 2) Alisa Poplawski | 9 |
| | 3) Mary Carr | 9 | 4) Jasmine Cho | 12 |
| | 5) Sabine Whitney | 10 | 6) Emily Albrecht | 11 |
| 3 Kentwood | | | | 4:00.48 |
| | 1) Alena Davis | 10 | 2) Kyra Gaines | 12 |
| | 3) Megan McNally | 9 | 4) Dana Wareham | 11 |
| | 5) Holly DeHart | 10 | 6) Savannah Luther | 9 |
| 4 Gonzaga Prep | | | | 4:01.01 |
| | 1) Caitlin Padon | 11 | 2) Megan Lindsay | 12 |
| | 3) Kjirsten Magnuson | 10 | 4) Alicia Doohan | 11 |
| | 5) Jessica Bennett | 9 | 6) Isabel Pennings | 12 |
| 5 Woodinville | | | | 4:01.48 |
| | 1) April Dick | 11 | 2) Amanda Coba | 10 |
| | 3) Maddie Graham | 10 | 4) McKenzie Luth | 11 |
| | 5) Jenna McDevitt | 10 | 6) Anna Billmaier | 11 |
| 6 Marysville-Pilchuck | | | | 4:02.93 |
| | 1) Alexandra McDonald | 12 | 2) Summer Cull | 9 |
| | 3) Dacia Heckendorf | 10 | 4) Alisha Oden | 11 |
| | 5) Cali Cull | 11 | 6) Farrah Bradley | 9 |
| 7 Eastmont | | | | 4:03.39 |
| | 1) Hannah Moreland | 10 | 2) Taylor Reynolds | 10 |
| | 3) Sydney Schwilke | 11 | 4) Nikki Dotter | 12 |
| | 5) Emily Frasier | 10 | 6) Olivia Rodgers | 9 |
| 8 Central Kitsap | | | | 4:04.76 |
| | 1) Rebekah Daniel | 11 | 2) Alanna Flynn | 10 |
| | 3) Shannon Moskowitz | 11 | 4) Allie Rue | 12 |
| | 5) Christina Woldberg | 12 | 6) Megan Denis | 11 |

4A Girls High Jump

Finals

| | | | |
|--------------------|----|---------------|----------|
| 1 Christine Rice | 12 | Mountain View | 5-10.00 |
| 2 Melanie Vertrees | 12 | Kent Meridian | 5-08.00 |
| 3 Tayler Fettig | 10 | Olympia | 5-05.00 |
| 4 Laura Tesch | 12 | Kentridge | 5-04.00 |
| 5 Charnele Odingo | 12 | Bothell | 5-02.00 |
| 5 Audrey Ketcham | 9 | Wenatchee | 5-02.00 |
| 5 Maggie Pietka | 12 | Mountain View | 5-02.00 |
| 8 Sarah Stoker | 11 | Olympia | J5-02.00 |
| 8 Kira Winston | 12 | Mead | J5-02.00 |
| 8 Elise Jepsen | 12 | Kamiakin | J5-02.00 |

4A Girls Pole Vault

Finals

| | | | | |
|----|-------------------|----|---------------------|-----------|
| 1 | Jessica Christian | 12 | Richland | 11-09.00 |
| 2 | Kelsey Bueno | 11 | Kent Meridian | J11-09.00 |
| 3 | Tasha Clark | 11 | Mead | 11-06.00 |
| 4 | Rachel Wirtz | 12 | Newport-Bellevue | 11-03.00 |
| 5 | Rebecca Turnbow | 11 | Auburn Riverside | 11-00.00 |
| 6 | Amy Sturdivant | 12 | Redmond | 10-06.00 |
| 6 | Emma Vidmar | 11 | Central Valley | 10-06.00 |
| 8 | Eva Perry | 9 | Issaquah | 10-00.00 |
| 8 | Alecia Longsine | 10 | Monroe | 10-00.00 |
| 8 | Sarah Clark | 11 | Marysville-Pilchuck | 10-00.00 |
| 11 | Jamie Larsen | 12 | Kentwood | J10-00.00 |
| 12 | Annie Culverwell | 12 | Mountain View | J10-00.00 |

4A Girls Long Jump

Finals

| | | | | |
|---|------------------|----|---------------|----------|
| 1 | Andrea Geubelle | 12 | Curtis | 19-04.00 |
| 2 | Kaylyn Berry | 12 | Skyline | 18-02.25 |
| 3 | Kayla Stueckle | 11 | Emerald Ridge | 18-00.25 |
| 4 | Savannah Johnson | 12 | Tahoma | 17-10.25 |
| 5 | Natalie Lambert | 12 | Eastlake | 17-03.00 |
| 6 | Tess Parent | 11 | Inglemoor | 17-02.25 |
| 7 | Emily Walters | 11 | Olympia | 17-01.25 |
| 8 | Shantae Young | 11 | Oak Harbor | 16-11.50 |

4A Girls Triple Jump

Finals

| | | | | |
|---|------------------|----|------------|----------|
| 1 | Andrea Geubelle | 12 | Curtis | 40-11.75 |
| 2 | Shaniae Lakes | 12 | Richland | 38-11.75 |
| 3 | Savannah Johnson | 12 | Tahoma | 37-10.25 |
| 4 | Chawncy McClenan | 12 | Heritage | 37-10.00 |
| 5 | Tess Parent | 11 | Inglemoor | 37-09.75 |
| 6 | Emily Walters | 11 | Olympia | 37-03.00 |
| 7 | Shantae Young | 11 | Oak Harbor | 36-03.00 |
| 8 | Kayla Davis | 12 | Kelso | 36-02.25 |

4A Girls Shot Put

Finals

| | | | | |
|---|-------------------|----|------------------|----------|
| 1 | Kayla Adams | 10 | Thomas Jefferson | 41-01.00 |
| 2 | Jackie Brown | 12 | Bethel | 41-00.00 |
| 3 | Jessica Bush | 11 | Eisenhower | 40-08.75 |
| 4 | Krystall Fowler | 11 | Lincoln | 40-08.25 |
| 5 | Gabi Dixson | 12 | Battle Ground | 39-11.00 |
| 6 | Danielle Tabb | 10 | Bethel | 38-03.75 |
| 7 | Trista Peterson | 12 | Stanwood | 38-02.50 |
| 8 | Ashley Willoughby | 12 | Richland | 36-10.25 |

4A Girls Discus Throw

Finals

| | | | | |
|---|----------------|----|---------------|--------|
| 1 | Gabi Dixson | 12 | Battle Ground | 135-04 |
| 2 | Alexa Lindseth | 11 | Joel Ferris | 124-08 |

| | | | | |
|---|----------------|----|------------------|--------|
| 3 | Jessica Bush | 11 | Eisenhower | 123-00 |
| 4 | Kayla Adams | 10 | Thomas Jefferson | 119-09 |
| 5 | Brittany Jones | 12 | Cascade-Everett | 119-08 |
| 6 | Jackie Brown | 12 | Bethel | 119-06 |
| 7 | Natalie Kylo | 11 | Joel Ferris | 115-09 |
| 8 | Bethani Braun | 12 | Central Kitsap | 109-05 |

4A Girls Javelin Throw

Finals

| | | | | |
|---|------------------------|----|------------------|--------|
| 1 | Brooke Randall | 12 | Eastmont | 141-04 |
| 2 | Emilee Deishl | 12 | Central Valley | 141-03 |
| 3 | Kenna Ross | 12 | Walla Walla | 129-00 |
| 4 | Stephanie Van Slageren | 10 | Arlington | 128-02 |
| 5 | Kaci Jones | 9 | Stanwood | 127-03 |
| 6 | Kayla Smith | 12 | Battle Ground | 125-00 |
| 7 | Ally Mueller | 12 | Redmond | 123-10 |
| 8 | Kendra Ansotigue | 11 | Thomas Jefferson | 122-02 |

2009 4A Girls Track & Field Team Finals

| | | |
|-----|------------------|------|
| 1) | Bellarmine Prep | 56 |
| 2) | Curtis | 48 |
| 3) | Mead | 42.3 |
| 4) | Emerald Ridge | 30 |
| 5) | Skyline | 29 |
| 6) | Issaquah | 28.3 |
| 7) | Tahoma | 28 |
| 8) | Redmond | 23.5 |
| 9) | Newport-Bellevue | 23 |
| 10) | Olympia | 22.3 |
| 11) | Battle Ground | 22 |
| 11) | Richland | 22 |
| 13) | Southridge | 20 |
| 13) | Eastmont | 20 |
| 15) | Mountain View | 17 |
| 16) | Kent Meridian | 16 |
| 16) | Thomas Jefferson | 16 |
| 16) | Joel Ferris | 16 |
| 19) | Bethel | 15 |
| 20) | Inglemoor | 13 |
| 20) | Kentwood | 13 |
| 22) | Skyview | 12 |
| 22) | Woodinville | 12 |
| 22) | Eisenhower | 12 |
| 25) | Central Valley | 10.5 |
| 26) | Garfield | 10 |
| 27) | Stanwood | 9 |
| 27) | Federal Way | 9 |
| 27) | A.C. Davis | 9 |
| 30) | Rogers-Puyallup | 8 |
| 31) | Walla Walla | 6 |
| 31) | Cascade-Everett | 6 |

| | | |
|-----|---------------------|------|
| 31) | Henry Jackson | 6 |
| 34) | Marysville-Pilchuck | 5.33 |
| 35) | Pasco | 5 |
| 35) | Heritage | 5 |
| 35) | Lincoln | 5 |
| 35) | Arlington | 5 |
| 35) | University | 5 |
| 35) | Kentridge | 5 |
| 35) | Gonzaga Prep | 5 |
| 42) | Central Kitsap | 4 |
| 42) | Eastlake | 4 |
| 42) | Gig Harbor | 4 |
| 42) | Auburn Riverside | 4 |
| 46) | Oak Harbor | 3 |
| 46) | Wenatchee | 3 |
| 46) | Bothell | 3 |
| 46) | Shorewood | 3 |
| 50) | Todd Beamer | 1 |
| 50) | Kelso | 1 |
| 52) | Monroe | 0.33 |
| 52) | Kamiakin | 0.33 |