

**2004 WIAA/Dairy Farmers of Washington/Les Schwab Tires
2A Boys Track & Field Championships**

2A Boys 100 Meter Dash

Finals

1	Joey Greene	12	Mount Baker	11.41
2	Zach Dorr	12	Toppenish	11.50
3	Tyler Watts	12	Kiona-Benton	11.53
4	Tony Yeaw	11	Newport	11.54
5	Nick Plastino	12	South Whidbey	11.58
6	David Hamilton	12	Eatonville	11.75
7	Matt Rogstad	12	East Valley	11.78
8	Marty Hodneland	11	Deer Park	11.91

2A Boys 200 Meter Dash

Finals

1	Joey Greene	12	Mount Baker	22.47
2	Tyler Watts	12	Kiona-Benton	22.69
3	Cody Ramey	12	Foster	22.84
4	Tony Yeaw	11	Newport	23.03
5	Zach Dorr	12	Toppenish	23.22
6	Brandon Propeck	12	Medical Lake	23.30
7	Ben Hanson	12	Ephrata	23.72
8	David Hamilton	12	Eatonville	24.13

2A Boys 400 Meter Dash

Finals

1	Brendan Cassleman	11	Pullman	50.94
2	Brandon Propeck	12	Medical Lake	51.55
3	Rusty Kroon	11	Lynden Christian	51.73
4	Mike Thomas	12	Ephrata	51.87
5	Garrett Binion	12	Ilwaco	51.95
6	Mulubrehan Doelman	12	Rochester	51.98
7	Evan Johnson	10	South Whidbey	52.76
8	Tony Chapin	11	Kiona-Benton	53.04

2A Boys 800 Meter Run

Finals

1	Phil Hinrichs	12	Pullman	1:56.64
2	Mike Dols	11	Chelan	1:58.59
3	Scott Traynor	11	Medical Lake	1:59.40
4	Blake Herron	12	Connell	1:59.81
5	Matt Lovrin		White Salmon	2:00.28
6	Jason Sallas	11	Chelan	2:01.49
7	Keith Williams	12	Mount Baker	2:01.83
8	Chris Sutton	12	Naches Valley	2:02.11
9	J.D. Peters	10	South Whidbey	2:03.92

2A Boys 1,600 Meter Run

Finals

1	Phil Hinrichs	12	Pullman	4:19.17
2	Saul Hansen	12	Riverside	4:26.88
3	J.D. Peters	10	South Whidbey	4:34.23
4	Lucas Massey	12	Tenino	4:35.37
5	Adrian Ramirez	11	Toppenish	4:35.66

6 James Sundquist	12	South Whidbey	4:36.48
7 Erik Burck	11	Ephrata	4:37.91
8 Jon Gasbar	11	Cashmere	4:39.63
9 Tyler Rapp	10	Lakewood	4:46.12
10 Nolan Mulvaney	12	Elma	4:46.73
11 Casey Masters		Klahowya	4:47.37
12 Jacob Lesser		Port Townsend	4:47.80
13 John Hayes	10	Ilwaco	4:48.00
14 Jared Moe		Montesano	4:50.36
15 Kyle Ryan		Klahowya	4:51.00
-- Mike Dols	11	Chelan	DQ

2A Boys 3,200 Meter Run

Finals

1 James Sundquist	12	South Whidbey	9:51.44
2 Saul Hansen	12	Riverside	9:52.15
3 Adrian Ramirez	11	Toppenish	9:58.10
4 Lucas Massey	12	Tenino	9:59.75
5 Pawel Szafruga	11	Pullman	10:06.41
6 Erik Burck	11	Ephrata	10:13.79
7 Isaac Love	12	Naches Valley	10:17.08
8 Neil Hollo	12	Granite Falls	10:22.75
9 Nolan Mulvaney	12	Elma	10:25.91
10 Casey Masters		Klahowya	10:27.71
11 Jesus Santiago	11	Quincy	10:39.17
12 Jared Moe		Montesano	10:45.00
13 William Hensey	12	Pt. Townsend	10:50.62
14 Andrew Holmes	10	La Center	10:54.28
15 Devon Buckham	11	Port Townsend	10:56.28
-- R.B. Wick	11	Mount Baker	DQ

2A Boys 110 Meter Hurdles

Finals

1 Ian Weber	11	Newport	15.59
2 JD Kottwitz	12	Medical Lake	15.63
3 Justin Emel	10	Newport	15.68
4 Colby Davies	11	Steilacoom	15.79
5 Steven Dorman	12	Connell	15.88
6 Clint Conant	11	Eatonville	16.20
7 Donald Peters	11	Toppenish	16.47
8 Buddy Penor	12	Kiona-Benton	16.97

2A Boys 300 Meter Hurdles

Finals

1 Donald Peters	11	Toppenish	40.44
2 Daniel Sullivan	10	Foster	41.34
3 Kevin Larson	11	Cashmere	41.39
4 A.J. Cobb		Klahowya	41.87
5 JD Kottwitz	12	Medical Lake	42.32
6 Clint Conant	11	Eatonville	42.83
7 Jenner Bryant	12	Lynden Christian	43.12
8 Justin Emel	10	Newport	45.22

2A Boys 4x100 Meter Relay

Finals

1 Medical Lake					43.88
	1) Curtis Stolworthy	12	2) Roman Bullock	11	
	3) JD Kottwitz	12	4) Brandon Propeck	12	
2 Toppenish					43.96
	1) Chris Gonzales	12	2) Zach Dorr	12	
	3) Ray Garza	11	4) Donald Peters	11	
3 East Valley					44.03
	1) Mike Corral	11	2) Matt Snell	11	
	3) Kenny Toye	12	4) Matt Rogstad	12	
4 Kiona-Benton					44.14
	1) Del Williams	10	2) Justin Bedford	12	
	3) Stuart Allen	12	4) Tyler Watts	12	
5 Eatonville					44.27
	1) Loren Billdt	12	2) David Hamilton	12	
	3) Clint Conant	11	4) Ben Tugend	9	
6 Newport					44.78
	1) Justin Emel	10	2) Tony Yeaw	11	
	3) Ian Weber	11	4) Dylan Anderson	11	
7 South Whidbey					44.84
	1) Evan Johnson	10	2) Kyle McGillen	12	
	3) Nick Plastino	12	4) Adam Tenuta	11	
8 Ephrata					45.23
	1) Ben Hanson	12	2) Mike Thomas	12	
	3) Eric Paulson	11	4) Dom Nicholson	10	

3A Boys 4x400 Meter Relay

Finals

1 Pullman					3:26.61
	1) Chris Jamison	11	2) Ashton Gant	10	
	3) Phil Hinrichs	12	4) Brendan Cassleman	11	
2 Medical Lake					3:26.95
	1) Brandon Propeck	12	2) Roman Bullock	11	
	3) JD Kottwitz	12	4) Scott Traynor	11	
3 Chelan					3:29.60
	1) Kris Baker	9	2) Mike Dols	11	
	3) Jason Sallas	11	4) Alex Rutter	12	
4 Kiona-Benton					3:32.61
	1) David Shrives	10	2) Tony Chapin	11	
	3) Holden Leavitt	10	4) Del Williams	10	
5 Cashmere					3:33.32
	1) Kevin Larson	11	2) Vidal Hurtado	10	
	3) Jon Gasbar	11	4) Wyatt Gjullin	12	
6 Ephrata					3:34.60
	1) Mike Thomas	12	2) C.J. Sharpe	10	
	3) Erik Burck	11	4) Matt Stredwick	11	
7 Ilwaco					3:35.30
	1) Jordan Williams	10	2) Dylan Wirkkala	10	
	3) David Casper	9	4) Garrett Binion	12	
8 Mount Baker					3:40.23
	1) Morgan Longwell	11	2) R.B. Wick	11	
	3) Michael Millson	9	4) Keith Williams	12	

2A Boys High Jump

Finals

1 Kyle McGillen	12	South Whidbey	6-05.00
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2	Carl Jonsson	12	Elma	6-00.00
2	Jarin Price	9	Connell	6-00.00
4	Sky Hoff	12	Ridgefield	J6-00.00
4	Woody Wilson	12	Steilacoom	J6-00.00
6	Tom Wilson	12	Castle Rock	J6-00.00
6	Nick Edmonds	11	Cashmere	J6-00.00
6	Stacy Brotherson	12	Rochester	J6-00.00
9	Jon Reynolds	11	Ephrata	5-10.00
9	Ryan Lane	12	Pullman	5-10.00
11	Matt Stredwick	11	Ephrata	J5-10.00
12	Morgan Longwell	11	Mount Baker	5-08.00
13	Rocky Alexander		Klahowya	J5-08.00
13	Travis Slatton	9	Eatonville	J5-08.00
15	Jordan Streitler	10	South Whidbey	J5-08.00
16	Tim Sparling	10	Chewelah	J5-08.00

2A Boys Pole Vault

Finals

1	Joel Omlin	12	Quincy	14-09.00
2	Kit Schumann	12	Blaine	14-00.00
3	Peter Van Wie	10	Pullman	13-06.00
4	Gabe Chavez	10	Hoquiam	13-00.00
5	Adam Redmond	12	Port Townsend	12-06.00
5	Tim Harvey	11	Nooksack Valley	12-06.00
7	Konrad Kauer	11	Kiona-Benton	J12-06.00
8	Kyle Descher	12	Hoquiam	12-00.00
9	Kyle Rifenberry	12	Ephrata	J12-00.00
10	Wyatt Gjullin	12	Cashmere	J12-00.00
11	Chandler Inslee	10	Meridian	11-06.00
12	Bryan Overra	11	Eatonville	9-06.00
12	Lenny Medina	10	Hoquiam	9-06.00
14	Ricky Luekeman	12	Eatonville	9-00.00
15	Steve Waters	10	Stevenson	J9-00.00
--	Anthony Allen	11	Lakeside	NH

2A Boys Long Jump

Finals

1	Kyle McGillen	12	South Whidbey	22-11.00
2	Ashton Gant	10	Pullman	22-07.00
3	Tyler Watts	12	Kiona-Benton	22-03.50
4	Zach Dorr	12	Toppenish	20-10.75
5	Stuart Allen	12	Kiona-Benton	20-07.25
6	Curtis Stolworthy	12	Medical Lake	20-06.75
7	David Hamilton	12	Eatonville	20-04.25
8	Mike Corral	11	East Valley	20-04.00
9	Travis Tornga	12	South Whidbey	19-10.25
10	Matt Wheeler	12	Castle Rock	19-07.25
11	Kyle Kinder	11	Mount Baker	19-04.25
12	Sam Rucker		Klahowya	18-09.00
13	Ty Thompson		Montesano	18-02.00
14	Jeremy Walker	10	Hoquiam	17-07.75
15	Isaac Solaita		Klahowya	16-08.25
16	Sky Hoff	12	Ridgefield	15-08.00

2A Boys Triple Jump

Finals

1	Kyle McGillen	12	South Whidbey	44-09.75
2	Steven Wesley	11	Medical Lake	44-05.00
3	Ashton Gant	10	Pullman	43-04.50
4	Stuart Allen	12	Kiona-Benton	41-01.50
5	Anivan Estrada	11	Chelan	40-09.50
6	Kyle Kinder	11	Mount Baker	40-08.00
7	Brian Dotson	11	Foster	39-09.75
8	Stacy Brotherson	12	Rochester	39-04.50
9	Ty Thompson		Montesano	38-10.50
10	Pat Clune	11	Sultan	38-05.00
11	John-Mark Chittwo	10	Steilacoom	38-00.00
12	Jarin Price	9	Connell	37-05.50
13	Jeremy Walker	10	Hoquiam	37-03.75
14	Loren Billdt	12	Eatonville	36-09.00
15	Jesse Raines		Montesano	36-07.50
--	Jeremy Cheever	12	Cashmere	DQ

2A Boys Shot Put

Finals

1	Dustin Knight	12	Meridian	52-01.00
2	Mike Torie	12	Lakewood	50-05.75
3	Nathaniel Nielsen	12	Sultan	50-01.50
4	Corey Kuhlman		Ridgefield	50-00.00
5	Zach Hatton	11	Naches Valley	49-08.75
6	Donald Benz	12	Colville	49-03.50
7	Justin Bedford	12	Kiona-Benton	49-01.50
8	Josh Lloyd	11	Kiona-Benton	47-11.75
9	Joel Garza	12	Othello	47-07.50
10	Brandon Varkavisse	12	Castle Rock	46-06.00
11	John Nave	12	Riverside	45-09.00
12	Derek Schluter	12	Steilacoom	45-02.00
13	Jeremy Fleming	12	Stevenson	44-11.25
14	Robert Saner	12	Steilacoom	42-05.00
15	Tyler Holtman		Chimacum	41-09.75
--	Kiel Greenleaf	12	Woodland	FOUL

2A Boys Discus Throw

Finals

1	Matt Valdez	12	Toppenish	157-10
2	Robert Saner	12	Steilacoom	155-04
3	Travis Montgomery	12	Chewelah	150-08
4	John Nave	12	Riverside	144-05
5	Jeremy Fleming	12	Stevenson	140-10
6	Joel Garza	12	Othello	140-03
7	Justin Bedford	12	Kiona-Benton	139-06
8	Craig Richardson		Ridgefield	139-02
9	Mark Mathews	11	Connell	136-08
10	Gene Piffero	12	Hoquiam	136-03
11	Kiel Greenleaf	12	Woodland	133-06
12	Dustin Knight	12	Meridian	130-07
13	Nathaniel Nielsen	12	Sultan	122-03
14	Tyler Holtman		Chimacum	119-07
--	Jono Parkhurst	11	Orting	FOUL
--	Mike Torie	12	Lakewood	FOUL

2A Boys Javelin Throw

Finals

1	Travis Tornga	12	South Whidbey	172-01
2	Adam Togstad	11	Lakewood	170-02
3	Kyle Mitchell	11	Nooksack Valley	168-08
4	Ben Reifel	11	East Valley	166-06
5	Bryon Allen	9	Ephrata	160-06
6	Tyler Williams	12	Colville	158-06
7	Cole Wimbles	12	Eatonville	153-07
8	Alex Schlosser	11	Ridgefield	153-05
9	Ingnacio Castaneda	10	Toppenish	152-02
10	Shawn Cole	12	Forks	151-06
11	John Brel	12	Pullman	150-10
12	Josh Baker	12	Woodland	149-01
13	Shad Frazier	11	Cashmere	146-10
14	Andy Glessing	12	Port Townsend	143-00
15	Jared Collins		Montesano	139-11
16	Woody Wilson	12	Steilacoom	125-05

2004 2A Boys Track & Field Team Finals

1)	South Whidbey	67
2)	Pullman	64
3)	Medical Lake	58
4)	Toppenish	57
5)	Kiona-Benton	48
6)	Newport	30
7)	Mount Baker	26
8)	Chelan	21
8)	Riverside	21
10)	Ephrata	20
1)	Eatonville	18
12)	Steilacoom	17.5
13)	Lakewood	16
13)	Connell	16
13)	Foster	16
16)	East Valley	14
17)	Cashmere	13
18)	Ridgefield	11.5
19)	Quincy	10
19)	Tenino	10
19)	Meridian	10
22)	Nooksack Valley	9.5
23)	Lynden Christian	8
23)	Blaine	8
25)	Naches Valley	7
25)	Elma	7
27)	Sultan	6
27)	Chewelah	6
27)	Hoquiam	6
27)	Rochester	6
27)	Colville	6
27)	Ilwaco	6
33)	Klahowya	5
34)	White Salmon	4

34) Stevenson	4
36) Port Townsend	3.5
37) Othello	3
38) Castle Rock	2
39) Deer Park	1
39) Granite Falls	1

**2004 WIAA/Dairy Farmers of Washington/Les Schwab Tires
2A Girls Track & Field Championships**

2A Girls 100 Meter Dash

Finals

1	Krystal Deyo	10	Castle Rock	12.8h
2	Selena Galaviz	12	Toppenish	12.9h
3	Mele Rich	10	Steilacoom	13.0h
4	Chelsey York	10	Sultan	13.3h
5	Andrea Muehling	12	Pullman	J13.3h
6	Katie Holmes	12	Ilwaco	13.5h
7	Gwenna Carie	9	Cascade	J13.5h
8	Rylee Walker	9	Stevenson	13.6h

2A Girls 200 Meter Dash

Finals

1	Selena Galaviz	12	Toppenish	25.98
2	Crystal Wojtysiak	12	Rochester	26.45
3	Chelsey York	10	Sultan	26.54
4	Amanda Boblick	12	Riverside	26.73
5	Katie Fischer	12	Cashmere	26.81
6	Mele Rich	10	Steilacoom	26.87
7	Katie Holmes	12	Ilwaco	26.93
8	Brittney Casper	11	Connell	27.6

2A Girls 400 Meter Dash

Finals

1	Selena Galaviz	12	Toppenish	59.19
2	Anna Friedges	12	Steilacoom	59.83
3	Bridgette Sexton	12	La Center	1:01.04
4	Kara Pein	12	Colville	1:01.24
5	Katherine East	10	South Whidbey	1:01.29
6	Blake Loos	9	Othello	1:01.36
7	Mandi Millman	10	Mount Baker	1:02.07
8	Stephanie Weed	11	Forks	1:06.99

2A Girls 800 Meter Run

1	Andrea Brown	12	Mount Baker	2:16.90
2	Anna Friedges	12	Steilacoom	2:18.77
3	Tara Ward	12	Woodland	2:19.53
4	McKinnon Hanson	12	Forks	2:22.18
5	Mandi Millman	10	Mount Baker	2:22.53
6	Christianne Casper	10	Connell	2:23.10
7	Wendy Overton	12	Elma	2:24.78
8	Karin Rhode	12	Mount Baker	2:25.11

2A Girls 1,600 Meter Run

Finals

1	Andrea Brown	12	Mount Baker	5:12.56
2	Tara Ward	12	Woodland	5:14.22
3	Cydney Knight	9	Connell	5:16.08
4	Karin Rhode	12	Mount Baker	5:17.44

5	Tess Grannemann	9	Hoquiam	5:18.74
6	Katie Campbell	11	Deer Park	5:25.79
7	Whitney Esparza	10	Cascade	5:27.95
8	Alice Peterson	10	Port Townsend	5:28.36
9	Nancy Godsey	11	South Whidbey	5:35.22
10	Hannah Granger	9	Port Townsend	5:36.07
11	Katelynn Joachims	9	Ephrata	5:37.42
12	Mallory Udelhofen	11	East Valley	5:47.46
13	Beth Mathison	9	Pullman	5:52.96
14	Sarah Davis	12	La Center	5:54.74
15	Jessica Caton	12	La Center	6:12.12
16	Amber Powers	10	Port Townsend	6:18.18

2A Girls 3,200 Meter Run

Finals

1	Cydney Knight	9	Connell	11:21.78
2	Karin Rhode	12	Mount Baker	11:23.43
3	Whitney Esparza	10	Cascade	11:45.03
4	Katie Campbell	11	Deer Park	11:45.42
5	Hannah Granger	9	Port Townsend	11:52.10
6	Tess Grannemann	9	Hoquiam	11:53.94
7	Tracy Bowen	11	Riverside	12:00.33
8	Michelle Fitts	12	Connell	12:04.06
9	Ashley Mulvaney	12	Elma	12:13.27
10	Bailey Wilson	11	Mount Baker	12:13.78
11	Zosha Falteisek	10	Cashmere	12:14.47
12	Kaitlin Rhode	12	Mount Baker	12:14.59
13	Cecelia Newman		Ridgefield	12:59.60
14	Amber Powers	10	Port Townsend	13:08.09
15	Jessica Caton	12	La Center	13:12.18
16	Rosie Meeker		Klahowya	13:23.79

2A Girls 100 Meter Hurdles

Finals

1	Cassie Merkley	11	Cascade	15.22
2	Amber Nash	12	Lakewood	15.71
3	Lindsay Myron	9	Pullman	16.12
4	Ashley Hubenthal	11	Woodland	16.21
5	Lacey Williams	11	Cashmere	16.32
6	Alisse Gregson	11	East Valley	16.51
7	Breanna Nielsen	12	Stevenson	16.71
8	Katy McGillen	12	South Whidbey	17.92

2A Girls 300 Meter Hurdles

Finals

1	Amber Nash	12	Lakewood	45.60
2	Brittney Casper	11	Connell	45.67
3	Lindsay Myron	9	Pullman	46.34
4	Charley Brinkman	10	Lakeside	46.66
5	Kara Jackson	12	Cashmere	46.81
6	Tanya Baker	11	La Center	47.05
7	Caitlin McGrane	10	Colville	47.50

8 Carrie Rosenquist 10 Port Townsend 48.3

2A Girls 4x100 Meter Relay

Finals

1 Steilacoom					50.34
	2) Mele Rich	10			
	4) Sarah Litt	12			
2 Rochester					50.69
	1) Katie Vliet	11	2) Crystal Wojtysiak	12	
	3) Garienn Watson	10	4) Tira Sabandal	12	
3 Pullman					50.72
	1) Danielle Haynes	10	2) Amy Bergley	9	
	3) Amanda Pflugrad	10	4) Andrea Muehling	12	
4 Lynden Christian					50.94
	1) Shanna Honcoop	9	2) Natalie Feenstra	11	
	3) Julie Bratt	11	4) Riley DeHoog	12	
5 Sultan					51.21
	1) Katie McKenna	9	2) Molly Sumpter	10	
	3) Amanda Burnside	10	4) Chelsey York	10	
6 Lakewood					51.56
	1) Amber Nash	12	2) Katherine Chamley	12	
	3) Michelle Howe	9	4) Rheena McNeese	11	
7 White Salmon					51.64
	1) Abby Zuck	11	2) Meghan McCutcheon	12	
	3) Alycia Rohwer	10	4) Alexa Williams	12	
8 Ephrata					52.32
	1) Sara Laughlin	12	2) Ashley Nelson	10	
	3) Emily Lewellyn	10	4) Brittany Jensen	9	

2A Girls 4x200 Meter Relay

Finals

1 Steilacoom					1:46.30
	1) Mele Rich	10	2) Elaine Thomas		
	3) Teresa Javillionar	9	4) Sarah Litt	12	
2 South Whidbey					1:46.82
	1) Hope Richards	9	2) Nicole Mock	12	
	3) Sarah Olson	10	4) Katherine East	10	
3 Pullman					1:48.37
	1) Andrea Dickens	11	2) Nicole Brelsford	12	
	3) Amanda Pflugrad	10	4) Andrea Muehling	12	
4 Castle Rock					1:48.50
	1) Jessica Brassard	10	2) Darcy Davidson	10	
	3) Miriam Ayoub	11	4) Krystal Deyo	10	
5 Sultan					1:49.26
	1) Molly Sumpter	10	2) Amanda Burnside	10	
	3) Nicole Elliott	12	4) Chelsey York	10	
6 Rochester					1:49.27
	1) Katie Vliet	11	2) Tira Sabandal	12	
	3) Ashlee Weaver	11	4) Crystal Wojtysiak	12	
7 Cashmere					1:49.55
	1) Katie Fischer	12	2) Lacey Williams	11	
	3) Brittany Ingham	9	4) Kara Jackson	12	

8 Naches Valley				1:49.77
	1) Megan Mortimer	9	2) Monique Wickenhagen	9
	3) Kelsey Baird	11	4) Alli Huwe	11

2A Girls 4x400 Meter Relay

Finals

1 Steilacoom				4:06.13
	1) Caroline Bisk	11	2) Elaine Thomas	
	3) Anna Friedges	12	4) Sarah Litt	12
2 Lynden Christian				4:10.78
	1) Shanna Honcoop	9	2) Natalie Feenstra	11
	3) Riley DeHoog	12	4) Julie Bratt	11
3 Mount Baker				4:10.83
	1) Nichole Heuss	12	2) Johanna Norstadt	9
	3) Mandi Millman	10	4) Andrea Brown	12
4 Pullman				4:10.90
	1) Andrea Dickens	11	2) Danielle Druffel	10
	3) Hanna Van de Vord	12	4) Andrea Muehling	12
5 Cascade				4:14.72
	1) Gwenna Carie	9	2) Erin Nash	9
	3) Crystal Chick	10	4) Whitney Esparza	10
6 Lakeside				4:16.29
	1) Kellie Cummings	10	2) Erin Dunn	10
	3) Magen Warlick	9	4) Charley Brinkman	10
7 Woodland				4:22.04
	1) Kylie Brusco	9	2) Ashley Kofstad	9
	3) Alysha Kofstad	9	4) Tara Ward	12
8 La Center				4:30.59
	1) Liz Newman	12	2) Sarah Davis	12
	3) Jessica Caton	12	4) Tanya Baker	11

2A Girls High Jump

Finals

1 McKinnon Hanson	12	Forks	5-07.00@
2 Cassie Merkley	11	Cascade	5-05.00@
3 Alexa Williams	12	White Salmon	5-04.00@
4 Angie Alvord	11	Meridian	J5-04.00@
5 Ashley Price	12	Connell	5-02.00
6 Katy McGillen	12	South Whidbey	J5-02.00
7 Meagan Christain	11	Riverside	5-01.00
8 Natalie Clark	9	Chelan	4-10.00
9 Mackenzie Smith	9	Hoquiam	J4-10.00
10 Mackenzie Johnson	10	Deer Park	J4-10.00
11 Rachel Templeton	11	Elma	4-08.00
12 Rheena McNeese	11	Lakewood	J4-08.00
13 Emily Radka		Chimacum	4-06.00
14 Ashley Walker	9	Othello	J4-06.00
14 Sarah Henry	11	Orting	J4-06.00
16 Courtney Ellis		Chimacum	4-04.00

2A Girls Pole Vault

Finals

1	Stephanie Whitsil	12	Chelan	11-03.00@
2	Afton Reynolds	12	Ephrata	11-00.00@
3	Kara Jackson	12	Cashmere	10-06.00
4	Erin Lippie	10	Blaine	J10-06.00
5	Katrina Walker	12	Lakeside	9-09.00
6	Alaina Green		Ridgefield	9-00.00
7	Breanna Nielsen	12	Stevenson	J9-00.00
8	Brittany Ingham	9	Cashmere	J9-00.00
9	Tirzah Spackman	12	Riverside	J9-00.00
10	Riley DeHoog	12	Lynden Christian	8-00.00
11	Kimberly Harmening	12	Blaine	J8-00.00
12	Chandra Redmond	10	Port Townsend	7-06.00
13	Brooke Fincken	10	Woodland	7-00.00
14	Becca Reynolds	12	Hoquiam	6-06.00

2A Girls Long Jump

Finals

1	Tara Ward	12	Woodland	17-08.25
2	Julie Bratt	11	Lynden Christian	17-08.00
3	Cassie Merkley	11	Cascade	17-05.50
4	Alli Huwe	11	Naches Vallley	17-04.75
5	Bridgette Sexton	12	La Center	16-09.50
6	Krystal Deyo	10	Castle Rock	16-06.00
7	Monique Wickenhage	9	Naches Valley	16-04.75
8	Emily Lewellyn	10	Ephrata	16-04.50
9	Breanna Nielsen	12	Stevenson	16-03.00
10	Molly Sumpter	10	Sultan	15-11.50
11	Danielle Haynes	10	Pullman	15-10.50
12	Jennifer Nagy	12	Riverside	15-06.00
13	Alisha Fisher	9	Blaine	15-01.50
14	Hallie Pearson	9	Vashon	14-05.75
15	Desiree Gunn	11	Steilacoom	14-00.25
16	Kathryn Haines	10	Port Townsend	13-10.25

2A Girls Triple Jump

Finals

1	Lindsay Myron	9	Pullman	35-11.50
2	Lexie Fairbanks	9	Pullman	35-10.25
3	Julie Bratt	11	Lynden Christian	34-07.50
4	Emily Lewellyn	10	Ephrata	34-04.25
5	Katie Mansfield		White Salmon	34-03.50
6	Katy McGillen	12	South Whidbey	34-00.00
7	Tanya Baker	11	La Center	33-10.25
8	Ashley Hubenthal	11	Woodland	33-08.75
9	Jennifer Piper	11	Cascade	32-01.50
10	Katie Fischer	12	Cashmere	31-11.25
11	Hanna King	11	Naches Valley	31-10.25
12	Caroline Bisk	11	Steilacoom	31-08.25
13	Amy Waltenburg	11	Elma	31-05.00
14	Bree Brandt	12	Meridian	31-04.75
15	Laura Rarig		Klahowya	29-03.50
16	Kamille Haydu		Klahowya	28-06.00

2A Girls Shot Put

Finals

1	Jill Thoeny	12	Woodland	42-06.00
2	Jenaya Sledge	11	Woodland	39-07.50
3	Erica Enegren	10	Meridian	38-06.25
4	Krystal Paszkeicz	9	Sultan	37-08.75
5	Bree Cochran	12	Woodland	37-00.50
6	Angela Hartill	11	Riverside	36-05.75
7	Kathleen Vincent	10	Medical Lake	35-02.50
8	Mallory Visser	10	Nooksack Valley	34-10.25
9	Tia Nofoa	12	Steilacoom	33-04.00
10	Kaci Komstadius	11	East Valley	32-06.75
11	Chelsea Marak		Klahowya	32-01.50
12	Ali Tabor	10	Naches Valley	31-05.00
13	Val Knodell	12	Quincy	31-00.25
14	Kim Crandall	10	Kiona-Benton	30-05.00
15	Libby Elliott	12	Steilacoom	29-10.00
16	Andrea Becken	11	Ilwaco	28-01.50

2A Girls Discus Throw

Finals

1	Kimery Hern	11	South Whidbey	136-02
2	Erika Cummings	12	Lakeside	127-04
3	Jenaya Sledge	11	Woodland	126-03
4	Bree Cochran	12	Woodland	123-06
5	Jessica Summers	12	Blaine	119-04
6	Krystal Paszkeicz	9	Sultan	117-08
7	Val Knodell	12	Quincy	115-06
8	Angela Hartill	11	Riverside	114-07
9	Amanda Guzman	11	Toppenish	105-06
10	Cheri Torrence	11	Cashmere	105-01
11	Kelly Roth		Ridgefield	97-06
12	Adrienne Ficco		Ridgefield	95-01
13	Tevaite Tauvela	11	Orting	94-05
14	Brittney Backus	11	Orting	84-09
15	Marianne Soder	12	Steilacoom	83-11
16	Roxanne Rosenau	10	Cascade	81-10

2A Girls Javelin Throw

Finals

1	Katy McGillen	12	South Whidbey	134-01
2	Cassie Merkley	11	Cascade	131-01
3	Coriann Wood	9	Connell	125-02
4	Sarah Davis	12	La Center	121-07
5	Bree Cochran	12	Woodland	119-02
6	Leanne Higley	12	Orting	114-01
7	Alyssa Bailey	10	Lynden Christian	111-11

8	Ericka Hanson	10	Chelan	110-03
9	Jordan Tobler	12	South Whidbey	108-08
10	Lacey Williams	11	Cashmere	108-01
11	Crystal Snyder	12	Montesano	107-04
12	Jill Thoeny	12	Woodland	106-05
13	Kara Pein	12	Colville	102-10
14	Kelsey Stillar	10	Lakeside	99-06
15	Kerry McCarthy	11	Foster	99-05
16	Mary Moore		Klahowya	77-09

2A Girls Track & Field Team Finals

1)	Woodland	69
2)	Steilacoom	55
3)	Pullman	51
4)	Mount Baker	46
4)	Cascade	46
6)	Connell	39
6)	South Whidbey	39
8)	Lynden Christian	29
9)	Toppenish	28
10)	Sultan	27
11)	La Center	21
11)	Lakewood	21
11)	Cashmere	21
14)	Lakeside	20
15)	Rochester	19
16)	Castle Rock	18
17)	Forks	16
18)	Ephrata	15
19)	Riverside	13
20)	Chelan	12
20)	White Salmon	12
22)	Meridian	11
23)	Blaine	9
24)	Deer Park	8
24)	Naches Valley	8
26)	Colville	7
26)	Hoquiam	7
28)	Port Townsend	6
29)	Stevenson	5
29)	Ilwaco	5
31)	Othello	3
31)	Ridgefield	3
31)	Orting	3
31)	East Valley	3
35)	Elma	2
35)	Medical Lake	2
35)	Quincy	2
38)	Nooksack Valley	1

**2004 WIAA/Dairy Farmers of Washington/Les Schwab Tires
3A Boys Track & Field Championships**

3A Boys 100 Meter Dash

Finals

1 Taylor Mays	10	O'Dea	10.88
2 Chancellor Young	12	O'Dea	10.92
3 Jonathan Stewart	11	Timberline	10.95
4 Bruce Hubbard	12	Peninsula	10.99
5 Randy Bacon	12	Washington	11.25
6 Brandon Jones	10	O'Dea	11.29
7 Quinton Jackson	12	Renton	11.33
8 Brett Igbino	11	Cheney	11.50

3A Boys 200 Meter Dash

Finals

1 Taylor Mays	10	O'Dea	22.27
2 Chancellor Young	12	O'Dea	22.34
3 Randy Bacon	12	Washington	22.66
4 Attrail Snipes	11	Rainier Beach	22.71
5 Quinton Jackson	12	Renton	22.94
6 Trevor Rollinger	12	West Valley (Yakima)	23.01
7 Timothy Smalls	11	West Seattle	23.08
8 Adam Abusamha	12	Black Hills	23.16

3A Boys 400 Meter Dash

Finals

1 Quinton Jackson	12	Renton	48.93
2 Randy Bacon	12	Washington	49.12
3 Attrail Snipes	11	Rainier Beach	49.95
4 Brian Sheldon	12	Mark Morris	50.32
5 James Hardy	12	Black Hills	50.36
6 Marc Smith	10	West Valley (Spokane)	50.60
7 Jude Lizama	12	Lakes HS	50.74
8 EJ Schoen	12	West Valley (Yakima)	51.14

3A Boys 800 Meter Run

Finals

1 Jonah Rathbun	12	Lakeside	1:54.89
2 Austin Abbott	12	WF West	1:55.25
3 Nectaly Barbosa	9	Prosser	1:55.41
4 Tommy Stover	11	Bishop Blanchet	1:55.70
5 Connor Kilpatric	12	Seattle Prep	1:57.60
6 John Riak	12	North Thurston	1:58.55
7 Brian Govier	11	Mercer Island	2:00.56
8 Cordero Cisneros	11	Grandview	2:01.04

3A Boys 1,600 Meter Run

Finals

1 Austin Abbott	12	WF West	4:14.31
2 Nectaly Barbosa	9	Prosser	4:15.83
3 Brian Govier	11	Mercer Island	4:17.59

4	John Riak	12	North Thurston	4:19.03
5	Nolan Amy	12	Bainbridge	4:20.55
6	Chris Ahl	11	Bishop Blanchet	4:21.02
7	Ryan Huff	12	Franklin Pierce	4:22.92
8	Jon Harding	12	Issaquah	4:22.94
9	Chris Rodriguez	11	Kelso	4:24.28
10	Sam Ahlbeck	11	Lindbergh	4:24.53
11	Eli Hermann	12	Bellingham	4:25.07
12	James Wilson	12	West Valley (Yakima)	4:25.48
13	Duncan Hendrick	12	Meadowdale	4:26.95
14	Jake Eakin	12	West Valley (Yakima)	4:28.71
15	Woody Favinger	12	Sehome	4:30.40
16	Araya Gobena	12	Nathan Hale	4:31.74
17	Todd Clancy	11	Clover Park	4:40.54

3A Boys 3,200 Meter Run

Finals

1	Jon Harding	12	Issaquah	9:12.71
2	Nolan Amy	12	Bainbridge	9:17.84
3	Eli Hermann	12	Bellingham	9:18.27
4	Araya Gobena	12	Nathan Hale	9:25.85
5	Chris Rodriguez	11	Kelso	9:28.72
6	Woody Favinger	12	Sehome	9:28.95
7	Mike Lovejoy	12	Seattle Prep	9:28.99
8	John Riak	12	North Thurston	9:29.98
9	Sam Ahlbeck	11	Lindbergh	9:36.26
10	Jake Eakin	12	West Valley (Yakima)	9:41.04
11	Miguel Pineda	12	Tumwater	9:42.10
12	James Wilson	12	West Valley (Yakima)	9:44.16
13	Duncan Hendrick	12	Meadowdale	9:49.66
14	Evan Blanshan	12	Selah	9:55.63
15	Noah Robbins	12	Franklin Pierce	9:56.71
16	Todd Clancy	11	Clover Park	10:17.22

3A Boys 110 Meter Hurdles

Finals

1	Jake Hanson	11	Yelm	14.44
2	TJ Emrich	12	WF West	14.72
3	Alex Clark	12	Selah	14.84
4	David Pichler	12	Yelm	14.88
5	James Brabant	12	Sequim	14.96
6	Brandon Thorpe	11	Ellensburg	15.17
7	Kyle Eaton	12	Ellensburg	15.61
8	Kyle Still	12	Sehome	15.94

3A Boys 300 Meter Hurdles

Finals

1	Jake Hanson	11	Yelm	37.91
2	Trevor Rollinger	12	West Valley (Yakima)	38.38
3	James Brabant	12	Sequim	38.39
4	Glenn Milner	12	Lindbergh	39.89
5	David Pichler	12	Yelm	40.02

6 Brandon Stewart	12	Ingraham	40.26
7 Kevin Myhre	12	Meadowdale	41.00
8 Kyle Still	12	Sehome	41.45

3A Boys 4x100 Meter Relay

Finals

1 O'Dea	41.92
2 Timberline	42.91
3 West Valley (Yakima)	43.01
4 Renton	43.15
5 Bellevue	43.30
6 Black Hills	43.41
7 Cheney	43.54
8 Lakes	44.03

3A Boys 4x400 Meter Relay

Finals

1 West Valley (Yakima)	3:21.52
2 Lakes	3:22.84
3 Lakeside	3:23.41
4 Mark Morris	3:24.12
5 Yelm	3:26.49
6 Mercer Island	3:28.15
7 Ellensburg	3:29.42
8 Black Hills	3:30.49

3A Boys Shot Put

Finals

1 Matthew Wauters	12	Bainbridge	64-01.25
2 Victor Asher	11	Columbia River	57-01
3 Matt Eichelberger	12	Sehome	54-03.5
4 Eric Pitner	12	Anacortes	53-08.75
5 Jacob Muai	12	Franklin Pierce	53-05.75
6 Ryan King	11	Skyline	52-09
7 Dan Carter	12	Bellingham	52-08.5
8 Jacob Shanklin	12	Ellensburg	52-04
9 Ryan Flint	12	West Valley (Spokane)	50-04
10 Tiarik Yarborough	11	West Valley (Spokane)	50-00.75
11 Brad Charters	11	Camas	48-06
12 Michael Nahl	12	West Seattle	48-00.25
13 Ray Kim	12	Interlake	47-10.5
14 Korey Morris	10	Renton	47-01.25
15 Dan Trask	12	Aberdeen	46-11
-- Richie Siolo	12	Washington	nd

3A Boys Discus Throw

Finals

1 Matthew Wauters	12	Bainbridge	179-08
2 Kai Brown	12	O'Dea	170-04
3 Korey Morris	10	Renton	162-05
4 Keven Lemieux	11	West Valley (Spokane)	156-10
5 Brody Faire	11	Ellensburg	149-03

6 Eric Pitner	12	Anacortes	148-01
7 John Feather	11	Camas	147-08
8 Matt Eichelberger	12	Sehome	146-04
9 Jacob Muai	12	Franklin Pierce	145-02
10 Paul Clary	12	Skyline	145-02
11 Dan Winter	11	North Thurston	141-11
12 Dale Kier	11	Camas	141-01
13 Matt Benson	12	Lynden	139-06
14 Richie Siolo	12	Washington	134-04
15 Ryan King	11	Skyline	132-09
-- Jacob Shanklin	12	Ellensburg	ND

3A Boys Javelin Throw

Finals

1 Tyler Cathey	11	Hanford	184-07
2 Chris Zambito	12	River Ridge	173-10
3 Jon Jeffreys	12	West Valley (Spokane)	171-05
4 Peter Voorhees	12	Burlington-Edison	171-03
5 Tim Sutton	11	Sequim	170-06
6 Carl Chalmers	12	Newport (Bellevue)	170-01
7 Chris Stockmann	11	Newport (Bellevue)	169-05
8 Rick Melvin	12	White River	168-00
9 Alex Grazda	11	Mount Si	162-09
10 Miles Hewitson	12	Highline	160-06
11 Mark Lincoln	12	Bellingham	155-06
12 Matt Morris	12	Washougal	154-05
13 Brennen Brown	11	Sehome	153-05
14 Beau Hanson	10	WF West	153-04
15 Bob Wilske	10	Cheney	151-04
16 Michael Keller	12	Mount Si	150-09

3A Boys Long Jump

Finals

1 Jake Hanson	11	Yelm	23-03.5
2 Toneil Pinkney	12	Rainier Beach	23-00.75
3 Houston Gossett	12	Lakeside	23-00.5
4 Steve Bacon	11	Timberline	23-00.25
5 Bernard Bush	11	Washington	22-08
6 Rashad Toussaint	11	West Valley (Spokane)	22-04.25
7 Jordan Estill	12	Sammamish	21-07
8 Josh Watkins	12	Highline	21-06.5
9 Randall Eldridge	12	Lynnwood	21-00.5
10 Shane Hoffman	12	Shorecrest	20-11.5
11 Alex Clark	12	Selah	20-11.25
12 Lonnie Brown	12	RA Long	20-10.25
13 Parys Fox	12	Lynnwood	20-04.75
14 Jeremy Gibb	12	Ellensburg	20-04.5
15 Blaine McConnell	12	Franklin Pierce	20-03.25
16 Brandon Stewart	12	Ingraham	19-08.75

3A Boys Triple Jump

Finals

1	Rashad Toussaint	11	West Valley (Spokane)	49-02.25
2	David Holmon	11	River Ridge	48-06.25
3	Martelle Adams	12	River Ridge	47-11.75
4	Toneil Pinkney	12	Rainier Beach	46-08.25
5	Reggie Cole	10	O'Dea	46-00.25
6	Lonnie Brown	12	RA Long	44-11.25
7	Brandon Stewart	12	Ingraham	44-07.25
8	Blaine McConnell	12	Franklin Pierce	43-09.5
9	Jerry Thomas	12	White River	43-07.25
10	Ian Snook	11	Clarkston	43-06
11	Jordan Estill	12	Sammamish	42-10
12	Nick Peach	12	Sehome	42-06
13	Randall Eldridge	12	Lynnwood	42-02.75
14	Scott McKendall	12	Lakes HS	42-01.75
15	Shane Hoffman	12	Shorecrest	42-00.25
16	EJ Schoen	12	West Valley (Yakima)	40-03

3A Boys High Jump

Finals

1	Kyle Eaton	12	Ellensburg	6-08.0
2	David Holmon	11	River Ridge	6-05.0
3	Raheem Reggler	12	Lakes HS	6-05.0
4	Jeremy Lovell	10	Columbia River	6-04.0
5	Bob Wilske	10	Cheney	6-04.0
6	Brian Burke	12	Interlake	6-04.0
7	Josh Lovell	10	Columbia River	6-04.0
8T	Matt Mead	12	Skyline	6-02.0
8T	Mike Packard	9	Sehome	6-02.0
10	Vince Kinney	11	Lynnwood	6-02.0
11	Ulysses Honeycutt	11	Rainier Beach	6-02.0
12	Cameron Sakamoto	10	Liberty	6-02.0
13	DeSean Brooks	12	Mt. Rainier	6-02.0
14	Armand Hopkins	11	Renton	6-00.0
15	Joe VanVleck	11	Ferndale	5-10.0
--	Brandon Thorpe	11	Ellensburg	nh

3A Boys Pole Vault

Finals

1	TJ Emrich	12	WF West	15-6.0
2	Loren Duvall	12	Mark Morris	14-6.0
3	Aaron Stroud	12	Burlington-Edison	14-6.0
4	Ryan Fonda	12	Interlake	14-6.0
5	Jacob Jensen	11	Sehome	14-6.0
6T	Mike Dennison	11	Hazen	14-0.0
6T	Kyle Eaton	12	Ellensburg	14-0.0
8	Wes King	10	Peninsula	14-0.0
9	Greg Rogich	10	Yelm	14-0.0
10	Ryan Vu	10	Interlake	13-6.0
11	Chad Weldy	12	Bainbridge	13-6.0
12	Jason Hentz	12	Bellingham	13-6.0
13	Bobby Hood	12	Ellensburg	13-6.0
14	Scott Hanson	11	Highline	12-6.0

15 Brian Cabanting	11	Seattle Prep	12-6.0
16 Tim McCully	12	Camas	12-6.0
17 Leon Stafford	12	Prosser	12-0.0
18 Tristan Hurlbert	11	Sehome	12-0.0

2004 3A Boys Track & Field Team Finals

1 O'Dea	61
2 Yelm	43
3 WF West	36
4 Bainbridge	32
5 River Ridge	30
6 West Valley (Yakima)	28
7 Renton	27
8 West Valley (Spokane)	27
9 Ellensburg	24.5
10 Rainier Beach	24
11 Lakeside	22
12 Washington	22
13 Timberline	19
14 Mark Morris	18
15 Lakes	17
16 Sehome	16.5
17 Columbia River	15
18 Prosser	14
19 Sequim	14
20 Burlington-Edison	11
21 Issaquah	11
22 Mercer Island	11
23 Hanford	10
24 Black Hills	9
25 North Thurston	9
26 Anacortes	8
27 Bellingham	8
28 Bishop Blanchet	8
29 Interlake	8
30 Cheney	7
31 Franklin Pierce	7
32 Peninsula	6
33 Seattle Prep	6
34 Selah	6
35 Ingraham	5
36 Lindbergh	5
37 Nathan Hale	5
38 Newport (Bellevue)	5
39 Bellevue	4
40 Kelso	4
41 Skyline	3.5
42 RA Long	3
43 Hazen	2.5
44 Camas	2
45 Meadowdale	2

46 Sammamish	2
47 West Seattle	2
48 Grandview	1
49 Highline	1
50 White River	1

**2004 WIAA/Dairy Farmers of Washington/Les Schwab Tires
3A Girls Track & Field Championships**

3A Girls 100 Meter Dash

Finals

1	Jacqua Williams	11	Rainier Beach	12.29
2	Jamie Carver	11	WF West	12.63
3	Whitney Knox	11	Bishop Blanchet	12.69
4	Kesha Bivens	12	River Ridge	12.75
5	Nateisha Poe	10	Clover Park	12.87
6	Devin Brooks	9	Holy Names	12.94
7	Stephanie Hardin	12	Kennedy	13.07
8	Leanne Bellar	12	Bellevue	15.98

3A Girls 200 Meter Dash

Finals

1	Jacqua Williams	11	Rainier Beach	24.62
2	Jamie Carver	11	WF West	25.2
3	Devin Brooks	9	Holy Names	26.02
4	Melissa Guthrie	11	Hanford	26.25
5	Stephanie Hardin	12	Kennedy	26.48
6	Mitra Akhavan	10	North Thurston	26.78
7	Nateisha Poe	10	Clover Park	27.01
--	Leanne Bellar	12	Bellevue	DNF

3A Girls 400 Meter Dash

Finals

1	Whitney Knox	11	Bishop Blanchet	57.34
2	Elena Brandford	10	Lakeside	59.49
3	Rubie Palmer	12	Cheney	59.59
4	Mitra Akhavan	10	North Thurston	59.97
5	Madison Bush	12	Bellevue	60.17
6	Rachael Johnson	9	West Valley (Yakima)	61.89
7	Lauren Thrasher	12	White River	63.46
8	Leanne Bellar	12	Bellevue	73.49

3A Girls 800 Meter Run

Finals

1	Veronica Ivey	12	Bainbridge	2:19.05
2	Anna Wheatley	11	Seattle Prep	2:19.13
3	Lauren Flynn	10	Sehome	2:20.84
4	Chelsea VanDeBrake	10	West Valley (Yakima)	2:21.45
5	Leanne Schaafsma	12	Sequim	2:23.71
6	Madeleine O'Meara	11	Mercer Island	2:24.66
7	Brittnee Sanchez	9	Grandview	2:26.16
8	Danielle Shimota	11	Sehome	2:26.58

3A Girls 1,600 Meter Run

Finals

1	Kelsey Walker	10	Bellevue	5:04.06
2	Brittnee Sanchez	9	Grandview	5:05.79
3	Madeleine O'Meara	11	Mercer Island	5:08.03

4	Bevin Peters	11	Holy Names	5:10.13
5	Michelle Schubert	10	West Valley (Yakima)	5:11.70
6	Isley Gonzalez	12	Sunnyside	5:13.09
7	Lauren Flynn	10	Sehome	5:16.09
8	Lauren Maris	9	Issaquah	5:24.72
9	Jennifer Grover	12	Tumwater	5:24.92
10	Sarah Smith	12	Lynden	5:27.33
11	Jolene Boogaard	11	Kelso	5:28.57
12	Ashley Dutton	11	Peninsula	5:29.07
13	Anne Hinckley	9	Hazen	5:33.50
14	Sifrash Ademe	11	Tyee	5:34.66
15	Nikki D'Amico	12	Lynnwood	5:43.19
16	Sam McGhee	10	Kelso	5:54.58

3A Girls 3,200 Meter Run

Finals

1	Isley Gonzalez	12	Sunnyside	10:58.69
2	Kelsey Walker	10	Bellevue	10:59.76
3	Bevin Peters	11	Holy Names	11:06.95
4	Rachel Belt	12	Bainbridge	11:09.40
5	Sarah McFadden	12	Mercer Island	11:12.20
6	Michelle Schubert	10	West Valley (Yakima)	11:17.31
7	Emily Schick	9	Squalicum	11:28.80
8	Katherine Ellis	10	Columbia River	11:33.80
9	Anne Hinckley	9	Hazen	11:45.52
10	Sifrash Ademe	11	Tyee	11:46.85
11	Ruth Becker	12	Selah	11:48.45
12	Mara Engle	11	Bellingham	11:55.95
13	Katrina Brett	12	Mark Morris	11:57.74
14	Missy Floyd	9	Peninsula	12:01.67
15	Zara Lukens	9	Columbia River	12:02.91

3A Girls 100 Meter Hurdles

Finals

1	Devin Brooks	9	Holy Names	14.61
2	Christina Tupper	11	Skyline	15.31
3	Alex Merrick	12	Holy Names	15.67
4	Sarah Brownell	9	Yelm	15.79
5	Jessica Erickson	9	Peninsula	15.88
6	Katie Kimball	11	Cheney	15.91
7	Cortney Hahn	12	Columbia River	15.96
8	Allison Simonds	10	WF West	16.19

3A Girls 300 Meter Hurdles

Finals

1	Katie Kimball	11	Cheney	45.36
2	Cortney Hahn	12	Columbia River	45.88
3	Lorette Hanson	12	Anacortes	46.03
4	Mary Kuder	12	Lakeside	46.05
5	Janet Gratton	10	Cleveland	46.50
6	Sarah Brownell	9	Yelm	47.07
7	Lindsey Lunderman	10	Franklin Pierce	47.46

8	Morganne Jenkins	11	Clarkston	47.51
9	Jessica Erickson	9	Peninsula	47.55

3A Girls 4x100 Meter Relay

Finals

1	Skyline	49.22
2	Issaquah	49.35
3	Rainier Beach	49.49
4	WF West	49.88
5	Lakes HS	50.56
6	Bellingham	50.58
7	Clover Park	50.60
8	Sehome	55.82

3A Girls 4x200 Meter Relay

Finals

1	Rainier Beach	1:43.07
2	West Valley (Yakima)	1:44.55
3	Issaquah	1:44.56
4	Hanford	1:45.20
5	Bellingham	1:45.91
6	Skyline	1:45.98
7	River Ridge	1:46.67
8	Timberline	1:48.54

3A Girls 4x400 Meter Relay

Finals

1	Bainbridge	4:02.60
2	Lakeside	4:04.46
3	Bishop Blanchet	4:06.93
4	Bellevue	4:07.12
5	West Valley (Yakima)	4:09.97
6	Sehome	4:10.96
7	Burlington-Edison	4:11.51
8	Cheney	4:18.98

3A Girls Shot Put

Finals

1	Liz McCarrell	12	Ferndale	41-01
2	Molly Frolich	11	Sehome	40-08.5
3	Dominique Owens	11	Issaquah	39-08
4	Emily Jacobsen	10	Sammamish	39-07.5
5	Karen Chase	11	West Valley (Yakima)	38-06
6	Piper Sherbon	12	Mount Si	37-10
7	Devon Cresse	11	Ellensburg	37-10
8	Danielle Alexander	12	Columbia River	37-05.5
9	Jane Demme	12	Columbia River	37-04.75
10	Tiffany Bigham	11	Renton	37-01
11	Tiffany Ulmer	12	Ellensburg	36-05.5
12	Melanie Walker	12	Sehome	35-11.25
13	Caitlin Braun	12	Mount Si	35-07
14	Ryann Hansen	12	Fife	35-05.5

15 Chelsea Sadler	12	North Thurston	35-02.5
16 Shatanya Fernandez	12	Renton	33-09.25

3A Girls Discus Throw

Finals

1 Jane Demme	12	Columbia River	142-04
2 Liz McCarrell	12	Ferndale	127-06
3 Caitlin Braun	12	Mount Si	124-02
4 Erica Rance	12	Renton	122-03
5 Tiffany Ulmer	12	Ellensburg	121-07
6 Christine Labrie	12	Skyline	120-11
7 Emily Jacobsen	10	Sammamish	115-01
8 Katie Reed	11	Franklin Pierce	113-07
9 Ryann Hansen	12	Fife	112-10
10 Becky Scherer	11	Shorecrest	111-05
11 Melanie Walker	12	Sehome	109-06
12 Krista Leistiko	11	Cheney	105-09
13 Samantha Elliott	11	Clarkston	104-09
14 Chelsea Sadler	12	North Thurston	102-11
15 Piper Sherbon	12	Mount Si	92-07
-- Alicia Edwards	12	Kelso	nd

3A Girls Javelin Throw

Finals

1 Jamie Anderson	12	White River	131-08
2 Kristen Berndt	12	Mount Si	129-10
3 Michelle Dudley	12	Lakes	125-05
4 Tawni Russell	12	Camas	123-11
5 Lynnea Braun	11	West Valley (Yakima)	121-05
6 Tiffany Ulmer	12	Ellensburg	121-03
7 Erica Rance	12	Renton	121-01
8 Monika Gruszecki	10	Meadowdale	120-00
9 Shannon Posey	11	Mount Si	118-01
10 Drew Kreager	12	Issaquah	117-11
11 Kelli Christianson	11	Ferndale	117-04
12 Samantha Elliott	11	Clarkston	112-01
13 Elise Knutzen	10	Nathan Hale	111-02
14 Heather Warner	11	North Thurston	108-02
15 Jessica Smith	11	Columbia River	104-00
16 Liz McCarrell	12	Ferndale	103-05

3A Girls Long Jump

Finals

1 Jacqua Williams	11	Rainier Beach	18-02
2 Kasey Hostetler	11	Hanford	17-04
3 Dominique Radcliffe	10	Kelso	17-03.75
4 Christina Tupper	11	Skyline	17-02
5 Tyra Ball	12	Ferndale	16-07
6 Kristi Skreen	12	Kelso	16-04.5
7 Alex Merrick	12	Holy Names	16-02.5
8 Kayla Mainer	12	West Valley (Spokane)	16-01
9 Ryann Hansen	12	Fife	15-10

10 Breanne Lindquist	12	Lynden	15-09.75
11 Ambria Brantner	11	West Valley (Yakima)	15-08.75
12 Mitra Akhavan	10	North Thurston	15-01.25
13 Bevan Elliott	12	Franklin Pierce	14-05
14 Olyvhia Essien	12	Lindbergh	13-07.75
-- Shawna Wayman	12	Burlington-Edison	nd
-- Janet Gratton	10	Cleveland	nd

3A Girls Triple Jump

Finals

1 Nkeiru Ugwoaba	10	Highline	37-10
2 Christina Tupper	11	Skyline	37-09
3 Piper Sherbon	12	Mount Si	37-06
4 Ryann Hansen	12	Fife	37-05.5
5 Kara Bennett	10	Liberty	36-09.75
6 Dominique Radcliffe	10	Kelso	36-03.5
7 Briana Junior	11	Eastside Catholic	36-01
8 Victoria Coats	11	River Ridge	35-11
9 Kim Shen	11	Shorecrest	35-03.75
10 Katrina Bakamus	11	Mark Morris	34-10.75
11 Lindsay Leonard	12	Squalicum	34-05.5
12 Alicia McArtor	11	White River	33-06.25
13 Lynnea Braun	11	West Valley (Yakima)	33-01.75
14 Shene' Davis	9	Selah	33-01
15 Katie Hayden	10	Sehome	32-11.25
16 Calynne Oyolokor	10	Cheney	32-06.75

3A Girls High Jump

Finals

1 Kara Bennett	10	Liberty	5-06.0
2 Kayla Mainer	12	West Valley (Spokane)	5-06.0
3 Meghan Dahl	10	Ferndale	5-05.0
4 Kelsey Burns	11	Kennedy	5-04.0
5 Helena Bottemiller	11	Highline	5-03.0
6 Kimmie Halwachs	11	Ferndale	5-02.0
7 Ambria Brantner	11	West Valley (Yakima)	5-00.0
8T Christine Witcher	12	Bishop Blanchet	5-00.0
8T Meghan Cogley	10	Cheney	5-00.0
10 Kelly McCloud	11	Mercer Island	4-10.0
11 Kelsie Davis	10	Kelso	4-10.0
12 Jessica Fernen	12	Ingraham	4-10.0
13 Julia Daly	10	Columbia River	4-10.0
14 Samara Jamison	12	Lakes	4-10.0
15 Amy Farquhar	11	Shorecrest	4-08.0
16 Kara VanZanten	11	Mark Morris	4-08.0

3A Girls Pole Vault

Finals

1 Laura Schvaneveldt	10	Interlake	12-00.0
2 Lara Jones	12	Lakeside	11-09.0
3 Courtney Doughty	12	Burlington-Edison	11-03.0
4 Alli Moore	12	Sehome	11-00.0

5	Stefanie Sternagel	12	RA Long	11-00.0
6T	Lauren Thrasher	12	White River	10-06.0
6T	Jessica LaCambra	11	Cheney	10-06.0
8T	Melony Goforth	11	Clarkston	10-06.0
8T	Amy Williams	11	Tumwater	10-06.0
10	Morgen Leonard-Fleckman	12	Lakeside	10-06.0
11	Julie Stone	12	Sehome	10-00.0
12	Shelley Bunday	12	Sammamish	10-00.0
13	Deanna Denmark	11	Highline	10-00.0
14	Hilary Moore	9	Prosser	10-00.0
15	Lauryn Claassen	12	Columbia River	9-06.0
16	Taylor Fowler	9	Franklin Pierce	8-06.0

2004 3A Girls Track & Field Team Finals

1	Rainier Beach	46
2	Holy Names	38
3	Skyline	37
4	West Valley (Yakima)	37
5	Ferndale	31
6	Bellevue	29
7	Lakeside	29
8	Sehome	26
9	Bainbridge	25
10	Cheney	23
11	Mount Si	23
12	Bishop Blanchet	22.5
13	Columbia River	22
14	WF West	22
15	Issaquah	21
16	Hanford	18
17	White River	14.5
18	Highline	14
19	Liberty	14
20	Mercer Island	13
21	Sunnyside	13
22	Kelso	12
23	Kennedy	11
24	Grandview	10
25	Interlake	10
26	Lakes	10
27	Ellensburg	9
28	West Valley (Spokane)	9
29	Burlington-Edison	8
30	Clover Park	8
31	North Thurston	8
32	River Ridge	8
33	Seattle Prep	8
34	Yelm	8
35	Bellingham	7
36	Renton	7
37	Sammamish	7

38 Anacortes	6
39 Camas	5
40 Fife	5
41 Cleveland	4
42 Peninsula	4
43 RA Long	4
44 Sequim	4
45 Franklin Pierce	3
46 Eastside Catholic	2
47 Squalicum	2
48 Clarkston	1.5
49 Meadowdale	1
50 Timberline	1
51 Tumwater	0.5

**2004 WIAA/Dairy Farmers of Washington/Les Schwab Tires
4A Boys Track & Field Championships**

4A Boys 100 Meter Dash

Finals

1	Victor Cheng	12	Inglemoor	11.00
2	Terry Johnson	11	Bothell	11.13
3	Skylar Jessen	10	Mead	11.14
4	Kenjamine Jackson	11	Kentwood	11.20
5	Andre' Jennings	9	Lewis & Clark	11.23
6	Ryan Jewell	12	Olympia	11.29
7	Jonell Hodge	12	Olympic	11.30
8	Ben Pentz	11	Curtis	11.34

4A Boys 200 Meter Dash

Finals

1	James Fredrickson	12	Kentridge	22.62
2	Carlos Fontenot	11	Redmond	22.87
3	Andre' Jennings	9	Lewis & Clark	22.88
4	Kenjamine Jackson	11	Kentwood	22.95
5	Terry Johnson	11	Bothell	23.02
6	Dan Costello	11	Marysville-Pilchuck	23.35
7	Ben Pentz	11	Curtis	23.36
8	Ryan Jewell	12	Olympia	23.45

4A Boys 400 Meter Dash

Finals

1	Dan Tyson	11	Ballard	49.18
2	Chris Stephens	11	Ballard	49.47
3	Chris Michels	10	Skyview	49.52
4	Jason Kirk	11	Olympia	49.70
5	Jimmy Schofield	11	Bethel	49.88
6	Marcus Dawkins	11	Mount Tahoma	49.95
7	Carlsson Howe	12	Rogers (Puyallup)	50.31
8	Malik Martin	12	Shadle Park	51.90

4A Boys 800 Meter Run

Finals

1	Alex McClary	12	Shelton	1:50.43
2	Kevin Hawkins	12	Sumner	1:51.03
3	Andrew McClary	12	Shelton	1:53.32
4	Ben Poffenroth	11	Ferris	1:55.28
5	Bernie Moses	12	Wilson	1:56.20
6	Travis Watt	12	Ballard	1:57.20
7	Kevin Klein	12	Shorewood	1:57.37
8	Nick Siebert	12	North Central	1:57.79

4A Boys 1,600 Meter Run

Finals

1	Evan Garber	12	Mead	4:10.72
2	David Kinsella	12	Inglemoor	4:14.61
3	Charles Cummings	12	Eisenhower	4:17.51

4	Brian Cronrath	12	Battle Ground	4:18.19
5	Jeff Helmer	10	Jackson	4:18.89
6	Curtis Suver	12	Tahoma	4:19.27
7	Mike Quackenbush	12	Ferris	4:19.42
8	Jordan McNamara	11	Auburn-Riverside	4:20.16
9	Jon Lewis	12	Inglemoor	4:20.85
10	Dominic Smargiassi	11	Auburn HS	4:21.10
11	Daniel Lucero	11	Port Angeles	4:23.21
12	Kelly Spady	11	Kamiak HS	4:25.88
13	Gary Walsh	12	Battle Ground	4:27.76
14	Justin Houck	12	Ferris	4:37.39
15	Gabe Renfro	12	Bellarmine Prep	4:45.74
--	Josh Clough	11	Auburn-Riverside	DQ

4A Boys 3,200 Meter Run

Finals

1	Evan Garber	12	Mead	9:13.41
2	David Kinsella	12	Inglemoor	9:16.11
3	Charles Cummings	12	Eisenhower	9:17.11
4	Justin Houck	12	Ferris	9:19.30
5	Jeff Helmer	10	Jackson	9:19.80
6	Mike Quackenbush	12	Ferris	9:20.31
7	Jordan McNamara	11	Auburn-Riverside	9:23.90
8	Brian Cronrath	12	Battle Ground	9:27.90
9	Paul Limpf	11	Evergreen (Vancouver)	9:29.29
10	Kevin Krohn	12	Heritage	9:30.08
11	Colin Longmuir	12	Woodinville	9:30.49
12	CJ Godfrey	12	South Kitsap	9:30.95
13	Kelly Spady	11	Kamiak HS	9:33.75
14	Allen Wood	12	Tahoma	9:34.92
15	Jordan Swarthout	10	Capital	9:45.37
16	Dominic Smargiassi	11	Auburn HS	9:52.99

4A Boys 110 Meter Hurdles

Finals

1	James Fredrickson	12	Kentridge	14.46
2	Elvie Releford	12	Spanaway Lake	14.87
3	Jared Bjerkestrand	12	Shadle Park	14.88
4	Amir Owens	11	Curtis	14.94
5	Peter Tait	11	Central Kitsap	14.99
6	Tom Ballinger	11	Wenatchee	15.15
7	Brynsen Brown	11	Emerald Ridge	15.20
8	Marcus DeLaRosa	12	Southridge	15.32

4A Boys 300 Meter Hurdles

Finals

1	James Fredrickson	12	Kentridge	37.00
2	Lester Jones	12	Foss	38.48
3	Tasheen Garry	12	Central Valley	38.53
4	Tom Ballinger	11	Wenatchee	39.18
5	Ben Spaun	12	Wenatchee	39.29
6	Jared Bjerkestrand	12	Shadle Park	39.51

7 L'Shawn Dennis	12	Lincoln	39.62
8 Jay Komar	12	Auburn-Riverside	40.08

4A Boys 4x100 Meter Relay

Finals

1 Bothell	42.39
2 Lewis & Clark	42.55
3 Inglemoor	42.77
4 Olympia	42.82
5 Foss	43.01
6 Olympic	43.12
7 Kentlake	43.27
8 Pasco	43.75

4A Boys 4x400 Meter Relay

Finals

1 Ballard	3:20.51
2 Federal Way	3:23.41
3 Shelton	3:23.49
4 Bethel	3:25.01
5 Wenatchee	3:25.46
6 Wilson	3:26.46
7 Skyview	3:27.83
8 Auburn-Riverside	3:30.77

4A Boys Shot Put

Finals

1 Nate Rolfe	12	Inglemoor	59-02.5
2 Clint Osborn	11	Lake Stevens	57-05
3 Kenny Alfred	11	Gig Harbor	56-03.5
4 Jake Stevens	12	Everett	56-00.5
5 Mat Webb	11	Heritage	55-02.75
6 Michael Johnson	12	Lincoln	54-08.5
7 Luke Kravitz	12	Olympia	54-06.25
8 Jabari Watkins	12	Kentridge	53-09.5
9 Zach Midles	11	Capital	52-00.25
10 Dave Howard	11	East Valley	50-11.75
11 Matt Hermsen	12	Wilson	50-01.5
12 Julian Stewart	12	Lewis & Clark	49-09
13 Mark Kogan	11	Capital	49-02
14 Cameron Elisara	10	Ferris	48-04.75
15 Steve Palmer	12	Bothell	47-09
-- Andy Roof	12	East Valley	ND

4A Boys Discus Throw

Finals

1 Nate Rolfe	12	Inglemoor	190-02
2 Zach Midles	11	Capital	166-05
3 Andy Roof	12	East Valley	164-08
4 Jake Stevens	12	Everett	164-01
5 Chase Mancuso	11	Kamiak	158-06
6 Lance Witherspoon	12	Decatur	149-04

7	Nick Cantlon	12	Lewis & Clark	147-03
8	Julian Stewart	12	Lewis & Clark	142-01
9	Dimitri Beauliere	12	Mountain View	141-09
10	Adam Rooney	12	Juanita	141-05
11	Matt Hermsen	12	Wilson	140-09
12	Nick Aberle	12	Eisenhower	139-04
13	Jabari Watkins	12	Kentridge	138-07
14	Dennis Einarson	11	Skyview	137-00
15	Pat Kennar	12	Jefferson	136-00
--	Hamilton Higgins	12	Olympic	ND

4A Boys Javelin Throw

Finals

1	Ryan Young	11	North Kitsap	185-05
2	David Nyland	12	Woodinville	183-11
3	Rick Gervasi	10	Everett	183-10
4	Cameron Schwisow	11	Olympia	177-10
5	Kevin Hickenbottom	11	Ballard	177-01
6	Bryan Braman	11	Shadle Park	175-08
7	Pat McCormick	12	Olympia	175-07
8	Jake Stevens	12	Everett	174-08
9	Alex Doroshkin	10	Heritage	165-07
10	Charles Filbeck	11	Heritage	165-05
11	David Moor	11	Moses Lake	163-06
12	Steen Raisl	12	Stadium	163-11
13	Jake Kinderman	10	Capital	151-08
14	William Babcock	12	Auburn HS	151-00
15	Cody Irby	11	East Valley	146-04
16	Travis Rund	11	Central Valley	145-05

4A Boys Long Jump

Finals

1	Norris Frederick	12	Roosevelt	24-07.5
2	Kyle Jenkins	12	Jefferson	23-09.5
3	Larry Mays	12	Foss	23-00.75
4	Jeff Kaune	11	Gig Harbor	22-10.75
5	Jeremy Brett	11	Mead	22-01
6	Peter Deelstra	12	Inglemoor	22-00.25
7	Marcus Miller	12	Gonzaga Prep	21-09.5
8	Daris Hall	11	Kentridge	21-06.5
9	Jeff Andrews	11	Heritage	21-06
10	David Ridenour	12	Walla Walla	21-03.75
11	Corey Fredericks	12	Evergreen (Vancouver)	21-03.5
12	Brenton Bodewig	12	Arlington	21-03.5
13	Jake Webb	10	Arlington	20-09.5
14	Manuel Ellis	12	Wilson	19-10.75
--	Nick Isaac	12	Decatur	ND
--	Tasheen Garry	12	Central Valley	ND

4A Boys Triple Jump

Finals

1	Kyle Jenkins	12	Jefferson	49-09.25wa
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2	Norris Frederick	12	Roosevelt	48-07.25
3	Moreno Zapata	11	Curtis	48-03.25
4	Jonier West	12	Foss	46-04.75
5	Corey Fredericks	12	Evergreen (Vancouver)	46-03.5
6	David Ridenour	12	Walla Walla	45-01.25
7	Jeff Kaune	11	Gig Harbor	44-08
8	Elvie Releford	12	Spanaway Lake	44-06
9	Antues Wright	12	Shorewood	43-04.75
10	Evan Jordan	10	Mount Vernon	43-04.25
11	Jordan Gardner	11	Ballard	43-00.25
12	Brandon Kennedy	11	Gonzaga Prep	42-10.25
13	Jason Lo	12	Auburn-Riverside	42-01.25
14	Monte Livingston	10	Curtis	41-02.25
--	Aaron Smith	12	Eisenhower	ND
--	Jeremy Brett	11	Mead	ND

4A Boys High Jump

Finals

1	Norris Frederick	12	Roosevelt	6-11.0
2	Bryan Braman	11	Shadle Park	6-07.0
3	Paige Sagen	12	Bethel	6-05.0
4	Sam Taylor	12	Central Valley	6-04.0
5	Tim Proby	12	Eastlake	6-02.0
6T	Aaron Grothe	11	Central Valley	6-02.0
6T	Bill Richardson	12	Shelton	6-02.0
6T	Vince Santamria	12	Enumclaw	6-02.0
9	Bryan Lucke	12	Monroe	6-02.0
10	Nick Harter	10	Mead	6-02.0
11	Stephen Praast	10	Tahoma	6-02.0
12	Ben Colwell	12	Stanwood	6-02.0
13	Elvie Releford	12	Spanaway Lake	6-02.0
14	Eric Paulson	12	Kentlake	6-00.0
15	Andrew Stranack	12	Auburn HS	6-00.0
16	Payton Foutz	11	Emerald Ridge	6-00.0

4A Boys Pole Vault

Finals

1	Vance Taylor	12	Everett	15-06.0
2	Mike Uhlenkott	12	North Central	15-03.0
3	Andrew Alton	12	Mead	15-00.0
4	Bron Shelton	11	Mead	15-00.0
5	Jake Hull	11	Heritage	14-03.0
6	Joe McFarlane	12	Central Valley	14-00.0
7	Philip Lohrmann	12	Battle Ground	13-09.0
8	Eli Harry	12	Federal Way	13-06.0
9	Josh Winters	10	Bothell	13-00.0
10	Garret Stroud	12	South Kitsap	12-06.0
11	Blaine Bradshaw	10	Cascade	12-06.0
12	James O'Keefe	12	Bellarmino Prep	12-06.0
13	James Murphy	12	Bellarmino Prep	12-06.0
14	Thomas Ng	11	Bothell	12-06.0
15	Tyson Baldwin	11	Gig Harbor	12-06.0

2004 4A Boys Track & Field Team Finals

1 Inglemoor	55
2 Mead	41
3 Ballard	35
4 Kentridge	32
5 Roosevelt	28
6 Everett	27
7 Shelton	24
8 Foss	23
9 Olympia	23
10 Bothell	22
11 Lewis & Clark	21
12 Shadle Park	21
13 Jefferson	18
14 Central Valley	16
15 Wenatchee	16
16 Bethel	15
17 Ferris	15
18 Curtis	14
19 Gig Harbor	13
20 Eisenhower	12
21 Kentwood	10
22 North Kitsap	10
23 Federal Way	9
24 North Central	9
25 Spanaway Lake	9
26 Battle Ground	8
27 Capital	8
28 Heritage	8
29 Jackson	8
30 Lake Stevens	8
31 Redmond	8
32 Skyview	8
33 Sumner	8
34 Woodinville	8
35 Wilson	7
36 East Valley	6
37 Auburn-Riverside	5
38 Lincoln	5
39 Olympic	5
40 Central Kitsap	4
41 Eastlake	4
42 Evergreen (Vancouver)	4
43 Kamiak	4
44 Decatur	3
45 Marysville-Pilchuck	3
46 Mount Tahoma	3
47 Tahoma	3
48 Walla Walla	3

49 Emerald Ridge	2
50 Enumclaw	2
51 Gonzaga Prep	2
52 Kentlake	2
53 Rogers (Puyallup)	2
54 Shorewood	2
55 Pasco	1
56 Southridge	1

**2004 WIAA/Dairy Farmers of Washington/Les Schwab Tires
4A Girls Track & Field Championships**

4A Girls 100 Meter Dash

Finals

1 Princess Joy Griffey	10	Decatur	12.04
2 Teri Cheatham	11	Curtis	12.27
3 LaShawnda Porter	12	Kent-Meridian	12.28
4 Becca Noble	11	Rogers (Spokane)	12.33
5 Meagan Ferguson	10	Lake Washington	12.37
6 Danitra Powell	12	Decatur	12.41
7 Catie Schuetzle	11	Shadle Park	12.89
8 Jessica Hinton	11	Lake Stevens	12.98

4A Girls 200 Meter Dash

Finals

1 Becca Noble	11	Rogers (Spokane)	25.12
2 Princess Joy Griffey	10	Decatur	25.39
3 LaShawnda Porter	12	Kent-Meridian	25.54
4 Teri Cheatham	11	Curtis	25.55
5 Brittany Rozier	12	Central Kitsap	25.62
6 Danitra Powell	12	Decatur	25.88
7 Rachael Kaercher	12	Shelton	26.33
8 Christina Rainey	12	Davis	26.44

4A Girls 400 Meter Dash

Finals

1 Becca Noble	11	Rogers (Spokane)	54.31
2 Rachael Kaercher	12	Shelton	56.17
3 Alex Butler	11	Gonzaga Prep	57.01
4 Sierra Henderson	12	Auburn	57.96
5 Kristin Felderman	10	Tahoma	58.27
6 Melantha Jenkins	11	Redmond	59.13
7 Alex Montgomery	9	Lincoln	59.66
8 Jenna Haven	9	Eastmont	59.68

4A Girls 800 Meter Run

Finals

1 Brie Felnagle	11	Bellarmine Prep	2:10.44
2 Cori Moore	10	Everett	2:11.36
3 Anna Layman	10	Central Valley	2:15.31
4 Amanda Miller	12	Eastmont	2:15.69
5 Danielle Schuster	12	Kamiakin	2:16.77
6 Corrina O'Brien	10	Gonzaga Prep	2:18.50
7 Brandee Devine	10	Sumner	2:18.67
8 Maria Bribiesca	12	Prairie	2:25.88

4A Girls 1,600 Meter Run

Finals

1 Brie Felnagle	11	Bellarmine Prep	4:47.71
2 Amanda Miller	12	Eastmont	4:50.51
3 Megan O'Reilly	10	Mt. Spokane	4:57.59

4	Jessica Pixler	10	Eastlake	4:57.98
5	Amie Dahnke	12	University	5:00.31
6	Stephanie Sipes	10	Gig Harbor	5:05.07
7	Stephanie Lenihan	12	Davis	5:09.46
8	Lynsey Stepan	10	Mountain View	5:13.53
9	Lucy Miller	12	Snohomish	5:15.19
10	Kailey Campbell	10	Ballard	5:17.57
11	Bailey Kuestermeyer	11	Emerald Ridge	5:19.46
12	Kelsey Owens	12	Bellarmine Prep	5:20.67
13	Kesslee Payne	9	Gig Harbor	5:27.81
14	Katherine Watson	11	Olympia	5:28.58
15	Amber Nickelson	12	Lake Stevens	5:28.61
16	Samantha Godfrey	11	South Kitsap	5:28.63

4A Girls 3,200 Meter Run

Finals

1	Megan O'Reilly	10	Mt. Spokane	10:58.43
2	Amie Dahnke	12	University	10:59.92
3	Stephanie Sipes	10	Gig Harbor	11:06.17
4	Stephanie Lenihan	12	Davis	11:07.48
5	Bailey Kuestermeyer	11	Emerald Ridge	11:20.32
6	Julie Devlin	12	Ferris	11:21.36
7	Sarah Bensen	12	Kentridge	11:28.01
8	Katie Murphy	11	Curtis	11:34.50
9	Katie Porter	11	Olympic	11:35.47
10	Amber Nickelson	12	Lake Stevens	11:37.08
11	Jenna Petersen	12	Woodinville	11:38.01
12	Lih Kuhlman	12	Bremerton	11:40.12
13	Andrea Sitton	12	Prairie	11:43.24
14	Ashley McDougall	12	Redmond	11:44.82
15	Estell Kills Right	10	Mountlake Terrace	11:52.56
16	Ana Casillas	12	Bellarmine Prep	11:55.24

4A Girls 100 Meter Hurdles

Finals

1	Emily Dahl	12	Rogers (Spokane)	14.74
2	Angelica Flynn	11	Lincoln	15.12
3	Erin Fitzpatrick	12	Federal Way	15.29
4	Julie Futch	10	Auburn-Riverside	15.62
5	Allysen Halsen	11	Gig Harbor	15.66
6	Asuba Alley-Barnes	11	Garfield	15.68
7	Michaela Haggett	10	Kamiakin	15.80
8	Cassie Moore	12	Mead	16.25

4A Girls 300 Meter Hurdles

Finals

1	Emily Dahl	12	Rogers (Spokane)	44.66
2	Julie Futch	10	Auburn-Riverside	45.35
3	Heidi Dimmitt	11	Wenatchee	46.31
4	Carly Osness	12	Snohomish	46.63
5	Lauren Haynes	11	Auburnn	46.64
6	Syreeta Martin	11	Wilson	47.02

7 Dana Stirn	12	Bellarmino Prep	47.42
8 Emily Powell	10	Emerald Ridge	47.44

4A Girls 4x100 Meter Relay

Finals

1 Curtis	48.34
2 Davis	48.91
3 Decatur	49.41
4 Central Kitsap	49.52
5 Franklin	49.66
6 Richland	50.14
7 Lincoln	50.24
8 Wilson	50.26

4A Girls 4x200 Meter Relay

Finals

1 Curtis	1:42.72
2 Mt Tahoma	1:45.07
3 Lake Stevens	1:45.25
4 Inglemoor	1:45.48
5 Decatur	1:45.54
6 Davis	1:46.03
7 Wenatchee	1:46.05
8 Central Kitsap	1:46.49

4A Girls 4x400 Meter Relay

Finals

1 Rogers (Spokane)	3:58.89
2 Eastmont	3:58.91
3 Bellarmino Prep	3:59.04
4 Tahoma	4:00.67
5 Curtis	4:03.06
6 Inglemoor	4:04.58
7 Central Valley	4:05.75
8 Auburn	DQ

4A Girls Shot Put

Finals

1 Whitney Hooks	10	Cascade	46-08.5
2 Leitawsha Bronson	12	Kent-Meridian	43-00.5
3 Sheree Ellis	12	Kentridge	40-10
4 Krissy Tandle	12	Wenatchee	40-00
5 Kristen Ellsberg	12	Skyview	39-10
6 Kelcee Moody	12	East Valley	39-08.5
7 Corissa Hutchinson	11	Mead	39-01
8 Lakesha Rowland	12	Lewis & Clark	38-03
9 Ivy DeSpain	12	Spanaway Lake	37-03.75
10 Shannon Harvey	11	Olympia	36-08
11 Jessica Molstre	12	Lake Stevens	35-11.25
12 Mallorie Olson	12	Kentlake	35-07.5
13 Stefanie Winter	10	Juanita	34-06.75
14 Vanessa DeRemer	12	Inglemoor	34-03

15 Devina Malietufa	11	Curtis	33-09
16 Jennifer Buckner	11	North Kitsap	33-08.5

4A Girls Discus Throw

Finals

1 Corissa Hutchinson	11	Mead	138-09
2 LaRee Heater	12	Eisenhower	130-10
3 Ashlee Michelson	10	North Central	127-02
4 Kristen Ellsberg	12	Skyview	124-05
5 Whitney Hooks	10	Cascade	123-09
6 Nicole Luckenbach	11	Snohomish	119-09
7 Shelby Avaava	12	Federal Way	116-00
8 Amy Donovan	10	Prairie	115-04
9 Tierra Parker	12	Wilson	114-11
10 Aimee Carroll	12	Central Kitsap	112-04
11 Denali Tufto	11	Mt. Spokane	112-04
12 Sheree Ellis	12	Kentridge	106-06
13 Leitawsha Bronson	12	Kent-Meridian	104-08
14 Meriem Hodge	12	Inglemoor	103-03
15 Kathyryn Keefe	11	Curtis	94-00

4A Girls Javelin Throw

Finals

1 Kara Patterson	12	Skyview	148-00
2 Jasmine McCormack		Arlington	144-00
3 Lauren Vermulm	12	Mount Vernon	138-07
4 Katie McMeel	12	Olympia	131-05
5 Amanda Welch	10	Pasco	129-10
6 Shyanna Davis	11	Heritage	128-05
7 Alli Krous	10	Eisenhower	126-05
8 Carly Mauch	11	Pasco	125-09
9 Nicole Gourlie	12	Inglemoor	116-05
10 Hailey Pearce	12	Walla Walla	110-04
11 Corrine Baldassin	12	Bellarmine Prep	106-09
12 Emilee Sisco	10	Enumclaw	106-07
13 Amanda Leib	11	Woodinville	106-04
14 Loreen Ranjel	12	Heritage	106-00
15 Kristen Ellsberg	12	Skyview	105-07
16 Jessica McFarland	11	Auburn-Riverside	100-00

4A Girls Long Jump

Finals

1 Catie Schuetzle	11	Shadle Park	18-08.25
2 Sarah Burns	12	Curtis	17-10.5
3 Julie Futch	10	Auburn-Riverside	17-06.25
4 Kayla McKeirnan	9	Richland	17-04.75
5 Michaela Haggett	10	Kamiakin	17-04
6 Kaisa Keranen	12	Roosevelt	17-01.25
7 Fontella Hooper	12	Hudson's Bay	16-10.25
8 Amirah Karim	10	Franklin	16-07.5
9 Corrie Kutkey	11	Evergreen (Vancouver)	16-04.5
10 Janelle Landers-	10	Wilson	16-03.75

11 Shakira Dixon	12	Olympic	16-03.25
12 Kendra Monroe	11	Stanwood	16-03.25
13 Liz Fuller	12	Fort Vancouver	16-01
14 Sara Klein	10	Olympia	15-11
15 Briann January	11	Lewis & Clark	15-11
16 Rachele Kloke	9	Stanwood	15-09.5

4A Girls Triple Jump

Finals

1 Sarah Burns	12	Curtis	38-07.5
2 Fontella Hooper	12	Hudson's Bay	37-02.5
3 Catie Schuetzle	11	Shadle Park	37-01.5
4 Tisha Uwadiale	10	Curtis	36-11
5 Andrea Patterson	11	Lake Stevens	36-09.25
6 Lakeesha Cadogan	12	Curtis	36-07.75
7 Amanda Merrell	12	Mead	36-00.5
8 Laura Thom	11	Woodinville	35-07.25
9 Kimberly Pence	11	Stanwood	35-03
10 Natalie Abersfeller	11	Kennewick	35-01.25
11 Chelsea Nicholas	10	Bothell	34-10.5
12 Leah Bradley	12	South Kitsap	34-10
13 Tracy Whittaker	12	Gig Harbor	34-07.75
14 Emily Veenker	12	Auburn HS	34-07.25
15 Jessica Murphy	12	Kamiakin	34-03
16 Allysen Halsen	11	Gig Harbor	34-00.75

4A Girls High Jump

Finals

1 Briann January	11	Lewis & Clark	5-06.0
2 Tiana Roma	12	Edmonds-Woodway	5-06.0
3 Sara Klein	10	Olympia	5-06.0
4 Jasmine Kelly	10	Skyview	5-05.0
5 Krista Hughes	12	Pasco	5-04.0
6 Stephanie Senescall	12	Inglemoor	5-04.0
7 Janelle Landers	10	Wilson	5-02.0
8 Re'Onda Hall	12	Kentridge	5-02.0
9 Cristin Kishi	12	Snohomish	5-02.0
10 Liz Fuller	12	Fort Vancouver	5-02.0
11 Janie Rasmussen	10	Mt. Spokane	5-00.0
12 Alahnna Taylor	11	Evergreen (Vancouver)	5-00.0
13 Tina Shoemake	10	Woodinville	5-00.0
14 Alisa Olson	12	Kentlake	4-04.0
15 Leah Bradley	12	South Kitsap	4-10.0
16 Katelan Redmon	9	Mt. Spokane	4-10.0

4A Girls Pole Vault

Finals

1 Doria Holbrook	12	Eisenhower	12-00.0
2 Andrea Peterson	12	Sumner	11-00.0
3 Monica Anderson	12	Bremerton	11-00.0
4 Aimee Hafen	11	Federal Way	11-00.0
5T Erica Ziegler	10	Mt. Spokane	10-09.0

5T Dana Giffen	11	Mead	10-09.0
7 Brittany Berg	11	Marysville-Pilchuck	10-06.0
8 Dana Stirn	12	Bellarmino Prep	10-06.0
9 Cassidy Caldwell	12	Rogers (Spokane)	10-00.0
10 Jenna Marshall	10	Auburn-Riverside	10-00.0
11 Katrina Roberson	12	Shelton	10-00.0
12 Anna Millar	12	Snohomish	10-00.0
13 Kristi Metzger	11	Shelton	9-06.0
14 Paris Malin	12	Lake Washington	9-00.0
15 Jamie Wulfeskuhle	12	Capital	9-00.0
-- Galyn Bunnell	12	Inglemoor	NH

2004 4A Girls Track & Field Team Finals

1 Curtis	64
2 Rogers (Spokane)	55
3 Decatur	34
4 Bellarmine Prep	29
5 Skyview	24
6 Eastmont	22
7 Eisenhower	20
8 Kent-Meridian	20
9 Mt. Spokane	19.5
10 Auburn-Riverside	19
11 Davis	19
12 Mead	18.5
13 Shadle Park	18
14 Cascade	14
15 Federal Way	13
16 Gig Harbor	13
17 Wenatchee	13
18 Lincoln	12
19 University	12
20 Inglemoor	11
21 Lake Stevens	11
22 Lewis & Clark	11
23 Olympia	11
24 Central Kitsap	10
25 Hudson's Bay	10
26 Kamiakin	10
27 Shelton	10
28 Sumner	10
29 Auburn	9
30 Gonzaga Prep	9
31 Kentridge	9
32 Pasco	9
33 Tahoma	9
34 Arlington	8
35 Central Valley	8
36 Edmonds-Woodway	8
37 Everett	8
38 Mount Tahoma	8

39 Richland	8
40 Snohomish	8
41 Bremerton	6
42 Mount Vernon	6
43 North Central	6
44 Wilson	6
45 Eastlake	5
46 Emerald Ridge	5
47 Franklin	5
48 Lake Washington	4
49 East Valley	3
50 Ferris	3
51 Garfield	3
52 Heritage	3
53 Redmond	3
54 Roosevelt	3
55 Marysville-Pilchuck	2
56 Prairie	2
57 Mountain View	1
58 Woodinville	1