

2026-27 WIAA DIVING FORM

For Eleven Dive Competitions

(Dive #'s, Descriptions and DD Values are listed in the NFHS Rule Book)

Diving Order
Prelim
Semi
Final

Name *		
School *	Grade *	
Date *	Meet *	

Final Place
1A/2A *
3A *
4A *

DIVE #	A B C D	DIVE DESCRIPTION (as listed in the NFHS rule book) (PLEASE PRINT)	JUDGES SCORES							TOTAL SCORE	DIVE D.D	Final Dive Score
			# 1	# 2	# 3	# 4	# 5	# 6	# 7			
PRELIMS 2 VOLUNTARY 3 OPTIONAL (circle the Dive # and DD of the Voluntary dives)												
*	*	*									*	■
*	*	*									*	■
												■
*	*	*									*	■
*	*	*									*	■
*	*	*									*	■
*	*	*									*	■
SEMI FINALS 2 VOLUNTARY 1 OPTIONAL (circle the Dive # and DD of the Voluntary dives)												
*	*	*									*	■
												■
*	*	*									*	■
												■
*	*	*									*	■
												■
FINALS 1 VOLUNTARY 2 OPTIONAL (circle the Dive # and DD of the Voluntary dives)												
*	*	*									*	■
												■
*	*	*									*	■
												■
*	*	*									*	■
												■

TOTAL POINTS

.

Diver's Signature *

Coach's Signature *

Referee's Initials (Pre) Signature (Final)

TOTAL D.D. VOLUNTARY DIVES *

TOTAL D.D. OPTIONAL DIVES *

DIVER / COACH PLEASE COMPLETE ALL AREAS MARKED (*) IN PENCIL - PLEASE PRINT

		C TUCK B PIKE A STRAIGHT D FREE					C TUCK B PIKE A STRAIGHT D FREE			
FORWARD DIVES	101 Forward Dive	1.2	1.3	1.4	—	TWIST DIVES	5124 Forward 1SS, 2 Twists	—	—	2.3
	102 Forward 1SS	1.4	1.5	1.6	—		5126 Forward 1SS, 3 Twists	—	—	2.8
	103 Forward 1 1/2 SS	1.6	1.7	2.0	—		5131 Forward 1 1/2 SS, 1/2 Twist	—	—	2.0
	104 Forward 2SS	2.2	2.3	—			5132 Forward 1 1/2 SS, 1 Twist	—	—	2.2
	105 Forward 2 1/2 SS	2.4	2.6	—	—		5134 Forward 1 1/2 SS, 2 Twists	—	—	2.6
	106 Forward 3SS	2.9	3.2	—	—		5136 Forward 1 1/2 SS, 3 Twists	—	—	3.1
	107 Forward 3 1/2 SS	3.0	3.3	—	—		5142 Forward 2SS, 1 Twist	2.6	2.7	—
	112 Forward Flying 1SS	1.6	1.7	—	—		5152 Forward 2 1/2 SS, 1 Twist	3.0	3.2	—
	113 Forward Flying 1 1/2 SS	1.8	1.9	—	—		5211 Back Dive, 1/2 Twist	—	—	1.8
	BACK DIVES	201 Back Dive	1.5	1.6	1.7	—	5212 Back Dive, 1 Twist	—	—	2.0
		202 Back 1 SS	1.5	1.6	1.7	—	5221 Back 1 SS, 1/2 Twist	—	—	1.7
		203 Back 1 1/2 SS	2.0	2.3	2.5	—	5222 Back 1 SS, 1 Twist	—	—	1.9
		204 Back 2 SS	2.0	2.3	—	—	5223 Back 1 SS, 1 1/2 Twists	—	—	2.3
		205 Back 2 1/2 SS	3.0	3.2	—	—	5225 Back 1 SS, 2 1/2 Twists	—	—	2.7
REVERSE DIVES	301 Reverse Dive	1.6	1.7	1.8	—	5227 Back 1 SS, 3 1/2 Twists	—	—	—	3.2
	302 Reverse 1SS	1.6	1.7	1.8	—	5231 Back 1 1/2 SS, 1/2 Twist	—	—	—	2.1
	303 Reverse 1 1/2 SS	2.1	2.4	2.7	—	5233 Back 1 1/2 SS, 1 1/2 Twists	—	—	—	2.5
	304 Reverse 2SS	2.1	2.4	—	—	5235 Back 1 1/2 SS, 2 1/2 Twists	—	—	—	2.9
	305 Reverse 2 1/2 SS	3.0	3.2	—	—	5251 Back 2 1/2 SS, 1/2 Twist	2.7	2.9	—	—
INWARD DIVES	401 Inward Dive	1.4	1.5	1.8	—	5311 Reverse Dive, 1/2 Twist	—	—	1.9	—
	402 Inward 1 SS	1.6	1.7	—	—	5312 Reverse Dive, 1 Twist	—	—	2.1	—
	403 Inward 1 1/2 SS	2.2	2.4	—	—	5321 Reverse 1SS, 1/2 Twist	—	—	—	1.8
	404 Inward 2 SS	2.8	3.0	—	—	5322 Reverse 1 SS, 1 Twist	—	—	—	2.0
	405 Inward 2 1/2 SS	3.1	3.4	—	—	5323 Reverse 1SS, 1 1/2 Twists	—	—	—	2.4
	412 Inward Flying SS	2.0	2.1	—	—	5325 Reverse 1 SS, 2 1/2 Twists	—	—	—	2.8
	413 Inward Flying 1 1/2	2.7	2.9	—	—	5331 Reverse 1 1/2 SS, 1/2 Twist	—	—	—	2.2
	TWIST DIVES	5111 Forward Dive, 1/2 Twist	1.6	1.7	1.8	—	5333 Reverse 1 1/2 SS, 1 1/2 Twists	—	—	2.6
		5112 Forward Dive, 1 Twist	—	1.9	2.0	—	5335 Reverse 1 1/2 SS, 2 1/2 Twists	—	—	3.0
		5121 Forward 1 SS, 1/2 Twist	—	—	1.7	1.7	5351 Reverse 2 1/2 SS, 1/2 Twists	2.7	2.9	—
		5122 Forward 1 SS, 1 Twist	—	—	1.9	1.9	5411 Inward Dive, 1/2 Twis	—	1.7	2.0
							5412 Inward Dive, 1 Twist	—	1.9	2.2
							5421 Inward 1 SS, 1/2 Twist	—	—	1.9
							5422 Inward 1 SS, 1 Twist	—	—	2.1
							5432 Inward 1 1/2 SS, 1 Twist	—	—	2.7
							5434 Inward 1 1/2 SS, 2 Twists	—	—	3.1