

200-YARD MEDLEY RELAY

	TIME	YEAR	SCHOOL
1A/2A MEET RECORD:	1:48.52	2015	Squalicum
3A MEET RECORD:	1:39.82	2024	Bellevue
4A MEET RECORD:	1:44.00	2018	Skyline

	TIME
AUTOMATIC QUALIFYING:	1:44.15
CONSIDERATION:	1:46.22

2025 STATE MEET

1A/2A ENTRY LIST			3A ENTRY LIST			4A ENTRY LIST		
LN	SCHOOL	SEED	LN	SCHOOL	SEED	LN	SCHOOL	SEED
Heat 1 of 3 Prelims			Heat 1 of 3 Prelims			Heat 1 of 3 Prelims		
1	Ridgefield	2:12.02	1	White River	2:05.11	1	Kamiak	2:00.42
2	Bellingham	2:06.63	2	Shorewood	2:00.19	2	Stadium	1:56.99
3	Olympic	2:02.86	3	Gig Harbor	1:55.21	3	Juanita	1:53.87
4	North Kitsap	1:56.32	4	Bellevue	1:50.18	4	Curtis	1:51.51
5	Ellensburg	1:59.36	5	Edmonds-Woodway	1:53.44	5	Issaquah	1:53.17
6	Prosser	2:06.11	6	Ballard	1:55.93	6	Tahoma	1:55.45
7	Selah	2:09.19	7	Shorecrest	2:02.36	7	Redmond	1:58.98
8	Foster	2:43.43	8	Mountain View	2:07.91	8	North Creek	2:01.11
Heat 2 of 3 Prelims			Heat 2 of 3 Prelims			Heat 2 of 3 Prelims		
1	Bremerton	2:11.20	1	Enumclaw	2:03.27	1	Lewis and Clark	1:59.18
2	Washougal	2:06.27	2	Stanwood	1:59.56	2	Olympia	1:56.62
3	Clarkston	2:01.59	3	Roosevelt	1:55.12	3	Bothell	1:53.29
4	Columbia River	1:55.49	4	Lakeside	1:45.90	4	Lincoln (Seattle)	1:51.20
5	Nathan Hale	1:59.06	5	Inglemoor	1:52.22	5	Lake Washington	1:52.93
6	Hockinson	2:06.03	6	Walla Walla	1:55.46	6	Eisenhower	1:55.05
7	Port Angeles	2:07.70	7	Bishop Blanchet	2:02.07	7	Camas	1:58.40
8	Lindbergh	2:19.67	8	Thomas Jefferson	2:06.11	8	Eastmont	2:00.97
Heat 3 of 3 Prelims			Heat 3 of 3 Prelims			Heat 3 of 3 Prelims		
1	Sequim	2:09.97	1	Cheney	2:02.94	1	Skyline	1:59.07
2	Sehome	2:06.14	2	Interlake	1:58.38	2	Sumner	1:56.46
3	Pullman	2:01.12	3	Seattle Prep	1:53.80	3	Jackson	1:53.22
4	Bainbridge	1:52.37	4	Mercer Island	1:43.51	4	Kennedy Catholic	1:46.40
5	Steilacoom	1:58.70	5	Holy Names Academy	1:50.99	5	Newport	1:52.17
6	Aberdeen	2:04.21	6	Liberty	1:55.40	6	Wenatchee	1:54.83
7	Anacortes	2:07.59	7	Snohomish	2:00.66	7	Hazen	1:58.14
8	Squalicum	2:13.23	8	Peninsula	2:05.70	8	Hanford	2:00.59

2024 STATE MEET RESULTS

2024 1A/2A STATE MEET RESULTS			2024 3A STATE MEET RESULTS			2024 4A STATE MEET RESULTS		
#	SCHOOL	TIME	#	SCHOOL	TIME	#	SCHOOL	TIME
1	Nathan Hale	1:51.92	1	Bellevue	1:39.82	1	Kennedy Catholic	1:45.66
2	Bainbridge	1:52.52	2	Lakeside (Seattle)	1:42.69	2	Lincoln (Seattle)	1:46.81
3	North Kitsap	1:54.44	3	Mercer Island	1:42.97	3	Tahoma	1:49.23
4	Bellingham	1:58.49	4	Holy Names Academy	1:48.91	4	Curtis	1:49.48
5	Pullman	1:59.35	5	Seattle Prep	1:51.56	5	Newport	1:49.68
6	Prosser	2:01.23	6	Edmonds-Woodway	1:53.01	6	Lake Washington	1:51.68
7	Hockinson	2:03.00	7	Sammamish	1:53.11	7	Jackson	1:54.27
8	Port Angeles	2:04.46	8	Shorecrest	1:53.74	8	Juanita	1:54.87

ALL-TIME TOP-10

1A/2A ALL-TIME TOP-10				3A ALL-TIME TOP-10				4A ALL-TIME TOP-10			
#	SCHOOL	TIME	YEAR	#	SCHOOL	TIME	YEAR	#	SCHOOL	TIME	YEAR
1	Squalicum	1:48.52	2015	1	Bellevue	1:39.82	2024	1	Skyline	1:44.00	2018
2	Aberdeen	1:49.31	2018	2	Lakeside (Seattle)	1:42.69	2024	2	Tahoma	1:45.26	2021
3	Sammamish	1:49.78	2023	3	Mercer Island	1:42.97	2024	3	Kennedy Catholic	1:45.66	2024
4	North Kitsap	1:50.10	2018	4	Bainbridge	1:43.52	2021	4	Rogers (Puyallup)	1:45.77	2003
5	North Kitsap	1:50.06	2017	5	Bellevue	1:44.20	2019	5	Rogers (Puyallup)	1:45.82	2002
6	Port Angeles	1:50.76	2016	6	Bainbridge	1:44.46	2022	6	Curtis	1:45.88	2019
7	Sammamish	1:50.82	2019	7	Mercer Island	1:44.50	2022	7	Newport (Bellevue)	1:46.00	2017
8	Liberty (Issaquah)	1:51.31	2016	8	Lakeside (Seattle)	1:44.58	2017	8	Tahoma	1:46.21	2019
9	Sammamish	1:51.33	2022	9	Bellevue	1:44.84	2022	9	Newport (Bellevue)	1:46.28	2018
10	Liberty (Issaquah)	1:51.40	2014	10	Bellevue	1:44.91	2023	10	Tahoma	1:46.72	2018

200-YARD FREESTYLE

	TIME	YEAR	NAME	SCHOOL
1A/2A MEET RECORD:	1:51.26	2007	Amelia Messegee	Centralia
3A MEET RECORD:	1:46.71	2024	Alexa McDevitt	Mercer Island
4A MEET RECORD:	1:46.55	2009	Andie Taylor	Skyline

	TIME
AUTOMATIC QUALIFYING:	1:48.81
CONSIDERATION:	1:50.65

2025 STATE MEET

1A/2A ENTRY LIST				3A ENTRY LIST				4A ENTRY LIST						
LN	NAME	GR.	SCHOOL	SEED	LN	NAME	GR.	SCHOOL	SEED	LN	NAME	GR.	SCHOOL	SEED
Heat 1 of 3 Prelims				Heat 1 of 4 Prelims				Heat 1 of 3 Prelims						
1	Ebony Mireles	12	Prosser	2:15.90	3	Kayla Lambiotte	11	Timberline	2:07.97	1	Ava Robertson	11	Skyline	2:02.98
2	Shelby Chandler	9	Archbishop Murphy	2:13.39	4	Jezelle Schmidt	11	Cheney	2:07.38	2	Lindsay Sutton	12	Wenatchee	2:00.17
3	Ashley Husmoe	12	North Kitsap	2:05.50	5	Zoe MacDonald	12	Edmonds-Woodway	2:07.76	3	Madison Wolfe	11	Curtis	1:56.97
4	Ingrid Morrison Garcia	11	Columbia River	2:02.62	6	Riley Stevenson	10	Heritage	2:09.44	4	Audrey Welfare	9	Curtis	1:53.55
5	Catalina Donolo	10	Pullman	2:04.24	Heat 2 of 4 Prelims				5	Molly Traina	10	Woodinville	1:56.41	
6	Sophie Buchan	12	Renton	2:09.66	1	Katherine Carlson	11	Marysville-Getchell	2:06.55	6	Lauren Ledesma	12	Curtis	1:59.03
7	Maya Wolf	11	Bainbridge	2:14.68	2	Hanna Park	9	Mercer Island	2:02.86	7	Taylor Thompson	9	Glacier Peak	2:01.89
8	Elsie Davis	9	Renton	2:22.01	3	Harper DesJardian	9	Inglemoor	1:59.30	8	Cora Ledrick	11	Lake Washington	2:04.01
Heat 2 of 3 Prelims				4	Sofia Wyzga	12	Bellevue	1:51.39	Heat 2 of 3 Prelims					
1	Kylie Wheatley	12	Dayton	2:15.30	5	Zoe Halffman	12	Seattle Prep	1:56.43	1	Shyla Asmus	11	Richland	2:02.69
2	Lola Jaspersen	9	Bainbridge	2:12.86	6	Eva Dahlin	11	Gig Harbor	2:01.10	2	Poppy Jones-Wick	10	Camas	2:00.11
3	Brooklynn Sweetland	9	Olympic	2:05.24	7	Anna Bendiksen	11	Shorecrest	2:04.88	3	Camila Bossa	12	Puyallup	1:56.73
4	Elsa Ethelbah	11	Sehome	2:02.57	Heat 3 of 4 Prelims				4	Molly McCorriston	12	Hazen	1:51.23	
5	Harper Rich	9	Bainbridge	2:02.97	1	Reese Miller	10	Peninsula	2:05.93	5	Julia Song	12	Hazen	1:55.75
6	Aoibhinn Johnson	11	Burlington-Edison	2:09.46	2	Tala Estes	11	Liberty	2:02.18	6	Abigail Parish	12	Newport	1:58.88
7	Maia Cavagnetto	10	Pullman	2:14.49	3	Eden O'Donnell	11	West Seattle	1:57.27	7	Vivienne Jahn	11	Rogers	2:01.42
8	Sanna Torgersen	11	Nathan Hale	2:20.09	4	Eliza Seibert	10	Lakeside	1:51.11	8	Katherine Chen	10	Eastlake	2:03.57
Heat 3 of 3 Prelims				5	Kaitlyn LaTendresse	12	Gig Harbor	1:55.33	Heat 3 of 3 Prelims					
1	Ava Good	11	Toledo	2:14.84	6	Charlotte Phillips	10	Shorecrest	1:59.80	1	Lauren Hizey	10	Woodinville	2:02.09
2	Amayah Nelson	11	Port Angeles	2:09.87	7	Hannah Yost	10	Silas	2:04.83	2	Avery Stender	9	Kennedy Catholic	1:59.72
3	Jess Richards	11	Medical Lake	2:04.59	Heat 4 of 4 Prelims				3	Chloey Wallace	10	Lincoln (Seattle)	1:56.45	
4	Lily Rehder	10	Bainbridge	2:01.85	1	Adeline Chitty	11	Auburn Mountainview	2:05.44	4	Ava Swigart	12	Lewis and Clark	1:50.89
5	Jordan Zaemann	11	Columbia River	2:02.88	2	Lila Goodall	9	Mercer Island	2:01.29	5	Kennedy Skidders	9	Sumner	1:55.64
6	Julia Smith	11	Ridgefield	2:09.04	3	Lilian Yang	9	Lakeside	1:56.61	6	Hanna Fritts	11	Jackson	1:57.75
7	Eden Shields	12	Blaine	2:14.35	4	Gracyn Kehoe	12	Mercer Island	1:47.99	7	Brooke Yi	10	Puyallup	2:01.31
8	Avari Harmon	12	Bremerton	2:16.15	5	Ellie Wang	12	Holy Names Academy	1:53.98	8	Bria Bodenman	12	Moses Lake	2:03.22
					6	Madi Bauman	11	Cheney	1:59.73					
					7	Julia DesJardian	9	Inglemoor	2:03.13					

2024 STATE MEET RESULTS

2024 1A/2A STATE MEET RESULTS				2024 3A STATE MEET RESULTS				2024 4A STATE MEET RESULTS						
#	NAME	GR.	SCHOOL	TIME	#	NAME	GR.	SCHOOL	TIME	#	NAME	GR.	SCHOOL	TIME
1	Grace Sorenson	11	Bellingham	1:51.95	1	Alexa McDevitt	12	Mercer Island	1:46.71	1	Elayne Chen	12	Tahoma	1:50.82
2	Brigid Dinnen	11	East Valley	1:55.45	2	Sammy Segerson	12	Bellevue	1:51.45	2	Molly McCorriston	11	Hazen	1:51.18
3	Ashley Husmoe	11	North Kitsap	2:02.84	3	Maddie Rivard	12	Garfield	1:52.11	3	Ava Swigart	12	Lewis and Clark	1:51.22
4	Elsa Ethelbah	10	Sehome	2:03.97	4	Caroline Cancelmo	12	Lakeside (Seattle)	1:52.53	4	Madison Wolfe	10	Curtis	1:54.69
5	Medea Rusu	12	Ridgefield	2:04.72	5	Sofia Wyzga	11	Bellevue	1:52.81	5	Alena Lehmann	12	Glacier Peak	1:56.62
6	Jordan Zaemann	10	Seton Catholic	2:07.38	6	Eliza Seibert	9	Lakeside (Seattle)	1:53.40	6	Yuy La	12	Olympia	1:56.70
7	Amayah Nelson	10	Port Angeles	2:08.85	7	Ellie Wang	11	Holy Names Academy	1:54.18	7	Lila McGeachy	12	Camas	1:56.80
8	I. Garcia Morrison	10	Columbia River	2:10.51	8	Kaitlyn LaTendresse	11	Gig Harbor	1:54.33	8	Lauren Ledesma	11	Curtis	1:57.57

ALL-TIME TOP-10

1A/2A ALL-TIME TOP-10					3A ALL-TIME TOP-10				4A ALL-TIME TOP-10					
#	NAME	SCHOOL	TIME	YEAR	#	NAME	SCHOOL	TIME	YEAR	#	NAME	SCHOOL	TIME	YEAR
1	Amelia Messegee	Centralia	1:51.26	2007	1	Alexa McDevitt	Mercer Island	1:46.71	2024	1	Andie Taylor	Skyline	1:46.55	2009
2	Natilee Ruiz	Othello	1:51.43	2010	2	Amy Tang	Lakeside (Seattle)	1:47.93	2017	2	Sarah DiMeco	Skyline	1:46.98	2018
3	Amelia Messegee	Centralia	1:51.83	2006	3	Alexa McDevitt	Bainbridge	1:48.79	2022	3	Yulia Groysman	Newport (Bellevue)	1:48.25	2017
4	Nakayla Chan	Fife	1:51.92	2006	4	Nathalie Valdman	Lakeside (Seattle)	1:48.92	2019	4	Megan Oesting	Mercer Island	1:48.52	1989
5	Grace Sorenson	Bellingham	1:51.95	2024	5	Andie Taylor	Skyline	1:49.32(P)	2006	5	Megan Rains	Rogers (Puyallup)	1:48.77	2002
6	Grace Sorenson	Bellingham	1:52.80	2023	6	Mia Foster	Garfield	1:49.54	2021	6	Elli Straume	Kamiak	1:49.24	2018
7	Nakayla Chan	Fife	1:53.39	2008	7	Aneta Wyzga	Bellevue	1:49.67	2018	7	Sarah DiMeco	Skyline	1:49.37	2016
8	Ella Van Troba	Naches Valley	1:53.86	2017	8	Nathalie Valdman	Lakeside (Seattle)	1:49.82	2018	8	Dana Kirk	Bremerton	1:49.46	2001
9	Krista Wilson	Ellensburg	1:54.06	2016	9	Andie Taylor	Skyline	1:49.90	2007	9	Yulia Groysman	Newport (Bellevue)	1:49.48	2018
10	Brigid Dinnen	East Valley (Spokane)	1:54.22	2023	10	Gracyn Kehoe	Mercer Island	1:49.91	2023	10	Fiona Majeau	Garfield	1:49.71	2009

200-YARD INDIVIDUAL MEDLEY

	TIME	YEAR	NAME	SCHOOL
1A/2A MEET RECORD:	2:04.02	2011	Natilee Ruiz	Othello
3A MEET RECORD:	1:58.23	2023	Piper Enge	Mercer Island
4A MEET RECORD:	1:58.23	2008	Andie Taylor	Skyline

	TIME
AUTOMATIC QUALIFYING:	2:01.47
CONSIDERATION:	2:03.99

2025 STATE MEET

1A/2A ENTRY LIST				3A ENTRY LIST				4A ENTRY LIST						
LN	NAME	GR.	SCHOOL	SEED	LN	NAME	GR.	SCHOOL	SEED	LN	NAME	GR.	SCHOOL	SEED
Heat 1 of 3 Prelims				Heat 1 of 3 Prelims				Heat 1 of 3 Prelims						
1	Amanda Herten	12	Bainbridge	2:33.55	1	Sadie Kuper	10	Lakes	2:32.74	1	Sophia Davis	11	Rogers	2:22.19
2	Caitlin Roberts	11	Black Hills	2:28.36	2	Sophia Kuntz	10	Snohomish	2:13.18	2	Iris Feng	12	Newport	2:18.74
3	Chloe Wies	11	Nathan Hale	2:20.94	3	Maddie Yovanovich	10	Ballard	2:11.06	3	Adelaide Loeser	12	Eisenhower	2:15.44
4	Audrey Keigley	10	Bainbridge	2:15.08	4	Klara Kirschbaum	9	Mercer Island	2:06.65	4	Parker Marvin	12	Kennedy Catholic	2:09.44
5	Raegan Zaemann	10	Columbia River	2:19.89	5	Clara Jones	9	Lakeside	2:10.24	5	Michelle Chang	11	Bothell	2:11.42
6	Olivia Longridge	11	Bainbridge	2:22.98	6	Lucy Demaray	11	Mountain View	2:12.54	6	Mia Abrigo	11	Jackson	2:17.03
7	Felix Duez	10	Anacortes	2:30.35	7	Audrey LaTendresse	10	Gig Harbor	2:22.74	7	Katelin Audette	10	Curtis	2:20.62
8	Hattie Lawson	10	Lindbergh	3:07.92	8	Sienna Scanlan	12	Timberline	2:36.75	8	Alaina Cathey	12	Kamiakin	2:26.45
Heat 2 of 3 Prelims				Heat 2 of 3 Prelims				Heat 2 of 3 Prelims						
1	Sage Maden	10	Sehome	2:32.98	1	Fiona Policarpio	11	Thomas Jefferson	2:25.46	1	Sakura Gabor	11	Jackson	2:21.78
2	Lily Dickinson	10	Ellensburg	2:27.02	2	Delana Irani	12	Holy Names Academy	2:12.81	2	Jessica Yalcin	10	Stadium	2:18.68
3	Lucy Sandberg	10	Pullman	2:20.72	3	Caroline Hooper	12	Holy Names Academy	2:11.00	3	Madison Chan	10	Issaquah	2:15.28
4	Ellie Field	9	Steilacoom	2:13.72	4	Nora McCarthy	11	Lakeside	2:04.11	4	Kaitlyn Vu	12	Kennedy Catholic	2:08.79
5	Ava Shinkle	11	Sequim	2:18.89	5	Clare Weber	11	Holy Names Academy	2:09.38	5	Keelie Sullivan	12	Glacier Peak	2:11.25
6	Carly Yates	12	North Kitsap	2:22.61	6	Clare Effgen	11	Seattle Prep	2:12.09	6	Bailey Trahan	12	Skyview	2:16.59
7	Anna Nguyen	10	Centralia	2:29.96	7	Anna Paul	10	Stanwood	2:18.68	7	Riain O'Neil	12	Skyline	2:19.33
8	Aya Byrne	12	Nathan Hale	2:38.94	8	Olivia Thayne	10	Walla Walla	2:34.62	8	Lainey Meyer	9	Juanita	2:23.59
Heat 3 of 3 Prelims				Heat 3 of 3 Prelims				Heat 3 of 3 Prelims						
1	Esther Stephens	9	Anacortes	2:31.13	1	Alora de Vera	10	Stanwood	2:24.60	1	Mia Vander Mey	9	Skyline	2:20.83
2	Kellee Muffett	11	Zillah	2:23.42	2	Jamison Howell	9	Seattle Prep	2:12.74	2	Ashley Wong	9	Redmond	2:18.66
3	Hallie Higgins	11	Marysville-Pilchuck	2:20.03	3	Violette Schinder	9	Walla Walla	2:10.32	3	Payton Tweit	11	Sumner	2:12.69
4	Ava Field	12	Steilacoom	2:07.05	4	Brisa Gao	12	Lakeside	2:01.32	4	Tessa Hurguy	9	South Kitsap	2:04.68
5	Lena Everett	11	Bainbridge	2:17.47	5	Kiki Pfeiffer	10	Bellevue	2:07.87	5	Ellen Lu	11	Newport	2:10.27
6	Hazel Edge	11	Pullman	2:21.92	6	Mila Zhang	9	Mercer Island	2:11.10	6	Esther Mei	11	Hanford	2:16.42
7	Soleil Rubido	9	Squalicum	2:28.55	7	Lisa Beam	11	Mountlake Terrace	2:14.24	7	Cora Loeser	10	Eisenhower	2:18.82
8	Rachel Graeme	10	Seton Catholic	2:35.73	8	Kaitlyn Johnston	10	Gig Harbor	2:34.14	8	Amanda Miller	12	Eastlake	2:23.01

2024 STATE MEET RESULTS

2024 1A/2A STATE MEET RESULTS				2024 3A STATE MEET RESULTS				2024 4A STATE MEET RESULTS						
#	NAME	GR.	SCHOOL	TIME	#	NAME	GR.	SCHOOL	TIME	#	NAME	GR.	SCHOOL	TIME
1	Gabbie Patti	12	Bremerton	2:07.76	1	Sophie Sergerson	12	Bellevue	1:58.58	1	Kaitlyn Vu	11	Kennedy Catholic	2:06.55
2	Ava Field	11	Steliacoom	2:10.23	2	Cecilia Howard	12	Bellevue	1:59.76	2	Parker Marvin	11	Kennedy Catholic	2:09.35
3	Paige Dangleis	12	Hockinson	2:11.45	3	Gracyn Kehoe	11	Mercer Island	2:01.32	3	Olivia Hoyla	12	Jackson	2:09.66
4	Lena Everett	10	Bainbridge	2:15.79	4	Nora McCarthy	10	Lakeside (Seattle)	2:03.19	4	Payton Tweit	10	Sumner	2:10.39
5	Hailey Ferrell	11	Blaine	2:17.39	5	Izzy Rider	10	Silas	2:08.34	5	Michelle Chang	10	Bothell	2:11.68
6	Lily Rehder	9	Bainbridge	2:19.74	6	Neve Chene	10	Sammamish	2:08.41	6	Poet DeBoom	12	Lake Washington	2:13.82
7	Ava Shinkle	10	Sequim	2:21.69	7	CJ Woare	12	Mercer Island	2:09.53	7	Keelie Sullivan	11	Glacier Peak	2:13.83
8	Carly Yates	11	NK	2:23.56	8	Brooklyn Learned	9	Gig Harbor	2:11.77	8	Adelaide Looser	11	Eisenhower	2:14.06

ALL-TIME TOP-10

1A/2A ALL-TIME TOP-10					3A ALL-TIME TOP-10				4A ALL-TIME TOP-10					
#	NAME	SCHOOL	TIME	YEAR	#	NAME	SCHOOL	TIME	YEAR	#	NAME	SCHOOL	TIME	YEAR
1	Natilee Ruiz	Othello	2:04.02	2011	1	Piper Enge	Mercer Island	1:58.23	2023	1	Andie Taylor	Skyline	1:58.23	2008
2	Sutton Forbis	Sammamish	2:05.67	2023	2	Sophie Sergerson	Bellevue	1:58.58	2024	2	Lisa Bratton	Richland	1:59.44	2013
3	Taylor McCoy	Pullman	2:05.73	2013	3	Cecilia Howard	Bellevue	1:59.76	2024	3	Carolyn McCann	Gig Harbor	1:59.56	2013
3	Abby Russell	Liberty (Issaquah)	2:05.90	2016	4	Piper Enge	Mercer Island	1:59.92	2021	4	Mia Chang	Jackson	1:59.71	2019
5	Julia Sanders	Hockinson	2:05.90	2012	5	Piper Enge	Mercer Island	1:59.94	2022	5	Samantha Baron	Newport (Bellevue)	1:59.98	2019
6	Taylor McCoy	Pullman	2:06.59	2016	6	Kim Williams	Bellevue	2:00.35	2014	6	Amber McDermott	Jackson	2:00.11	2008
7	Taylor McCoy	Pullman	2:06.92	2014	7	Kim Williams	Bellevue	2:00.64	2013	7	Samantha Baron	Newport (Bellevue)	2:00.86	2018
8	Ava Gruner	Sammamish	2:07.11	2022	8	Gracyn Kehoe	Mercer Island	2:00.76	2022	8	Kari Edwards	Columbia River	2:01.10	1994
9	Gabbie Patti	Bremerton	2:07.76	2024	9	Kim Williams	Bellevue	2:01.20	2012	9	Emily Kukors	Auburn	2:01.14	2002
10	Nakayla Chan	Fife	2:07.82	2007	10	Grace Wold	Mercer Island	2:01.87	2012	10	Lisa Bratton	Richland	2:01.53	2012
10	Taylor McCoy	Pullman	2:07.82	2015										

50-YARD FREESTYLE

	TIME	YEAR	NAME	SCHOOL
1A/2A MEET RECORD:	23.17	2018	Eleanor Beers	North Kitsap
3A MEET RECORD:	22.36 (P)	2019	Janelle Rudolph	Bellevue
4A MEET RECORD:	22.58	2017	Emma Carlton	Mount Vernon

	TIME
AUTOMATIC QUALIFYING:	23.06
CONSIDERATION:	23.48

2025 STATE MEET

1A/2A ENTRY LIST				3A ENTRY LIST				4A ENTRY LIST						
LN	NAME	GR.	SCHOOL	SEED	LN	NAME	GR.	SCHOOL	SEED	LN	NAME	GR.	SCHOOL	SEED
Heat 1 of 3 Prelims				Heat 1 of 3 Prelims				Heat 1 of 3 Prelims						
1	Nicole Tomyrn	12	Eatonville	27.16	1	Linnea Hendrickson	12	Silas	26.53	1	Aspen Sinnott	12	Mount Si	25.80
2	Raha Gharaei	9	Sehome	26.79	2	Iris Huang	12	Inglemoor	25.46	2	Anjali Richards	12	Lewis and Clark	25.63
3	Shea Ruddick	10	Bainbridge	26.06	3	Lauren Rich	12	Sammamish	24.85	3	Elliana Lam	9	Jackson	25.11
4	Rylee DuPont	9	Bainbridge	24.80	4	Daniel Buchholz	11	Shorewood	23.89	4	Maddie Moorehead	11	Curtis	24.63
5	Georgina Romero	11	Hockinson	25.63	5	Hope Enge	12	Mercer Island	24.30	5	Krystyna Yefremova	10	Jackson	24.91
6	Sean Carr	12	South Whidbey	26.45	6	Elaine Chen	10	Mercer Island	24.97	6	Anneliese Pan	11	Bothell	25.43
7	Suki Bringman	12	Centralia	26.99	7	Maya Bergan	10	Edmonds-Woodway	26.12	7	Gaby Lopez	12	Curtis	25.70
8	Vera Nofziger	11	Evergreen	28.22	8	Izzy Liljestrand	9	Cheney	26.67	8	Marieka Campbell	12	Wenatchee	26.73
Heat 2 of 3 Prelims				Heat 2 of 3 Prelims				Heat 2 of 3 Prelims						
1	Kenna Camp	10	Prosser	27.02	1	Sydney Bates	12	Edmonds-Woodway	26.16	1	Alice Prokoff	10	Lincoln (Seattle)	25.72
2	Annie Morgan	11	Columbia River	26.76	2	Madelyn Smith	10	Walla Walla	25.28	2	Cecilia Pallotta	11	Kennedy Catholic	25.53
3	Camden Brown	10	Bainbridge	25.94	3	Lee Gjertson	11	Peninsula	24.85	3	Nicole Gertseva	12	Olympia	25.11
4	Chloe Myers	11	Selah	24.78	4	Annie Wang	9	Lakeside	23.74	4	Megan Maley	11	Glacier Peak	24.62
5	Shosho McLain	11	North Kitsap	25.13	5	Claire Gao	9	Bellevue	24.02	5	Maya Sprinkling	9	Lincoln (Seattle)	24.65
6	Jasmine Garcia	10	Bellingham	26.35	6	Kathryn Blume	9	Bishop Blanchet	24.92	6	May Phut	11	Cascade	25.32
7	Hanne Bang-Knudsen	9	North Kitsap	26.94	7	Haley Weisheyer	12	White River	25.57	7	Kathryn Sitrer	12	Camas	25.69
8	Anna Shuler	12	Nathan Hale	28.06	8	Natalie Brown	11	Kelso	26.57	8	Dallie Cobb	12	Moses Lake	26.36
Heat 3 of 3 Prelims				Heat 3 of 3 Prelims				Heat 3 of 3 Prelims						
1	Elaine Mower	11	Selah	27.00	1	Sophia Evers	9	Peninsula	26.12	1	Aila Swanson	9	Olympia	25.72
2	Addilyn Williams	11	Clarkston	26.59	2	Clairey Wang	10	Bellevue	25.03	2	Samara Kula	11	Stadium	25.46
3	Ingrid Morrison Garcia	11	Columbia River	25.91	3	Bella Wong	10	Bellevue	24.81	3	Elissa Anderson	12	Jackson	24.98
4	Brigid Dinnen	12	East Valley (Spokane)	24.73	4	Tatum Enge	10	Mercer Island	23.57	4	Avery Jackson	11	Kennedy Catholic	24.38
5	Yulia Farmer	11	Klahowya	25.10	5	Meg Dahlin	12	Mercer Island	23.93	5	Matilda White	12	Lincoln (Seattle)	24.63
6	Macey Holloway	12	Ellensburg	26.21	6	Lyla Finocchio	12	Roosevelt	24.91	6	Anvi Beniwal	10	Lake Washington	25.32
7	Maia Cavagnetto	10	Pullman	26.92	7	Ella Luu	10	Shorecrest	25.49	7	Riley Luna	12	Curtis	25.69
8	Claiborne O'Donnell	9	Anacortes	28.03	8	Hanna Bevans	9	Gig Harbor	26.54	8	Brooke Posada	11	Richland	26.03

2024 STATE MEET RESULTS

2024 1A/2A STATE MEET RESULTS				2024 3A STATE MEET RESULTS				2024 4A STATE MEET RESULTS						
#	NAME	GR.	SCHOOL	TIME	#	NAME	GR.	SCHOOL	TIME	#	NAME	GR.	SCHOOL	TIME
1	Maya Geddes	12	Bainbridge	24.26	1	Kamryn Meskill	12	Bellevue	22.48	1	Sophia Sunwoo	12	Newport (Bellevue)	22.73
2	Shosho McLain	10	North Kitsap	25.04	2	Heather White	12	Bellevue	22.69	2	Matilda White	11	Lincoln (Seattle)	23.62
3	Chloe Myers	10	Selah	25.21	3	Lane Gooding	12	Seattle Prep	23.66	3	Avery Jackson	10	Kennedy Catholic	24.26
4	Harper Matsumoto	12	Nathan Hale	25.21	4	Aziza Meyer	12	Central Kitsap	23.74	4	Alexis Bernardo	12	Curtis	24.40
5	Yulia Farmer	10	Klahowya	25.36	5	Jeslyn Vuong	12	Mountlake Terrace	23.92	5	Hayden Hoover	12	Curtis	24.59
6	Karlen Stuart	11	Woodland	25.41	6	Meg Dahlin	11	Mercer Island	24.22	6	Angelina Yu	12	Lake Washington	24.78
7	Georgina Romero	10	Hockinson	25.53	7	Hope Enge	11	Mercer Island	24.25	7	Chloey Wallace	9	Lincoln (Seattle)	24.79
8	Kaylin Jones	12	Nathan Hale	25.67	8	Lauren Howe	12	Cheney	24.56	8	Elissa Anderson	11	Jackson	24.88

ALL-TIME TOP-10

1A/2A ALL-TIME TOP-10					3A ALL-TIME TOP-10				4A ALL-TIME TOP-10					
#	NAME	SCHOOL	TIME	YEAR	#	NAME	SCHOOL	TIME	YEAR	#	NAME	SCHOOL	TIME	YEAR
1	Eleanor Beers	North Kitsap	23.17	2018	1	Janelle Rudolph	Bellevue	22.36(P)	2019	1	Emma Carlton	Mount Vernon	22.58	2017
2	Natilee Ruiz	Othello	23.29	2008	2	Kamryn Meskill	Bellevue	22.48	2024	2	Sophia Sunwoo	Newport (Bellevue)	22.73	2024
3	Eleanor Beers	North Kitsap	23.36	2016	3	Heather White	Bellevue	22.69	2024	3	Gabrielle Dang	North Creek	22.91	2018
4	Eleanor Beers	North Kitsap	23.52(P)	2017	4	Janelle Rudolph	Bellevue	22.85	2018	4	Gabrielle Dang	North Creek	22.95	2017
5	Hailey Grotte	La Center	23.69	2019	5	Leona Jennings	Mount Rainier	22.92	2008	5	Kenna Ramey	Federal Way	22.96	2013
6	Julia Sanders	Hockinson	23.72	2011	6	Emily Silver	Bainbridge	22.99	2003	6	Gabrielle Dang	Inglemoor	23.06	2016
7	MacKenna Briggs	Liberty (Issaquah)	23.78	2014	7	Janell Rudolph	Bellevue	23.02	2017	7	Megan Desting	Mercer Island	23.17	1990
8	Julia Sanders	Hockinson	23.90	2010	8	Clare Watson	Mercer Island	23.08	2022	8	Kathy Smith	Lake Washington	23.21	1981
9	Karlyn Hougan	Tumwater	23.95	2006	9	Anna Keane	Meadowdale	23.21	2013	9	Missy McIntyre	Oak Harbor	23.28	2004
10	Katie Walz	Sammamish	23.96	2019	10	Lauren Kaufman	Hazen	23.31	2010	10	Emma Carlton	Mount Vernon	23.29	2015

ONE-METER DIVING

	SCORE	YEAR	NAME	SCHOOL
1A/2A MEET RECORD:	394.55	2015	McKenna Troje	Sammamish
3A MEET RECORD:	473.30	2005	Jessie Snowden	Issaquah
4A MEET RECORD:	488.20	2012	Caitlin Chambers	Garfield

2025 STATE MEET

1A/2A ENTRY LIST				3A ENTRY LIST				4A ENTRY LIST						
#	NAME	GR.	SCHOOL	SEED	#	NAME	GR.	SCHOOL	SEED	#	NAME	GR.	SCHOOL	SEED
1	Lynzee Reid	12	Port Angeles	260.85	1	Madison Meier	11	Southridge	213.50	1	Ellie Peterson	10	Tahoma	409.50
2	Carmody Beatty	9	Bellingham	150.15	2	Mia Lageson	11	Seattle Prep	252.10	2	Morgan Christian	12	Redmond	405.85
3	Sophie Rylander	11	Steilacoom	197.55	3	Amaya Johnson	12	Decatur	316.05	3	Olivia Conley	12	Glacier Peak	343.05
4	Jazzy Nelson	9	Squalicum	225.30	4	Annabelle Joose	9	Silas	359.25	4	Fiona Ballas	12	Redmond	358.15
5	Ema Riegel	12	North Kitsap	191.65	5	Sophie Katsilometes	10	Shorecrest	232.30	5	Nour Chalasani	11	Lincoln (Seattle)	332.95
6	Hailey Ferrell	12	Blaine	166.15	6	Maya Shahani	12	Sammamish	285.35	6	Sophia Biden	10	Eastlake	290.25
7	Aoife Tamminga	11	Sehome	223.55	7	Maggie Huey	11	Garfield	252.15	7	Lily Hansen	10	Wenatchee	277.35
8	Jill Thomas	12	Marysville-Pilchuck	276.70	8	Amaya Simmons	12	Decatur	252.75	8	Elena Ugarte	10	Auburn Riverside	340.25
9	Audrey Smith	11	Steilacoom	272.60	9	Madelyn Clark	12	Monroe	321.95	9	Vivian Keough	12	Curtis	308.05
10	Sophee Mott	12	Cashmere	201.15	10	Isobel Chi	12	Lakeside	234.25	10	Sara Rogers	12	Ferris	295.10
					11	Abigail Flowers	9	Cheney	215.40	11	Zoe Edwards	12	Curtis	267.60
					12	Jane Jackman	9	Gig Harbor	414.80	12	Addison Reynolds	11	Auburn	362.90
					13	Sofia Fonseca	10	Lakeside	241.40	13	Maile England	12	Wenatchee	311.30
					14	Clare Capasso	10	Mercer Island	302.30	14	Anya Goveia	12	Skyline	287.65
					15	Anna Lettie Noriega	9	Ingraham	272.65	15	Finley Keighron	10	Auburn Riverside	365.75
					16	Julia Ludlow	9	Sammamish	272.25	16	Maggie Dalton	9	Lake Washington	295.80
					17	Finley Springer	12	Ingraham	325.35	17	Zoe Goodwin	12	South Kitsap	302.85
					18	Lilian Berrios	12	Inglemoor	363.65	18	Maci Mladenich	12	Curtis	294.70
					19	Maggie Beatty-Witt	12	Shorecrest	311.40	19	Baylee Cook	12	Lake Washington	320.85
					20	Audrey Metcalf	12	Mercer Island	258.35	20	Madeline Garwood	12	Mount Si	269.30
					21	Aisha Jallow	12	Marysville-Getchell	232.45	21	Alice Williams	12	Richland	312.30
					22	Isla Wenger	10	Lakeside	229.25	22	Claire Butler	12	Glacier Peak	459.95
					23	Brynn Magelsen	12	Monroe	322.65	23	Callie Krisel	10	Mount Rainier	284.75
					24	Emy McMurdie	11	Capital	341.65	24	Timbre Grevenkamp	10	Jackson	363.15

2024 STATE MEET RESULTS

2024 1A/2A STATE MEET RESULTS				2024 3A STATE MEET RESULTS				2024 4A STATE MEET RESULTS						
#	NAME	GR.	SCHOOL	SCORE	#	NAME	GR.	SCHOOL	SCORE	#	NAME	GR.	SCHOOL	SCORE
1	Sammy Mandeville	12	Archbishop Murphy	344.10	1	Lillian Berrios	11	Inglemoor	304.75	1	Addison Farman	12	Glacier Peak	407.40
2	Jill Thomas	11	Marysville-Pilchuck	243.15	2	Elsa Nord	12	Sammamish	294.15	2	Samantha Keith	12	Bothell	385.20
3	Laura Webb	12	Selah	239.00	3	Madelyn Clark	11	Monroe	287.30	3	Trudy Inagawa	12	Issaquah	344.55
4	Nancy Ta	12	Lindbergh	234.30	4	Brynn Magelsen	11	Monroe	279.05	4	Claire Butler	11	Glacier Peak	339.20
5	Joy Evans	11	Anacortes	230.65	5	Berkley Gorre	12	Shorecrest	278.05	5	Vivian Keough	11	Curtis	297.60
6	Audrey Smith	10	Steilacoom	210.45	6	Clare Capasso	9	Mercer Island	275.05	6	Claire De Boer	12	Lincoln (Seattle)	292.45
7	DaryaDennon	10	Bainbridge	209.80	7	Delaney Rush	12	Kennewick	268.95	7	Timbre Grevenkamp	9	Jackson	274.80
8	Mia Gergawy	9	West Valley (Spokane)	208.50	8	Trista Turgeon	11	White River	255.80	8	Morgan Christian	11	Redmond	274.35

ALL-TIME TOP-10

1A/2A ALL-TIME TOP-10					3A ALL-TIME TOP-10				4A ALL-TIME TOP-10					
#	NAME	SCHOOL	SCORE	YEAR	#	NAME	SCHOOL	SCORE	YEAR	#	NAME	SCHOOL	SCORE	YEAR
1	McKenna Troje	Sammamish	394.55	2015	1	Jessie Snowden	Issaquah	473.30	2005	1	Caitlin Chambers	Garfield	488.20	2012
2	Tori Franzen	Squalicum	383.55	2012	2	Jessie Snowden	Issaquah	465.15	2006	2	Teresa Hackett	Highline	453.30	1974
3	Reilly Krueger	Archbishop Murphy	350.95	2014	3	Samantha Young	Shorecrest	463.50	2005	3	Mariesa Cloud	Tahoma	451.85	2006
4	Naomi Prince	Enumclaw	346.40	2022	4	Samantha Young	Shorecrest	453.90	2004	4	Sarah Fields	Kentwood	450.55	1994
5	Sammy Mandeville	Archbishop Murphy	344.10	2024	5	T.D. Rowe	Liberty (Issaquah)	439.85	1994	5	Kelley Persinger	Newport (Bellevue)	442.40	1996
6	Seema Borgmann	Sammamish	341.35	2022	6	Brooke Wherley	Marysville Getchell	438.85	2014	6	Erin Harmon	Kentridge	438.10	1994
7	Taylor Bloedorn	Fife	340.70	2019	7	Kayli Kersavage	Snohomish	438.80	2019	7	Sarah Fields	Kentwood	437.35	1996
8	Kelsey Bassett	Archbishop Murphy	339.25	2017	8	Becky Brackett	Bellevue	433.90	1997	8	Sarah Farr	Gig Harbor	436.95	1998
9	Belle Wong	Liberty (Issaquah)	338.80	2016	9	Brooke Andrews	Mercer Island	432.35	2022	9	Michelle Hager	Gig Harbor	433.70	2000
10	Eleanor Brecht	Liberty (Issaquah)	338.15	2019	9	Crystal Gregory	Newport (Bellevue)	428.95	1997	10	Erin Harmon	Kentridge	432.25	1993

100-YARD BUTTERFLY

	TIME	YEAR	NAME	SCHOOL
1A/2A MEET RECORD:	55.65	2014	Mackenna Briggs	Liberty (Issaquah)
3A MEET RECORD:	52.05	2022	Ella Jablonski	Lakeside (Seattle)
4A MEET RECORD:	52.58	2018	Gabrielle Dang	North Creek

	TIME
AUTOMATIC QUALIFYING:	54.29
CONSIDERATION:	55.44

2025 STATE MEET

1A/2A ENTRY LIST				3A ENTRY LIST				4A ENTRY LIST						
LN	NAME	GR.	SCHOOL	SEED	LN	NAME	GR.	SCHOOL	SEED	LN	NAME	GR.	SCHOOL	SEED
Heat 1 of 3 Prelims				Heat 1 of 3 Prelims				Heat 1 of 3 Prelims						
1	Chloe Kay-Sanders	12	Port Angeles	1:11.01	1	Alora de Vera	10	Stanwood	1:04.36	1	Natalie Nguyen	11	Kennedy Catholic	1:04.44
2	Chloe Baptiste-Cerra	10	Bremerton	1:07.38	2	Alexandra Levesh	12	Enumclaw	1:01.72	2	Kennedy Tremblay	12	Juanita	1:02.05
3	Chloe Hansen	11	Centralia	1:03.26	3	Rhea Orazem	11	Holy Names Academy	59.80	3	Claire Lin	11	Issaquah	1:00.48
4	Camden Brown	10	Bainbridge	1:01.62	4	Emma Nowakowski	11	Mercer Island	56.38	4	Nicole Gertseva	12	Olympia	58.86
5	Aubrey Hedstrom	12	North Kitsap	1:02.20	5	Maisey Jarrett	12	Holy Names Academy	57.12	5	Adelaide Loeser	12	Eisenhower	59.53
6	Kenna Camp	10	Prosser	1:06.40	6	Lyla Finocchio	12	Roosevelt	59.47	6	Megan Huang	12	Newport	1:01.37
7	Sam Yamashita	12	Columbia River	1:08.52	7	Fiona Policarpio	11	Thomas Jefferson	1:03.42	7	Sophia Davis	11	Rogers	1:03.83
8	Naomi Edson	11	Lindbergh	1:19.78	8	Emily Tennant	11	Kelso	1:08.01	8	Genova Michaelson	12	Camas	1:05.33
Heat 2 of 3 Prelims				Heat 2 of 3 Prelims				Heat 2 of 3 Prelims						
1	Rachel Graeme	10	Seton Catholic	1:10.82	1	Snegana Yestifieieva	9	Gig Harbor	1:03.54	1	Rory Harris-Fulmer	10	Eastmont	1:04.18
2	Natalie Ramey	11	North Kitsap	1:06.89	2	Olivia Garcia	11	Edmonds-Woodway	1:01.32	2	Charlotte Macario	12	Issaquah	1:01.87
3	Alli Claridge	11	Anacortes	1:03.12	3	Clara Jones	9	Lakeside	58.01	3	Esther Mei	11	Hanford	1:00.19
4	Lily Rehder	10	Bainbridge	1:00.98	4	Tatum Enge	10	Mercer Island	55.60	4	Kyleigh Rychlik	10	Tahoma	58.35
5	Macey Holloway	12	Ellensburg	1:01.85	5	Lilian Yang	9	Lakeside	57.09	5	Gaby Lopez	12	Curtis	59.36
6	Hallie Higgins	11	Marysville-Pilchuck	1:03.99	6	Lauren Rich	12	Sammamish	59.21	6	Lucy LaBella	11	Kennedy Catholic	1:01.05
7	Anna Nguyen	10	Centralia	1:08.07	7	Sophia Evers	9	Peninsula	1:02.68	7	Gabbie Tran	11	Newport	1:03.74
8	Jazmyn Oblero	12	Lindbergh	1:17.51	8	Olivia Sanchez	10	Shorewood	1:05.46	8	Emily Gesick	11	Lake Stevens	1:05.32
Heat 3 of 3 Prelims				Heat 3 of 3 Prelims				Heat 3 of 3 Prelims						
1	Esther Stephens	9	Anacortes	1:09.73	1	Anna Bendiksen	11	Shorecrest	1:03.50	1	Pepper Baughman	10	Stadium	1:03.93
2	Kaylee Vogelpohl	12	Olympic	1:06.84	2	Bostyn Shoemaker	10	Central Valley	59.54	2	Alice Prokop	10	Lincoln (Seattle)	1:01.46
3	Aubrey Sanchez	12	East Valley (Yakima)	1:02.30	3	Quinn McCullough	9	Lakeside	57.72	3	Sophia Gorveatt	9	Juanita	1:00.05
4	Aria Michael	9	Bainbridge Island	58.43	4	Clare Watson	12	Mercer Island	52.69	4	Cordelia White	9	Lincoln (Seattle)	58.02
5	Brooklynn Sweetland	9	Olympic	1:01.82	5	Bella Wong	10	Bellevue	56.46	5	Quincy Berg	11	Lincoln (Seattle)	59.31
6	Ava Shinkle	11	Sequim	1:03.59	6	Violette Schinder	9	Walla Walla	58.81	6	Elissa Anderson	12	Jackson	1:00.57
7	Arianna Alavez	12	Aberdeen	1:07.42	7	Audrianna Nguyen	9	Todd Beamer	1:02.13	7	Anya Atkinson	11	Lewis and Clark	1:02.15
8	Zia Graham	12	Nathan Hale	1:12.24	8	Ainsley Reece	11	Edmonds-Woodway	1:05.43	8	Tandisse Rahimi	11	Lake Washington	1:04.50

2024 STATE MEET RESULTS

2024 1A/2A STATE MEET RESULTS				2024 3A STATE MEET RESULTS				2024 4A STATE MEET RESULTS						
#	NAME	GR.	SCHOOL	TIME	#	NAME	GR.	SCHOOL	TIME	#	NAME	GR.	SCHOOL	TIME
1	Grace Sorenson	11	Bellingham	55.87	1	Ella Jablonski	12	Lakeside (Seattle)	52.08	1	Hailey Wailer	11	Kennedy Catholic	54.34
2	Sara Kriegh	12	Bainbridge	100.80	2	Clare Watson	11	Mercer Island	52.90	2	Matilda White	11	Lincoln (Seattle)	56.57
3	Harper Matsumoto	12	Nathan Hale	1:01.20	3	Kamryn Meskill	12	Bellevue	53.96	3	Angelina Yu	12	Lake Washington	57.19
4	Macey Holloway	11	Ellensburg	1:01.83	4	Sophie Pham	11	Garfield	54.28	4	Elissa Anderson	11	Jackson	58.32
5	Aubrey Hedstrom	11	North Kitsap	1:01.87	5	Tatum Enge	9	Mercer Island	55.55	5	Kyleigh Rychlik	9	Tahoma	58.55
6	Bree Myers	12	Pullman	1:03.28	6	Caroline Cancelmo	12	Lakeside (Seattle)	56.45	6	Yvy La	12	Olympia	58.94
7	Laura McVickar	12	Archbishop Murphy	1:03.85	7	Ruthie Magnotti	10	Holy Names Academy	57.18	7	May Guidoux	12	Curtis	1:00.12
8	Aubrey Sanchez	11	East Valley (Yakima)	1:04.30	8	Bella Wong	9	Bellevue	DQ	8	Julia Lorenzo	12	Kamiak	1:00.46

ALL-TIME TOP-10

1A/2A ALL-TIME TOP-10					3A ALL-TIME TOP-10				4A ALL-TIME TOP-10					
#	NAME	SCHOOL	TIME	YEAR	#	NAME	SCHOOL	TIME	YEAR	#	NAME	SCHOOL	TIME	YEAR
1	Mackenna Briggs	Liberty (Issaquah)	55.65	2014	1	Ella Jablonski	Lakeside (Seattle)	52.05	2022	1	Gabrielle Dang	North Creek	52.58	2018
2	Grace Sorenson	Bellingham	55.87	2024	2	Ella Jablonski	Lakeside (Seattle)	52.08	2024	2	Katie Kinnear	Eastlake	53.10	2009
3	Grace Sorenson	Bellingham	55.99	2023	3	Clare Watson	Mercer Island	52.90	2024	3	Emma Carlton	Mount Vernon	53.37	2017
4	Julia Sanders	Hockinson	56.29	2011	4	Ella Jablonski	Lakeside (Seattle)	53.29	2023	4	Katie Kinnear	Skyline	53.46	2011
5	Julia Sanders	Hockinson	56.61	2012	5	Lindsey Marchand	Peninsula	53.34	2008	5	Samantha Baron	Newport (Bellevue)	53.71(P)	2019
6	Julia Sanders	Hockinson	56.73	2010	6	Ella Jablonski	Lakeside	53.77	2021	6	Katie Kinnear	Skyline	53.95	2010
7	Julia Sanders	Hockinson	56.88	2009	7	Kamryn Meskill	Bellevue	53.96	2024	7	Dana Kirk	Bremerton	53.99	2001
8	Ava Gruner	Sammamish	56.95	2022	8	Sophie Pham	Garfield	54.28	2024	7	Samantha Baron	Newport (Bellevue)	53.99	2018
9	Annika Eisele	Aberdeen	57.13	2018	9	Clare Watson	Mercer Island	54.37	2022	9	Emma Carlton	Mount Vernon	54:01	2016
10	Chloe Partsch	Olympic	57.28	2018	10	Sophie Pham	Garfield	54.40	2023	10	Kenna Ramey	Federal Way	54.32	2013

100-YARD FREESTYLE

	TIME	YEAR	NAME	SCHOOL
1A/2A MEET RECORD:	50.75	2018	Eleanor Beers	North Kitsap
3A MEET RECORD:	49.88	2017	Amy Tang	Lakeside (Seattle)
4A MEET RECORD:	49.81	2018	Christina Bradley	Skyline

	TIME
AUTOMATIC QUALIFYING:	50.13
CONSIDERATION:	50.99

2025 STATE MEET

1A/2A ENTRY LIST				3A ENTRY LIST				4A ENTRY LIST						
LN	NAME	GR.	SCHOOL	SEED	LN	NAME	GR.	SCHOOL	SEED	LN	NAME	GR.	SCHOOL	SEED
Heat 1 of 3 Prelims				Heat 1 of 3 Prelims				Heat 1 of 3 Prelims						
1	Estella McVey	10	North Kitsap	1:01.93	1	Kathryn Blume	9	Bishop Blanchet	57.04	1	Cecilia Pallotta	11	Kennedy Catholic	57.45
2	Annie Morgan	11	Columbia River	59.83	2	Jenna Nelson	12	Gig Harbor	55.75	2	Aurelia Ribellia	12	Eastmont	56.22
3	Chloe Myers	11	Selah	57.19	3	Dylan Buechler-Flack	10	Meadowdale	53.94	3	Amelia Dubrovsky	11	Lake Washington	54.73
4	Audrey Keigley	10	Bainbridge	55.09	4	Annie Wang	9	Lakeside	52.00	4	Avery Jackson	11	Kennedy Catholic	52.92
5	Chloe Hernandez	10	Anacortes	56.30	5	Claire Gao	9	Bellevue	52.89	5	Stella Chen	10	Newport	54.46
6	Ava Good	11	Toledo	59.41	6	Charlotte Phillips	10	Shorecrest	55.21	6	Lauren Ledesma	12	Curtis	55.24
7	Nicole Tomyn	12	Eatonville	1:00.77	7	Elise Torpey	12	Roosevelt	56.58	7	Riley Luna	12	Curtis	56.91
8	Cleo Pfarr	10	Nathan Hale	1:03.13	8	Linnea Hendrickson	12	Silas	58.42	8	Alaina Cathey	12	Kamiakin	1:00.31
Heat 2 of 3 Prelims				Heat 2 of 3 Prelims				Heat 2 of 3 Prelims						
1	Allie Paulson-Houser	12	Bainbridge	1:01.90	1	Natalie Brown	11	Kelso	56.88	1	Caroline Bryant	12	Redmond	57.34
2	Addilyn Williams	11	Clarkston	59.80	2	Erin Deutsch	12	Interlake	55.70	2	Sadie Sullivan	12	Wenatchee	55.50
3	Shea Ruddick	10	Bainbridge	57.12	3	Hope Enge	12	Mercer Island	53.57	3	Megan Maley	11	Glacier Peak	54.62
4	Rylee DuPont	9	Bainbridge	53.92	4	Brisa Gao	12	Lakeside	51.30	4	Molly McCorriston	12	Hazen	51.83
5	Georgina Romero	11	Hockinson	56.05	5	Daniel Buchholz	11	Shorewood	52.56	5	Maya Sprinkling	9	Lincoln (Seattle)	54.04
6	Sean Carr	12	South Whidbey	59.12	6	Madelyn Smith	10	Walla Walla	54.77	6	Abigail Parish	12	Newport	55.03
7	Ebony Mireles	12	Prosser	1:00.45	7	Makena Reid	11	Inglemoor	56.05	7	Kathryn Sitler	12	Camas	56.38
8	Anna Shuler	12	Nathan Hale	1:02.42	8	Tatum Detjen	12	Edmonds-Woodway	57.97	8	Kirah Hallmann	12	Eastlake	57.49
Heat 3 of 3 Prelims				Heat 3 of 3 Prelims				Heat 3 of 3 Prelims						
1	Elaine Mower	11	Selah	1:01.28	1	Haley Weisheyer	12	White River	56.68	1	Jolie Takano	12	Glacier Peak	57.09
2	Peyton Atkins	12	King's Way Christian	59.80	2	Lauren Fitzpatrick	10	Seattle Prep	55.57	2	Anneliese Pan	11	Bothell	55.32
3	Harper Williams	9	Ellensburg	56.32	3	Elaine Chen	10	Mercer Island	53.47	3	Chloey Wallace	10	Lincoln (Seattle)	54.53
4	Brigid Dinnen	12	East Valley (Spokane)	53.86	4	Gracyn Kehoe	12	Mercer Island	50.29	4	Hailey Weiler	12	Kennedy Catholic	51.76
5	Shosho McLain	11	North Kitsap	55.96	5	Meg Dahlin	12	Mercer Island	52.14	5	Julia Song	12	Jackson	53.69
6	Jasmine Garcia	10	Bellingham	57.44	6	Lee Gjertson	11	Peninsula	54.36	6	Maddie Moorehead	11	Curtis	54.95
7	Annie Ellefson	12	Sequim	1:00.15	7	Boe Ballard	9	Peninsula	55.95	7	Paige Roberts	12	Curtis	56.25
8	Jordan Ebbeling	9	Bellingham	1:01.95	8	Izzy Liljestrand	9	Cheney	57.27	8	Anjali Richards	12	Lewis and Clark	57.47

2024 STATE MEET RESULTS

2024 1A/2A STATE MEET RESULTS				2024 3A STATE MEET RESULTS				2024 4A STATE MEET RESULTS						
#	NAME	GR.	SCHOOL	TIME	#	NAME	GR.	SCHOOL	TIME	#	NAME	GR.	SCHOOL	TIME
1	Brigid Dinnen	11	East Valley (Spokane)	52.45	1	Heather White	12	Bellevue	48.90	1	Sophia Sunwoo	12	Newport	49.56
2	Maya Geddes	12	Bainbridge	53.48	2	Aziza Meyer	12	Central Kitsap	51.86	2	Molly McCorriston	11	Hazen	51.46
3	Piper Majors	12	Bainbridge	54.03	3	Lane Gooding	12	Seattle Prep	52.39	3	Aureole Chang	11	Lincoln	52.96
4	Paige Dangleis	12	Hockinson	54.11	4	Haley Borja	12	Central Kitsap	52.47	4	Avery Jackson	10	Kennedy Catholic	52.99
5	Chloe Myers	10	Selah	56.70	5	Meg Dahlin	11	Mercer Island	53.07	5	Julia Song	11	Jackson	53.25
6	Shosho McLain	10	North Kitsap	56.98	6	Hope Enge	11	Mercer Island	53.14	6	Stella Chen	9	Newport	53.32
7	Karlen Stuart	11	Woodland	57.64	7	Lauren Howe	12	Cheney	53.72	7	Alexis Bernardo	12	Curtis	53.52
8	I. Garcia Morrison	10	Columbia River	58.29	8	Elaine Chen	9	Mercer Island	53.94	8	Hayden Hoover	12	Curtis	54.00

ALL-TIME TOP-10

1A/2A ALL-TIME TOP-10					3A ALL-TIME TOP-10					4A ALL-TIME TOP-10				
#	NAME	SCHOOL	TIME	YEAR	#	NAME	SCHOOL	TIME	YEAR	#	NAME	SCHOOL	TIME	YEAR
1	Eleanor Beers	North Kitsap	50.75	2018	1	Heather White	Bellevue	48.90	2024	1	Sophia Sunwoo	Newport	49.56	2024
2	Eleanor Beers	North Kitsap	50.98	2016	2	Amy Tang	Lakeside (Seattle)	49.88	2017	2	Christina Bradley	Skyline	49.81	2018
3	Amelia Messegee	Centralia	50.99	2006	3	Emily Silver	Bainbridge	50.16	2003	3	Chelsea Bailey	Kentlake	49.82	2008
4	Eleanor Beers	North Kitsap	50.99	2017	4	Emma Chard	Foss	50.17	2013	4	Andie Taylor	Skyline	49.97	2008
5	Natilee Ruiz	Othello	51.00	2011	5	Sara Platzler	Lakes	50.33	1999	5	Gabrielle Dang	North Creek	49.98	2017
6	Hailey Grotte	La Center	51.54	2019	5	Anna Keane	Meadowdale	50.48	2013	6	Christina Bradley	Skyline	50.06	2017
7	Amelia Messegee	Centralia	51.77	2007	7	Emily Silver	Bainbridge	50.48	2002	7	Jaime Chen	Newport (Bellevue)	50.12	2019
8	Karlyn Hougan	Tumwater	51.99	2006	8	Anna Keane	Meadowdale	50.60	2012	7	Emily Kukors	Auburn	50.29	2002
9	Abby Sullivan	Tumwater	52.38	2012	8	Anna Keane	Meadowdale	50.62	2011	9	Elli Straume	Kamiak	50.29	2019
10	Brigid Dinnen	East Valley (Spokane)	52.53	2023	10	Emily Silver	Bainbridge	50.62	2001	10	Sophia Sunwoo	Newport	50.42	2022

500-YARD FREESTYLE

	TIME	YEAR	NAME	SCHOOL
1A/2A MEET RECORD:	5:00.84	2010	Natilee Ruiz	Othello
3A MEET RECORD:	4:49.56	1996	Corrie Murphy	Highline
4A MEET RECORD:	4:41.98	2008	Amber McDermott	Jackson

	TIME
AUTOMATIC QUALIFYING:	4:53.01
CONSIDERATION:	4:58.10

2025 STATE MEET

1A/2A ENTRY LIST				3A ENTRY LIST				4A ENTRY LIST						
LN	NAME	GR.	SCHOOL	SEED	LN	NAME	GR.	SCHOOL	SEED	LN	NAME	GR.	SCHOOL	SEED
Heat 1 of 3 Prelims				Heat 1 of 4 Prelims				Heat 1 of 3 Prelims						
1	Sage Maden	10	Sehome	6:08.47	3	Zoe MacDonald	12	Edmonds-Woodway	5:43.61	1	Lova Holmgren	11	Issaquah	5:44.88
2	Felix Duez	10	Anacortes	5:54.85	4	Natalie Gunderson	9	Central Valley	5:42.47	2	Bria Bodenman	12	Moses Lake	5:33.31
3	Alli Claridge	11	Anacortes	5:47.30	5	Reese Miller	10	Peninsula	5:42.63	3	Sophia Gorveatt	9	Juanita	5:16.31
4	Catalina Donolo	10	Pullman	5:33.03	Heat 2 of 4 Prelims				4	Audrey Welfare	9	Curtis	5:06.01	
5	Jordan Zaemann	11	Columbia River	5:35.61	1	Julia DesJardien	9	Inglemoor	5:30.66	5	Kennedy Skidds	9	Sumner	5:14.99
6	Ruthie Screen	11	Bainbridge	5:53.58	2	Hannah Yost	10	Silas	5:24.50	6	Ava Robertson	11	Skyline	5:26.96
7	Suki Bringman	12	Centralia	5:57.05	3	Tala Estes	11	Liberty	5:17.50	7	Katherine Chen	10	Eastlake	5:35.77
8	Elsie Davis	9	Renton	6:34.20	4	Ellie Wang	12	Holy Names Academy	5:08.59	8	Rory Harris-Fulmer	10	Eastmont	6:07.13
Heat 2 of 3 Prelims				5	Emily Dunn	12	Mercer Island	5:13.10	Heat 2 of 3 Prelims					
1	Avari Harmon	12	Bremerton	6:07.68	6	Violet Magnuson	12	Capital	5:22.12	1	Penelope Hepkin	11	Eastlake	5:41.74
2	Amayah Nelson	11	Port Angeles	5:54.61	7	Sophia Kuntz	10	Snohomish	5:27.05	2	Kamilla Bugaitsova	9	Woodinville	5:30.55
3	Jess Richards	11	Medical Lake	5:39.41	8	Renee Ridout	9	Monroe	5:42.22	3	Hanna Fritts	11	Jackson	5:15.63
4	Harper Rich	9	Bainbridge	5:27.77	Heat 3 of 4 Prelims				4	Ava Swigart	12	Lewis and Clark	5:00.77	
5	Hailey Ferrell	12	Blaine	5:33.99	1	Madi Bauman	11	Cheney	5:28.88	5	Brooke Yi	10	Puyallup	5:12.94
6	Hanne Bang-Knudsen	9	North Kitsap	5:51.38	2	Lucy Demaray	11	Mountain View	5:23.79	6	Poppy Jones-Wick	10	Camas	5:25.13
7	Julia Smith	11	Ridgefield	5:56.31	3	Caroline Hooper	12	Holy Names Academy	5:16.39	7	Heidi Candland	11	Jackson	5:34.49
8	Sanna Torgersen	11	Nathan Hale	6:20.37	4	Sofia Wyzga	12	Bellevue	4:58.93	8	Ole Carr	11	Curtis	5:46.36
Heat 3 of 3 Prelims				5	Eden O'Donnell	11	West Seattle	5:11.72	Heat 3 of 3 Prelims					
1	Paige Wirtz	12	Mark Morris	6:05.79	6	Greta Ambach	11	Roosevelt	5:19.96	1	Kirsten Olson	9	Richland	5:41.70
2	Maya Wolf	11	Bainbridge	5:53.65	7	Lila Goodall	9	Mercer Island	5:26.10	2	Vivienne Jahn	11	Rogers	5:27.93
3	Hallie Mackleit	11	Clarkston	5:35.76	8	Kayla Lambiotte	11	Timberline	5:41.04	3	Avery Stender	9	Kennedy Catholic	5:15.18
4	Elsa Ethelbah	11	Sehome	5:26.54	Heat 4 of 4 Prelims				4	Tessa Hurguy	9	South Kitsap	4:58.25	
5	Ashley Husmoe	12	North Kitsap	5:33.27	1	Amelia Pletosu	10	Inglemoor	5:27.95	5	Camila Bossa	12	Puyallup	5:11.11
6	Evie Atchison	11	Bainbridge Island	5:49.79	2	Lisa Beam	11	Mountlake Terrace	5:23.43	6	Lauren Hizey	10	Woodinville	5:21.63
7	Myra Boreson	10	Clarkston	5:55.76	3	Rachel Kinzer	10	Inglemoor	5:14.78	7	Shyla Asmus	11	Richland	5:33.92
8	Keira Ferluga	9	Lindbergh	6:16.02	4	Eliza Seibert	10	Lakeside	4:58.74	8	Elle Guidoux	11	Curtis	5:45.01
				5	Zoe Halffman	12	Seattle Prep	5:10.94						
				6	Megan Lauinger	12	Seattle Prep	5:17.52						
				7	Julia Kim	9	Bellevue	5:26.07						
				8	Audrey LaTendresse	10	Gig Harbor	5:38.07						

2024 STATE MEET RESULTS

2024 1A/2A STATE MEET RESULTS				2024 3A STATE MEET RESULTS				2024 4A STATE MEET RESULTS						
#	NAME	GR.	SCHOOL	TIME	#	NAME	GR.	SCHOOL	TIME	#	NAME	GR.	SCHOOL	TIME
1	Hailey Ferrell	11	Blaine	5:22.59	1	Alexa McDevitt	12	Mercer Island	4:52.91	1	Ava Swigart	11	Lewis and Clark	5:01.23
2	Peyton Acord	10	Bellingham	5:27.58	2	Sofia Wyzga	11	Bellevue	4:58.09	2	Elayne Chen	12	Tahoma	5:01.88
3	Elsa Athelbah	10	Selah	5:32.91	3	Sammy Sergerson	12	Bellevue	4:58.13	3	Lila McGeachy	12	Camas	5:09.50
4	Ashley Husmoe	11	North Kitsap	5:32.94	4	Eliza Seibert	9	Lakeside	4:59.04	4	Alena Lehmann	12	Glacier Peak	5:11.29
5	Jordan Zaemann	10	Seton Catholic	5:33.31	5	Quinn Whorley	12	Shorecrest	5:09.31	5	Hanna Fritts	10	Jackson	5:12.14
6	Catalina Donolo	9	Pullman	5:40.01	6	Kaitlyn LaTendresse	11	Gig Harbor	5:10.54	6	Camila Bossa	11	Puyallup	5:14.43
7	Hallie Mackleit	10	Clarkston	5:49.17	7	CJ Woare	12	Mercer Island	5:10.92	7	Yi Brooke	9	Puyallup	5:15.95
8	Amayah Nelson	10	Port Angeles	4:53.84	8	Ellie Wang	11	Holy Names Academy	5:15.5	8	Janey Ryu	12	Kamiak	5:21.54

ALL-TIME TOP-10

1A/2A ALL-TIME TOP-10					3A ALL-TIME TOP-10					4A ALL-TIME TOP-10				
#	NAME	SCHOOL	TIME	YEAR	#	NAME	SCHOOL	TIME	YEAR	#	NAME	SCHOOL	TIME	YEAR
1	Natilee Ruiz	Othello	5:00.84	2010	1	Corrie Murphy	Highline	4:49.56	1996	1	Amber McDermott	Jackson	4:41.98	2008
2	Nakayla Chan	Fife	5:03.02	2006	2	Nathalie Valdman	Lakeside (Seattle)	4:52.80	2019	2	Andie Taylor	Skyline	4:45.47	2009
3	Nakayla Chan	Fife	5:04.34	2007	3	Alexa McDevitt	Mercer Island	4:52.91	2024	3	Sarah DiMeco	Skyline	4:48.08	2018
4	Ella Van Troba	Naches Valley	5:04.46	2017	4	Alexa McDevitt	Mercer Island	4:53.59	2022	4	Sarah DiMeco	Skyline	4:49.11	2017
5	Krista Wilson	Ellensburg	5:06.40	2016	5	Mia Foster	Garfield	4:53.71	2021	5	Yulia Groysman	Newport (Bellevue)	4:49.54	2017
6	Ellie Hohensinner	Liberty (Issaquah)	5:07.66	2015	6	Kristin Veal	Gig Harbor	4:54.66	1996	6	Leslie Mix	Issaquah	4:50.82	1992
7	Ellie Hohensinner	Liberty (Issaquah)	5:08.36	2014	7	Nathalie Valdman	Lakeside	4:54.80	2018	7	Sarah DiMeco	Skyline	4:51.00	2016
8	Alexa Hoepfer	Liberty (Issaquah)	5:09.09	2018	8	Erika Carlson	Ingraham	4:54.84	2021	8	Jamie Tannhauser	Juanita	4:51.69	2000
9	Ella Van Troba	Naches Valley	5:10.30	2015	9	Nicole Bernard	Bishop Blanchet	4:54.88	1996	9	Fiona Majeau	Garfield	4:51.86	2009
10	Ella Van Troba	Naches Valley	5:10.79	2014	10	Tera Sherard	Lake Stevens	4:54.91	1996	10	Maureen Philipps	Sammamish	4:53.11	1993

200-YARD FREESTYLE RELAY

	TIME	YEAR	SCHOOL
1A/2A MEET RECORD:	1:39.45	2016	Liberty (Issaquah)
3A MEET RECORD:	1:35.23	2015	Lakeside (Seattle)
4A MEET RECORD:	1:34.96	2018	Newport (Bellevue)

	TIME
AUTOMATIC QUALIFYING:	1:35.48
CONSIDERATION:	1:37.13

2025 STATE MEET

1A/2A ENTRY LIST			3A ENTRY LIST			4A ENTRY LIST		
LN	SCHOOL	SEED	LN	SCHOOL	SEED	LN	SCHOOL	SEED
Heat 1 of 3 Prelims			Heat 1 of 3 Prelims			Heat 1 of 3 Prelims		
1	Marysville-Pilchuck	1:59.44	1	Kelso	1:48.81	1	Camas	1:48.49
2	Prosser	1:54.76	2	Silas	1:46.65	2	Eastlake	1:47.34
3	Selah	1:51.95	3	Edmonds-Woodway	1:43.35	3	Juanita	1:44.65
4	Clarkston	1:48.14	4	Holy Names Academy	1:40.21	4	Lincoln (Seattle)	1:40.37
5	Ellensburg	1:49.70	5	Inglemoor	1:42.28	5	Bothell	1:42.51
6	Bremerton	1:53.78	6	Walla Walla	1:44.12	6	Hazen	1:45.46
7	Steilacoom	1:56.61	7	Roosevelt	1:47.27	7	South Kitsap	1:47.93
8	Renton	2:05.06	8	Auburn Mountainview	1:51.53	8	Glacier Peak	1:49.60
Heat 2 of 3 Prelims			Heat 2 of 3 Prelims			Heat 2 of 3 Prelims		
1	Fife	1:59.41	1	Stanwood	1:48.47	1	Eisenhower	1:48.11
2	Columbia River	1:54.19	2	Cheney	1:44.52	2	Kentridge	1:47.23
3	Nathan Hale	1:51.62	3	Shorecrest	1:43.23	3	Issaquah	1:44.33
4	North Kitsap	1:44.74	4	Mercer Island	1:35.12	4	Curtis	1:38.87
5	Sehome	1:49.25	5	Bellevue	1:41.33	5	Lake Washington	1:42.40
6	Bellingham	1:53.49	6	Peninsula	1:43.86	6	Wenatchee	1:45.32
7	Port Angeles	1:54.98	7	Gig Harbor	1:47.10	7	Woodinville	1:47.63
8	Lindbergh	2:04.29	8	White River	1:51.51	8	Moses Lake	1:49.39
Heat 3 of 3 Prelims			Heat 3 of 3 Prelims			Heat 3 of 3 Prelims		
1	Lynden	1:58.85	1	Ingraham	1:47.51	1	Redmond	1:48.01
2	Seton Catholic	1:53.97	2	Interlake	1:44.18	2	Rogers	1:46.48
3	Pullman	1:51.18	3	Bishop Blanchet	1:42.90	3	Newport	1:42.62
4	Bainbridge Island	1:42.39	4	Lakeside	1:34.71	4	Kennedy Catholic	1:37.13
5	Anacortes	1:48.18	5	Seattle Prep	1:40.37	5	Jackson	1:40.43
6	Aberdeen	1:52.59	6	Shorewood	1:43.79	6	Lewis and Clark	1:44.82
7	Ridgefield	1:54.77	7	Liberty	1:46.92	7	Richland	1:47.40
8	Eatonville	1:59.62	8	Oak Harbor	1:50.54	8	Hanford	1:48.86

2024 STATE MEET RESULTS

2024 1A/2A STATE MEET RESULTS			2024 3A STATE MEET RESULTS			2024 4A STATE MEET RESULTS		
#	SCHOOL	TIME	#	SCHOOL	TIME	#	SCHOOL	TIME
1	Bainbridge	1:40.49	1	Mercer Island	1:35.24	1	Newport (Bellevue)	1:38.41
2	Nathan Hale	1:42.62	2	Lakeside (Seattle)	1:35.77	2	Jackson	1:38.81
3	North Kitsap	1:43.70	3	Seattle Prep	1:39.76	3	Curtis	1:39.71
4	Ellensburg	1:47.37	4	Bellevue	1:40.21	4	Lake Washington	1:40.55
5	Prosser	1:48.33	5	Holy Names Academy	1:40.94	5	Kennedy Catholic	1:41.71
6	Seton Catholic	1:48.44	6	Gig Harbor	1:42.66	6	Hazen	1:42.13
7	Port Angeles	1:51.44	7	Roosevelt	1:43.69	7	Mount Si	1:42.14
8	Bremerton	DQ	8	Liberty (Issaquah)	1:44.60	8	Glacier Peak	1:42.54

ALL-TIME TOP-10

1A/2A ALL-TIME TOP-10				3A ALL-TIME TOP-10				4A ALL-TIME TOP-10			
#	SCHOOL	TIME	YEAR	#	SCHOOL	TIME	YEAR	#	SCHOOL	TIME	YEAR
1	Liberty (Issaquah)	1:39.45	2016	1	Lakeside (Seattle)	1:35.23	2015	1	Newport (Bellevue)	1:34.96	2018
2	North Kitsap	1:40.35	2017	2	Mercer Island	1:35.24	2024	2	Newport (Bellevue)	1:36.26	2017
3	Bainbridge	1:40.49	2024	3	Mercer Island	1:35.70	2022	3	Newport (Bellevue)	1:36.30	2019
4	North Kitsap	1:40.50	2018	4	Lakeside (Seattle)	1:35.77	2024	4	Jackson	1:36.90	2019
5	Tumwater	1:40.61	2012	5	Bainbridge	1:35.98	2021	5	Kamiak	1:37.50	2018
6	Centralia	1:40.98	2007	6	Lakeside (Seattle)	1:36.52	2021	6	Kamiak	1:37.74	2016
7	Liberty (Issaquah)	1:41.07	2017	7	Lakeside (Seattle)	1:36.70	2017	7	North Creek	1:37.76	2018
8	Archbishop Murphy	1:41.11	2015	8	Bainbridge	1:36.73	2018	8	Curtis	1:37.93	2019
9	Liberty (Issaquah)	1:41.23	2014	9	Mercer Island	1:36.82	2023	9	Wenatchee	1:38.01	2016
10	Pullman	1:41.33	2021	10	Lakeside (Seattle)	1:36.91	2018	10	Curtis	1:38.22	2021

100-YARD BACKSTROKE

	TIME	YEAR	NAME	SCHOOL
1A/2A MEET RECORD:	55.70	2008	Natilee Ruiz	Othello
3A MEET RECORD:	52.90	2019	Janelle Rudolph	Bellevue
4A MEET RECORD:	53.82	2010	Annemarie Thayer	Ballard

	TIME
AUTOMATIC QUALIFYING:	54.71
CONSIDERATION:	55.91

2025 STATE MEET

1A/2A ENTRY LIST				3A ENTRY LIST				4A ENTRY LIST						
LN	NAME	GR.	SCHOOL	SEED	LN	NAME	GR.	SCHOOL	SEED	LN	NAME	GR.	SCHOOL	SEED
Heat 1 of 3 Prelims				Heat 1 of 3 Prelims				Heat 1 of 3 Prelims						
1	Madison Jobe	10	Prosser	1:09.16	1	Alexandra Levesh	12	Enumclaw	1:04.63	1	Brooke Posada	11	Richland	1:04.35
2	Caitlin Roberts	11	Black Hills	1:06.16	2	Olivia Garcia	11	Edmonds-Woodway	1:02.29	2	Taylor Thompson	9	Glacier Peak	1:03.21
3	Sophie Buchan	12	Renton	1:04.22	3	Bostyn Shoemaker	10	Central Valley	59.78	3	Bailey Trahan	12	Skyview	1:01.19
4	Harper Williams	9	Ellensburg	1:01.77	4	Maddie Yovanovich	10	Ballard	57.51	4	Michelle Chang	11	Bothell	58.27
5	Chloe Hernandez	10	Anacortes	1:02.54	5	Maisey Jarrett	12	Holy Names Academy	58.91	5	Molly Traina	10	Woodinville	59.03
6	Peyton Atkins	12	King's Way Christian	1:04.79	6	Vansae Barnett	10	Lakeside	1:00.42	6	Baillie McDonald	12	Tahoma	1:02.71
7	Lola Jaspersen	9	Bainbridge	1:08.56	7	Jezelle Schmidt	11	Cheney	1:02.99	7	Charlotte Macario	12	Issaquah	1:03.59
8	Aileen Bernstein	12	Cleveland	1:12.49	8	Lorena McCarty	12	Mountain View	1:08.07	8	Joni Oberg	12	Kamiakin	1:06.28
Heat 2 of 3 Prelims				Heat 2 of 3 Prelims				Heat 2 of 3 Prelims						
1	Teagan Schneider	11	Bainbridge	1:08.62	1	Katherine Carlson	11	Marysville-Getchell	1:04.50	1	Lucy Webster	11	Rogers	1:03.99
2	Aoibhinn Johnson	11	Burlington-Edison	1:06.04	2	Violet Magnuson	12	Capital	1:01.99	2	Meher Ahuja	10	Mount Si	1:03.21
3	Maria Bull	12	Nathan Hale	1:03.67	3	Megan Lauinger	12	Seattle Prep	59.39	3	Lindsay Sutton	12	Wenatchee	1:01.15
4	Aria Michael	9	Bainbridge	59.70	4	Nora McCarthy	11	Lakeside	56.39	4	Madison Wolfe	11	Curtis	57.57
5	Kellee Muffett	11	Zillah	1:02.19	5	Kaitlyn LaTendresse	12	Gig Harbor	58.72	5	Claire Lin	11	Issaquah	58.81
6	Kaylee Vogelpohl	12	Olympic	1:04.46	6	Emily Dunn	12	Mercer Island	1:00.18	6	Ashley Wong	9	Redmond	1:02.51
7	Abby Wu	12	Pullman	1:08.15	7	Erin Deutsch	12	Interlake	1:02.77	7	Cora Loeser	10	Eisenhower	1:03.57
8	Paige Wirtz	12	Mark Morris	1:09.87	8	Jennifer To	11	Silas	1:05.91	8	Cambria McDaniel	12	Olympia	1:04.65
Heat 3 of 3 Prelims				Heat 3 of 3 Prelims				Heat 3 of 3 Prelims						
1	Carmody Beatty	9	Bellingham	1:08.56	1	Ang Ng	12	Thomas Jefferson	1:03.43	1	Elaina Guan	10	Lake Washington	1:03.72
2	Cora Richardson	10	Hockinson	1:05.74	2	Maggie Seibert	11	Lakeside	1:01.18	2	Amelie Sexton	11	Curtis	1:02.98
3	Olivia Longridge	11	Bainbridge	1:02.69	3	Dylan Buechler-Flack	10	Meadowdale	59.30	3	Kyleigh Rychlik	10	Tahoma	1:00.00
4	Ava Field	12	Steilacoom	57.10	4	Clare Watson	12	Mercer Island	54.33	4	Hailey Weiler	12	Kennedy Catholic	55.32
5	Yulia Farmer	11	Klahowya	1:02.19	5	Camille Pruner	9	Bellevue	58.69	5	Keelie Sullivan	12	Glacier Peak	58.33
6	Aubrey Hedstrom	12	North Kitsap	1:04.25	6	Julia Shang	12	Mercer Island	59.87	6	Paige Roberts	12	Curtis	1:01.87
7	Natalie Ramey	11	North Kitsap	1:08.00	7	Jayla Raymond	11	Franklin	1:02.30	7	Riain O'Neil	12	Skyline	1:03.22
8	Sophee Mott	12	Cashmere	1:09.69	8	Nina Anderson	12	Meadowdale	1:04.65	8	Allyse Rinaldi	10	Mount Rainier	1:04.60

2024 STATE MEET RESULTS

2024 1A/2A STATE MEET RESULTS				2024 3A STATE MEET RESULTS				2024 4A STATE MEET RESULTS						
#	NAME	GR.	SCHOOL	TIME	#	NAME	GR.	SCHOOL	TIME	#	NAME	GR.	SCHOOL	TIME
1	Ava Field	11	Steilacoom	58.25	1	Nora McCarthy	10	Lakeside (Seattle)	54.83	1	Hailey Weiler	11	Kennedy Catholic	54.63
2	MedeaRusu	12	Ridgefield	1:01.80	2	Ella Jablonski	12	Lakeside (Seattle)	54.89	2	Madison Wolfe	10	Curtis	57.54
3	Olivia Longridge	10	Bainbridge	1:01.94	3	Clare Watson	11	Mercer Island	54.99	3	Aureole Chang	11	Lincoln (Seattle)	57.84
4	Kellee Muffett	10	Zillah	1:02.10	4	Sophie Pham	11	Garfield	55.72	4	Olivia Hoyla	12	Jackson	59.03
5	Bree Myers	12	Pullman	1:03.50	5	Sadye Derstadt	12	Lakeside (Seattle)	56.10	5	Jasmine Hill	12	Tahoma	59.05
6	Maria Bull	11	Nathan Hale	1:04.16	6	Haley Borja	12	Central Kitsap	58.05	6	Chloe Dandeneau	12	Issaquah	59.61
7	Aubrey Hedstrom	11	North Kitsap	1:04.76	7	Megan Lauinger	11	Seattle Prep	58.45	7	Poet DeBoom	12	Lake Washington	59.89
8	Zoe Thorpe	12	Nathan Hale	1:04.82	8	Maddie Yovanovich	9	Ballard	58.59	8	Keelie Sullivan	11	Glacier Peak	100.38

ALL-TIME TOP-10

1A/2A ALL-TIME TOP-10					3A ALL-TIME TOP-10					4A ALL-TIME TOP-10				
#	NAME	SCHOOL	TIME	YEAR	#	NAME	SCHOOL	TIME	YEAR	#	NAME	SCHOOL	TIME	YEAR
1	Natilee Ruiz	Othello	55.70	2008	1	Janelle Rudolph	Bellevue	52.90	2019	1	Annemarie Thayer	Ballard	53.82	2010
2	Taylor McCoy	Pullman	56.40	2013	2	Leona Jennings	Mount Rainier	53.66	2008	2	Annemarie Thayer	Ballard	53.95	2008
2	Taylor McCoy	Pullman	56.40	2016	3	Janelle Rudolph	Bellevue	53.73	2018	3	Lisa Bratton	Richland	54.04	2013
4	Taylor McCoy	Pullman	56.45	2015	4	Ella Jablonski	Lakeside	54.11	2022	4	Annemarie Thayer	Ballard	54.07	2009
5	Sutton Forbis	Sammamish	56.63	2023	5	May Peterson	Cheney	54.60	2021	5	Mia Chang	Jackson	54.54	2019
6	Taylor McCoy	Pullman	56.95	2014	6	Catherine Andrews	Roosevelt	54.64	2022	6	Katie Kinnear	Skyline	54.60	2011
7	Alejandra Ruppe	Steilacoom	57.30	2021	7	Ella Jablonski	Lakeside (Seattle)	54.66	2023	7	Hailey Weiler	Kennedy Catholic	54.63	2024
8	Carlee Bock	Squalicum	57.61	2011	8	Janelle Rudolph	Bellevue	54.80	2017	8	Chelsea Bailey	Kentlake	54.84	2008
9	Kira Crane	Klahowya	57.66	2017	9	Kate Leary	Roosevelt	55.23	2019	9	Lisa Bratton	Richland	54.85	2012
10	Isabel Hendryx	North Kitsap	57.73	2017	10	Rebecca Sturdy	Anacortes	55.27	2002	10	Alana Pazevic	Jackson	54.94	2009

100-YARD BREASTSTROKE

	TIME	YEAR	NAME	SCHOOL
1A/2A MEET RECORD:	1:04.28	2011	Katie Kaestner	Anacortes
3A MEET RECORD:	58.95	2023	Piper Enge	Mercer Island
4A MEET RECORD:	1:00.72	2022	Gillian Tu	Issaquah

	TIME
AUTOMATIC QUALIFYING:	1:02.52
CONSIDERATION:	1:03.75

2025 STATE MEET

1A/2A ENTRY LIST				3A ENTRY LIST				4A ENTRY LIST						
LN	NAME	GR.	SCHOOL	SEED	LN	NAME	GR.	SCHOOL	SEED	LN	NAME	GR.	SCHOOL	SEED
Heat 1 of 3 Prelims				Heat 1 of 3 Prelims				Heat 1 of 3 Prelims						
1	Aya Byrne	12	Nathan Hale	1:18.81	1	Audrianna Nguyen	9	Todd Beamer	1:16.97	1	Amy Carlson	12	Newport	1:12.28
2	Annika Howard	12	Eatonville	1:17.17	2	Ella Luu	10	Shorecrest	1:12.39	2	Audrey Pogue	10	Juanita	1:10.49
3	Raha Gharaei	9	Sehome	1:14.57	3	Autumn Nguyen	10	Highline	1:08.26	3	Mia Abrigo	11	Jackson	1:07.58
4	Hazel Edge	11	Pullman	1:09.56	4	Clare Effgen	11	Seattle Prep	1:06.20	4	Sadie Sullivan	12	Wenatchee	1:06.21
5	Chloe Wies	11	Nathan Hale	1:12.79	5	Delana Irani	12	Holy Names Academy	1:07.37	5	Cordelia White	9	Lincoln (Seattle)	1:06.43
6	Tessa Townsend	12	Washougal	1:15.83	6	Aisha Mulder	11	Liberty	1:08.92	6	Payton Tweit	11	Sumner	1:09.14
7	Claiborne O'Donnell	9	Anacortes	1:17.87	7	Izzy Kirtley	12	Walla Walla	1:14.25	7	Aspen Sinnott	12	Mount Si	1:12.00
8	Keira Ferluga	9	Lindbergh	1:22.33	8	Ingrid Grinstead	10	Silas	1:19.17	8	Sydney Jackson	9	Camas	1:14.62
Heat 2 of 3 Prelims				Heat 2 of 3 Prelims				Heat 2 of 3 Prelims						
1	Wendy Neil	12	Aberdeen	1:18.63	1	Alianna Sandoval	11	Central Kitsap	1:14.84	1	Madison Chan	10	Issaquah	1:12.28
2	Margaret Everett	11	Bainbridge	1:16.49	2	Harper DesJardien	9	Inglemoor	1:09.42	2	Harper Haroldson-Margel	12	Kentridge	1:10.20
3	Jazzy Nelson	9	Squalicum	1:14.04	3	Chelsea Wong	10	Lakeside	1:07.71	3	Krystyna Yefremova	10	Jackson	1:07.37
4	Raegan Zaemann	10	Columbia River	1:09.31	4	Clare Weber	11	Holy Names Academy	1:05.21	4	Matilda White	12	Lincoln (Seattle)	1:05.83
5	Hallie Mackleit	11	Clarkston	1:11.91	5	Maya Surugiu	10	Inglemoor	1:07.15	5	Ellen Lu	11	Newport	1:06.28
6	Lucy Sandberg	10	Pullman	1:15.11	6	Tatum Detjen	12	Edmonds-Woodway	1:08.59	6	Emma Slagle	9	Curtis	1:07.97
7	Aubrey Sanchez	12	East Valley (Yakima)	1:17.27	7	Abigail Moun	10	Silas	1:13.73	7	Elliana Lam	9	Jackson	1:11.01
8	Solace Jenkins	11	Fort Vancouver	1:19.74	8	Riley Stevenson	10	Heritage	1:18.25	8	Elizabeth Liu	12	Hanford	1:14.41
Heat 3 of 3 Prelims				Heat 3 of 3 Prelims				Heat 3 of 3 Prelims						
1	Emily Krueger	10	Naches Valley	1:18.14	1	Natalie Gunderson	9	Central Valley	1:14.47	1	Grace Helland	11	Kennedy Catholic	1:12.17
2	Carly Yates	12	North Kitsap	1:16.45	2	Anna Paul	10	Stanwood	1:09.15	2	May Phut	11	Cascade	1:09.43
3	Annie Ellefson	12	Sequim	1:12.84	3	Emma Nowakowski	11	Mercer Island	1:07.60	3	Quincy Berg	11	Lincoln (Seattle)	1:07.15
4	Ellie Field	9	Steilacoom	1:07.99	4	Klara Kirschbaum	9	Mercer Island	1:03.87	4	Kaitlyn Vu	12	Kennedy Catholic	1:04.45
5	Lena Everett	11	Bainbridge	1:11.79	5	Jessica Li	9	Bellevue	1:06.43	5	Parker Marvin	12	Kennedy Catholic	1:06.23
6	Soleil Rubido	9	Squalicum	1:14.67	6	Mila Zhang	9	Mercer Island	1:08.47	6	Aurelia Ribellia	12	Eastmont	1:07.73
7	Lily Dickinson	10	Ellensburg	1:17.24	7	Avery Leptich	11	Shorecrest	1:13.36	7	Marieka Campbell	12	Wenatchee	1:10.61
8	Riah Fosback	10	Pullman	1:18.99	8	Samantha Jolley	12	Federal Way	1:18.22	8	Sofia Sydor	10	Lewis and Clark	1:13.58

2024 STATE MEET RESULTS

2024 1A/2A STATE MEET RESULTS				2024 3A STATE MEET RESULTS				2024 4A STATE MEET RESULTS						
#	NAME	GR.	SCHOOL	TIME	#	NAME	GR.	SCHOOL	TIME	#	NAME	GR.	SCHOOL	TIME
1	Gabbie Patti	12	Bremerton	1:08.41	1	Cecilia Howard	12	Bellevue	59.92	1	Kaitlyn Vu	11	Kennedy Catholic	1:03.55
2	Rebecca Yamada	12	Ridgefield	1:09.81	2	Gracyn Kehoe	11	Mercer Island	1:02.30	2	Parker Marvin	11	Kennedy Catholic	1:05.53
3	Lena Everett	10	Bainbridge	1:10.00	3	Sophie Sergerson	12	Bellevue	1:02.49	3	May Guidoux	12	Curtis	1:05.84
4	Hazel Edge	10	Pullman	1:10.91	4	Tatum Enge	9	Mercer Island	1:03.95	4	Quincy Berg	10	Lincoln (Seattle)	1:06.08
5	Raegan Raemann	9	Seton Catholic	1:12.18	5	Maddie Rivard	12	Garfield	1:04.23	5	Sadie Sullivan	11	Wenatchee	1:06.15
6	Carly Yates	11	North Kitsap	1:13.16	6	Izzy Rider	10	Silas	1:04.88	6	Ellen Lu	10	Newport (Bellevue)	1:07.08
7	Peyton Acord	10	Bellingham	1:13.99	7	Bella Chang	12	Archbishop Murphy	1:04.99	7	H. Haroldson-Margel	11	Kentridge	1:08.41
8	Jasmyn Coviello		Olympic	1:14.53	8	Aila Howson	12	Shorecrest	1:06.58	8	Grace Helland	10	Kennedy Catholic	1:08.85

ALL-TIME TOP-10

1A/2A ALL-TIME TOP-10					3A ALL-TIME TOP-10				4A ALL-TIME TOP-10					
#	NAME	SCHOOL	TIME	YEAR	#	NAME	SCHOOL	TIME	YEAR	#	NAME	SCHOOL	TIME	YEAR
1	Katie Kaestner	Anacortes	1:04.28	2011	1	Piper Enge	Mercer Island	58.95	2023	1	Gillian Tu	Issaquah	1:00.72	2022
2	Anna Weber	Aberdeen	1:04.40	2017	2	Cecilia Howard	Bellevue	59.92	2024	2	Carolyn McCann	Gig Harbor	1:01.33	2013
3	Katie Kaestner	Anacortes	1:04.43	2010	3	Piper Enge	Mercer Island	1:00.44	2021	3	Catherine Yu	Redmond	1:01.38	2021
4	Kiana Sullenberger	River Ridge	1:04.63	2011	4	Piper Enge	Mercer Island	1:00.69	2022	4	Gillian Tu	Issaquah	1:01.50	2021
5	Yanran Le	Squalicum	1:04.68	2015	5	Kim Williams	Bellevue	1:01.80	2014	5	Catherine Yu	Redmond	1:01.61	2019
6	Abby Russell	Liberty (Issaquah)	1:04.80	2017	6	Lindsey Marchand	Peninsula	1:02.00	2008	6	Missy McIntyre	Oak Harbor	1:02.02	2003
7	Anna Weber	Aberdeen	1:04.85	2018	7	Gracyn Kehoe	Mercer Island	1:02.30	2024	7	Nicole Limberg	Jackson	1:02.23	2016
8	Jaine Macias	Port Angeles	1:05.13	2016	8	Jetlynn Hau	Stanwood	1:02.04	2019	8	Gillian Tu	Issaquah	1:02.37	2019
9	Shanell Sullenberger	River Ridge	1:05.35	2011	9	Kim Williams	Bellevue	1:02.11	2013	9	Missy McIntyre	Oak Harbor	1:02.51	2004
10	Camorah King	Squalicum	1:05.40	2011	10	Sophie Sergerson	Bellevue	1:02.49	2024	10	Isabelle Dressel	Wenatchee	1:02.56	2016

400-YARD FREESTYLE RELAY

	TIME	YEAR	SCHOOL
1A/2A MEET RECORD:	3:37.43	2014	Liberty (Issaquah)
3A MEET RECORD:	3:27.50	2018	Bellevue
4A MEET RECORD:	3:27.47	2017	Skyline

	TIME
AUTOMATIC QUALIFYING:	3:27.78
CONSIDERATION:	3:31.16

2025 STATE MEET

1A/2A ENTRY LIST			3A ENTRY LIST			4A ENTRY LIST		
LN	SCHOOL	SEED	LN	SCHOOL	SEED	LN	SCHOOL	SEED
Heat 1 of 3 Prelims			Heat 1 of 3 Prelims			Heat 1 of 3 Prelims		
1	Lindbergh	4:31.85	1	Timberline	4:07.50	1	Eisenhower	3:57.15
2	Aberdeen	4:17.34	2	Ingraham	3:59.11	2	Woodinville	3:52.60
3	Centralia	4:08.30	3	Shorewood	3:48.74	3	Lewis and Clark	3:47.79
4	Pullman	3:55.27	4	Bellevue	3:36.72	4	Lake Washington	3:41.37
5	North Kitsap	4:01.61	5	Bishop Blanchet	3:45.26	5	Newport	3:45.07
6	Bellingham	4:15.79	6	Shorecrest	3:52.60	6	Olympia	3:51.02
7	Squalicum	4:24.22	7	Stanwood	4:04.86	7	Eastmont	3:56.62
8	Renton	4:43.20	8	Kennewick	4:23.09	8	Moses Lake	4:01.45
Heat 2 of 3 Prelims			Heat 2 of 3 Prelims			Heat 2 of 3 Prelims		
1	Eatonville	4:31.37	1	Mountlake Terrace	4:06.22	1	Puyallup	3:57.10
2	Nathan Hale	4:16.87	2	Peninsula	3:57.40	2	Rogers	3:52.46
3	Port Angeles	4:07.70	3	Roosevelt	3:47.57	3	Kennedy Catholic	3:47.73
4	Columbia River	3:49.74	4	Lakeside	3:29.63	4	Lincoln (Seattle)	3:40.73
5	Anacortes	3:58.53	5	Holy Names Academy	3:38.96	5	Issaquah	3:44.51
6	Seton Catholic	4:13.07	6	Edmonds-Woodway	3:51.21	6	Sumner	3:49.17
7	Fife	4:21.50	7	Kelso	4:04.43	7	Stadium	3:53.38
8	Mark Morris	4:36.55	8	Walla Walla	4:17.55	8	Tahoma	4:00.24
Heat 3 of 3 Prelims			Heat 3 of 3 Prelims			Heat 3 of 3 Prelims		
1	Black Hills	4:27.14	1	Meadowdale	4:05.42	1	Juanita	3:57.05
2	Washougal	4:15.88	2	Ballard	3:56.96	2	Camas	3:52.39
3	Prosser	4:06.97	3	Gig Harbor	3:47.57	3	Glacier Peak	3:45.46
4	Bainbridge Island	3:44.61	4	Mercer Island	3:24.60	4	Curtis	3:40.11
5	Ellensburg	3:57.70	5	Seattle Prep	3:38.51	5	Jackson	3:41.50
6	Sehome	4:12.75	6	Liberty	3:50.43	6	Redmond	3:48.31
7	Steilacoom	4:18.26	7	Silas	4:01.45	7	Richland	3:53.08
8	Lynden	4:32.24	8	Central Kitsap	4:10.36	8	Eastlake	3:59.30

2024 STATE MEET RESULTS

2024 1A/2A STATE MEET RESULTS			2024 3A STATE MEET RESULTS			2024 4A STATE MEET RESULTS		
#	SCHOOL	TIME	#	SCHOOL	TIME	#	SCHOOL	TIME
1	Bainbridge	3:43.19	1	Bellevue	3:18.78	1	Kennedy Catholic	3:30.57
2	Bellingham	3:49.20	2	Mercer Island	3:22.55	2	Lincoln (Seattle)	3:32.51
3	Pullman	4:01.29	3	Lakeside (Seattle)	3:28.65	3	Jackson	3:36.65
4	Seton Catholic	4:02.36	4	Seattle Prep	3:36.62	4	Curtis	3:37.96
5	Port Angeles	4:02.72	5	Holy Names Academy	3:39.80	5	Tahoma	3:39.87
6	Prosser	4:04.70	6	Gig Harbor	3:44.58	6	Newport (Bellevue)	3:40.44
7	Nathan Hale	4:05.38	7	Cheney	3:46.22	7	Lake Washington	3:42.92
8	Ellensburg	DQ	8	Shorecrest	3:46.50	8	Issaquah	3:44.32

ALL-TIME TOP-10

1A/2A ALL-TIME TOP-10			3A ALL-TIME TOP-10			4A ALL-TIME TOP-10					
#	SCHOOL	TIME	YEAR	#	SCHOOL	TIME	YEAR	#	SCHOOL	TIME	YEAR
1	Liberty (Issaquah)	3:37.43	2014	1	Bellevue	3:18.78	2024	1	Newport (Bellevue)	3:26.33	2018
2	Sammamish	3:39.38	2023	2	Mercer Island	3:22.55	2024	2	Skyline	3:27.47	2017
3	Sammamish	3:39.95	2019	3	Mercer Island	3:23.42	2022	3	Newport (Bellevue)	3:27.49	2017
4	Liberty (Issaquah)	3:40.09	2015	4	Mercer Island	3:25.93	2023	4	Newport (Bellevue)	3:28.66	2019
5	Liberty (Issaquah)	3:40.10	2017	5	Lakeside (Seattle)	3:26.46	2023	5	Rogers (Puyallup)	3:29.68	2002
6	Sammamish	3:40.40	2017	6	Bellevue	3:27.50	2018	6	Skyline	3:30.67	2018
7	Tumwater	3:40.87	2012	7	Lakeside (Seattle)	3:28.65	2024	7	Curtis	3:31.05	2018
8	Sammamish	3:40.88	2018	8	Bellevue	3:28.68	2019	8	Skyline	3:31.59	2015
9	North Kitsap	3:41.54	2016	9	Bellevue	3:29.16	2017	9	Skyline	3:31.60	2016
10	Squalicum	3:41.84	2015	10	Lake Washington	3:29.92	2019	10	Curtis	3:31.68	2019

ADAPTIVE: 50-YARD FREESTYLE

2025 STATE MEET

1A/2A ENTRY LIST				3A ENTRY LIST				4A ENTRY LIST						
LN	NAME	GR.	SCHOOL	SEED	LN	NAME	GR.	SCHOOL	SEED	LN	NAME	GR.	SCHOOL	SEED
Heat 1 of 2 Timed Finals				Heat 1 of 2 Timed Finals				Heat 1 of 1 Timed Finals						
3	Anna Osterkamp	12	Sehome	1:01.88	3	Kaya Scheuerell	12	Ballard	1:15.91	2	Cora Howell		Eastmont	1:41.53
4	Kalissa Alenick	12	Steilacoom	56.14	4	Zoraya Barlow	11	Mountain View	1:03.05	3	Sera Wickline	11	Lincoln (Seattle)	50.69
5	Abigail Small	12	Lynden	57.87	5	Samantha Long	12	Stanwood	1:08.08	4	Zoe Lewis	12	Lincoln (Seattle)	37.20
6	Allison Smoley	12	Bremerton	1:10.09	6	Jung McMurray	11	Stanwood	1:16.43	5	Jillian McIrvin		Wenatchee	48.06
Heat 2 of 2 Timed Finals				Heat 2 of 2 Timed Finals				Heat 2 of 2 Timed Finals						
2	Lauren Gongwer	12	Sehome	54.53	1	Annabelle James	12	Liberty	54.46	6	Chloe Capps	10	South Kitsap	53.21
3	Elly Champers	11	Lindbergh	51.51	2	Aspen Ashby	12	Garfield	52.00					
4	Graycie Graham	12	Clarkston	45.83	3	Lydia Blair-Gonzales	12	Kennedy Catholic	47.49					
5	Sarah Carollo	9	Sehome	48.60	4	Vivian Phan	12	Lynnwood	41.48					
6	Faith Conger	10	Hudson's Bay	52.00	5	Eliana Urena-Arias	12	Kennedy Catholic	42.42					
					6	Rayna Weaver	11	Kennedy Catholic	50.51					
					7	Lillian Hanna	12	Timberline	52.43					

ADAPTIVE: 50-YARD BACKSTROKE

2025 STATE MEET

1A/2A ENTRY LIST				3A ENTRY LIST				4A ENTRY LIST						
LN	NAME	GR.	SCHOOL	SEED	LN	NAME	GR.	SCHOOL	SEED	LN	NAME	GR.	SCHOOL	SEED
Heat 1 of 2 Timed Finals				Heat 1 of 2 Timed Finals				Heat 1 of 1 Timed Finals						
3	Kalissa Alenick	12	Steilacoom	1:20.90	3	Kaya Scheuerell	12	Ballard	1:25.52	2	Sera Wickline	11	Lincoln (Seattle)	NT
4	Faith Conger	10	Hudson's Bay	1:13.68	4	Zoraya Barlow	11	Mountain View	1:12.78	3	Chloe Capps	10	South Kitsap	NT
5	Elly Champers	11	Lindbergh	1:14.37	5	Lillian Hanna	12	Timberline	1:17.71	4	Jillian McIrvin		Wenatchee	50.98
6	Anna Osterkamp	12	Sehome	1:34.34	6	Jung McMurray	11	Stanwood	1:40.23	5	Cora Howell		Eastmont	2:30.21
Heat 2 of 2 Timed Finals				Heat 2 of 2 Timed Finals				Heat 2 of 2 Timed Finals						
2	Lauren Gongwer	12	Sehome	1:12.18		Samantha Long	12	Stanwood	1:07.89	6	Zoe Lewis	12	Lincoln (Seattle)	NT
3	Allison Smoley	12	Bremerton	1:09.78	2	Aspen Ashby	12	Garfield	1:06.71					
4	Sarah Carollo	9	Sehome	55.35	3	Rayna Weaver	11	Kennedy Catholic	1:04.86					
5	Graycie Graham	12	Clarkston	1:00.90	4	Eliana Urena-Arias	12	Kennedy Catholic	48.99					
6	Abigail Small	12	Lynden	1:09.79	5	Vivian Phan	12	Lynnwood	51.28					
					6	Lydia Blair-Gonzales	12	Kennedy Catholic	1:06.28					
					7	Annabelle James	12	Liberty	1:07.84					

PAST TEAM CHAMPIONS

YEAR	INVITATIONAL
1970	Highline
1971	Clover Park
1972	Newport (Bellevue)

YEAR	WIAA STATE EVENT
1973	Newport (Bellevue)
1974	Newport (Bellevue)
1975	Sammamish
1976	Newport (Bellevue)
1977	Sammamish
1978	Newport (Bellevue)
1979	Newport (Bellevue)
1980	Newport (Bellevue)
1981	Newport (Bellevue)
1982	Newport (Bellevue)

YEAR	AA/A	AAA
1983	-	Foss
1984	Shorecrest	Foss
1985	Mount Rainier	Foss
1986	Bainbridge	Foss
1987	Olympia	Mercer Island
1988	Enumclaw	Issaquah
1989	Eastmont	Issaquah
1990	Eastmont	Issaquah
1991	Bainbridge	Foss
1992	Sehome	Mercer Island
1993	Highline	Mercer Island
1994	Bainbridge	Mercer Island
1995	Bainbridge	Mercer Island
1996	Bainbridge	Mercer Island

YEAR	3A	4A
1997	Mercer Island	Gig Harbor
1998	Mercer Island	Snohomish
1999	Bellevue	Snohomish
2000	Bainbridge	Snohomish
2001	Bellevue	Capital
2002	Bellevue	Rogers (Puyallup)
2003	Bellevue	Inglemoor
2004	Bellevue	Inglemoor
2005	Holy Names Academy	Inglemoor

YEAR	1A/2A	3A	4A
2006	Anacortes	Bellevue	Inglemoor
2007	Sehome	Kennedy Catholic	Inglemoor/Garfield
2008	Aberdeen	Kennedy Catholic	Jackson
2009	Squalicum	Mercer Island	Skyline
2010	Squalicum	Mercer Island	Skyline
2011	Sehome	Mercer Island	Skyline
2012	Lake Washington	Mercer Island	Newport (Bellevue)
2013	Pullman	Mercer Island	Newport (Bellevue)
2014	Liberty (Issaquah)	Lakeside (Seattle)	Richland/Jackson
2015	Liberty (Issaquah)	Lakeside (Seattle)	Skyline
2016	Liberty (Issaquah)	Lakeside (Seattle)	Skyline
2017	Liberty (Issaquah)	Bellevue	Newport (Bellevue)
2018	North Kitsap	Bellevue	Newport (Bellevue)
2019	Liberty (Issaquah)	Bellevue	Newport (Bellevue)
2020	No Meet Held (COVID-19)		
2021	Pullman	Bainbridge	Tahoma
2022	Sammamish	Mercer Island	Newport (Bellevue)
2023	Sammamish	Mercer Island	Curtis
2024	Bainbridge	Mercer Island	Kennedy Catholic

4A PAST EVENT WINNERS

200-YARD MEDLEY RELAY				200-YARD INDIVIDUAL MEDLEY				200-YARD FREESTYLE			
YEAR	SCHOOL		TIME	YEAR	NAME	SCHOOL	SCORE	YEAR	NAME	SCHOOL	TIME
1974	Lakes		1:56.65	1974	Jo Harsbarger	Newport (Bellevue)	1:55.00	1974	Robin Bannaman	Shorecrest	2:09.96
1975	Curtis		1:55.26	1975	Cyndi McCullam	Mercer Island	1:55.45	1975	Gale Pulsifer	Shorecrest	2:10.83
1976	Curtis		1:54.74	1976	Evi Kosenkranius	Newport (Bellevue)	1:52.74	1976	Janie Smith	Newport (Bellevue)	2:09.52
1977	Wilson		1:53.65	1977	Tina Weisel	Ingraham	1:52.25	1977	Janet Buchan	Wilson	2:07.30
1978	Shoreline		1:52.39	1978	Nancy Gillingham	Lakes	1:56.32	1978	Janet Buchan	Wilson	2:07.17
1979	Newport (Bellevue)		1:53.13	1979	Nancy Gillingham	Lakes	1:53.96	1979	Kathy Smith	Lake Washington	2:05.06
1980	Mercer Island		1:50.80	1980	Roxanne Carlton	Wilson	1:52.79	1980	Mary Wayte	Mercer Island	2:05.06
1981	Mercer Island		1:51.45	1981	Jenny Harshbarger	Newport (Bellevue)	1:52.07	1981	Loretta Soffe	Mercer Island	2:05.54
1982	Mercer Island		1:52.52	1982	Margo Wood	Shorecrest	1:54.21	1982	Loretta Soffe	Mercer Island	2:08.02
1983	Foss		1:48.74	1983	Margo Wood	Shorecrest	1:52.18	1983	Jana Ellis	Highline	2:07.30
1984	Foss		1:47.06	1984	Kathi Wire	Hazen	1:50.89	1984	Missy Frost	Foss	2:07.52
1985	Foss		1:52.56	1985	Kathi Wire	Hazen	1:52.42	1985	Ellen Berg	Foss	2:07.67
1986	South Kitsap		1:55.59	1986	Lani Berg	Newport (Bellevue)	1:54.68	1986	Ellen Berg	Foss	2:06.15
1987	Juanita		1:55.19	1987	Megan Oesting	Mercer Island	1:53.54	1987	Dawn Emery	Clover Park	2:06.38
1988	Mercer Island		1:54.07	1988	Megan Oesting	Mercer Island	1:52.24	1988	Trina Tagas	Issaquah	2:10.16
1989	Bellevue		1:51.63	1989	Megan Oesting	Mercer Island	1:48.52	1989	Dawn Emery	Clover Park	2:07.98
1990	Mercer Island		1:51.12	1990	Leslie Mix	Issaquah	1:54.60	1990	Trina Tagas	Issaquah	2:07.47
1991	Sammamish		1:50.10	1991	Kari Edwards	Columbia River	1:52.72	1991	Colleen Philipps	Sammamish	2:06.12
1992	Sammamish		1:50.90	1992	Kari Edwards	Columbia River	1:51.18	1992	Colleen Philipps	Sammamish	2:07.73
1993	Sammamish		1:50.34	1993	Jenny Strasburger	Mercer Island	1:51.36	1993	Kari Edwards	Columbia River	2:03.25
1994	Sammamish		1:49.77	1994	Jenny Strasburger	Mercer Island	1:51.24	1994	Kari Edwards	Columbia River	2:01.10
1995	Newport (Bellevue)		1:52.01	1995	Jenny Strasburger	Mercer Island	1:49.96	1995	Tiffany O'Brien	Eastlake	2:05.23
1996	Wilson		1:49.86	1996	Vicki Schmaltz	Inglemoor	1:52.00	1996	Julie Massy	Decatur	2:01.98
1997	Kent-Meridian		1:53.05	1997	Vicki Schmaltz	Inglemoor	1:52.29	1997	Karin Stender	Federal Way	2:05.38
1998	Eisenhower		1:52.07	1998	Erica Chandler	Snohomish	1:52.87	1998	Karyl Johnson	Lake Washington	2:04.38
1999	Puyallup		1:51.49	1999	Erica Chandler	Snohomish	1:50.90	1999	Hannah Jo	Decatur	2:04.67
2000	Capital		1:50.46	2000	Erica Chandler	Snohomish	1:50.94	2000	Hannah Jo	Decatur	2:05.22
2001	Rogers (Puyallup)		1:47.99	2001	Dana Kirk	Bremerton	1:49.46	2001	Megan Rains	Rogers (Puyallup)	2:02.04
2002	Rogers (Puyallup)		1:45.82	2002	Megan Rains	Rogers (Puyallup)	1:48.77	2002	Emily Kukors	Auburn	2:01.14
2003	Rogers (Puyallup)		1:45.77	2003	Megan Rains	Rogers (Puyallup)	1:49.94	2003	Ariana Kukors	Auburn	2:01.73
2004	Rogers (Puyallup)		1:52.40	2004	Krissy Forelli	Gig Harbor	1:51.35	2004	Courtney Eronemo	Kentwood	2:03.40
2005	Garfield		1:51.44	2005	Courtney Eronemo	Kentwood	1:50.91	2005	Cassie Hamilton	Southridge	2:07.72
2006	Inglemoor		1:52.90	2006	Alyssa Manlow	Heritage	1:52.61	2006	Marley Prothero	Kentwood	2:08.46
2007	Garfield		1:48.83	2007	Kelly Tannhauser	Juanita	1:51.95	2007	Marley Prothero	Kentwood	2:06.87
2008	Jackson		1:48.02	2008	Scarlett Cann	Stadium	1:51.76	2008	Andie Taylor	Skyline	1:58.23
2009	Garfield		1:49.54	2009	Andie Taylor	Skyline	1:46.55	2009	Katie Kinnear	Eastlake	2:02.53
2010	Skyline		1:48.87	2010	Fiona Majeau	Garfield	1:49.98	2010	Annemarie Thayer	Ballard	2:02.18
2011	Skyline		1:47.22	2011	Amber Cratsenberg	Thomas Jefferson	1:50.01	2011	Lisa Bratton	Richland	2:03.70
2012	Skyline		1:49.12	2012	Felicity Cann	Stadium	1:49.72	2012	Lisa Bratton	Richland	2:01.53
2013	Gig Harbor		1:47.52	2013	Madison Pressler	Jackson	1:53.16	2013	Lisa Bratton	Richland	1:59.44
2014	Newport		1:48.58	2014	Madison Pressler	Jackson	1:54.46	2014	Laura Williams	Kentlake	2:05.72
2015	Skyline		1:47.01	2015	Yulia Groysman	Newport (Bellevue)	1:51.21	2015	Nicole Limberg	Jackson	2:05.17
2016	Jackson		1:47.41	2016	Sarah DiMeco	Skyline	1:49.37	2016	Nicole Limberg	Jackson	2:02.28
2017	Newport (Bellevue)		1:46.00	2017	Yulia Groysman	Newport (Bellevue)	1:48.25	2017	Samantha Baron	Newport (Bellevue)	2:02.71
2018	Skyline		1:44.00	2018	Sarah DiMeco	Skyline	1:46.98	2018	Samantha Baron	Newport (Bellevue)	2:00.86
2019	Curtis		1:45.88	2019	Elli Straume	Kamiak	1:50.96	2019	Mia Chang	Jackson	1:59.71
2021	Tahoma		1:45.26	2021	Gabi Bellin	Curtis	1:52.64	2021	Catherine Yu	Redmond	2:03.13
2022	Curtis		1:48.45	2022	Elayne Chen	Tahoma	1:54.01	2022	Maron Rusk	Woodinville	2:09.36
2023	Curtis		1:48.61	2023	Hailey Weiler	Kennedy Catholic	2:06.59	2023	Ava Swigart	Lewis and Clark	1:51.82
2024	Kennedy Catholic		1:45.66	2024	Kaitlyn Vu	Kennedy Catholic	2:06.55	2024	Elayne Chen	Tahoma	1:50.82

4A PAST EVENT WINNERS

50-YARD FREESTYLE				ONE-METER DIVING				100-YARD BUTTERFLY			
YEAR	NAME	SCHOOL	TIME	YEAR	NAME	SCHOOL	SCORE	YEAR	NAME	SCHOOL	TIME
1973	Carolyn Hampel	Newport (Bellevue)	25.23	1974	Teresa Hackett	Highline	453.30	1973	Joan Manning	Mark Morris	1:02.95
1974	Kathy Garrison	Peninsula	24.46	1975	Teresa Hackett	Highline	423.35	1974	Robin Brannman	Shorecrest	58.44
1975	Kathy Garrison	Peninsula	24.67	1976	Debbie Sill	Sammamish	361.25	1975	Tina Weisel	Inglesmoor	58.87
1976	Kathy Garrison	Peninsula	24.65	1977	Karli Tjelle	Sammamish	384.65	1976	Gale Pulsifer	Shoreline	57.55
1977	Celeste Robischon	Timberline	25.15	1978	Tara Bell	Highline	354.55	1977	Gale Pulsifer	Shoreline	57.69
1978	Kathy Smith	Juanita	24.39	1979	Mary Bismuti	Olympia	379.85	1978	Gale Pulsifer	Shoreline	56.73
1979	Erica Nordean	Mount Rainier	24.45	1980	Kelly Mathias	Bellevue	377.95	1979	Erica Nordean	Mount Rainier	57.61
1980	Erica Nordean	Mount Rainier	24.24	1981	Jill Jeffereys	Rogers (Puyallup)	410.65	1980	Erica Nordean	Mount Rainier	57.57
1981	Kathy Smith	Lake Washington	23.21	1982	Kim Reed	Inglesmoor	372.85	1981	Kim Chen	Interlake	58.09
1982	Dana Powers	Wilson	24.12	1983	Courtney Carr	Capital	424.85	1982	Dana Powers	Wilson	58.35
1983	Laurel Lynch	Eastside Catholic	24.22	1984	Kristin Jensen	Sammamish	410.70	1983	Jennifer Stauffer	Lakes	58.20
1984	Laurel Lynch	Eastside Catholic	23.85	1985	Heather Hasslinger	Newport (Bellevue)	378.00	1984	Jennifer Stauffer	Lakes	58.46
1985	Sheila Bonnett	Foss	24.87	1986	Shelley Sweeney	Juanita	398.10	1985	Maria Schlumpf	Foss	59.23
1986	Rosie Simsen	South Kitsap	23.44	1987	Kristin Jensen	Sammamish	377.05	1986	Maria Schlumpf	Foss	58.16
1987	Rosie Simsen	South Kitsap	24.52	1988	Chara Ammerman	Issaquah	356.40	1987	Dawn Emery	Clover Park	56.95
1988	Amy VanLobensels	Woodinville	24.21	1989	Chara Ammerman	Issaquah	407.05	1988	Mary-Frances Greek	Mariner	58.99
1989	Sara Suhadolnik	Shorecrest	23.75	1990	Chara Ammerman	Issaquah	404.79	1989	Audrey Langin	Bellevue	57.75
1990	Megan Oesting	Mercer Island	23.17	1991	Chara Ammerman	Issaquah	410.05	1990	Maureen Philipps	Sammamish	57.67
1991	Ivy Arai	Juanita	24.06	1992	Maya Dworkis	Newport (Bellevue)	351.20	1991	Maureen Philipps	Sammamish	57.69
1992	Sarah Stauffer	Lakes	24.11	1993	Erin Harmon	Kentridge	432.25	1992	Angela Butler	Foss	58.20
1993	Sarah Stauffer	Lakes	23.61	1994	Sarah Fields	Kentwood	450.55	1993	Maureen Philipps	Sammamish	55.89
1994	Sarah Stauffer	Lakes	23.77	1995	Kelley Persinger	Newport (Bellevue)	414.85	1994	Teresa Nelson	South Kitsap	56.67
1995	Angela Belloni	Sammamish	24.25	1996	Kelley Persinger	Newport (Bellevue)	442.40	1995	Kristin Martinec	Wilson	56.67
1996	Angela Belloni	Sammamish	24.07	1997	Sarah Farr	Gig Harbor	429.65	1996	Vicki Schmaltz	Inglesmoor	56.78
1997	Christina Chen	Stadium	24.30	1998	Sarah Farr	Gig Harbor	436.95	1997	Vicki Schmaltz	Inglesmoor	57.01
1998	Amber Fuller	Eisenhower	24.16	1999	Michelle Hager	Gig Harbor	405.80	1998	Amber Fuller	Eisenhower	56.29
1999	Kirn Matz	Puyallup	24.29	2000	Michelle Hager	Gig Harbor	433.70	1999	Hannah Jo	Decatur	57.49
2000	Jill Kripps	Roosevelt	24.23	2001	Christina Hussong	Decatur	392.35	2000	Hannah Jo	Decatur	56.80
2001	Jill Kripps	Roosevelt	23.99	2002	Alyson Carlyon	Juanita	428.65	2001	Dana Kirk	Bremerton	53.99
2002	Missy McIntyre	Oak Harbor	23.92	2003	Doria Holbrook	Eisenhower	382.55	2002	Emily Strouse	Rogers (Puyallup)	56.07
2003	Missy McIntyre	Oak Harbor	23.36	2004	Mariesa Cloud	Tahoma	407.85	2003	Courtney Eronemo	Kentwood	55.98
2004	Missy McIntyre	Oak Harbor	23.28	2005	Mariesa Cloud	Tahoma	406.10	2004	Kim Kripps	Roosevelt	56.81
2005	Madison Rousell	South Kitsap	24.01	2006	Mariesa Cloud	Tahoma	451.85	2005	Stefanie Sutton	Auburn Riverside	55.08
2006	Madison Rousell	South Kitsap	23.86	2007	Stacey Luke	Inglesmoor	388.75	2006	Gabby Guieb	Garfield	57.99
2007	Maureen Cardwell	Redmond	24.20	2008	Stacey Luke	Inglesmoor	412.70	2007	Maureen Cardwell	Redmond	57.17
2008	Alana Pazevic	Jackson	23.55	2009	Shawna Jordan	Auburn	422.80	2008	Katie Kinnear	Eastlake	54.73
2009	Amber Cratsenberg	Thomas Jefferson	23.87	2010	Fiona Weeks	Kamiak	383.05	2009	Katie Kinnear	Eastlake	53.10
2010	Katie Kinnear	Skyline	23.50	2011	Caitlin Chambers	Garfield	404.50	2010	Katie Kinnear	Skyline	53.95
2011	Kenna Ramey	Federal Way	23.62	2012	Caitlin Chambers	Garfield	488.20	2011	Katie Kinnear	Skyline	53.46
2012	Kenna Ramey	Federal Way	23.44	2013	Hailey Kessler	Auburn	387.30	2012	Kenna Ramey	Federal Way	56.00
2013	Kenna Ramey	Federal Way	22.96	2014	Kaela Call	Eastlake	425.90	2013	Kenna Ramey	Federal Way	54.32
2014	Alana Pries	Emerald Ridge	23.80	2015	Kelsea Hinkley	Richland	421.70	2014	Jessica Wierzbicki	Wenatchee	56.19
2015	Emma Carlton	Mount Vernon	23.29	2016	McKenna Webster	Sumner	420.75	2015	Jessica Wierzbicki	Wenatchee	54.42
2016	Gabrielle Dang	Inglesmoor	23.06	2017	Kennedy Cribbs	Eastlake	425.45	2016	Emma Carlton	Mount Vernon	54.01
2017	Emma Carlton	Mount Vernon	22.58	2018	Heather Hopkins	Rogers (Puyallup)	407.00	2017	Emma Carlton	Mount Vernon	53.37
2018	Gabrielle Dang	North Creek	22.91	2019	Heather Hopkins	Rogers (Puyallup)	426.40	2018	Gabrielle Dang	North Creek	52.58
2019	Isabelle Huynh	Issaquah	23.65	2021	Kaitlyn Holt	Mount Si	352.80	2019	Samantha Baron	Newport (Bellevue)	54.00
2021	Gillian Tu	Issaquah	24.00	2022	Aoi Kondo	Olympia	400.75	2021	Claire Smith	Kamiak	57.10
2022	Gillian Tu	Issaquah	23.21	2023	Addison Farman	Glacier Peak	403.40	2022	Michelle Chen	Redmond	56.21
2023	Alexis Bernardo	Curtis	24.31	2024	Addison Farman	Glacier Peak	407.40	2023	Claire Smith	Kamiak	56.14
2024	Sophia Sunwoo	Newport (Bellevue)	22.73					2024	Hailey Weiler	Kennedy Catholic	54.34

4A PAST EVENT WINNERS

100-YARD FREESTYLE				500-YARD FREESTYLE				200-YARD FREESTYLE RELAY		
YEAR	NAME	SCHOOL	TIME	YEAR	NAME	SCHOOL	TIME	YEAR	SCHOOL	TIME
1974	Kathy Garrison	Peninsula	52.74	1974	Jo Harshbarger	Newport (Bellevue)	4:58.79	1990	Mercer Island	1:39.26
1975	Kathy Garrison	Peninsula	52.66	1975	Evi Kosenkranius	Newport (Bellevue)	5:00.46	1991	Foss	1:39.56
1976	Kathy Garrison	Peninsula	52.95	1976	Evi Kosenkranius	Newport (Bellevue)	4:56.03	1992	Foss	1:38.53
1977	Janie Smith	Newport (Bellevue)	53.07	1977	Janet Buchan	Wilson	4:57.87	1993	Foss	1:39.80
1978	Kathy Smith	Juanita	53.56	1978	Janet Buchan	Wilson	5:04.00	1994	Columbia River	1:40.21
1979	Dawn Seth	Newport (Bellevue)	52.78	1979	Jenny Harshbarger	Newport (Bellevue)	5:00.32	1995	Mercer Island	1:39.05
1980	Nancy Gillingham	Lakes	53.96	1980	Jenny Harshbarger	Newport (Bellevue)	4:55.93	1996	Mercer Island	1:39.71
1981	Mary Wayte	Mercer Island	51.16	1981	Jenny Harshbarger	Newport (Bellevue)	4:55.48	1997	Gig Harbor	1:39.88
1982	Margo Wood	Shorecrest	52.72	1982	Amelia Nalli	Evergreen	5:02.20	1998	Woodinville	1:39.29
1983	Margo Wood	Shorecrest	52.11	1983	Loretta Soffe	Mercer Island	4:58.62	1999	Snohomish	1:40.00
1984	Kathi Wire	Hazen	51.90	1984	Lani Berg	Newport (Bellevue)	4:56.87	2000	Gig Harbor	1:40.71
1985	Kathi Wire	Hazen	52.16	1985	Lani Berg	Newport (Bellevue)	4:58.12	2001	Capital	1:39.80
1986	Rosie Zimsen	South Kitsap	51.02	1986	Kari Grigsby	Newport (Bellevue)	5:03.85	2002	Gig Harbor	1:38.79
1987	Megan Oesting	Mercer Island	52.58	1987	Tammy Regan	Issaquah	5:07.75	2003	Kentwood	1:39.89
1988	Megan Oesting	Mercer Island	52.32	1988	Tammy Regan	Issaquah	5:08.98	2004	Gig Harbor	1:40.00
1989	Megan Oesting	Mercer Island	50.67	1989	Carrie Pool	Fort Vancouver	4:59.22	2005	Richland	1:40.58
1990	Megan Oesting	Mercer Island	50.54	1990	Maureen Philipps	Sammamish	5:00.70	2006	Lake Stevens	1:40.99
1991	Alycia Ladd	Foss	52.38	1991	Katherine Alien	Clover Park	4:57.98	2007	Inglemoor	1:38.76
1992	Alycia Ladd	Foss	51.16	1992	Leslie Mix	Issaquah	4:50.82	2008	Todd Beamer	1:38.94
1993	Alycia Ladd	Foss	51.59	1993	Maureen Philipps	Sammamish	4:53.11	2009	Skyline	1:38.71
1994	Jenny Stasburger	Mercer Island	51.91	1994	Kari Edwards	Columbia River	4:54.08	2010	Newport (Bellevue)	1:39.73
1995	Jenny Strasburger	Mercer Island	51.97	1995	Tara Martin	Bellevue	4:58.10	2011	Stadium	1:38.78
1996	Steph Wang	Redmond	52.30	1996	Courtney Ellis	Edmonds-Woodway	4:54.93	2012	Cascade (Everett)	1:38.29
1997	Steph Wang	Redmond	51.69	1997	Jackie Lobdell	Gig Harbor	4:58.10	2013	Newport (Bellevue)	1:39.26
1998	Kaitlin Bourne	Curtis	52.09	1998	Jackie Lobdell	Gig Harbor	4:58.64	2014	Puyallup	1:40.16
1999	Kyla Meuer	Oak Harbor	52.51	1999	Jackie Lobdell	Gig Harbor	4:57.08	2015	Newport (Bellevue)	1:39.25
2000	Erica Chandler	Snohomish	51.90	2000	Jamie Tannhauser	Juanita	4:51.69	2016	Kamiak	1:37.74
2001	Emily Kukors	Auburn	50.96	2001	Jamie Tannhauser	Juanita	4:55.10	2017	Newport (Bellevue)	1:36.26
2002	Emily Kukors	Auburn	50.29	2002	Sandy Hong	Decatur	5:00.24	2018	Newport (Bellevue)	1:34.96
2003	Megan Rains	Rogers (Puyallup)	50.69	2003	Courtney Eronemo	Kentwood	4:57.64	2019	Newport (Bellevue)	1:36.30
2004	Madison Rousell	South Kitsap	52.35	2004	Krissy Forelli	Gig Harbor	4:58.35	2021	Curtis	1:38.22
2005	Alyssa Manlow	Heritage	51.97	2005	Haley Brunner	Roosevelt	5:01.53	2022	Newport	1:39.55
2006	Madison Rousell	South Kitsap	52.34	2006	Haley Brunner	Roosevelt	4:57.06	2023	Curtis	1:38.83
2007	Alana Pazevic	Jackson	51.75	2007	Haley Brunner	Roosevelt	4:54.03	2024	Newport (Bellevue)	1:38.41
2008	Chelsea Bailey	Kentlake	49.82	2008	Amber McDermott	Jackson	4:41.98			
2009	Amber Cratsenberg	Thomas Jefferson	51.57	2009	Andie Taylor	Skyline	4:45.47			
2010	Amber Cratsenberg	Thomas Jefferson	50.96	2010	Fiona Majeau	Garfield	4:54.84			
2011	Felicity Cann	Stadium	51.68	2011	Amber Cratsenberg	Thomas Jefferson	4:57.55			
2012	Hannah Bruggman	Wenatchee	51.71	2012	Felicity Cann	Stadium	4:57.78			
2013	Marley Cross	Garfield	51.71	2013	Brianna Lucien	Mariner	5:04.46			
2014	Elisa Fang	Newport	51.78	2014	Brianna Lucien	Mariner	5:03.69			
2015	Willow Lopez-Silvers	Curtis	52.39	2015	Yulia Groysman	Newport	4:56.68			
2016	Gabrielle Dang	Inglemoor	50.83	2016	Sarah DiMeco	Skyline	4:51.00			
2017	Gabrielle Dang	North Creek	49.98	2017	Sarah DiMeco	Skyline	4:49.11			
2018	Christina Bradley	Skyline	49.81	2018	Sarah DiMeco	Skyline	4:48.08			
2019	Jaime Chen	Newport (Bellevue)	50.12	2019	Regan Geldmacher	Hanford	4:58.18			
2021	Michelle Chen	Redmond	51.01	2021	Maya Clise	Puyallup	5:01.53			
2022	Sophia Sunwoo	Newport	50.42	2022	Elayne Chen	Tahoma	5:03.03			
2023	Issabelle Parrish	Moses Lake	52.19	2023	Ava Swigart	Lewis and Clark	5:02.63			
2024	Sophia Sunwoo	Newport (Bellevue)	49.56	2024	Ava Swigart	Lewis and Clark	5:01.23			

4A PAST EVENT WINNERS

100-YARD BACKSTROKE				100-YARD BREASTSTROKE				400-YARD FREESTYLE RELAY		
YEAR	NAME	SCHOOL	TIME	YEAR	NAME	SCHOOL	TIME	YEAR	SCHOOL	TIME
1974	Miriam Smith	Wilson	1:00.12	1974	Terrī Utigard	Mount Rainier	1:08.48	1973	Newport (Bellevue)	3:52.43
1975	Miriam Smith	Wilson	1:00.17	1975	Kerry Stewart	Curtis	1:09.36	1974	Peninsula	3:43.97
1976	Susan Smith	Eisenhower	1:00.38	1976	Kerry Stewart	Curtis	1:09.00	1975	Peninsula	3:40.88
1977	Susan Smith	Eisenhower	1:01.09	1977	Margaret Eberling	Wilson	1:06.35	1976	Peninsula	3:39.64
1978	Ann Hulstrand	Peninsula	59.22	1978	Margaret Eberling	Wilson	1:06.47	1977	Sammamish	3:43.40
1979	Alex Arnot	Evergreen	1:01.40	1979	Kathy Smith	Lake Washington	1:03.79	1978	Sammamish	3:40.55
1980	Mary Wayte	Mercer Island	58.25	1980	Kathy Smith	Lake Washington	1:04.42	1979	Newport (Bellevue)	3:35.55
1981	Mary Wayte	Mercer Island	57.96	1981	Kathy Smith	Lake Washington	1:02.96	1980	Newport (Bellevue)	3:39.90
1982	Iris VonJouanne	Hazen	1:01.20	1982	Jana Ellis	Highline	1:06.65	1981	Newport (Bellevue)	3:38.75
1983	Missy Frost	Foss	58.87	1983	Susan Lenth	Foss	1:04.60	1982	Mercer Island	3:37.29
1984	Missy Frost	Foss	56.89	1984	Susan Lenth	Foss	1:05.83	1983	Newport (Bellevue)	3:36.41
1985	Missy Frost	Foss	57.74	1985	Stacy Roberts	Issaquah	1:10.50	1984	Newport (Bellevue)	3:34.00
1986	Claudia Durringer	Foss	59.38	1986	Monica Feigert	Clover Park	1:09.30	1985	Foss	3:34.00
1987	Michelle Mazza	Foss	1:00.72	1987	Monica Feigert	Clover Park	1:07.07	1986	Foss	3:38.80
1988	Jody Morehouse	Wilson	59.21	1988	Monica Feigert	Clover Park	1:07.65	1987	Mercer Island	3:36.88
1989	Leslie Mix	Issaquah	59.07	1989	Deanna Simmons	Puyallup	1:08.31	1988	Port Angeles	4:41.85
1990	Leslie Mix	Issaquah	57.94	1990	Rhonda Rhoades	Curtis	1:05.91	1989	Issaquah	3:39.34
1991	Leslie Mix	Issaquah	57.59	1991	Rhonda Rhoades	Curtis	1:05.14	1990	Issaquah	3:39.08
1992	Leslie Mix	Issaquah	56.34	1992	Rhonda Rhoades	Curtis	1:05.68	1991	Sammamish	3:33.48
1993	Alycia Ladd	Foss	56.04	1993	Rhonda Rhoades	Curtis	1:04.06	1992	Sammamish	3:35.66
1994	Alycia Ladd	Foss	56.73	1994	Robin Davidson	Wenatchee	1:04.45	1993	Mercer Island	3:35.34
1995	Tiffany O'Brien	Eastlake	57.59	1995	Erin Eldridge	Juanita	1:05.38	1994	Columbia River	3:37.22
1996	Tiffany O'Brien	Eastlake	58.07	1996	Julie Massey	Decatur	1:04.54	1995	Mercer Island	3:36.32
1997	Christine Neely	Snohomish	59.16	1997	Karyl Johnson	Lake Washington	1:04.75	1996	Wilson	3:33.91
1998	Christine Neely	Snohomish	58.4	1998	Karyl Johnson	Lake Washington	1:04.65	1997	Gig Harbor	3:39.29
1999	Jackie Walk	Puyallup	58.01	1999	Christina Hong	Stadium	1:05.05	1998	Woodinville	3:39.20
2000	Christine Neely	Snohomish	58.12	2000	Katie Peterson	Kentwood	1:05.91	1999	Puyallup	3:38.64
2001	Megan Rains	Rogers (Puyallup)	56.73	2001	Missy McIntyre	Oak Harbor	1:04.49	2000	Snohomish	3:38.04
2002	Megan Rains	Rogers (Puyallup)	56.44	2002	Missy McIntyre	Oak Harbor	1:04.30	2001	Capital	3:35.32
2003	Rikka Brunner	Kamiak	57.64	2003	Missy McIntyre	Oak Harbor	1:02.39	2002	Rogers (Puyallup)	3:29.68
2004	Courtney Eronemo	Kentwood	57.24	2004	Missy McIntyre	Oak Harbor	1:02.80	2003	Rogers (Puyallup)	3:33.06
2005	Isabelle Fisher	Foss	55.58	2005	Camille Vasquez	Mount Vernon	1:06.24	2004	Gig Harbor	3:38.50
2006	Megan Caylor	Inglemoor	58.34	2006	Alexis Morehouse	Heritage	1:06.87	2005	Garfield	3:39.65
2007	Annemarie Thayer	Ballard	56.8	2007	Emily Ferreira	Snohomish	1:04.84	2006	Ballard	3:38.45
2008	Annemarie Thayer	Ballard	53.95	2008	Maddy Morgan	Garfield	1:04.60	2007	Inglemoor	3:36.14
2009	Annemarie Thayer	Ballard	54.07	2008	Heather Harper	Redmond	1:04.60	2008	Jackson	3:32.26
2010	Annemarie Thayer	Ballard	53.82	2009	Maria Volodkevich	Skyline	1:04.25	2009	Skyline	3:33.85
2011	Katie Kinnear	Skyline	54.6	2010	Heather Harper	Redmond	1:03.92	2010	Skyline	3:34.14
2012	Lisa Bratton	Richland	54.85	2011	Sage Speak	Inglemoor	1:04.31	2011	Skyline	3:32.87
2013	Lisa Bratton	Richland	54.04	2012	Carolyn McCann	Gig Harbor	1:03.30	2012	Cascade (Everett)	3:34.96
2014	Cathryn Armstrong	Monroe	56.93	2013	Carolyn McCann	Gig Harbor	1:01.33	2013	Newport (Bellevue)	3:34.00
2015	Emma Frey	Mount Vernon	56.7	2014	Nicole Limberg	Jackson	1:04.07	2014	Jackson	3:37.98
2016	Emma Frey	Mount Vernon	55.77	2015	Nicole Limberg	Jackson	1:03.53	2015	Skyline	3:31.59
2017	Emma Frey	Mount Vernon	55.04	2016	Nicole Limberg	Jackson	1:02.23	2016	Skyline	3:31.60
2018	Hannah Weissman	Tahoma	55.54	2017	Chloe Limargo	Jackson	1:03.51	2017	Skyline	3:27.47
2019	Mia Chang	Jackson	54.54	2018	Grace Felner	Mount Rainier	1:02.64	2018	Newport (Bellevue)	3:26.33
2021	Michelle Chen	Redmond	55.17	2019	Catherine Yu	Redmond	1:01.61	2019	Newport (Bellevue)	3:28.66
2022	Michelle Chen	Redmond	56.59	2021	Catherine Yu	Redmond	1:01.38	2021	Redmond	3:32.54
2023	Hailey Weiler	Kennedy Catholic	55.99	2022	Gillian Tu	Issaquah	1:00.72	2022	Newport	3:35.56
2024	Hailey Weiler	Kennedy Catholic	54.63	2023	Kaitlyn Vu	Kennedy Catholic	1:03.38	2023	Kennedy Catholic	3:35.39
				2024	Kaitlyn Vu	Kennedy Catholic	1:03.55	2024	Kennedy Catholic	3:30.57

3A PAST EVENT WINNERS

200-YARD MEDLEY RELAY			200-YARD INDIVIDUAL MEDLEY			ONE-METER DIVING				
YEAR	SCHOOL	TIME	YEAR	NAME	SCHOOL	TIME	YEAR	NAME	SCHOOL	SCORE
1984	Enumclaw	1:59.28	1984	Helen Johnson	Mount Rainier	2:12.14	1984	Tami Hughes	North Thurston	325.65
1985	Mount Rainier	1:53.30	1985	Helen Johnson	Mount Rainier	2:09.47	1985	Tami Hughes	North Thurston	297.85
1986	Bainbridge	1:56.82	1986	Susan Johnson	Mount Rainier	2:09.57	1986	Tracey Sowers	Edmonds-Woodway	308.25
1987	Bainbridge	1:52.82	1987	Susan Johnson	Mount Rainier	2:07.02	1987	Kristen Kane	North Kitsap	346.80
1988	Enumclaw	1:55.48	1988	Kelli Jackson	Olympia	2:13.26	1988	Kristen Kane	North Kitsap	329.50
1989	Sehome	1:56.92	1989	Maiya Anderson	Bremerton	2:09.36	1989	Kristen Kane	North Kitsap	423.00
1990	Sehome	1:52.45	1990	Maiya Anderson	Bremerton	2:08.27	1990	Andrea Berg	Liberty (Issaquah)	397.50
1991	Sehome	1:51.47	1991	Colleen Doyle	Seattle Prep	2:09.61	1991	Andrea Berg	Liberty (Issaquah)	383.45
1992	Sehome	1:51.03	1992	Colleen Doyle	Seattle Prep	2:07.05	1992	Andrea Berg	Liberty (Issaquah)	400.65
1993	Sehome	1:52.35	1993	Corrie Murphy	Highline	2:12.16	1993	T.D. Rowe	Liberty (Issaquah)	399.35
1994	Bainbridge	1:50.92	1994	Megan Reha	Bainbridge	2:05.45	1994	T.D. Rowe	Liberty (Issaquah)	439.85
1995	Bainbridge	1:51.11	1995	Hailey Nance	Renton	2:11.19	1995	Jessica Nye	Liberty (Issaquah)	377.55
1996	Bainbridge	1:51.38	1996	Corrie Murphy	Highline	2:02.00	1996	Jessica Nye	Liberty (Issaquah)	425.60
1997	Mount Rainier	1:49.33	1997	Courtney Ellis	Edmonds-Woodway	2:04.13	1997	Becky Brackett	Bellevue	433.90
1998	Mercer Island	1:49.20	1998	Courtney Ellis	Edmonds-Woodway	2:04.03	1998	Keri McManus	Meadowdale	337.40
1999	Bainbridge	1:48.42	1999	Anola Scott-Browne	Bellevue	2:05.31	1999	Annika Giesbrecht	Mercer Island	374.75
2000	Bainbridge	1:48.61	2000	Lauren Hill	Issaquah	2:02.86	2000	Annika Giesbrecht	Mercer Island	418.55
2001	Anacortes	1:50.93	2001	Katie Willis	Kennedy	2:03.24	2001	Annika Giesbrecht	Mercer Island	404.65
2002	Issaquah	1:52.68	2002	Alissa Hollowell	Liberty (Issaquah)	2:06.64	2002	Annika Giesbrecht	Mercer Island	425.05
2003	West Valley (Yakima)	1:50.23	2003	Lauren Hill	Holy Names Academy	2:06.83	2003	Samantha Young	Shorecrest	412.30
2004	Bellevue	1:50.23	2004	Lauren Hall	Holy Names Academy	2:05.11	2004	Samantha Young	Shorecrest	453.90
2005	Kennedy Catholic	1:49.90	2005	Lauren Hall	Holy Names Academy	2:02.49	2005	Jessie Snowden	Issaquah	473.30
2006	Kennedy Catholic	1:49.90	2006	Lauren Hall	Holy Names Academy	2:02.87	2006	Jessie Snowden	Issaquah	465.15
2007	Kennedy Catholic	1:48.44	2007	Rachel Godfred	Mercer Island	2:07.95	2007	Shawna Jordan	Auburn	420.95
2008	Kennedy Catholic	1:47.88	2008	Rachel Godfred	Mercer Island	2:04.59	2008	Diana Wilcox	Bellevue	418.95
2009	Mercer Island	1:50.11	2009	Jessica Bottelberghe	Columbia River	2:07.52	2009	Celia Pinczower	Juanita	394.41
2010	Mercer Island	1:50.34	2010	Grace Wold	Mercer Island	2:04.75	2010	Celia Pinczower	Juanita	404.30
2011	Bainbridge	1:49.16	2011	Grace Wold	Mercer Island	2:02.50	2011	Paige Greeley	Kennedy	404.00
2012	Bainbridge	1:47.75	2012	Kim Williams	Bellevue	2:01.20	2012	Ashley Knox	Kennedy	419.80
2013	Bainbridge	1:47.44	2013	Kim Williams	Bellevue	2:00.64	2013	Danielle Freund	Southridge	416.35
2014	Bellevue	1:48.55	2014	Kim Williams	Bellevue	2:00.35	2014	Brooke Wherley	Marysville Getchell	438.85
2015	Bainbridge	1:46.72	2015	Angela Gagliardo	Kennedy Catholic	2:05.14	2015	Amber Chong	Lakeside (Seattle)	413.15
2016	Bellevue	1:46.48	2016	Mandolin Nguyen	Franklin	2:03.59	2016	Zora Opalka	Bainbridge	422.10
2017	Lakeside (Seattle)	1:44.58	2017	Yanran Le	Squalicum	2:05.42	2017	Kayla Kersavage	Snohomish	395.80
2018	Bellevue	1:46.53	2018	Margaret Hayes	Bainbridge	2:03.09	2018	Kayla Kersavage	Snohomish	423.15
2019	Bellevue	1:44.20	2019	Margaret Hayes	Bainbridge	2:03.61	2019	Kayli Kersavage	Snohomish	438.80
2021	Bainbridge	1:43.52	2021	Piper Enge	Mercer Island	1:59.92	2021	Brooke Andrews	Mercer Island	406.65
2022	Bainbridge	1:44.46	2022	Piper Enge	Mercer Island	1:59.94	2022	Brooke Andrews	Mercer Island	432.35
2023	Bellevue	1:44.91	2023	Piper Enge	Mercer Island	1:58.23	2023	Ava Lear	Auburn Riverside	360.10
2024	Bellevue	1:39.82	2024	Sophie Segerson	Bellevue	1:58.58	2024	Lilian Berrios	Inglesmoor	304.75

200-YARD FREESTYLE				50-YARD FREESTYLE				100-YARD BUTTERFLY			
YEAR	NAME	SCHOOL	TIME	YEAR	NAME	SCHOOL	TIME	YEAR	NAME	SCHOOL	TIME
1984	Margo Wood	Shorecrest	1:53.43	1984	Shelley Otto	Shorecrest	25.21	1984	Maureen Flury	North Thurston	59.79
1985	Margo Wood	Shorecrest	1:54.87	1985	Shelley Otto	Shorecrest	25.26	1985	Tammy Custer	Edmonds-Woodway	1:00.87
1986	Trish Seubert	Ellensburg	1:57.24	1986	Sheri Flavel	Aberdeen	24.45	1986	Tammy Custer	Edmonds-Woodway	1:00.21
1987	Jennifer Moen	Lakeside (Seattle)	1:56.70	1987	Pele Houk	Enumclaw	25.22	1987	Kelli Jackson	Olympia	58.28
1988	Stefania Mefford	Stevenson	1:55.43	1988	Jessica Adolphson	Steilacoom	24.40	1988	Tara Eaves	Mount Rainier	58.38
1989	Sonya Andrews	Lake Stevens	1:56.49	1989	Jessica Adolphson	Steilacoom	24.44	1989	Kelli Jackson	Olympia	57.48
1990	Taunya Locking	Capital	1:57.76	1990	Kelli Jackson	Olympia	24.24	1990	Kelli Jackson	Olympia	57.44
1991	Emily Norton	Sehome	1:55.84	1991	Ila Barlean	Bellingham	24.34	1991	Lori VanLith	Eastmont	58.24
1992	Emily Norton	Sehome	1:55.17	1992	Kristin Sherrill	Eastmont	24.42	1992	Rachel Bruga	Pullman	58.34
1993	Casey Murphy	Highline	1:54.67	1993	Erin Matthews	Ellensburg	24.52	1993	Andrea Redman	Wapato	57.91
1994	Casey Murphy	Highline	1:51.60	1994	Katie Ryan	Olympia	24.16	1994	Andrea Redman	Wapato	58.20
1995	Casey Murphy	Highline	1:52.32	1995	Katie Ryan	Olympia	24.33	1995	Kristin Veal	Gig Harbor	58.71
1996	Jackie Lobdell	Gig Harbor	1:52.92	1996	Katie Ryan	Olympia	24.38	1996	Kristin Veal	Gig Harbor	56.67
1997	Nicole Bernard	Blanchet	1:54.07	1997	Sara Platzer	Clover Park	23.81	1997	Ellie Humphries	Mercer Island	58.14
1998	Jane Humphries	Mercer Island	1:52.37	1998	Michelle Harper	Mercer Island	23.94	1998	Anola Scott-Browne	Bellevue	56.90
1999	Rikki Covey	West Valley (Spokane)	1:53.00	1999	Sara Platzer	Lakes	23.46	1999	Anola Scott-Browne	Bellevue	56.64
2000	Crystal Rawlings	Bellevue	1:50.44	2000	Emily Silver	Bainbridge	23.49	2000	Rebecca Sturdy	Anacortes	56.58
2001	Rikki Covey	West Valley (Spokane)	1:51.50	2001	Emily Silver	Bainbridge	23.44	2001	Rebecca Sturdy	Anacortes	54.72
2002	Rikki Covey	West Valley (Spokane)	1:51.97	2002	Emily Silver	Bainbridge	23.31	2002	Rebecca Sturdy	Anacortes	54.59
2003	Leann Toomey	Holy Names	1:52.36	2003	Emily Silver	Bainbridge	22.99	2003	Leann Toomey	Holy Names	55.26
2004	Kate Schafer	Hazen	1:53.66	2004	Summer Jackson	Sequim	23.61	2004	Summer Jackson	Sequim	56.45
2005	Karlyn Hougan	Tumwater	1:51.94	2005	Anne Scott	Bainbridge	23.33	2005	Lindsey Marchand	Penninsula	55.63
2006	Andie Taylor	Skyline	1:49.47	2006	MacKenzie Bailie	Camas	24.20	2006	Isabel Williams	Bainbridge	57.49
2007	Andie Taylor	Skyline	1:49.90	2007	Helen Liu	Issaquah	23.95	2007	Nikki Vetterlein	Kennedy	57.18
2008	Kelly Tannhauser	Juanita	1:52.52	2008	Leona Jennings	Mt. Rainier	22.92	2008	Lindsey Marchand	Peninsula	53.34
2009	Emily Fenster	Kennedy Catholic	1:52.05	2009	Emilie Kaufman	Juanita	23.96	2009	Jessica Bottelberghe	Columbia River	56.49
2010	Dana Michaels	Shorewood	1:50.63	2010	Lauren Kaufman	Hazen	23.31	2010	Grace Wold	Mercer Island	56.22
2011	Monica Bottelberghe	Columbia River	1:50.55	2011	Anna Keane	Meadowdale	23.50	2011	Grace Wold	Mercer Island	55.08
2012	Monica Bottelberghe	Columbia River	1:50.05	2012	Anna Keane	Meadowdale	23.36	2012	Sabrina Kwan	Mercer Island	55.85
2013	Monica Bottelberghe	Columbia River	1:50.86	2013	Anna Keane	Meadowdale	23.21	2013	Mackenna Briggs	Liberty (Issaquah)	55.02
2014	Leah Fisk	Mercer Island	1:50.64	2014	Marley Cross	Garfield	23.72	2014	Sophia Chien	Holy Names Academy	57.66
2015	Cameron Smith	Seattle Prep	1:52.11	2015	Jocelyn Crawford	Garfield	23.41	2015	Sabrina Kwan	Mercer Island	56.44
2016	Kelly Morgan	Meadowdale	1:51.07	2016	Janelle Rudolph	Bellevue	23.59	2016	Kelly Morgan	Mead	56.06
2017	Amy Tang	Lakeside (Seattle)	1:47.93	2017	Janelle Rudolph	Bellevue	23.02	2017	Delora Li	Bellevue	56.30
2018	Aneta Wyzga	Bellevue	1:49.67	2018	Janelle Rudolph	Bellevue	22.85	2018	Margaret Hayres	Bainbridge	55.04
2019	Nathalie Valdman	Lakeside (Seattle)	1:48.92	2019	Janelle Rudolph	Bellevue	22.87	2019	Kate Leary	Roosevelt	55.02
2021	Mia Foster	Garfield	1:49.54	2022	Clare Watson	Mercer Island	23.08	2021	Ella Jablonski	Lakeside (Seattle)	53.77
2022	Alexa McDevitt	Mercer Island	1:48.79	2023	Claudia Yovanovich	Ballard	23.40	2022	Ella Jablonski	Lakeside (Seattle)	52.05
2023	Gracyn Kehoe	Mercer Island	1:49.91	2024	Kamryn Meskill	Bellevue	22.48	2023	Ella Jablonski	Lakeside (Seattle)	53.29
2024	Alexa McDevitt	Mercer Island	1:46.71					2024	Ella Jablonski	Lakeside (Seattle)	52.08

3A PAST EVENT WINNERS

100-YARD FREESTYLE				200-YARD FREESTYLE RELAY			100-YARD BREASTSTROKE			
YEAR	NAME	SCHOOL	TIME	YEAR	SCHOOL	TIME	YEAR	NAME	SCHOOL	TIME
1984	Helen Johnson	Mt. Rainier	54.52	1990	Bainbridge	1:44.75	1984	Margo Wood	Shorecrest	1:06.93
1985	Margo Wood	Shorecrest	53.02	1991	Bainbridge	1:40.32	1985	Susan Johnson	Mt. Rainier	1:07.42
1986	Karen Hansen	Gig Harbor	54.81	1992	Bainbridge	1:38.83	1986	Susan Johnson	Mt. Rainier	1:06.98
1987	Chandy Gooding	Lakeside (Seattle)	53.24	1993	Bainbridge	1:42.28	1987	Susan Johnson	Mt. Rainier	1:05.59
1988	Shannon Forsberg	Meadowdale	54.82	1994	Bainbridge	1:38.79	1988	Pam Urbas	Bainbridge	1:07.29
1989	Jessica Adolphson	Steilacoom	53.60	1995	Olympia	1:42.43	1989	Christine Miller	Hanford	1:07.14
1990	Kristin Sherrill	Eastmont	53.25	1996	Gig Harbor	1:39.97	1990	Christine Miller	Hanford	1:04.90
1991	Ila Barlean	Bellingham	53.29	1997	Mercer Island	1:38.90	1991	Mary Frazee	Tumwater	1:05.16
1992	Emily Norton	Sehome	53.07	1998	Mercer Island	1:38.74	1992	Mary Frazee	Tumwater	1:05.37
1993	Megan Reha	Bainbridge	52.34	1999	Bellevue	1:37.95	1993	Kathy Oves	Sehome	1:07.92
1994	Megan Reha	Bainbridge	52.17	2000	Bellevue	1:39.32	1994	Haley Thompson	Mt. Rainier	1:07.74
1995	Katie Ryan	Olympia	53.43	2001	Bellevue	1:38.06	1995	Haley Thompson	Mt. Rainier	1:06.09
1996	Katie Ryan	Olympia	52.91	2002	Bellevue	1:38.91	1996	Haley Thompson	Mt. Rainier	1:05.37
1997	Sara Platzer	Clover Park	51.47	2003	Mercer Island	1:40.77	1997	Courtney Ellis	Edmonds-Woodway	1:04.17
1998	Michelle Harper	Mercer Island	52.00	2004	Bainbridge	1:40.22	1998	Courtney Ellis	Edmonds-Woodway	1:03.62
1999	Sara Platzer	Lakes	50.33	2005	Camas	1:39.84	1999	Lauren Hill	Issaquah	1:04.09
2000	Emily Silver	Bainbridge	51.24	2006	Camas	1:39.44	2000	Lola Woodworth	Newport (Bellevue)	1:03.45
2001	Emily Silver	Bainbridge	50.62	2007	Mercer Island	1:38.76	2001	Katie Willis	Kennedy	1:03.71
2002	Emily Silver	Bainbridge	50.48	2008	Mount Rainier	1:38.26	2002	Summer Jackson	Sequim	1:04.97
2003	Emily Silver	Bainbridge	50.16	2009	Juanita	1:37.77	2003	Meredith Bush	Holy Names Academy	1:06.42
2004	Anne Scott	Bainbridge	52.04	2010	Hanford	1:38.45	2004	Lisa Tompkins	Camas	1:05.27
2005	Anne Scott	Bainbridge	50.80	2011	Hanford	1:38.46	2005	Lisa Tompkins	Camas	1:05.23
2006	Brianne Lindblad	Kennedy Catholic	52.62	2012	Mercer Island	1:37.12	2006	Lisa Tompkins	Camas	1:05.37
2007	Brianne Lindblad	Kennedy Catholic	53.33	2013	Lakeside (Seattle)	1:38.24	2007	Elizabeth Weitz	Inglesmoor	1:05.82
2008	Emilie Kaufman	Juanita	52.51	2014	Lakeside (Seattle)	1:37.38	2008	Lindsey Marchand	Peninsula	1:02.00
2009	Lauren Kaufman	Hazen	52.60	2015	Lakeside (Seattle)	1:35.23	2009	Emilie Kaufman	Juanita	1:03.21
2010	Lauren Kaufman	Hazen	51.26	2016	Lakeside (Seattle)	1:37.71	2010	Lauren Poli	Mercer Island	1:05.34
2011	Anna Keane	Meadowdale	50.62	2017	Lakeside (Seattle)	1:36.70	2011	Kim Williams	Bellevue	1:03.97
2012	Anna Keane	Meadowdale	50.60	2018	Bainbridge	1:36.73	2012	Kim Williams	Bellevue	1:03.49
2013	Emma Chard	Foss	50.17	2019	Bainbridge	1:37.08	2013	Kim Williams	Bellevue	1:02.11
2014	Marley Cross	Garfield	51.26	2021	Bainbridge	1:35.98	2014	Kim Williams	Bellevue	1:01.80
2015	Marley Cross	Garfield	51.65	2022	Mercer Island	1:35.70	2015	Mandolin Nguyen	Franklin	1:04.55
2016	Sydney Wong	Squalicum	52.28	2023	Mercer Island	1:36.82	2016	Mandolin Nguyen	Franklin	1:03.50
2017	Amy Tang	Lakeside (Seattle)	49.88	2024	Mercer Island	1:35.24	2017	Yanran Le	Squalicum	1:03.18
2018	Elke Ambach	Roosevelt	51.87				2018	Jetlynn Hau	Stanwood	1:03.97
2019	Amelia Hammer	Lake Washington	50.93				2019	Jetlynn Hau	Stanwood	1:02.04
2021	Tierney Lenahan	Bainbridge	51.15				2021	Piper Enge	Mercer Island	1:00.44
2022	Gracyn Kehoe	Mercer Island	51.04				2022	Piper Enge	Mercer Island	1:00.69
2023	Macy Clarke	Snohomish	50.78				2023	Piper Enge	Mercer Island	58.95
2024	Heather White	Bellevue	48.90				2024	Cecilia Howard	Bellevue	59.92

500-YARD FREESTYLE				100-YARD BACKSTROKE			400-YARD FREESTYLE RELAY			
YEAR	NAME	SCHOOL	TIME	YEAR	NAME	SCHOOL	TIME	YEAR	SCHOOL	TIME
1984	Mary White	Olympia	5:14.23	1984	Shelly Otto	Shorecrest	1:01.57	1984	Lakeside (Seattle)	3:45.79
1985	Amy Munger	Nathan Hale	5:03.08	1985	Chandy Gooding	Lakeside (Seattle)	1:00.59	1985	Lakeside (Seattle)	3:45.18
1986	Amy Munger	Nathan Hale	5:08.93	1986	Chandy Gooding	Lakeside (Seattle)	59.15	1986	Enumclaw	3:48.46
1987	Jennifer Moen	Lakeside (Seattle)	5:10.79	1987	Chandy Gooding	Lakeside (Seattle)	57.50	1987	Olympia	3:41.36
1988	Stephanie Medfford	Stevenson	5:05.97	1988	Kari Recob	Eastmont	1:02.35	1988	Enumclaw	3:45.85
1989	Susan Wetstone	Lakeside (Seattle)	5:09.82	1989	Marti Carlson	Olympia	1:00.08	1989	Eastmont	3:43.02
1990	Colleen Doyle	Seattle Prep	5:13.76	1990	Megan Thompson	Sehome	1:00.88	1990	Eastmont	3:38.88
1991	Colleen Doyle	Seattle Prep	5:09.40	1991	Sally Parrish	Toppenish	58.44	1991	Sehome	3:37.83
1992	Colleen Doyle	Seattle Prep	5:01.66	1992	Megan Thompson	Sehome	58.92	1992	Sehome	3:36.60
1993	Casey Murphy	Highline	5:04.24	1993	Megan Thompson	Sehome	59.27	1993	Highline	3:38.42
1994	Casey Murphy	Highline	4:56.46	1994	Corrie Murphy	Highline	58.70	1994	Bainbridge	3:35.29
1995	Casey Murphy	Highline	4:56.71	1995	Shea Fitzgerald	Capital	58.84	1995	Bainbridge	3:37.81
1996	Corrie Murphy	Highline	4:49.56	1996	Leanne Cadag	Seattle Prep	57.24	1996	Gig Harbor	3:37.27
1997	Nicole Bernard	Bishop Blanchet	5:02.04	1997	Leanne Cadag	Seattle Prep	57.69	1997	Mercer Island	3:36.36
1998	Jane Humphries	Mercer Island	5:01.04	1998	Shea Fitzgerald	Capital	56.86	1998	Capital	3:37.07
1999	Maki Moore	Highline	4:59.72	1999	Helen Silver	Bainbridge	56.80	1999	Bellevue	3:33.51
2000	Maki Moore	Highline	4:54.97	2000	Helen Silver	Bainbridge	56.42	2000	Bainbridge	3:36.32
2001	Rikki Covey	West Valley (Spokane)	4:56.34	2001	Helen Silver	Bainbridge	56.63	2001	Bainbridge	3:35.12
2002	Meika Weiner	Bellingham	4:57.26	2002	Rebecca Sturdy	Anacortes	55.27	2002	Bellevue	3:35.10
2003	Sarah Gleason	Bainbridge	5:03.99	2003	Megan Wheeler	West Valley (Yakima)	56.01	2003	Bainbridge	3:35.60
2004	Megan Brown	Seattle Prep	5:03.88	2004	Brianne Lindblad	Kennedy Catholic	57.71	2004	Bainbridge	3:35.80
2005	Ashley Daly	Holy Names Academy	4:58.16	2005	Brianne Lindblad	Kennedy Catholic	58.05	2005	Bellevue	3:35.70
2006	Andie Taylor	Skyline	4:55.78	2006	Brianne Lindblad	Kennedy Catholic	56.59	2006	Kennedy	3:35.50
2007	Andie Taylor	Skyline	4:55.67	2007	Brianne Lindblad	Kennedy Catholic	56.94	2007	Kennedy	3:36.90
2008	Rachel Godfred	Mercer Island	4:55.19	2008	Leona Jennings	Mount Rainier	53.66	2008	Kennedy	3:32.41
2009	Kelly Tannhauser	Juanita	5:01.59	2009	Nikki Cannon	Hudson's Bay	57.08	2009	Kennedy	3:35.35
2010	Dana Michaels	Shorewood	4:57.78	2010	Nikki Cannon	Hudson's Bay	56.65	2010	Shorewood	3:37.35
2011	Sarah Grundman	Bainbridge	5:04.25	2011	Mackenna Briggs	Liberty (Issaquah)	58.62	2011	Hanford	3:34.48
2012	Sarah Grundman	Bainbridge	4:58.40	2012	Shayla Archer	Bainbridge	56.18	2012	Mercer Island	3:33.41
2013	Cameron Smith	Seattle Prep	4:55.46	2013	Shayla Archer	Bainbridge	56.38	2013	Mercer Island	3:34.35
2014	Cameron Smith	Seattle Prep	4:55.21	2014	Emily Prentice	Lakeside (Seattle)	59.56	2014	Lakeside (Seattle)	3:34.55
2015	Cameron Smith	Seattle Prep	4:58.64	2015	Jocelyn Crawford	Garfield	56.37	2015	Lakeside (Seattle)	3:33.53
2016	Cameron Smith	Seattle Prep	4:58.59	2016	Janelle Rudolph	Bellevue	56.34	2016	Bellevue	3:32.04
2017	Aneta Wyzga	Bellevue	4:58.50	2017	Janelle Rudolph	Bellevue	54.80	2017	Bellevue	3:29.16
2018	Nathalie Valdman	Lakeside (Seattle)	4:54.80	2018	Janelle Rudolph	Bellevue	53.73	2018	Bellevue	3:27.50
2019	Nathalie Valdman	Lakeside (Seattle)	4:52.80	2019	Janelle Rudolph	Bellevue	52.90	2019	Bellevue	3:28.68
2021	Mia Foster	Garfield	4:53.71	2021	May Peterson	Cheney	54.60	2021	Bainbridge	3:30.08
2022	Alexa McDevitt	Mercer Island	4:53.59	2022	Ella Jablonski	Lakeside (Seattle)	54.11	2022	Mercer Island	3:23.43
2023	Sammy Severson	Bellevue	4:56.17	2023	Ella Jablonski	Lakeside (Seattle)	54.66	2023	Mercer Island	3:25.93
2024	Alexa McDevitt	Mercer Island	4:52.91	2024	Nora McCarthy	Lakeside (Seattle)	54.83	2024	Bellevue	3:18.78

1A/2A PAST EVENT WINNERS

200-YARD MEDLEY RELAY				ONE-METER DIVING			200-YARD FREESTYLE RELAY				
YEAR	SCHOOL	TIME	YEAR	NAME	SCHOOL	SCORE	YEAR	SCHOOL	TIME		
2007	Sehome	1:57.85	2007	Asha Srivastava	River Ridge	272.00	2007	Centralia	1:40.98		
2008	Fife	1:56.01	2008	Asha Srivastava	River Ridge	315.60	2008	Anacortes	1:45.63		
2009	Hockinson	1:54.87	2009	Mallorie Estenson	Anacortes	300.90	2009	Hockinson	1:42.97		
2010	Interlake	1:53.55	2010	Delaney Peugh	Fife	317.50	2010	Sumner	1:41.91		
2011	Squalicum	1:51.89	2011	Delaney Peugh	Fife	330.90	2011	Sumner	1:42.66		
2012	Sumner	1:53.56	2012	Tori Franzen	Squalicum	383.55	2012	Tumwater	1:40.61		
2013	Pullman	1:53.62	2013	Nadia Popovici	Lake Washington	329.70	2013	Capital	1:43.47		
2014	Liberty (Issaquah)	1:51.40	2014	Reilly Krueger	Archbishop Murphy	350.95	2014	Liberty (Issaquah)	1:41.23		
2015	Squalicum	1:48.52	2015	McKenna Troje	Sammamish	394.55	2015	Archbishop Murphy	1:41.11		
2016	Port Angeles	1:50.76	2016	Belle Wong	Liberty (Issaquah)	338.80	2016	Liberty (Issaquah)	1:39.45		
2017	North Kitsap	1:50.06	2017	Kelsey Bassett	Archbishop Murphy	339.25	2017	North Kitsap	1:40.35		
2018	Aberdeen	1:49.31	2018	Taylor Bloedorn	Fife	323.20	2018	North Kitsap	1:40.50		
2019	Sammamish	1:50.82	2019	Taylor Bloedorn	Fife	340.70	2019	Liberty (Issaquah)	1:41.59		
2021	Pullman	1:52.89	2021	Martina Klecka	Sehome	332.30	2021	Pullman	1:41.33		
2022	Sammamish	1:51.33	2022	Naomi Prince	Enumclaw	346.40	2022	Pullman	1:42.84		
2023	Sammamish	1:49.78	2023	Samantha Mandeville	Archbishop Murphy	317.75	2023	North Kitsap	1:41.56		
2024	Nathan Hale	1:51.92	2024	Samantha Mandeville	Archbishop Murphy	344.10	2024	Bainbridge	1:40.49		
200-YARD FREESTYLE				100-YARD BUTTERFLY			100-YARD BACKSTROKE				
YEAR	NAME	SCHOOL	TIME	YEAR	NAME	SCHOOL	TIME	YEAR	NAME	SCHOOL	TIME
2007	Amelia Messegee	Centralia	1:51.26	2007	Kassandra Beseau	Anacortes	1:00.50	2007	Kimberly Wascher	North Mason	1:02.35
2008	Nakayla Chan	Fife	1:53.39	2008	Kila Messick	Centralia	1:00.18	2008	Natilee Ruiz	Othello	55.70
2009	Abby Sullivan	Tumwater	1:59.24	2009	Julia Sanders	Hockinson	56.88	2009	Carlee Bock	Squalicum	1:01.16
2010	Natilee Ruiz	Othello	1:51.43	2010	Julia Sanders	Hockinson	56.73	2010	Carlee Bock	Squalicum	59.45
2011	Madison Munger	Sumner	1:57.03	2011	Julia Sanders	Hockinson	56.29	2011	Carlee Bock	Squalicum	57.61
2012	Gwendolyn Roley	Sehome	1:59.07	2012	Julia Sanders	Hockinson	56.61	2012	Abby Sullivan	Tumwater	58.85
2013	Gwendolyn Roley	Sehome	1:57.33	2013	Kelsey Crane	Klahowya	57.77	2013	Taylor McCoy	Pullman	56.40
2014	Cecilia Nelson	Liberty (Issaquah)	1:56.47	2014	Mackenna Briggs	Liberty (Issaquah)	55.65	2014	Taylor McCoy	Pullman	56.95
2015	Krista Wilson	Ellensburg	1:55.27	2015	Kaelee McCloskey	Archbishop Murphy	58.72	2015	Taylor McCoy	Pullman	56.45
2016	Krista Wilson	Ellensburg	1:54.06	2016	Alexis Schmidt	Cheney	58.21	2016	Taylor McCoy	Pullman	56.40
2017	Ella Van Troba	Naches Valley	1:53.86	2017	Kira Crane	Klahowya	57.95	2017	Kira Crane	Klahowya	57.66
2018	Brianna Hoffman	North Kitsap	1:56.64	2018	Annika Eisele	Aberdeen	57.13	2018	Isabel Hendryx	North Kitsap	58.30
2019	Brianna Hoffman	North Kitsap	1:57.78	2019	Annika Eisele	Aberdeen	57.65	2019	Alejandra Ruppe	Steilacoom	58.07
2021	Alejandre Ruppe	Steilacoom	1:55.87	2021	Ava Gruner	Sammamish	57.35	2021	Alejandre Ruppe	Steilacoom	57.30
2022	Brigid Dinnen	East Valley (Spokane)	1:55.02	2022	Ava Gruner	Sammamish	56.95	2022	Brigid Dinnen	East Valley (Spokane)	58.08
2023	Grace Sorensen	Bellingham	1:52.80	2023	Grace Sorensen	Bellingham	55.99	2023	Sutton Forbis	Sammamish	56.63
2024	Grace Sorensen	Bellingham	1:51.95	2024	Grace Sorensen	Bellingham	55.87	2024	Ava Field	Steilacoom	58.25
200-YARD INDIVIDUAL MEDLEY				100-YARD FREESTYLE			100-YARD BREASTSTROKE				
YEAR	NAME	SCHOOL	TIME	YEAR	NAME	SCHOOL	TIME	YEAR	NAME	SCHOOL	TIME
2007	Nakayla Chan	Fife	2:07.82	2007	Amelia Messegee	Centralia	51.77	2007	Julia Heryford	Tumwater	1:11.13
2008	Alicia Cleveland	Fife	2:14.00	2008	Ali Fisher	Sehome	55.02	2008	Nakayla Chan	Fife	1:06.78
2009	Julia Sanders	Hockinson	2:11.38	2009	Katie Kaestner	Anacortes	53.41	2009	Katie Kaestner	Anacortes	1:06.27
2010	Madison Munger	Sumner	2:09.57	2010	Katie Kaestner	Anacortes	52.92	2010	Katie Kaestner	Anacortes	1:04.43
2011	Natilee Ruiz	Othello	2:04.02	2011	Natilee Ruiz	Othello	51.00	2011	Katie Kaestner	Anacortes	1:04.28
2012	Julia Sanders	Hockinson	2:05.90	2012	Abby Sullivan	Tumwater	52.38	2012	Meredith Sawyer	Fife	1:06.34
2013	Taylor McCoy	Pullman	2:05.73	2013	Sydney Wong	Squalicum	54.27	2013	Taylor Wilson	Ellensburg	1:08.29
2014	Taylor McCoy	Pullman	2:06.92	2014	Makenzie Norman	Cheney	53.31	2014	Danielle Booth	Archbishop Murphy	1:05.64
2015	Taylor McCoy	Pullman	2:07.82	2015	Makenzie Norman	Cheney	52.74	2015	Yanran Le	Squalicum	1:04.68
2016	Abby Russell	Liberty (Issaquah)	2:05.90	2016	Eleanor Beers	North Kitsap	50.98	2016	Jaine Macias	Port Angeles	1:05.13
2017	Abby Russell	Liberty (Issaquah)	2:08.74	2017	Eleanor Beers	North Kitsap	50.99	2017	Anna Weber	Aberdeen	1:04.40
2018	Chloe Partsch	Olympic	2:11.39	2018	Eleanor Beers	North Kitsap	50.75	2018	Anna Weber	Aberdeen	1:04.85
2019	Alejandra Ruppe	Steilacoom	2:10.67	2019	Hailey Grotte	La Center	51.54	2019	Bryanna Ungs	La Center	1:06.07
2021	Ava Gruner	Sammamish	2:08.87	2021	Mya Reed	Pullman	53.25	2021	Florence Lo	Sehome	1:06.60
2022	Ava Gruner	Sammamish	2:07.11	2022	Lindsay Campbell	Fife	54.79	2022	Milan Manfredi	Sammamish	1:05.44
2023	Sutton Forbis	Sammamish	2:05.67	2023	Brigid Dinnen	East Valley (Spokane)	52.53	2023	Rebecca Yamada	Ridgefield	1:08.86
2024	Gabbie Patti	Bremerton	2:07.76	2024	Brigid Dinnen	East Valley (Spokane)	52.45	2024	Gabbie Patti	Bremerton	1:08.41
50-YARD FREESTYLE				500-YARD FREESTYLE			400-YARD FREESTYLE RELAY				
YEAR	NAME	SCHOOL	TIME	YEAR	NAME	SCHOOL	TIME	YEAR	SCHOOL	TIME	
2007	Corina Ernst	Centralia	24.40	2007	Nakayla Chan	Fife	5:04.34	2007	Centralia	3:47.82	
2008	Natilee Ruiz	Othello	23.29	2008	Jessica Vlasic	Squalicum	5:11.33	2008	Aberdeen	3:44.97	
2009	Ali Fisher	Sehome	25.09	2009	Abigail Messegee	Centralia	5:21.38	2009	Sehome	3:47.86	
2010	Julia Sanders	Hockinson	23.90	2010	Natilee Ruiz	Othello	5:00.84	2010	Squalicum	3:42.41	
2011	Julia Sanders	Hockinson	23.72	2011	Kelsey Crane	Klahowya	5:15.42	2011	Squalicum	3:44.29	
2012	Anne Froelich	Ellensburg	25.11	2012	Kelsey Crane	Klahowya	5:19.17	2012	Tumwater	3:40.87	
2013	Caitlin Quaeempts	West Valley (Yakima)	24.41	2013	Alia Malella	Ellensburg	5:20.60	2013	Pullman	3:45.15	
2014	Mackenna Briggs	Liberty (Issaquah)	23.78	2014	Ellie Hohensinner	Liberty (Issaquah)	5:08.36	2014	Liberty (Issaquah)	3:37.43	
2015	Makenzie Norman	Cheney	24.22	2015	Ellie Hohensinner	Liberty (Issaquah)	5:07.66	2015	Liberty (Issaquah)	3:40.09	
2016	Eleanor Beers	North Kitsap	23.36	2016	Krista Wilson	Ellensburg	5:06.40	2016	North Kitsap	3:41.54	
2017	Eleanor Beers	North Kitsap	23.65	2017	Ella Van Troba	Naches Valley	5:04.46	2017	Liberty (Issaquah)	3:40.10	
2018	Eleanor Beers	North Kitsap	23.17	2018	Alexa Hoepfer	Liberty (Issaquah)	5:09.09	2018	Sammamish	3:40.88	
2019	Hailey Grotte	La Center	23.69	2019	Janie Richards	Cheney	5:18.99	2019	Sammamish	3:39.95	
2021	Mya Reed	Pullman	24.34	2021	Poppy Edge	Pullman	5:20.20	2021	Pullman	3:42.19	
2022	Gabbie Patti	Bremerton	24.05	2022	Hailey Ferrell	Blaine	5:25.01	2022	Anacortes	3:44.55	
2023	Gabbie Patti	Bremerton	24.22	2023	Sammy Segerson	Bellevue	4:56.17	2023	Sammamish	3:39.38	
2024	Maya Geddes	Bainbridge	24.26	2024	Hailey Ferrell	Blaine	5:22.59	2024	Bainbridge	3:43.19	