

2026 WIAA/GESA CREDIT UNION

2A, 3A, 4A Track & Field Championships | May 28-30, 2026 | Mt. Tahoma High School –Tacoma, WA

Thursday, May 28, 2026 | Field Events

Session 1
12:30 PM National Anthem
 1:00 PM 2A Girls Long Jump
 1:00 PM 3A Girls Shot Put
 1:15 PM 3A Boys Triple Jump
 1:15 PM 2A Boys Discus Throw
 1:30 PM 4A Boys High Jump
 1:30 PM 4A Girls Javelin Throw

Session 2
 3:15 PM Boys Ambulatory Shot Put
 3:30 PM Girls Ambulatory Discus Throw
 3:45 PM Boys Ambulatory Javelin Throw

Session 3
 5:00 PM 2A Boys Long Jump
 5:00 PM 4A Boys Shot Put
 5:15 PM 4A Girls Triple Jump
 5:15 PM 2A Girls Discus Throw
 5:30 PM 3A Girls High Jump
 5:30 PM 3A Boys Javelin Throw

Thursday, May 28, 2026 | Running Events

Session 1
 2:00 PM 2A Boys 110M Hurdles Prelim
 3A Boys 110M Hurdles Prelim
 4A Boys 110M Hurdles Prelim
 2:35 PM 2A Girls 100M Hurdles Prelim
 3A Girls 100M Hurdles Prelim
 4A Girls 100M Hurdles Prelim
 3:10 PM 2A Boys 100M Dash Prelim
 3A Boys 100M Dash Prelim
 4A Boys 100M Dash Prelim
 Boys Ambulatory 100M FINAL
 Boys Wheelchair 100M FINAL
 3:45 PM 2A Girls 100M Dash Prelim
 3A Girls 100M Dash Prelim
 4A Girls 100M Dash Prelim
 Girls Ambulatory 100M FINAL
 Girls Wheelchair 100M FINAL
 4:20 PM 2A Girls 1600M Run FINAL
 3A Girls 1600M Run FINAL
 4A Girls 1600M Run FINAL
 Girls 1600M Wheelchair FINAL
 5:00 PM 2A Girls 4x200M Relay Prelim
 3A Girls 4x200M Relay Prelim
 4A Girls 4x200M Relay Prelim
5:40 PM Field Event Awards – Session 1&2
 5:50 PM 2A Boys 1600M Run FINAL
 3A Boys 1600M Run FINAL
 4A Boys 1600M Run FINAL
 Boys 1600M Wheelchair FINAL
 6:45 PM 2A Girls 4x400M Relay Prelim
 3A Girls 4x400M Relay Prelim
 4A Girls 4x400M Relay Prelim
7:30 PM Field Event Awards – Session 3
 7:40 PM 2A Boys 4x400M Relay Prelim
 3A Boys 4x400M Relay Prelim
 4A Boys 4x400M Relay Prelim
8:00 PM FINAL Awards/Team Scores

Friday, May 29, 2026 | Field Events

Session 4
 9:45 AM 4A Girls Pole Vault
 10:00 AM 3A Girls Long Jump
 10:00 AM 4A Girls Shot Put
 10:15 AM 4A Boys Triple Jump
 10:15 AM 3A Boys Discus Throw
 10:30 AM 2A Boys High Jump
 10:30 AM 2A Girls Javelin Throw
 10:45 AM 3A Boys Pole Vault
Session 5
 11:00 AM Boys/Girls Wheelchair Seated Throws:
 Shot Put, Javelin Throw, Discus Throw
 12:15 PM Girls Ambulatory Shot Put
 12:30 PM Boys Ambulatory Discus Throw
 12:45 PM Girls Ambulatory Javelin Throw
 1:30 PM Co-Ed Unified Shot Put

Session 6
 2:15 PM 3A Girls Pole Vault
 2:30 PM 3A Boys Long Jump
 2:30 PM 2A Boys Shot Put
 2:45 PM 2A Girls Triple Jump
 2:45 PM 3A Girls Discus Throw
 3:00 PM 4A Girls High Jump
 3:00 PM 4A Boys Javelin Throw
 3:15 PM 2A Boys Pole Vault

Friday, May 29, 2026 | Running Events

Session 2
10:50 AM National Anthem/Team Scores
 11:00 AM 2A Boys 110M Hurdles FINAL
 3A Boys 110M Hurdles FINAL
 4A Boys 110M Hurdles FINAL
 11:15 AM 2A Girls 100M Hurdles FINAL
 3A Girls 100M Hurdles FINAL
 4A Girls 100M Hurdles FINAL
 11:30 AM 2A Boys 800M Run Prelim
 3A Boys 800M Run Prelim
 4A Boys 800M Run Prelim
 2A Girls 800M Run Prelim
 3A Girls 800M Run Prelim
 4A Girls 800M Run Prelim
 12:00 PM 2A Boys 4x100M Relay Prelim
 3A Boys 4x100M Relay Prelim
 4A Girls 800M Run Prelim
 12:30 PM 2A Boys 4x100M Relay Prelim
 3A Boys 4x100M Relay Prelim
 4A Girls 100M Dash Prelim
 1:00 PM 2A Girls 4x100M Relay Prelim
 3A Girls 4x100M Relay Prelim
 4A Girls 4x100M Relay Prelim
 1:30 PM Co-Ed Unified 4 x 100M Relay FINAL
1:40 PM WIAA Academic Awards
1:50 PM Field Event Awards – Session 4 & 5
Session 3
 2:45 PM 2A Boys 400M Dash Prelim
 3A Boys 400M Dash Prelim
 4A Boys 400M Dash Prelim
 Boys Ambulatory 400M FINAL
 Boys Wheelchair 400M FINAL
 3:15 PM 2A Girls 400M Dash Prelim
 3A Girls 400M Dash Prelim
 4A Girls 400M Dash Prelim
 Girls Ambulatory 400M FINAL
 Girls Wheelchair 400M FINAL
 3:45 PM 2A Boys 300M I Hurdles Prelim
 3A Boys 300M I Hurdles Prelim
 4A Boys 300M I Hurdles Prelim
 4:15 PM 2A Girls 300M Hurdles Prelim
 3A Girls 300M Hurdles Prelim
 4A Girls 300M Hurdles Prelim
4:45 PM Field Event Awards – Session 6
 5:00 PM Co-Ed Unified SMR (1-1-2-4) FINAL
 5:30 PM 2A Boys 200M Dash Prelim
 3A Boys 200M Dash Prelim
 4A Boys 200M Dash Prelim
 6:00 PM 2A Girls 200M Dash Prelim
 3A Girls 200M Dash Prelim
 4A Girls 200M Dash Prelim
6:25 PM Final Awards/Team Scores

Saturday, May 30, 2026 | Field Events

Session 7
 10:15 AM 2A Girls Pole Vault
 10:30 AM 4A Girls Long Jump
 10:30 AM 2A Girls Shot Put
 10:45 AM 2A Boys Triple Jump
 10:45 AM 4A Boys Discus Throw
 11:00 AM 3A Boys High Jump
 11:00 AM 3A Girls Javelin Throw
 11:15 AM 4A Boys Pole Vault

Session 8
 2:00 PM 4A Boys Long Jump
 2:00 PM 3A Boys Shot Put
 2:15 PM 3A Girls Triple Jump
 2:15 PM 4A Girls Discus Throw
 2:30 PM 2A Girls High Jump
 2:30 PM 2A Boys Javelin Throw

Saturday, May 30, 2026 | Running Events

Session 4
10:00 AM National Anthem/Team Scores
 10:30 AM 2A Girls 4x200M Relay FINAL
 3A Girls 4x200M Relay FINAL
 4A Girls 4x200M Relay FINAL
 10:50 AM 2A Boys 800M Run FINAL
 3A Boys 800M Run FINAL
 4A Boys 800M Run FINAL
 Boys Wheelchair 800M FINAL
 11:05 AM 2A Girls 800M Run FINAL
 3A Girls 800M Run FINAL
 4A Girls 800M Run FINAL
 Girls Wheelchair 800M FINAL
 11:25 AM 2A Boys 100M Dash FINAL
 3A Boys 100M Dash FINAL
 4A Boys 100M Dash FINAL
 11:40 AM 2A Girls 100M Dash FINAL
 3A Girls 100M Dash FINAL
 4A Girls 100M Dash FINAL
 12:00 PM Co-Ed Unified 100 M Dash FINAL
 12:30 PM 2A Boys 4x100M Relay FINAL
 3A Boys 4x100M Relay FINAL
 4A Boys 4x100M Relay FINAL
 12:40 PM 2A Girls 4x100M Relay FINAL
 3A Girls 4x100M Relay FINAL
 4A Girls 4x100M Relay FINAL
 12:50 PM 2A Boys 400M Dash FINAL
 3A Boys 400M Dash FINAL
 4A Boys 400M Dash FINAL
 1:05 PM 2A Girls 400M Dash FINAL
 3A Girls 400M Dash FINAL
 4A Girls 400M Dash FINAL
 1:20 PM 2A Boys 3200M Run FINAL
 2A Girls 3200M Run FINAL
1:40 PM Field Event Awards – Session 7
 2:00 PM 2A Boys 300M I Hurdles FINAL
 3A Boys 300M I Hurdles FINAL
 4A Boys 300M I Hurdles FINAL
 2:15 PM 2A Girls 300M Hurdles FINAL
 3A Girls 300M Hurdles FINAL
 4A Girls 300M Hurdles FINAL
 2:30 PM 3A Boys 3200M Run FINAL
 3A Girls 3200M Run FINAL
 3:10 PM 2A Boys 200M Dash FINAL
 3A Boys 200M Dash FINAL
 4A Boys 200M Dash FINAL
 Boys Ambulatory 200M FINAL
 3:25 PM 2A Girls 200M Dash FINAL
 3A Girls 200M Dash FINAL
 4A Girls 200M Dash FINAL
 Girls Ambulatory 200M FINAL
 3:40 PM 4A Boys 3200M Run FINAL
 4A Girls 3200M Run FINAL
4:15 PM Field Event Awards – Session 8
4:35 PM Awards/Girls Team Scores
 4:45 PM 2A Girls 4x400M Relay FINAL
 3A Girls 4x400M Relay FINAL
 4A Girls 4x400M Relay FINAL
5:15 PM Awards/Boys Team Scores
 5:20 PM 2A Boys 4x400M Relay FINAL
 3A Boys 4x400M Relay FINAL
 4A Boys 4x400M Relay FINAL
5:45 PM Final Running & Field Event Awards
6:00 PM State Champion Team Awards

